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Source: *Avian Diseases*, Vol. 39, No. 2 (Apr. - Jun., 1995), pp. 343-348

Published by: American Association of Avian Pathologists

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Astrovirus Infection in Hatchling Turkeys: Alterations in Intestinal Maltase Activity

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Received 12 August 1994

SUMMARY. Two experiments were conducted to determine intestinal disaccharidase activity in 1-day-old commercial turkey poults inoculated with astrovirus. Small intestinal samples were collected on days 0.5, 1, 3, and 7 postinoculation (PI) in Expt. 1 and on days 7, 10, and 14 PI in Expt. 2 and evaluated for specific maltase activity (SMA). Astrovirus infection was verified on day 7 PI by immune electron microscopy of intestinal contents. Inoculated poults developed diarrhea and a transient, significant decrease in intestinal SMA. SMA was significantly ($P < 0.05$) lower in astrovirus-inoculated poults than in control poults throughout the entire small intestine from day 3 through day 7 PI. However, SMA had returned to normal in inoculated poults by day 10 PI and was significantly higher than control values ($P < 0.05$) in all sections of the small intestine, except in the proximal jejunum, by day 14 PI.

Decreased SMA caused by astrovirus infection resulted in disaccharide maldigestion, malabsorption, and subsequent osmotic diarrhea. As astrovirus was cleared from the intestinal tract, SMA was restored and diarrhea was resolved.

RESUMEN. Infección por Astrovirus en pavitos recién nacidos: Alteración de la actividad de la maltasa intestinal.

Se realizaron dos experimentos para determinar la actividad de la disacaridasa intestinal en pavitos comerciales de un día de edad inoculados con Astrovirus. Para evaluar la actividad específica de la maltasa, después de la inoculación se tomaron muestras de intestino delgado los días 0.5, 1, 3 y 7 en el experimento 1, y los días 7, 10 y 14 en el experimento 2. La infección por Astrovirus en los contenidos intestinales fue verificada al día 7 después de la inoculación por medio de la prueba inmune con el microscopio electrónico. Los pavitos inoculados presentaron diarrea y una disminución transitoria pero significativa de la actividad específica de la maltasa intestinal. La diferencia fue más significativa ($P < 0.05$) en los pavitos inoculados con Astrovirus que en los pavitos usados como controles desde el día 3 hasta el día 7 después de la inoculación. Sin embargo, la actividad específica de la maltasa retornó a la normalidad en los pavitos inoculados a partir del día 10, y fue significativamente mayor que los valores de los controles ($P < 0.05$) en todas las secciones del intestino delgado, excepto en la parte proximal del yeyuno al día 14 después de la inoculación.

La disminución de la actividad específica de la maltasa causada por la infección por Astrovirus se manifestó por una mala digestión de este disacárido, mala absorción y subsecuente diarrea osmótica. A medida que los Astrovirus fueron eliminados del tracto intestinal, se observó el reestablecimiento de la actividad específica de la maltasa y la resolución de la diarrea.

Astrovirus, along with other enteric viruses, has been incriminated as a possible cause of turkey viral enteritis. Other viruses identified in association with this enteric syndrome include reovirus, adenovirus, coronavirus, groups A and

D rotavirus, enterovirus, parvovirus, and pseudocornavirus (1,10,15,17). The respective roles of these viruses in the pathogenesis of turkey viral enteritis remains to be fully explained.

The enteropathogenicity of astrovirus has been documented by experimental infection of specific-pathogen-free (SPF) turkey poults and

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commercial hatchling poult (9,16). Infection of these poult with astrovirus consistently resulted in diarrhea, large dilated ceca filled with frothy yellow-brown fluid, loss of intestinal tone, and significant decrease in weight gain. Furthermore, malabsorption was substantiated by a significant decrease in D-xylose absorption (9). However, the only consistent morphological change in astrovirus-infected poult was mild crypt hyperplasia; villous atrophy was not a feature of astrovirus infection in these studies (16). Therefore, diarrhea that occurs in astrovirus-infected poult may be due to a mechanism different from malabsorption and maldigestion secondary to villous atrophy.

Complete digestion of oligosaccharides and disaccharides is primarily dependent on the membrane-bound disaccharidases located on the microvilli of enterocytes (13). Maldigestion due to a decrease in lactase activity occurs in gnotobiotic lambs experimentally infected with astrovirus (14). It was hypothesized that lactase activity was decreased secondary to astrovirus-induced injury associated with viral replication in the mature enterocytes on the apical two-thirds of villi in the small intestine (5,14). Although malabsorption has been documented in experimental astroviral infection of poult, the possibility of concurrent maldigestion has not yet been investigated (9). Recent experimental studies of "stunting syndrome" in young turkeys documented decreased activities of intestinal disaccharidases in the jejunum and ileum (2,3).

The purpose of the present study was to quantify intestinal mucosal specific maltase activity (SMA) in astrovirus-inoculated turkey poult in an effort to help delineate the mechanism by which astrovirus causes diarrhea in turkeys.

MATERIALS AND METHODS

Poult and housing. Day-old turkey poult were obtained from a commercial source and housed in separate, pre-sterilized positive-pressure plastic isolators equipped with intake and exhaust air filters and maintained at approximately 30°C. All poult were provided with feed and water *ad libitum*.

Bacteriology. Cloacal swabs for bacterial culture were taken from all poult before placement in isolators to check for enteropathogenic bacterial infections. Swabs were incubated for 24 and 48 hr in selenite enrichment media and then streaked on brilliant

green agar. Suspect colonies were placed on triple-sugar-iron agar and enterotubes (7).

Virus inoculum. Virus for the inoculum was derived from an intestinal sample collected from diarrheic poult in Wisconsin (9). The original sample contained both rotavirus and astrovirus before it was purified by sonication and serial filtration to 0.05 µm with disposable filters (Millipore Corp., Bedford, Mass.). This preparation was evaluated by immune electron microscopy (IEM) to verify the presence of astrovirus and ensure that no other viruses were present. To increase the pool of astrovirus, SPF poult were inoculated with this preparation, and their intestinal contents were collected at day 6 postinoculation (PI). The intestinal contents were mixed with phosphate-buffered saline, filtered, examined by IEM, and found to contain astrovirus only. This filtered pool of intestinal contents was used as the inoculum in Expts. 1 and 2.

Experimental design. Poult were randomly allotted into two equal groups and placed in separate sterile isolators. At 1 day of age, poult in one group were each inoculated orally with 0.2 ml of bacteria-free preparation containing only astrovirus, as previously determined by IEM. The inoculum was administered with a sterile plastic tuberculin syringe and teat canula. The second group of poult served as controls and was not inoculated. Poult were observed twice daily for clinical signs of disease.

At various intervals PI, several poult from each group were selected at random and euthanatized by intraperitoneal or intravenous injection with 5% pentobarbital sodium (Nembutal; Abbott Laboratories, North Chicago, Ill.). The intestinal tract was exteriorized, removed immediately, and flushed with cold saline. It was divided into four segments: duodenum (from the curve of the duodenal loop to the pancreaticobiliary ducts), proximal jejunum (from the pancreaticobiliary ducts to the yolk stalk), distal jejunum (distal from the yolk stalk to 2 cm proximal to the cecal tips), and ileum (remainder of the small intestine terminating at the ileocecal junction). The intestinal contents and ceca were evaluated for the presence of astrovirus by IEM, and the small intestine was evaluated for intestinal SMA, as described below.

Data were analyzed statistically by analysis of variance for a completely randomized design.

Expt. 1. Three inoculated poult and three control poult were euthanatized on days 0.5, 1, 3, and 7 PI. Twenty-four birds in all were evaluated.

Expt. 2. The second experiment differed from the first only in collection times. Collections were made from each group on days 7, 10, and 14 PI. Eighteen birds in all were evaluated.

IEM. Intestinal contents were evaluated for the presence of astrovirus by negative-stain IEM. The method used was a modified version of the method described by Saif *et al.* (11). Intestinal and cecal con-

tents were obtained by flushing the entire intestine with cold saline. Intestinal contents were pooled by treatment group and by day PI, weighed, diluted 1:2 in phosphate-buffered saline, and frozen and thawed three times. Contents were then homogenized, sonicated, and clarified by centrifuging at $1000 \times g$ for 20 minutes. The supernatant was serially filtered through 0.8- μm and 0.45- μm disposable filters (Millipore) and then incubated overnight at 4 C with diluted convalescent antiserum prepared against astrovirus. Following the incubation, samples were pelleted through 33% sucrose by ultracentrifugation ($55,000 \times g$) for 45 minutes at 10 C. The pellet was resuspended in 1 ml double-distilled water and re-centrifuged as described above. The resulting pellet was resuspended in 10 μl double-distilled water and 10 μl of 4% phosphotungstic acid (pH 7.1) to yield a final concentration of 2%. Finally, samples were applied to 200-mesh carbon-coated copper grids and evaluated at 75 kV in a Hitachi H500 transmission electron microscope (Nissei Sanjyo Co., Ltd., Hitachi division, Tokyo, Japan) for the presence of astrovirus. For each sample evaluated, five grid squares were scanned. Any sample having at least one aggregate of astrovirus was considered positive.

Convalescent antisera used in IEM identification of astroviruses were prepared by inoculating commercial poultlets 1 day after hatch with astrovirus inoculum. Sera were collected 3 to 4 weeks after the initial inoculation, incubated with astrovirus, and evaluated by IEM for formations of astrovirus aggregates.

Intestinal disaccharidase and protein concentration. The intestinal segments were opened longitudinally, minced, and placed in pre-weighed vials. The vials were immediately frozen in liquid nitrogen to preserve mucosal disaccharidases. Net weights of the samples were recorded, and samples were kept at -20 C until analyzed. Just before analysis, intestinal samples were thawed and homogenized with quantities of cold deionized water to yield a final concentration of 50 mg tissue per ml of homogenate. A VirTis Hi-Speed 23 homogenizer (VirTis Co., Gardiner, N.Y.) was used for homogenization at a speed setting of 30% to 50% (moderate) for 30 to 60 seconds. Aliquots of the homogenates were processed to determine protein concentration by the Lowry method and maltase activity (4,6,12). To determine SMA, a sample of intestinal homogenate was incubated in a 0.056-M solution of maltose at 37 C. Next, the glucose released by the action of maltase on the substrate was oxidized with glucose oxidase to allow coupling to dianisidine. The amount of glucose was then measured spectrophotometrically. Measurements were corrected as needed for initial glucose contained in homogenates and for glucose detected in the substrate. The SMA was expressed as μM of substrate hydrolyzed per mg of mucosal protein per hour (μM substrate/mg mucosal protein $\cdot\text{hr}$).

RESULTS

Clinical signs and gross lesions were first noted on day 2 PI and persisted through day 10 PI. Similar clinical signs and gross lesions were noted in astrovirus-inoculated poultlets in both experiments. The predominant clinical sign was diarrhea. Gross lesions included dilated ceca containing light-yellow fluid feces and gas, variable hyperemia of the intestinal mucosa, and thinning or loss of tone of the jejunal and ileal walls.

Astrovirus was found by IEM in pooled samples of intestinal contents from inoculated poultlets but not in control poultlets. No other viruses or recognized enteropathogens, including *Salmonella* species, were detected during evaluation of intestinal contents from inoculated or control poultlets by IEM or bacterial culture.

Figs. 1 and 2 show SMA levels of small intestinal sections from poultlets at various sampling intervals. The highest levels of SMA in control poultlets occurred in the proximal jejunum (Figs. 1B and 2B), and the lowest levels occurred in the ileum (Figs. 1D and 2D), regardless of age. In Expt. 1, there were no significant differences between SMA levels of control and inoculated poultlets on days 0.5 and 1 PI in any of the four areas sampled. However, SMA levels were significantly ($P < 0.05$) lower in inoculated poultlets than in controls in all areas of the small intestine on days 3 and 7 PI (Fig. 1). In Expt. 2, SMA levels in inoculated poultlets were also significantly lower than in controls in all areas of the small intestine on day 7 PI, but there were no significant differences in SMA levels on day 10 PI (Fig. 2). On day 14 PI, SMA levels in inoculated poultlets were significantly ($P < 0.05$) higher than SMA levels in control poultlets in all sections except the proximal jejunum.

DISCUSSION

These experiments were designed to determine the effect of astrovirus infection on the level of membrane-bound disaccharidase (maltase) activity in the small intestine of hatchling turkey poultlets. Our results document that astrovirus infection causes clinical enteric disease and significantly reduces maltase activity throughout the small intestine, even though it causes only subtle microscopic lesions, as reported elsewhere (16). Maltase activity de-

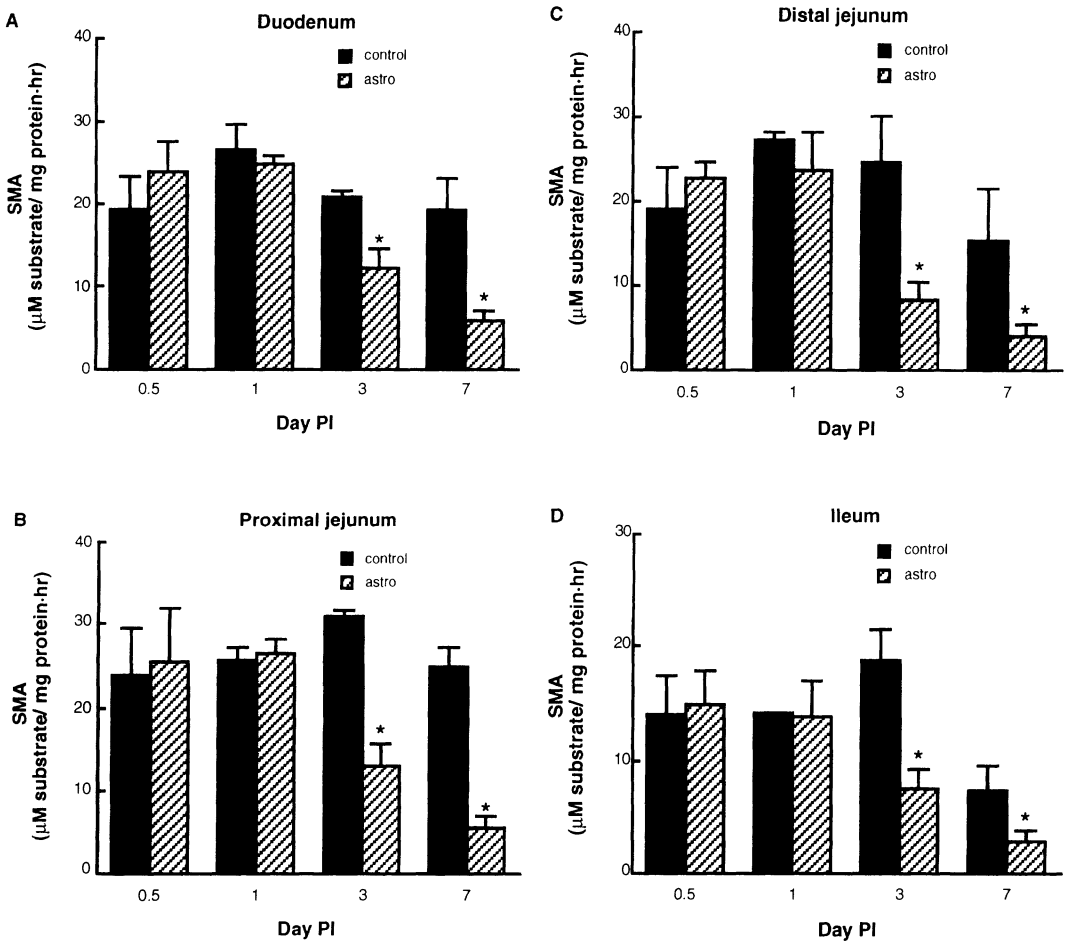


Fig. 1. Expt. 1. Specific maltase activity of the small intestine in control and inoculated poult. Error bars = S.E. of mean. Asterisks indicate significant differences from control values at each interval ($P < 0.05$).

creased initially at day 3 PI and remained low until day 10 PI. These findings coincide with initial reductions (day 3 PI) in both average body weights and 90-minute D-xylose absorption values in astrovirus-infected SPF poult reported by Reynolds and Saif (9). Additionally, the present study revealed that maltase levels in inoculated poult return to normal by day 10 PI. Therefore, maltase levels seemed to follow a trend similar to that seen with D-xylose absorption in astrovirus-infected SPF poult, in which no significant difference occurred in D-xylose absorption in infected SPF poult on days 9 and 13 PI (9). These results indicate that a transient period of malabsorption occurs concurrently with malabsorption and that in combination the two produce osmotic diarrhea and depressed weight gain. It is interesting to note

that on day 14 PI in the present study, SMA was significantly higher ($P < 0.05$) in inoculated poult than in controls. This finding demonstrates the "hyper-regenerative" nature of intestinal disaccharidase activity as described by Michael (8) in an earlier study of intestinal coccidiosis in chickens. In that study, the "hyper-regenerative" nature of the small intestine was based on patterns of histochemical staining specific for various intracellular and extracellular enzymes. Another noteworthy observation by Michael (8) was the rapidity of recovery in the avian intestine. Michael noted that the enzymes returned to normal or higher levels before normal mucosal structure was regained. Our observations concur with this rapid recovery of the intestinal mucosa, as evidenced by the return to normal enzyme levels in astrovirus-inoculat-

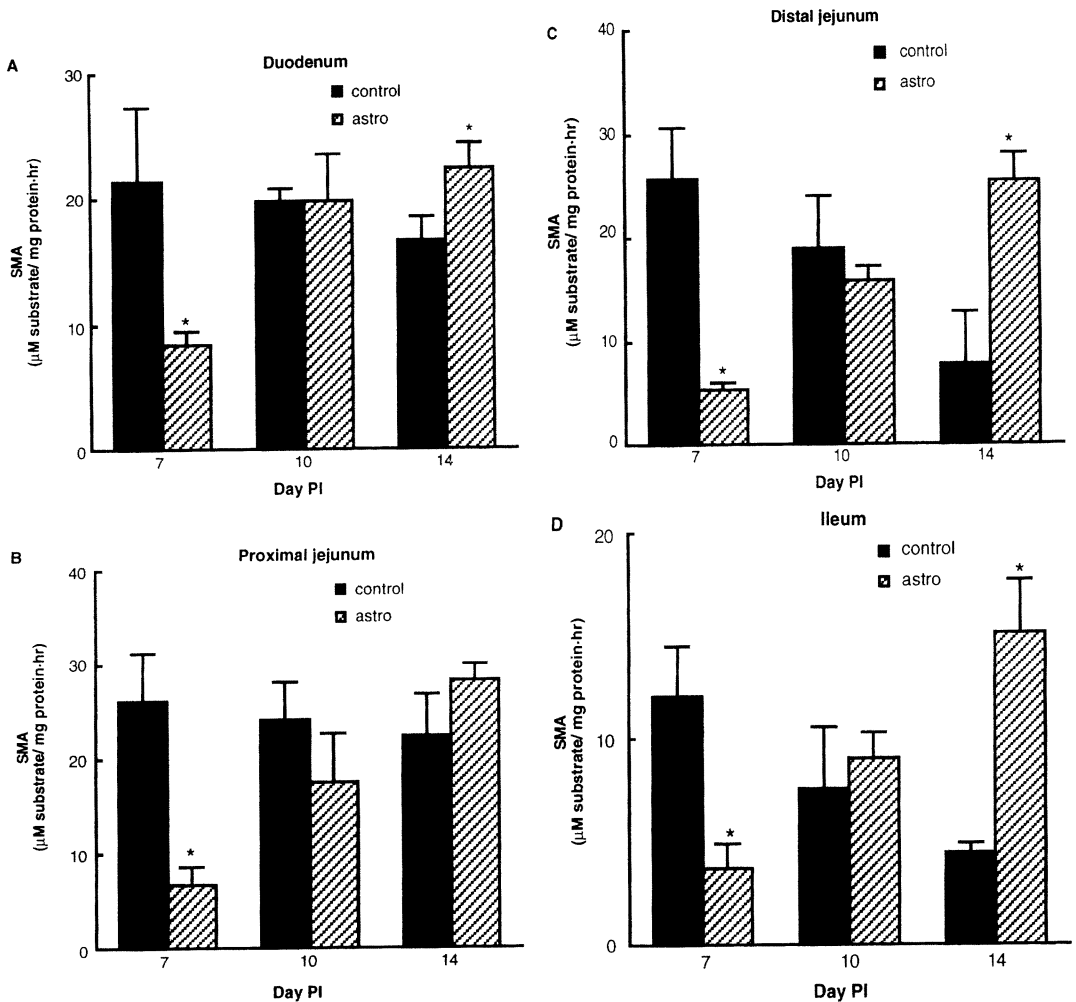


Fig. 2. Expt. 2. Specific maltase activity of the small intestine in control and inoculated poult. Error bars = S.E. of mean. Asterisks indicate significant differences from control values at each interval ($P < 0.05$).

ed poult 10 days after inoculation. Clinical signs and post-mortem lesions were consistent with those seen in astrovirus-infected SPF poult (9).

The pathogenesis of diarrhea in the astrovirus-inoculated poult is most likely due to an astrovirus-induced decrease in intestinal disaccharidase activity, which results in maldigestion of disaccharides, their subsequent malabsorption, and an osmotic attraction for water. A deficit in a particular disaccharidase results in osmotic diarrhea when the corresponding disaccharide is administered (13). How astrovirus caused the decrease in SMA in the present study is not clear. Viruses that cause loss of mature enterocytes from the villi (e.g., rotavirus) or destruction of the germinative epithelium of the

crypts (e.g., parvovirus) will cause a decrease in intestinal disaccharidase activity and villous atrophy. Turkey astrovirus, however, seems to be able to induce decreased disaccharidase activity and mild crypt hyperplasia without causing significant villous atrophy (16).

In the present study, SMA in controls was greatest in the proximal jejunum at all sampling intervals, a finding that agrees with results of Sell *et al.* (12). However, SMA levels in control poult in the present study were 50% to 75% higher than levels in normal poult in the previous study (12). Sell *et al.* noted that disaccharidase activity was related to location in the small intestine, age, and diet of the poult. The higher SMA levels we noted may be due to dif-

ferences in diet and sample sites in the small intestine.

Although the current study clearly documents that astrovirus is an enteropathogen, it is unusual for astrovirus to occur as the sole enteric virus in diarrheic poult. Consequently, the manifestation of enteric disease may be altered by concurrent infection with other enteric viruses, such as group D rotavirus, the enteric virus most frequently identified in combination with astrovirus in fecal samples taken from diseased flocks (10).

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ACKNOWLEDGMENTS

This research was supported by grant no. US-1280-87 from BARD, The United States-Israel Binational Agricultural Research & Development Fund. This partially fulfills the requirements for a Ph.D. from Iowa State University for M. L. Thouvenelle. We thank Martha Jefferies for help with the maltase assays.