

I

IOWA STATE DAILY



Starting strong

Cyclones prepare for their first tournament at Florida State for the 2019 season.

»» **SOFTBALL** Pg6

CyRide 3.0?

Months after bus overhaul, students note customer dissatisfaction

BY SIERRA.HOEGER
[@iowastatedaily.com](#)

CyRide. The single word can cause a mix of emotions for anyone who uses the transit system throughout the city of Ames and Iowa State’s campus.

In a statement released at the beginning of February, the city of Ames and CyRide announced numerous changes to a number of its well-known routes.

The inspiration behind these changes was driven by input received by riders who were mostly not satisfied with the changes made in CyRide 2.0.


Of the 492 respondents to the survey, 421 people — nearly 86 percent — disagreed with the statement “I am satisfied with the current transit service CyRide offers under CyRide 2.0 and no changes are needed.”

CyRide Director Sheri Kyras saw these results and decided to work toward improvements to the current system.

“Customer satisfaction,” Kyras said when asked what her number one priority is. “We want people to like the service, we want them to feel like it’s easy to use the service, can get around and move around the community as they need to,” she said.

The most common request by students within the survey was to increase the frequency of service of certain routes or to expand the areas other routes cover, something that “would increase expenses” according to the survey report.

»» **CYRIDE** Pg8



ALISON DONAGHY/ IOWA STATE DAILY



TAYLOR HAGIE/ IOWA STATE DAILY
Peter Martin, university professor in the Department of Human Development and Family Studies, facilitates the meeting held in the Memorial Union on Oct. 9, 2018.

Tenure bill not likely to move forward

BY KAITLYN.HOOD
[@iowastatedaily.com](#)

Tenured faculty at Iowa State may have some cause for relief as a recent bill proposing the abolishment of the title and its corresponding responsibilities, protections and status faces new uncertainty.

Tenured associate professor and Iowa Sen. Herman Quirnbach, D-Ames, said he has “good reason to believe the bill will not go any further.”

Sen. Brad Zaun, R-Urbandale, proposed the bill to abolish tenure at public universities Jan. 15, and, even though it passed the education subcommittee, Quirnbach said Zaun may be backing off the proposal.

“We think we persuaded [Zaun] that going after tenure is the wrong way to pursue his concern,” Quirnbach said.

This is not the first time the elimination of tenure has been proposed. Zaun was able to get an identical bill through the education subcommittee last session, but it was never brought to a vote in full committee.

Zaun was unable to respond, when asked for comment by the Daily.

If the bill does pass, there would be some major changes that would happen at Iowa’s public universities, making Iowa the only state where tenure is not protected.

“Faculty would lose jobs,” Iowa State Faculty Senate President Peter Martin said. “Positions at universities would not be as competitive and all faculty would have contracts.”

Martin also said it would be much more expensive to hire faculty, which would lead to higher costs for students attending the universities.

“Faculty are willing to take a pay cut to practice their research or tenure track,” Martin said. “They could easily be a leader in the field, with much better pay, but they choose to stay here for the opportunities tenure provides.”

One reason the bill was reintroduced was a concern for teaching, creating more access



CALENDAR

2.7.19
Track & Field, *Lied Rec Center at 11 a.m.* The Cyclones will host the Iowa State classic Friday and Saturday at Lied Rec Center.

Friday Research Seminar: Topologies: Aesthetics and Contexts in Computational Systems in Visual Arts Practice, *130 Design at 12:10 p.m.* Johnny DiBlasi, a new assistant professor in the department of art and visual culture, will discuss issues regarding technology’s effects on the arc of visual arts practices and theories and how these ideas inspire his own creative inquiry.

Retirement reception: Jeanne Logston, *331 Palmer Hall at 2 p.m.* Jeanne Logston, record analyst in the College of Human Sciences student services office, is retiring.

NREM seminar series, *E0164 Lagomarcino Hall at 3:10 p.m.* “Microplastics in the Aquatic Environment,” Boris Jovanovic, ISU assistant professor, aquatic toxicology.

POLICE BLOTTER

2.6.19
An officer investigated a property damage collision at Lot 9 (reported at 9:18 a.m.).

An officer initiated an assault related investigation between two individuals at 35 Frederiksen Court (reported at 9:43 a.m.).

An officer investigated a property damage collision

Gymnastics, *Hilton Coliseum at 6:30 p.m.* Iowa State will compete against Southern Utah at Hilton Coliseum Thursday. Admission is \$5.

Cyclone Cinema: Fantastic Beasts, The Crimes of Grindelwald, *Carver Hall 101 at 7 p.m.* Fantastic Beasts, The Crimes of Grindelwald is a PG-13 drama/fantasy movie rated 3 stars. Watch Grindelwald’s plans of raising pure-blood wizards to rule over all non-magical beings unfold. Lines are drawn as love and loyalty are tested. Refreshments and snacks available at extra charge.

Varieties Semifinals, *Great Hall, Memorial Union at 7 p.m.* Semi Finals determines the select groups who move on to the final round of Varieties competition. Varieties has been showcasing the talent of Iowa State students for more than 80 years. Performances consist of 16-20 minute “mini-musicals” that are performed with original lyrics and choreography.

All events courtesy of event.iastate.edu.

at Lot S7 (reported at 4:52 p.m.).
An officer investigated a property damage collision at Lot 57 (reported at 5:25 p.m.).
An officer investigated a property damage collision at Mortensen Road and State Avenue (reported at 6:27 p.m.).
An individual reported the theft of clothing at UV Laundry (reported at 8:40 p.m.).

CORRECTIONS

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction.

To submit a correction, please contact our editor at 515-294-5688 or via email at editor@iowastatedaily.com.

FEATURE PHOTO



JORDYN DUBOIS/ IOWA STATE DAILY

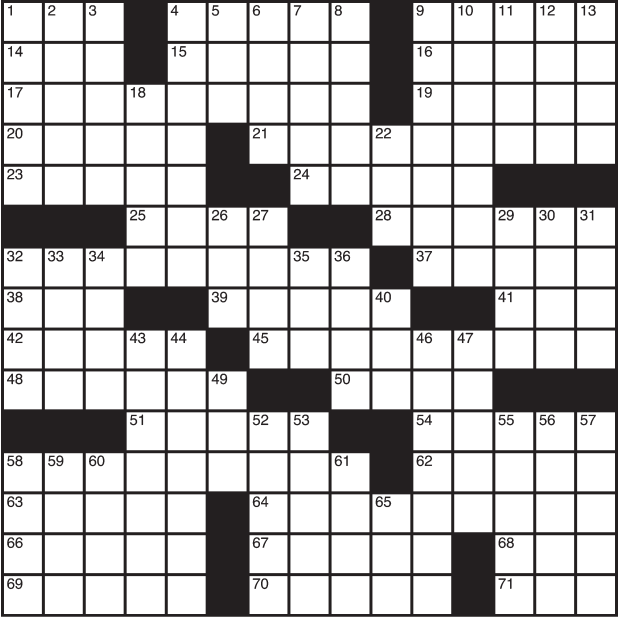
>> Swan huddle
Iowa State swans Lancelot and Elaine huddle on Thursday. During the cold weeks you can find them in the portions of the lake that are not frozen over.

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Crossword



- Across**

 - 1 Big bird of myth
 - 4 Spiny desert plants
 - 9 Bathysphere’s domain
 - 14 Thurman of “Batman & Robin”
 - 15 Underway
 - 16 Like one in the sulks
 - 17 Shows off one’s connections
- 19 What the truth sometimes does
 - 20 When repeated, soothing words
 - 21 Top of the charts
 - 23 Tanning site
 - 24 Strips off
 - 25 “Buzz off!”
 - 28 Next-generation relatives
 - 32 Modernized pre-1949 auto
 - 37 Hold dear

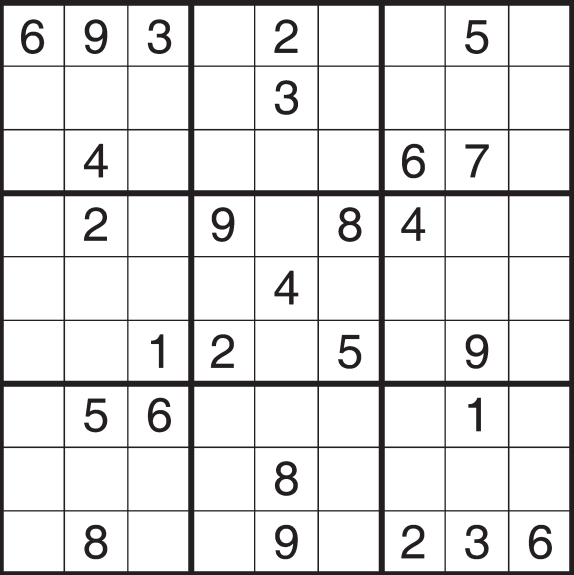
- 38 Stat for Mariano Rivera
- 39 No-no
- 41 Tell a whopper
- 42 Mag with relationship quizzes
- 45 Metropolitan distance unit
- 48 Way up or down
- 50 Do in, as a dragon
- 51 Wild Australian dog
- 54 Pub order
- 58 Aptly named Nevada border community known for its casinos
- 62 Powerful explosive, familiarly
- 63 Three-time Tony winner Uta
- 64 Lunchbox sandwich protector
- 66 Eyeball-bending pictures
- 67 Somewhat wet
- 68 Physician’s org.
- 69 Wavy dos
- 70 At exactly the right time
- 71 Agreeable response

Down

- 1 Litters’ littlest
- 2 Nebraska city on the Missouri
- 3 Caravan beast
- 4 Rhythmic flow
- 5 Congo’s cont.
- 6 Ring-tailed critter, to Crockett
- 7 Refill to the brim
- 8 “Who’s there?” response
- 9 Hamlet’s love
- 10 Flowed swiftly
- 11 Cyprus currency
- 12 “To whom it actually does

- concern” letters
- 13 Wall St. institution
- 18 Uneven, as a leaf’s edge
- 22 “Big” London attraction
- 26 ABA dues payer
- 27 Gillette’s ___ II razor
- 29 Wyo. neighbor
- 30 Idle of Monty Python
- 31 Hide’s partner
- 32 “In a few ___”
- 33 Equine gait
- 34 Tabula ___: blank slate
- 35 Japanese sash
- 36 Two lowercase letters have them
- 40 Olive ___
- 43 Heavily weighted exam
- 44 Points in the right direction
- 46 It’s unpleasant when things end on one
- 47 Like some poetry
- 49 NBC show that launched many comics’ careers
- 52 Doodad
- 53 French ___ soup
- 55 Held in check
- 56 Picture holder
- 57 Frat party wear
- 58 Look for bargains
- 59 Weak-ankle support
- 60 Ice cream thickener
- 61 Spectacular
- 65 Baton Rouge sch.

Sudoku
by the Mephram Group



Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9.
For strategies on how to solve Sudoku, visit www.sudoku.org.uk

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DANIELLE PETERSON/ IOWA STATE DAILY

Panelists Lt. Nicholas Linnie of the Story County Sheriff's office, Cmdr. Geoff Huff of the Ames Police Department and Iowa Legislator Ako Abdul-Samad spoke at the "Stand your ground" panel at the Ames Public Library Thursday. Huff spoke on his role in investigating and prosecuting cases that involve the "stand your ground" law.

Officials discuss subjective nature of 'stand your ground' law

BY ELI.HARRIS
@iowastatedaily.com

The Ames Public Library welcomed five government officials to talk about Iowa's controversial, "stand your ground" law Thursday night.

The panel included Commander Geoff Huff of the Ames Police Department, State Rep. Ako Abdul-Samad and Story County Attorney Jessica Reynolds. Together, the group discussed different aspects of the law including its subjective nature and the groups of people it affects most.

The law, which was adopted in 2017, is commonly known as the "stand your ground" law. Chapter 704 of the Iowa Code says an individual who believes there is reasonable risk to themselves may use reasonable force to prevent personal harm. This includes deadly force, as the law mentions firearms.

Abdul-Samad argued in opposition to the law because of its disproportionate effect on minorities.

"We don't live in a country that has a level playing

field," Abdul-Samad said.

Abdul-Samad cited the case of Trayvon Martin as an example of a black man being shot for appearing threatening, saying he believes the law is a tool that allows people to act on fear and a line should be drawn between self-defense and fear.

Abdul-Samad considers the law illegitimate and said Iowa should go back to the old self-defense laws that allowed a person to use reasonable force to defend themselves and their properties.

Reynolds also expressed her discontent with the law, saying it is based on subjectivity.

If a person feels threatened, they can use deadly force. The law also allows for mistakes, meaning if a person were to shoot someone they mistakenly took as a threat, they would not be held legally accountable. According to her, the perceived threat an individual feels is not a good basis for law.

"As a county attorney and someone who enforces laws, I like objectivity," Reynolds said.

She told the audience that because the law is based

on a subjective principle, different parts of the state are dealing with the law's procedure in separate ways.

"It changes the potential self-defense claim in any case," Reynolds said.

Huff spoke about the role of police in the sometimes complicated situations of a "stand your ground" law. Their job is not to determine guilt but to act as fact finders and gather information in order to discover the truth.

He said that citizens can help the police out in these situations by providing any evidence, especially videos.

Huff also discussed the idea behind the law in accordance with what is called "the castle doctrine." The concept of the doctrine is that someone has the right to defend their lives, relatives and property if they are threatened. This is especially applicable to instances of home invasions.

All five members of the panel were opposed to the stand your ground law, and Abdul-Samad encouraged the audience members to initiate a change.

"Iowa has a history of doing the right thing and we're losing that," Abdul-Samad said.

Iowa State research to create carbon fibers through partnership

BY JORDYN.DUBOIS
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An Iowa State researcher is looking to make lignin, which is an organic substance found in wood, into carbon fiber — a lightweight, durable material used in manufacturing parts.

Iowa State's Xianglan Bai, assistant professor of mechanical engineering, has partnered with Attis Industries to develop a low cost, more sustainable carbon fiber.

Iowa State reached out to Attis after trying every other type of lignin process and being unable to turn it into a cost-effective carbon fiber.

Attis Industries decided to partner with Iowa State after seeing their leading research in carbon fiber and their quick turn around through using their lignin product.

"It only made sense with the first person that asked us to do that and their reputation in the market around carbon fiber that we would partner with Iowa State," said Jeff Cosman, chairman and CEO of Attis Industries.

This partnership will be Attis Industries' first partnership with a major university. The company has only been around for about a year and a half.

Bai said it took about four to five months to come to an agreement on the partnership.

"It was a short conversation just because they moved so quickly and were so successful," Cosman said.

The partnership is set to last six months with an intense research focus during the timeframe.

The research team working on this advancement consists of Wandga Qu, a post-doctorate in Bai's lab and Yixin Luo, a doctorate student. There are also scientists from Attis Industries included in the research.

The primary goal of the partnership is to develop Attis Industries melt-flowing lignin into a carbon fiber that can be used anywhere from automobiles to space shuttles.

"Carbon fiber is two times stronger than steel and one sixth of the weight," Cosman said.

The research team will be working to modify the Attis Industries' lignin product and make it

into a more cost efficient carbon fiber.

"Iowa State's role is to do the research, to further advance carbon fiber in the market place because right now carbon fiber is too expensive to replace aluminum and steels and the petroleum-based plastics," Cosman said.

Creating carbon fiber with Attis Industries' lignin will repurpose carbon already in the atmosphere. This stops new carbons from being introduced into the atmosphere.

This partnership is offering a solution to going green with renewable fuels and by eliminating new carbons from the air.

"It's not just about the US, it's about the world wide expansion of carbon fiber and renewable fuels," Cosman said. "That alone says that we can process our greatest assets in a more efficient, profitable way."

Bai said that she is excited about the partnership. "I'm very interested in their lignin because their lignin is much different than the type of lignin we use to handle and it shows a lot of potential," Bai said.



COURTESY OF IOWA STATE

Iowa State researcher Xianglan Bai is partnering with Attis Industries to develop low-cost carbon fiber.



KATLYN CAMPBELL/ IOWA STATE DAILY
Students browse through donated clothing at the Multicultural Liaison Officers Clothing pop-up shop on Sept. 12, 2018 at the Multicultural Center inside the Memorial Union.

Pop-up shop gives new life to old clothes

BY MACY.OTT
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Iowa State hosted its biannual pop-up shop to provide professional clothes for students 6 to 8 p.m. Thursday in LeBaron Hall.

The event showcased lightly used men's and women's clothes of all styles and sizes that were donated by campus faculty and community members.

The pop-up shops are coordinated by the multicultural liaison officers of each college who work to gather professional clothes for students at no cost.

"We usually try to have the pop-up shop prior to the career fair," said Carmen Flagge, the multicultural liaison officer for the College of Human Sciences. "It gives students a chance to browse through business clothes and learn what is professional. The goal is to provide a fun environment and give students confidence for internships, interviews or conferences."

The event was met with great enthusiasm from students and staff.

"I have 3 career fairs coming up that I'm getting ready for ... and a girl can never have too many blazers," said Lauren Brousseau, a sophomore in marketing.

The clothing at the event offered students new and unique pieces to add to their own business wardrobe.

"I've picked out a lot of clothing that is outside of my normal comfort zone and that will help me look professional for any event," said Pam Moore, a sophomore in interior design.

With the career fairs quickly approaching, the pop-up shop served as a great opportunity for students in need of that final accessory.

"A friend recommended I come here for a new suit jacket. I'll use these clothes for the career fair and any future opportunities," said Christopher Remy, sophomore in industrial technology.

One of the goals of the pop-up shop was to create a fun and inclusive space for students to do some stress-free shopping right on campus.

"It's a good place for people to not feel any judgment," said Monica Howard-Martin, multicultural liaison for the College of Veterinary Medicine. "We want to prepare students for professional events while also giving clothes new life."

The pop-up shop also featured jewelry, ties, shoes and more professional business wear. Students had staff on scene helping them select the right pieces and making sure they fit correctly.

"Students have the opportunity to have conversations about what type of things go well together and what looks professional," Flagge said.

Students will have another chance to pick up new business clothes Friday from 10 a.m. to 2 p.m.



PATRICK SCHMIDT/ IOWA STATE DAILY
Jeffrey Hall, associate professor of communication studies at the University of Kansas, introduces the five styles of flirting to an audience Thursday at the Memorial Union.

Get your flirt on

Flirting guru lacks tips, talks flirting styles

BY JESSICA.KINDSCHI
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Just in time for Valentine's Day, associate professor of communication studies at the University of Kansas Jeffrey Hall discussed the science behind flirting.

Hall, the author of "The Five Flirting Styles", shaped his lecture like his book by diving into the five major styles men and women use to flirt with the opposite sex.

Hall clarified right away this lecture does not give tips and tricks on how to flirt, but instead discusses the ways in which people flirt. This statement caused slight commotion in the crowd. Some students just realized they may not be in for what they thought they would be.

"When [Hall] said he was not here to give tips and tricks to flirting, I'm not going to

lie, I was a little disappointed," said Andrew Yadlosky, senior in mechanical engineering.

Both men and women are poor judges at telling whether or not the other partner is flirting, according to Hall's research. Hall also stated that bringing in a wingman/woman will not make it any easier to identify flirting.

Hall spent the night diving into what the five flirting styles are. There is the physical flirting style, the polite flirting style, the playful flirting style, the sincere flirting style and the traditional flirting style.

The physical flirting style is the flirting style that is what comes to mind when someone says "flirt". This includes pickup lines, confidence, and the possible end goal of hooking up, said Hall.

"The big picture of this flirting style is that these are people who are very confident that other people want to be seen flirting one way," said Hall.

The polite flirting style is all about respect, said Hall. This kind of flirting style can lack energy though, said Hall.

The playful flirting style is one that is more used as a tool than a means to get somewhere

romantically with the partner, said Hall. It is used to "make someone do something". This is the kind of flirting style that leads to friends with benefits or a free drink at the bar.

The sincere flirting style is just like it sounds; sincere. The person is genuinely interested in getting to know this person and spending time with them. In this way, the person is flirting.

The last flirting style is the traditional flirting style. This style uses the traditional gender roles culturally known as the man approaches and the woman follows. The men initiate and the women yield, said Hall.

Those with this style are known to hold more conservative values, said Hall.

"The highest rates of reporting in the traditional flirting style is women between the ages of 18 to 24," said Hall.

Hall attributed this shocking statistic as coming from an idea called a traditional sexual script, which states "this is what man's job is, this is what woman's job is."

"We use scripts to make sense of what we're supposed to do in uncertain environments. When we don't know what to do we call on scripts," said Hall.

Cory Booker plans statewide tour of Iowa

BY JAKE.WEBSTER
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Sen. Cory Booker (D-N.J.) will be making a post-campaign announcement in Iowa this weekend, including a visit to the Rising Leadership Forum 3 p.m. Saturday at the Kum&Go Theater in Des Moines.

New Jersey's junior senator and former Newark mayor entered the growing field of Democratic candidates Feb. 1. He is the fourth senator to announce a bid for the Democratic presidential nomination.

Booker entered the Senate after winning the 2013 special election. He was reelected to the Senate in 2014.

The now-presidential candidate serves on the judiciary committee, where he gained fame for his questioning during the Brett Kavanaugh nomination hearings and infamy among those on the right for his "I am Spartacus" moment.

Booker compared himself to the gladiator of antiquity in his decision to release "confidential

>> BOOKER Pg8



ELI HARRIS/ IOWA STATE DAILY
Cory Booker speaks at the Boone County Democrats office on Oct. 8, 2018. Booker announced his bid for president February 1.

COLUMN



MIKINNA KERNS/ IOWA STATE DAILY

Columnist Lacey Westberg writes about the different forms in which love can exist, as well as what it means for those involved in her life.

Why it is so hard to love

BY LACEY.WESTBERG
l@iowastatedaily.com

The word “love” can mean many different things to different people. Love is one of the emotions that even as children, we are told is a good thing.

We are told that it is something to be strived for and attained as soon as possible, but for others, love can strike fear and memories of hardship into their mind.

Falling in love can be a complicated process for many people, especially those who have a complicated history of relationships with friends, family, or significant others.

Many times love can be hard to accept due to past experiences causing emotional strain and trauma that can last for years.

This is a poem that could encapsulate one view of why it is so hard to love.

This is a poem to anyone I’ve ever loved; I am sorry for not being there. And you know what I mean when I’m there, but not like, really there. Almost like I’m off in my own world and not listening to what you’re saying.

It’s something I do to defend myself. To make sure I don’t get too attached. Like if I don’t fully listen to you, I won’t love you so much.

Because, see, the funny thing about me is that I fall in love so easily, but I can never seem to fall out.

I have never wanted to admit it, but I have a hard time trusting. It’s not even because of you, really. It’s because of everyone before you.

They became a part of me when I decided to extend myself out to them. I lent them my emotions and my mind rent-free. Let them move in and decorate exactly how they wanted. Let them keep a toothbrush and clothes. Let them call me home.

They signed a lease that promised

forever, but they decided to move out early, and forgot to return the key.

I became so dependent on them to carry me that I forgot to walk by myself. And that’s why I’m writing this.

To everyone I have ever loved, I am sorry. I am sorry for depending on you so much. For not knowing my own worth. For not trusting you. For not loving myself before I started loving you.

I wanted to let you all know that I am still trying. I am still learning. I am still working, and I am still loving.

To everyone I’ve ever loved, thank you for loving me.

EDITORIAL

LGBT-inclusive curriculum step in the right direction

By the beginning of the 2020-21 school year, New Jersey schools will be required, by law, to teach LGBT history.

Gov. Phil Murphy, who promotes equality for gay and transgender people, signed a bill that requires schools to educate students on the history of this topic.

Not only was the bill signed to teach LGBT history, but also disability-inclusive material.

According to northjersey.com, students will learn about the “social, political and economic contributions of LGBT individuals,” but it is up to the local districts themselves to decide how they want to teach those lessons in their schools.

Private New Jersey schools are the only ones that are not affected by this law and therefore are not required to add LGBT history to their curriculum.

As of right now, only two of our

fifty states have adapted this new educational requirement: California and New Jersey.

Although that is a very small quantity of states, at least we can say that our nation is starting somewhere.

Furthermore, when it comes incorporating LGBT material into Social Studies classes, it will not be confined to one single lesson.

When it comes to buying books for lessons, the new law requires schools to purchase ones that accurately represent diversity, as well as include contributions of those from the LGBT community.

Many times throughout history, people have remained unremembered and were swept under the rug due to their identity and sexuality. With this new law in place, hopefully they will be rightfully remembered in their place in history.

Covering this topic in schools would

be a good way to teach students that no matter what they identify as, they can still play a large role in society.

It is important that students feel properly represented in whatever setting they are in. No one should have to feel like an outsider in the place they spend the most time in.

Requiring New Jersey schools to teach LGBT history is a step in the right direction of inclusivity.

This is a win for the LGBT community in New Jersey. There will always be a side that doesn’t agree with it, and insists that this law is lessening the importance of other historical events, but that shouldn’t be the case.

Although this new law leaves it up to the districts to decide how to incorporate LGBT history into their education, and it is an important topic to cover, we should let the students decide whether or not this is something they’re interested in learning about.

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Headed south for winter

Cyclones slide into 2019 season

BY SAM.STUVE
@iowastatedaily.com

The Iowa State Cyclones softball team kicks off its season this weekend with a tough challenge at the JoAnne Graf Classic in Tallahassee, Florida.

The Cyclones will face the University of North Carolina-Greensboro Spartans twice, the defending national champion and No. 1 ranked Florida State Seminoles twice and the University of North Carolina-Wilmington Seahawks.

"It's going to be a good test coming out of the gates," said Iowa State softball head coach Jamie Pinkerton.

The Cyclones will play two games Friday starting with UNC-Greensboro at 11:30 a.m. Central time.

Last season, the Spartans went 46-13, won the Southern Conference Championship and made the NCAA tournament. The Spartans return six starters from their 2018 lineup, including All-SoCon conference players Marisa Sholtes, Jasmine Palmer and Makenna Matthijs.

The Spartans were picked to repeat as SoCon Conference champions.

The Cyclones and Spartans played each other in Kickin' Chicken Classic last season, and the Spartans came out on top 2-0.

The Cyclones will compete with the



MIKINNA KERNS/ IOWA STATE DAILY

Junior Sami Williams slides into home after senior Rachel Hartman hits a triple Sep. 23, 2017. The Cyclones open their season this weekend.

»» **SOFTBALL** P68

Cyclones hope to bounce back against Colorado State

BY CARLYN.WARD
@iowastatedaily.com

Cyclone Hockey is looking for a clean sweep this weekend against No. 23 Colorado State after losing both games to No. 1 Lindenwood last weekend.

The Cyclones will play this weekend series at home at the Ames/ISU Ice Arena before going out on the road for two weeks.

"There's only a few home games left," said freshman forward C.J. Banser. "We want to leave Ames on a positive note and have success before we go on the road for a few weeks."

Banser also said the team needs to keep their head up and just play their game going forward.

So far, the Cyclones are 3-3 on their four-weekend homestand. Two of the losses were to No. 1 Lindenwood, one of which was in a shootout.

"What's important for us this weekend is making sure we have a great effort," said head coach and general manager Jason Fairman. "I think if we bring the effort, everything else will take care of itself."

Fairman stated that the goal this weekend is a sweep against



IOWA STATE DAILY

Senior Aaron Azevedo prepares to face off against the Bobcats on Feb. 17, 2018. The Cyclones play No. 23 Colorado State this weekend.

Colorado State, which would give them an overall winning record on their long, four-week-end homestand.

After two weekends on the road, the Cyclones will return home for one more weekend series against the University of Central Oklahoma March 1-2, which will mark the end of the regular season. The CSHL playoffs will be March 15-17, followed by the

national tournament, which will be March 22-26.

"Obviously we want the best for our team...we've been working hard all year," Banser said. "If we put our minds to it I feel like we can really get something going here at the end of the year."

It will all begin this weekend. The Friday and Saturday games will both start at 7:30 p.m. in the Ames/ISU Ice Arena.

Signing day projects bright future for Iowa State football

BY NOAH.ROHLFING
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Iowa State football's coaching staff was in a light-hearted mood Wednesday night at the program's annual Cyning Day fan event, after the Cyclones signed what might be the best recruiting class in school history.

The event, a chance for Iowa State fans to hear from Iowa State coaches and signees, has been held since head coach Matt Campbell arrived at Iowa State from Toledo in 2016.

Each of the Cyclones' 10 on-field coaches was given the chance to discuss their position group's signees and how they project to impact Iowa State's future.

"We're all going in the same direction," recruiting coordinator and tight ends coach Alex Golesh said of the Cyclones' recruiting strategy.

Here are a few of the notable quotes (on both sides of the ball) from Wednesday's event.

Oh, and sophomore-to-be quarterback Brock Purdy predicted the Cyclones would make the playoff and win the national title.

OFFENSE

"The credit goes to this staff for finding kids who know how special of a place Ames, Iowa, is." — Offensive coordinator Tom Manning on the current staff and

the Cyclones' offensive recruits.

"We feel like he's got the opportunity to become a 'burner' in this offense." — Passing game coordinator Joel Gordon on wide receiver signee Darien Porter's speed.

"We really believe in that foundation and standard that he set around here, and we're just ready to get this thing going." — Running back signee Breece Hall to Cyclone fans.

"We felt like he was a kid that was right up our alley." — Wide receivers coach Nate Scheelhaase on running back signee Breece Hall.

DEFENSE

"The thing that stands out the most is our guys love football and play hard." — recently-hired Cyclones defensive assistant Matt Caponi on his new team.

"I think we're always looking for guys that can do two or three different things." — Defensive coordinator Jon Heacock, on the Cyclones' defensive recruiting strategy.

"He was at our camp as a sophomore in high school, and every summer he's just kept coming back and getting better and better. So we know the ability of Blake and what he can provide for us." — Defensive line coach Eli Rasheed on the Cyclone staff's relationship with defensive tackle signee Blake Peterson during the recruiting process.



COURTESY OF LEAH WAFFUL

First established in Des Moines, Bronze515 is set to open a location in Ames soon. The store, located at 301 Main Street, will be open in the evenings and by appointment only.

Tanning shop set to open downtown

BY ALEXIS.MYSZKA
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Owner of spray tanning studio Bronze515 Leah Wafful is hoping to bring a golden glow to Main Street.

“It’s just going to be a whole new thing for Ames to experience, and we’re super excited about it,” Wafful said.

Bronze515 started as a side hustle to Wafful’s former day job and transformed into a six-figure business in just 18 months. They are now in the process of opening their second location here in Ames.

The exact opening date is still to be determined, but will be sometime this spring. Wafful is hoping to be open before spring break.

Bronze515 originated in Des Moines in February of 2018 when Wafful opened up her first UV-free custom spray tanning store front.

“I never thought it would be what it is today, but I wanted to start a business where I could make people feel really good about themselves, and look really good,” Wafful said.

Being UV free is a big part of what Bronze515 stands

for, as well as a belief in healthier alternatives for achieving the perfect tan. All of the sprays they use are gluten free, vegan, paraben free as well as cruelty free.

“Being tan is a thing,” Wafful said. “Especially when it’s cold six months out of the year. We all don’t have time to sit outside in the sun and soak up the vitamin D, and we shouldn’t go in tanning beds. But we also don’t have time to lay in tanning beds.”

Aside from being a healthier and safer tanning alternative, a visit to the Bronze515 studio will only take 15 minutes for the same results as spending hours in a tanning bed.

“A lot of younger women and young men have spent a lot of time outdoors, at the lakes, they were lifeguards at the pool. Now they see the damage it is doing to their skin ... but they still want that tan. So this is kind of a healthier natural alternative,” Wafful said.

With their spray tans being custom Bronze515 customers can be reassured that they will receive exactly the tan that they want. Wafful has performed more than 8,000 spray tans and trained with a celebrity spray tan stylist in L.A. whose client list includes celebrities such as Selena Gomez.

“People are probably going to say, well I just use self tanner,” Wafful said. “Well again with self tanner, who’s putting it on? Can you reach your back? Can you get the areas that we can get? Probably not. Because we are looking at you, and we are doing it, it’s like Kardashian style. So I personally have been trained, done a lot of training, obviously with 8,000 tans I’m well experienced, and my staff is well experienced.”

Once they open, Bronze515 will be located at 301 Main Street, Suite 7, and will be open in the evenings by appointment only.

Tips for what to do prior to and after receiving a spray tan can be found on the Bronze515 website, [Bronze515.com](#), as well as descriptions on what it is like to get a spray tan, and a break down of what happens from the moment customers enter the studio until exiting.

“We are looking forward to it, it’s going to be really cool to see how this helps also our Des Moines location. Because I already have clients in Ames [who] drive to Des Moines for me. Well now we are going to be a little closer to them,” Wafful said.

Personal trainers available to help meet fitness goals

BY JULIA.MEEHAN
[@iowastatedaily.com](#)

Iowa State’s Recreational Services offer a unique approach to kick starting your goals by working out with personal trainers. Personal training is a convenient program to exercise one-on-one with personal trainers who are also Iowa State students.

“We take clients in, pushing them to become independent,” said Georgia Garrett, a senior in kinesiology and health. “It is a learning process on how to exercise appropriately and how to find different types of exercise they enjoy and will stick to.”

Recreational Services’ purpose with personal training is to set the bar solely based on the client. Trainers provide clients an opportunity to start at a comfortable skill level and gradually build to their desired goals.

“The environment we like to provide is individualizing workouts for any given client,” said Hailey Andersen, a senior in kinesiology

and health. “The program is individualized to fit the goals and needs of the client’s preference by one-word individualized stands for our personal training program.”

There is a wide variety of sessions at different costs and at various time increments. Sessions are based off of the client’s availability and preference of 30 or 60 minutes long at the price of \$15 to \$18 per session.

“We offer the cheapest personal training that Ames has to offer,” Andersen said. “The personal trainer program is cost friendly for our clients.”

Clients have the option of group sessions with a choice of a friend or coworker with similar goals in mind to receive one-on-one training at a cheaper cost.

“It motivated me to go to the gym and increase the time I am at the gym,” said Kaiyue Zhang, a senior in industrial design. “Personal training proves better results.”

➤➤ TRAIN Pg8



COURTESY OF EMIR MEMEDOVSKI

Iowa State’s Recreational Services offers personal training for the price of \$15 to \$18 per session dependent on length of the session.

>> CYRIDE Pg1

The recommendation CyRide made following the report, for example, would constitute a net \$176,672 increase over last years budget.

Kyras said user feedback was an important part of the changes they have been working toward.

“If I could change anything about CyRide, I would want a bus that could take me from the MWL area to Freddy Court without needing to change busses,” said Sam Peterson, a freshman in mathematics.

While CyRide can’t cater to every specific need for every single student, they try to meet needs based off of data collected by researchers who went on the routes themselves.

According to one of CyRide’s reports and the recent survey, there has been a slight reduction in overall ridership, in part due to lower enrollment numbers at Iowa State. Most notably, west Ames routes reduced in ridership by 14 percent or 300,000 riders compared to last year, while

the 23 Orange route increased by nearly 100,000 riders or 1.2 percent.

“It’s okay,” said Reed Duncan, a sophomore majoring in pre-business “It’s usually late and the routes can be a little confusing,” Duncan said.

For more massive changes that CyRide goes under, such as the transformation and addition of several routes, otherwise known as CyRide 2.0, they brought in outsiders to help make the original changes.

“We hired a national consultant who does a lot of system redesigns, to take a look at our whole system,” Kyras said. “They gathered up a lot of data. We had good data on where we had a lot of ridership and low ridership, so we could kind of reorient the service and try and match the demand with the service level we were providing in that area. And that turned into CyRide 2.0.”

Some route changes will begin as soon as May, with even more routes changing in August. Routes impacted are as follows: #9 Plum, #14 Peach and #25 Gold, all happening in May. The routes changing towards the beginning of the 2019-2020

school year are #6 Brown, #11 Cherry, #12 Lilac and #25 Gold.

“I think CyRide is a very convenient option for ISU student transportation,” said Andrew Schon, a sophomore in elementary education. “I use 23 Orange the most because it’s easy to get around central campus.”

A common theme with all of the changes within the routes is extended time periods and the timeliness of busses. For example, CyRide is implementing early morning trips, which makes commuting in the mornings more convenient.

“It’s basically the same route structure, we just kept adding busses as the demand required it,” Kyras said. The constant demand for busses was due in part by new additions to the city of Ames, such as apartment complexes.

The inspiration and main driving force behind CyRide 2.0 and the new route changes is wanting to grow right alongside the university as it continues to grow, reaching more students and residents of Ames at the same time.



IOWA STATE DAILY
In fall 2018, CyRide announced an update to its services dubbed CyRide 2.0. However, since its implentation, CyRide 2.0 has recieved negative feedback from students.

>> TRAIN Pg7

Madison Clark, a senior in kinesiology and health, mentioned biofeedback, a program many are not aware of, for those who may struggle with anxiety or may want to destress. Based off of your heart rate, there is a machine that gives feedback on different exercises, which calms your body and better understands your breathing.

“The different modalities we offer are strength and conditioning, powerlifting, post physical therapy and weight loss,” Andersen said.

During each session, the workouts focus on the desires of the clients. The options vary from cardio, flexibility, strength, resistance and so much more. The trainers focus on the ambience of the gym. In other words, get to know the gym better and learn about unfamiliar equipment. The workouts are up to the clients with the advice from their trainers.

“Come in with an open mind, along with a few goals you would like to achieve,” Andersen said. “The dedication to the program and goals will show results in the end.”

The personal trainers for Recreational Services have a background in the field of kinesiology or health. There is a semester-long training on showing you the ropes to be a personal trainer. Then trainers work to achieve a required certification by Recreational Services in order to become a personal trainer.

“I have been a trainer for a year at Iowa State,” Garrett said. “I have gained knowledge through a certification by American



COURTESY OF EMIR MEMEDOVSKI
Clients have the option of group sessions with a choice of a friend or coworker with similar goals in mind to receive one-on-one training at a cheaper cost.

Council Exercise, along with personal training and weightlifting level one coach.”

Depending on clients’ goals and aspirations the training process could be short-term or long-term. It is all up to the client on the length of training, as long as the client gets to the stage where they can continue to do it on their own.

“I have had my trainer for a year and half now and after a while I learned how to use the different types of muscles I have,” Zhang said.

For more information about packages, prices and other services check out their website. To apply for a personal trainer, head to their website to fill out an application.

“We have had a lot of returning clients,” said Andersen. “It speaks very highly for us when clients reach back out to their past trainers.”

>> BOOKER Pg4

documents” from the now-Justice Kavanaugh’s time as a lawyer in the Bush administration. Derision from the right followed as the documents were no longer marked confidential at that point and had been released the night before.

The senator first made his entry into politics as a city councilman in Newark. After an unsuccessful 2002 run, he was elected to his first term as mayor in 2006. As mayor, Booker grew his national profile by remaining a resident of the Central Ward and through living in a similar manner to many of the city’s residents, surviving on \$30 worth of food for one week in 2012.

In December 2018, Booker co-sponsored a

bill that would have made lynching a federal crime after more than 100 years of attempts to pass similar legislation.

Booker, 49, has previously highlighted his personal upbringing in a Democratic party that has an increased focus on racial issues. His father Cary was born in the segregation-era south and rose to become one of International Business Machines Corporation’s first black executives.

Booker’s parents, with volunteer lawyers’ assistance, broke the color barrier and moved into what had been a nearly exclusively white school district in Harrington Park, New Jersey, where he played football in high school.

He went on to play for Stanford University, where he received both his bachelor’s and master’s degrees.

>> SOFTBALL Pg6

Seminoles Friday at 4:30 p.m.

The Seminole went 58-12 last season and won the ACC Championship and the College World Series.

The Seminole roster remains largely unchanged as seven starters return from last year’s team, including three All-ACC players, the ACC freshman of the year and NFCA All-American Sydney Sherrill.

The Seminole are picked to win the ACC Championship again this season.

Saturday’s slate for the Cyclones starts with another game against the Seminole at 2 p.m.

Following the matchup with the Seminole, the Cyclones will take on the UNC-Wilmington Seahawks at 4:30 p.m.

The Seahawks finished last season with a record of 20-29, but it could be improved this season, as the Seahawks return 11 players from last year’s squad. The Seahawks are picked to finish third in the Colonial Athletic Association.

The Cyclones conclude the JoAnne Graf Classic with another matchup against UNC-Greensboro Sunday at 10 a.m.

“I think we’re more prepared then we have ever been,” said senior pitcher Emma Hylen.

The Cyclones’ performance in the JoAnne Graf Classic could show how much the team has grown in the offseason and how much potential there is for the Cyclones to make a run at the postseason.

“It’ll be really good to start off with that competition when we are fully rested and ready to go,” said junior Sami Williams.

>> TENURE Pg1

to professors and fewer classes taught by teaching assistants.

“I was vehemently opposed to the bill,” Quirmbach said. “But as far as putting more emphasis on teaching, I am supportive of that.”

Quirmbach works for the economics department, and he said in terms of its introductory courses the department “does an awful job” of connecting its undergraduate students to tenured faculty. Quirmbach said he believes discussion groups are important in large lectures to get students individual instructor attention but receive no support from the university.

“I lost so many times in my early years at Iowa State,” Quirmbach said. “I finally said, well I’m going to arrange my own discussion groups, so I set that up ... and kind of offered discussion groups under the radar so the students would have some of a chance to get some personal attention. Finally, someone discovered what I was doing and I got called all the way on up to

the president’s office for teaching too much.”

Martin said without tenure there would be a larger number of people who are not as creative or as big of risk takers when it comes to teaching students. Martin said he believes they would not be as dedicated.

“People won’t change after they receive tenure,” Martin said. “We’re here because we love what we do.”

Quirmbach said tenure is ancient and a fundamental protection of academic freedom and without it, universities would lose most of their research potential.

“Faculty members who achieve tenure cannot be fired for things that are controversial, like research projects they are engaged in or scholarly work that challenges existing notions,” Quirmbach said.

He added that Iowa State and the University of Iowa are a part of the Association of American Universities, which is the top 62 primary research universities in the United States and Canada.

“For a state that only has about 1 percent of the U.S. population, for us to have two of the top 60 really says a lot about what we have accomplished ... in terms of establishing higher education,” Quirmbach said.

Martin said tenure not only protects faculty’s research and projects, but it also protects their freedom of expression.

“Would you rather have a professor that’s cautious in what they say or one that’s on the cutting edge?” Martin said. “One that will provide information without fear that anyone will be upset. Tenure is how we move forward in science, in math, in research.”

Martin said it allows faculty to be the best of the best, to adventure and be open-minded. He believes they are providing the greatest ideas regardless of what others think about it.

Faculty members also want students to provide their feedback to their professors so they can change something if they know it’s not working for students.

Tenure may seem like the ultimate protection

for a faculty member because they cannot be fired for their research, which Zaun has previously said is a large reason for the bill.

However, Martin said tenure is not easy to achieve.

There is a seven-year demonstration process to show that a faculty member belongs in the tenured group. Tenure is not guaranteed, and faculty pursuing tenure will typically find out in the first few years of the process if it is right for them.

“It is a time where they can figure out if they really want to do it,” Martin said. “Some think maybe it’s not for me, or I don’t really enjoy this.”

Quirmbach agreed, describing his path to tenure as “arduous.”

“Basically, an assistant professor is hired on a tenure track,” Quirmbach said. “That person is nose to the grindstone for the next six years to establish a sufficient research record and often times, in getting grants, that research record is thoroughly reviewed, have outside letters of recommendation. It’s a very elaborate, time-consuming and demanding process.”