



**FAFSA**  
A helpful guide with tips for filling out the application can be found inside. For priority aid, submit your FAFSA by Dec. 1.

>> **PAGE 2**



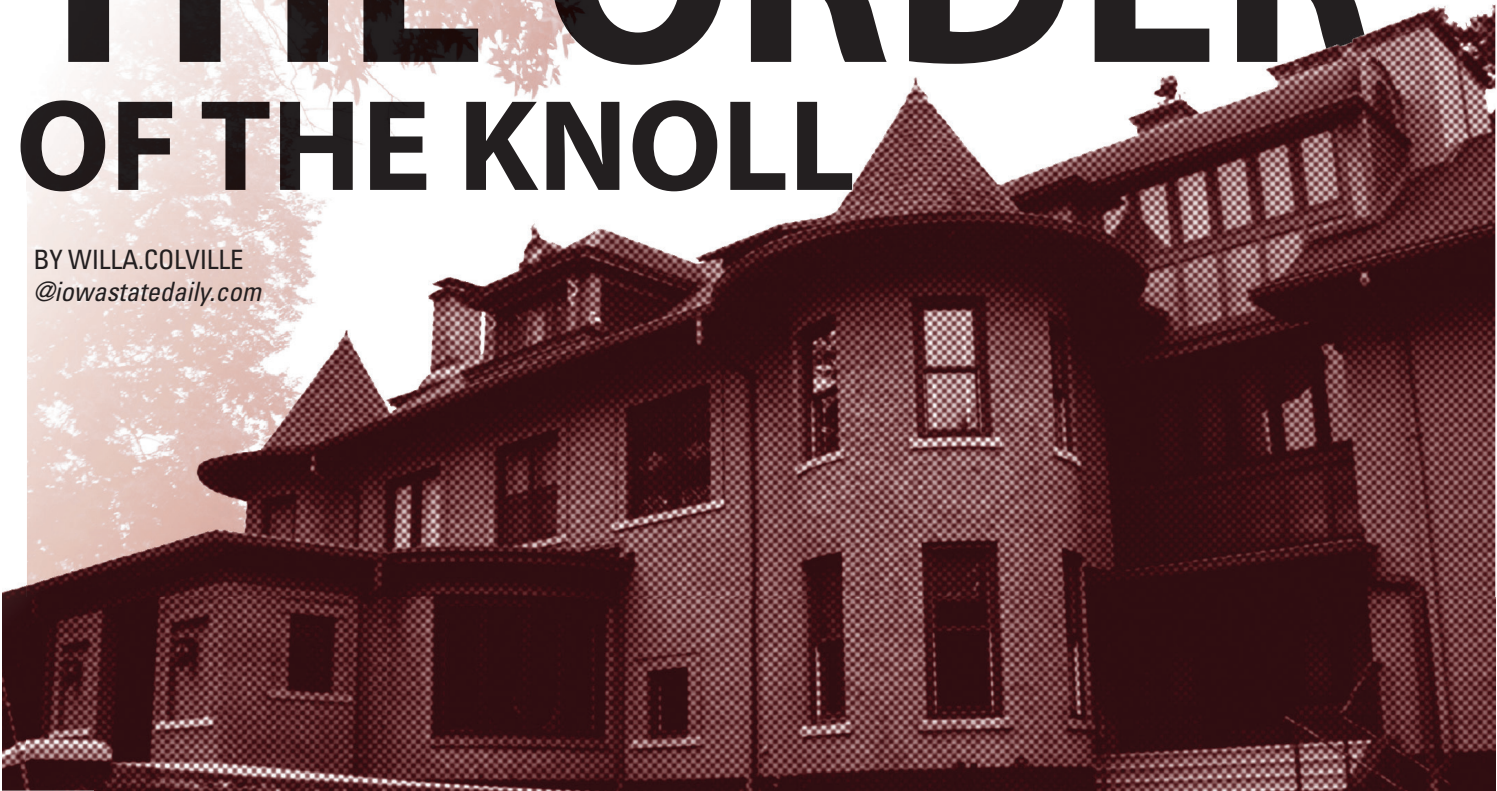
**FINAL FORUM**  
The last candidate will speak at 4 p.m. at the Great Hall of the Memorial Union. Find coverage of all four presidential candidates online.

>> **MORE ONLINE**

An independent student newspaper serving Iowa State since 1890. THURSDAY 10.12.2017 No. 038 Vol 213 63° 51°

# THE ORDER OF THE KNOLL

BY WILLA.COLVILLE  
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SARAH HENRY/ IOWA STATE DAILY

The Knoll is the home of the current Iowa State President. People can join the Order of The Knoll by making a financial donation.

In 1901, “The Knoll,” located east of the Memorial Union, became the home to Iowa State University’s fifth president, William Beardshear. Since then, ten presidential families have lived in the Knoll and set a standard of excellence for faculty as well as students.

For over 100 years, millions of students have attended and graduated from Iowa State following this standard and contributing to the success of the university, and alumni have chosen to thank the university through their generosity. Iowa State’s most loyal and prestigious donors have been recognized in a society appropriately named The Order of the Knoll.

Since the 1960s, the Order of the Knoll program has honored the university’s top donors. In order to become a member of this society, one must donate a minimum of \$2,500 annually or give a cumulative gift of \$100,000 or more.

The program recognizes four different levels of giving. Each of the four levels - Campanile Society, President’s Circle, W.M. Beardshear Society and Society of the True and Valiant - requires a higher donation amount.

The Campanile Society starts at an annual donation of \$2,500 or annual donation of \$1,500 for those ages 40 and under, and the Society of the True and Valiant is the level for donors with a cumulative giving of \$10 million or more.

Elaine Watkins-Miller, the associate director of communications for the Iowa State University Foundation, said the Order helps alumni stay connected to Iowa State, and is a way to thank them for their generosity.

“The program provides donors ongoing engagement with Iowa State through communications about important university news,” Watkins-Miller said, “[The program] also provides opportunities to attend events such as regional gatherings with alumni and friends.”

One such event is a concert for members of the Order put on by Cantamus Women’s Choir, one of two women’s all-female choral groups on campus. The event will take place Friday.

“This concert will premiere an all new version of ‘The Bells of Iowa State’ featuring a solo performance by Simon Estes,” said Kathleen Rodde, the director of Cantamus. “Cantamus is recognized as one of the top women’s choirs in the nation. This will be their first time performing for the Order of the Knoll.”

Thanks to the Order of the Knoll’s members, Iowa State has been able to expand, grow and give students more opportunities over the last 50 years.

To honor the societies most loyal and top givers, the Order gives out five awards each year: the True and Valiant Award, Campanile Award, Cardinal and Gold Award, Corporate and

Foundation Award and Faculty and Staff Award.

This year, the recipients of the True and Valiant Award were Roy and Bobbi Reiman. Roy Reiman graduated from Iowa State with a degree in agricultural journalism, founded Reiman Publications in Greendale, Wisconsin, and later founded Reiman Gardens, located southeast of Jack Trice Stadium, with his wife.

The Reiman’s are also past recipients of the Order’s Campanile Award. Other award recipients include Richard and Joan Stark, Steven T. Schuler, William D. Hoefle and Danfoss Power Solutions.

Some benefits of donating and becoming members of the Order include invitations to select events including dinners and luncheons, as well as opportunities to interact with Iowa State’s top staff and receive special reports on the university.

Though some donors may choose to remain anonymous, at the 2014 Order of the Knoll Reception, a few donors wrote why they chose to give back to Iowa State University, citing “[to provide] opportunity for the next generation,” “be apart of something bigger than ourselves,” “to leave a legacy” and “giving back to Iowa State,” as reasons why they choose to donate.

For more information on the Order of the Knoll, including donations and award recipients, visit [foundation.iastate.edu](http://foundation.iastate.edu).



COURTESY OF BOARD OF REGENTS  
Pictured: Wendy Wintersteen.

## PRESIDENTIAL CANDIDATE ON CAMPUS

BY ALEX.CONNOR  
@iowastatedaily.com

The fourth and final candidate for the next Iowa State president, Wendy Wintersteen, was announced Wednesday morning.

Wintersteen currently serves as Iowa State’s dean of the College of Agriculture and Life Sciences. Similar to the last three candidates, she will be on campus Thursday, Oct. 12 to meet with faculty, staff, students and the community throughout the day.

Wintersteen received her bachelor’s in crop production from Kansas State University in 1978 and has spent a bulk of her career at Iowa State.

Receiving her doctorate in entomology from Iowa State in 1988, Wintersteen has held a variety of positions at the university since – minus a short stint with the USDA-Extension Service in 1989 to 1990 as the acting national pesticide education program leader.

In 2000, Wintersteen also held a short position as Interim Executive Associate Dean for the Iowa Agriculture and Home Economics Experiment Station.

Wintersteen has served as the dean of the College of Agriculture and Life Science since 2006, where she oversees 317 faculty members, 484 staff members and 5,509 students. She works with a current budget of \$172 million with \$51.5 million in sponsored research.

Additionally, through a \$3 million gift, Wintersteen became the first endowed dean in Iowa State’s history, according to her vitae.

As dean, Wintersteen cited background in fundraising, research, fiscal management, diversity and the student experience.

Currently, CALS boasts a retention rate of 90.4 percent and four-year graduation rate of 63.1 percent. Career placement rate is 98 percent, according to her vitae.

## Onboarding committee to host open forums

BY ALEX.CONNOR  
@iowastatedaily.com

What began as a proposal by Student Government to help create a better and more intersectional learning experience for new students has transformed into a year-long process to review the university’s current on-boarding process.

Last winter, the academic and student affairs divisions were tasked to review the current procedures, which led to the creation of a 31-member task force that examined new student on-boarding procedures.

After doing so, the committee serves to create recommendations to be passed onto senior administration by the end of the 2018 spring

semester.

The proposal that started this process was dubbed Cyclone 101 — a semester-long course created by then-President Cole Staudt and then-Vice President Cody West and would take a more in-depth approach to issues such as sexual assault, civic engagement, diversity and inclusion, as well as financial and information literacy.

“That was a recommendation that students came up with that said some of the things the university is doing to help us be successful — we don’t think they’re doing well,” Keith Robinder, associate dean of students, said. “And some of the things that we think are important — you’re not doing in a way that really resonates with students.”

This served as a wake-up call.

“I think the students proposed that from a genuine sense of ‘we can do better,’” Robinder said. “It was received with that understanding, as well.”

Robinder currently co-chairs the committee, along with Associate Provost for Academic Programs, Ann Marie VanDerZanden.

The first stage of the process, Robinder said, was to create smaller committees within the task force to assess the onboarding process for different student types.

These groups included: direct-from-high school undergraduates, transfer students, grad-

>> **ONBOARDING PG8**

**FIND MORE ONLINE**





FAFSA

# Tips on filing for FAFSA

## Priority deadline is Dec. 1

BY ANNABELLE.WHITE  
@iowastatedaily.com

The window to fill out the Federal Application for Financial Student Aid (FAFSA) has opened, and, with state budget cuts, that Dec. 1 deadline has become even more crucial.

Oct. 1 was the first day that students at Iowa State could file their FAFSA. Roberta Johnson, the director of student financial aid, said it’s “very crucial students get their FAFSA in on time.”

Missing that deadline may jeopardize consideration for aid based on the funds that are remaining. For those who had financial aid, such as the ISU Grant, or want to be considered for work study, FAFSA must be submitted no later than Dec. 1.

Some get help from their parents while others may feel like they are on their own. Either way, it can be a confusing and frustrating process.

Here are some steps to follow when you finally sit down and decide that it needs to be done.

Before filling it out

To fill out FAFSA, you must have your social security number, the social security number of your parents or guardians and driver’s license (if available). International students will also need the student alien registration or permanent resident card, and theirs or their parent’s 2016 tax information.

Student information

Use an email address that you use and check often. It’s easy to enter the wrong numbers and get emails later that tell you to correct your FAFSA.

To avoid this, read the instructions carefully to understand what they’re asking for. Whenever there is a question asking about “you” that is always referring to the student.

Make sure you understand what they’re asking before you start filling it out. The first page asks for student demographic information, like your social security number (SSN), address, birth date, telephone number, etc.

There are always people available to help at the Financial Aid Office at 0210 Beardshear Hall.

Parent information

You’ll be using the tax information from 2016 for the 2018-2019 FAFSA. After completing the student portion of the FAFSA you will be asked what your dependency status is, then move into the parent demographics.

“Make sure your parents have your pin so they can complete



PHOTO ILLUSTRATION BY HANNAH OLSON/ IOWA STATE DAILY

To ensure that your FAFSA is accurate, read the instructions carefully to understand what they are asking for. Make sure you have your social security number, 2016 tax information and all other required information for each section.

the FAFSA with their electronic signature, and make sure you submit it,” Johnson said.

Students sometimes think they’ve finished the FAFSA when they haven’t. Make sure you get a confirmation email from ISU and pay attention to your email for any updates.

After Submission

Iowa State should contact you to acknowledge receipt of FAFSA information. The email will tell you if you need to provide any extra information.

Sometimes you may need to submit extra forms, such as the parent/student institutional verification form or the parent/student federal tax return.

Johnson stresses that you need to get these papers in on time, and that you should check the FAFSA status on Access Plus. The financial aid office can answer any questions you have when it comes to your financial aid status.

If it is all done correctly, you will soon be notified of what aid you are eligible for.

IOWA

# American Civil Liberties Union challenges ‘ag gag’

BY MADELINE.MCGARRY  
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On Monday, the American Civil Liberties Union (ACLU) of Iowa, in conjunction with a broad coalition of public interest groups, filed a lawsuit against the state’s “ag gag” law.

In addition to prohibiting individuals from damaging farm facilities and harming animals, the law criminalizes individuals who submit false information on a job application to become employed at a farm operation.

As noncompliance is classified as a misdemeanor, violators may serve up to one year in jail.

“There’s no doubt that these laws were passed to protect the industry from what was really seen as portraying it in a false light,” said Kristine Tidgren, assistant director for the Center of Agricultural Law and Taxation at Iowa State.

Collectively, ag gag laws have been drafted in response to actions made by the Humane Society of the United States and Mercy for

Animals following their release of videos that captured graphic footage from farm operations.

In a statement issued by the ACLU, Rita Bettis, legal director for the Iowa chapter, said “An especially grievous harm to our democracy occurs when the government uses the power of the criminal laws to target unpopular speech to protect those with power—which is exactly


what this law is about. Ag gag clearly is a violation of Iowans’ First Amendment rights to free speech.”

The seven states who currently have an ag gag law in place prohibit the act of videotaping, photographing or recording footage on farms

>> ACLU pg8

### IT’S WHAT I DO

A Photographer’s Life of Love and War



## Lynsey Addario

Lynsey Addario is an American photojournalist who has covered conflicts and humanitarian crises in Iraq, Dafur, South Sudan, Congo, and Libya, where she was one of the four journalists held captive by the Libyan Army.

**Thursday, October 12, 2017**  
**8 pm - Great Hall, Memorial Union**

Sponsored by: College of Agriculture & Life Sciences, Global Resource Systems Program, Greenlee School of Journalism & Communication, International Student Council, International Studies Program, University Library, World Affairs Series, Committee on Lectures (funded by Student Government)



## DESIGN



PHOTO COURTESY OF NATHANIEL JONES

Architecture students Ayla Hendrickson (second from left), Colleen De Matta (center) and Nathaniel Jones (left) at the National Concrete Masonry Association competition finals in Toronto. The students won the competition against Ball State University and North Carolina State University with the “Amphi-Blocks” concept they developed.

# Students win national competition

Three architecture students were in one of three groups chosen as finalists for the National Concrete Masonry Association (NCMA) competition in Toronto.

After months of preparation, students Colleen De Matta, Ayla Hendrickson and Nathaniel Jones won the NCMA. Each year, Iowa State students participate in this competition.

Earning a winning title was shocking but exhilarating, said the team.

The students originally started this project as a class assignment and then presented the project on a local level. From there the team moved on to sending the project to Virginia where it was scored. This is when they waited for news on how they did and if they would move on.

“We were pretty surprised and humbled to be selected for the finalists of the national competition, very exciting,” Jones said.

Jones, De Matta and Hendrickson collaborated to come up with a project called “Amphi-Blocks” with which they aimed to prove the concept of taking a single mold of a block to potentially create an entire theatre completely of this block.

“We wanted to show versatility that concrete masonry provides in settings where it is not commonly thought to be utilized to its fullest potential,” Jones said.

De Matta and Hendrickson explained that the model blocks were laser cut to scale and spray painted to look like concrete.

Collaborating on this versatile project was not difficult for the students, although the tedious process to keep going back to refine the project and presentation was tough at times. De Matta and Hendrickson discussed how collaboration was simple because they were already familiar with one another.

“Right away at the beginning we came up with a very strong concept,” Jones said. “The concept part was easy but the refinement process of the visuals and presentation was the hard part.”

The students are used to working on larger scale projects versus focusing on a smaller scale or more specific detail.

“It was very interesting to just focus on the smallest detail possible and difficult because the smallest details are the ones we had to work on refining the most,” Jones said.

Usually when students work on projects they’re focusing on the bigger picture and dealing with an entire building structure

not just one specific detail.

The team strived to critically think and work to meet the various industry standards and initial goal of being able to use the blocks acoustically. The blocks created were to show the concepts of absorbing, amplifying and reflecting sound for any sort of assembly place.

They originally started the process of this project in January and kept meeting throughout the summer to work and collaborate. The national convention in August was the end of the road after the much devoted time towards the project, which resulted in success.

Although they spent a great deal of time on the project in preparation for the national competition, they were able to take away new knowledge and experiences from the convention.

“I didn’t know there was such a passion for architectural materials. All the people we met were so passionate about their jobs,” De Matta said.

There was a lot to learn from this experience and practice on professionally marketing oneself and the product.

“This was my first introduction to professional life in a way. The importance of presentation and being professional was something that I had never really had to do before and this was a great opportunity to learn those skills,” Hendrickson said.

Jones explained how the overall experience gave them the benefit of understanding the industry better through constructive feedback and the friendly environment from the people in attendance.

He described the experience as real world application into the field.

Students represented Iowa State’s design program at the convention and were confident in their presentation skills, which they believe is what set them apart from the other two competitors, Ball State University and North Carolina State University.

Iowa State’s team win was well earned and the audience at the convention agreed. After each team gave their presentation, audience members used a mobile app to vote for the team of their choice. The final scoring to determine the winning team was accumulated from previous scores in the competition and the audience’s votes.

BY KIANA.BRINCKS

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FEATURE PHOTO



NATE CAMM/ IOWA STATE DAILY

» STUDENTS EXPLORE NEW MAJORS AT FAIR

Professor Mark Redmond and Adviser Sabrina Shields-Cook discuss the Communication Studies Program with students at the major fair on Wednesday. The Communication Studies Program teaches students how to think critically and develop and implement evidence-based research strategies to address complex communication issues.

POLICE BLOTTER

10.10.17

An officer checked on the welfare of an individual at 63 Frederiksen Court (reported at 2:10 p.m.).

An individual reported being sexually assaulted at University Village (reported at 11:32 a.m.).

An individual reported being the victim of a fraud at Martin Hall (reported at 3:37 p.m.).

An officer investigated a property damage collision at Lincoln Way and Sheldon Ave (reported at 4:10 p.m.).

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**ACROSS**  
1 Deer guy  
5 Dian Fossey subjects  
9 Walking tall  
14 Snoop (around)  
15 Son of Leah and Jacob  
16 One unlikely to bring home the bacon?  
17 Work on galleys  
18 Works by Raphael and Michelangelo, e.g.  
20 Signed agreement mailed by someone in prison?  
22 "... kissed thee \_\_\_ killed thee": Othello  
23 NYC-based insurance co.  
24 Backs a fashion venture?  
31 Eyelid inflammations  
32 Dogwood, e.g.  
33 Sock part  
34 Pottery oven  
35 Drag through the mud  
37 Gardener's bagful  
38 Rescuer of Odysseus  
39 Irene of "Fame"  
40 Gainesville is about halfway between it and Jacksonville

41 Authorize two bros' get-together?  
45 "Double Fantasy" artist  
46 Measurement named for a body part  
47 Songwriter's dream?  
54 Rites of passage  
55 Heathrow postings: Abbr.  
56 Point a finger at  
57 Dark purple  
58 Charlie Brown cry  
59 Title role for Michael or Jude  
60 New newts  
61 "Off with you!"

**DOWN**  
1 Job detail  
2 Commotion  
3 Analogous  
4 Avenge's a wrong  
5 Runway shapes  
6 Bob \_\_\_, first NB. player to be named MVP (1956)  
7 FEMA recommendation maybe  
8 Storage structure  
9 Like some press conference answers  
10 Go back (on)  
11 "A Summer Place" co-star Richard  
12 Dessert conveyance

13 "Rizzoli & Isles" airer  
19 More ridiculous  
21 Spanish 101 word  
24 1986 rock autobiography  
25 Windbreaker fabric  
26 Cook, as dumplings  
27 One may be rolled over  
28 Weasel kin  
29 Patterned fabric  
30 Ward of "CSI: NY"  
31 Two percent alternative  
35 Skipped  
36 C-ration successor  
37 Throws here and there  
39 Fails to understand  
40 Funk  
42 Musical scale sequence  
43 Produce a change in  
44 Scary Wild West circles?  
47 Meet, as needs  
48 Norwegian saint  
49 "Won't do it"  
50 Plenty, in slang  
51 Bonneville Salt Flats site  
52 Peacekeeping acronym  
53 Name on a Canadian pump  
54 Mgmt. degree

SUDOKU BY THE MEPHAM GROUP

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LEVEL:

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Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit [www.sudoku.org.uk](http://www.sudoku.org.uk)

CORRECTIONS

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction. To submit a correction, please contact our editor at 515-294-5688 or via email at editor@iowastatedaily.com.

# IOWA STATE DAILY

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COLUMN

# It's not funny, Cam

BY CLAUDIA.TOLEDO  
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All eyes were on Cam Newton last Wednesday after a sexist comment during a press conference turned eyes and ears.

Jourdan Rodrigue, reporter for the Charlotte Observer, ran through routine questions with the quarterback when she was met with a comment belittling to female journalists everywhere, particularly those in the realm of sports coverage.

"It's funny to hear a female talk about routes like ... it's funny," said Newton when Rodrigue inquired about Devin Funchess, wide receiver for the Panthers.

Although the comment was claimed to be "a compliment" by the quarterback in later interviews regarding the push back he received, the journalist he degraded had other feelings.

In a Twitter post shortly after the remark, Rodrigue spoke up about the sexist remark by tweeting.

"I don't think it's 'funny' to be a female and talk about routes. I think it's my job," Rodrigue tweeted on Oct. 4.

Although the comment may have been in good humor, in retrospect to the struggles many female sports journalists face as they pursue their careers, such a remark wasn't expected to be taken lightly.

One aspect of the double standards implicitly in place for women in sports reporting is the value placed in one's physical appearance.

In an article for the Huffington Post, Erin Andrews, sideline reporter for FOX NFL, speaks on the difference of comparison between the two sexes in the industry.



PHOTO COURTESY OF WIKIMEDIA COMMONS

Columnist Claudia Toledo urges readers not to take matters of sexism lightly. We may never know the true intentions behind Cam Newton's remark toward journalist Jourdan Rodrigue, but the apology he made is a great start in addressing the wrongness of his comment.

"They are wearing gorgeous suits, they have a hair and makeup team there powdering them. Troy Aikmen. Joe Buck. They work out all the time. They're beautiful men wearing beautiful clothes, no one says anything about it."

Aside from viewers and those in sports often placing beauty above brains, female sports reporters face a variety of issues to follow.

In an interview with Entity Magazine, NFL analyst Lesley Visser brought other issues to the surface when asked about what struggles she faces as a female reporter in the realm of sports.

When asked about how her gender has affected her career progress, she shared that for on-site coverage, "Some men were very difficult, not wanting any women around."

Since the comment, Newton has been censured by the NFL (calling his comments "just plain wrong and disrespectful"), lost a sponsor (Dannon), and

gained judgement from fans worldwide.

Dannon spoke out on the matter stating, "It's simply not OK to belittle anyone based on gender, we have shared our concerns with [Newton] and will no longer work with him."

An apology was released by Newton shortly after, letting fans know, "The fact that during this whole process I've already lost sponsors and countless fans, I realize the joke is on me and I've learned a valuable lesson from this."

We may never know the true intentions behind his remark, but the apology is a great start toward addressing the comment, and just why, regardless, sexism shouldn't be taken lightly.

EDITORIAL

## Congress focuses on the wrong things

The horrific shooting in Las Vegas earlier this month has revealed some important truths about the priorities our Congress holds.

Making gun silencers cheaper and easier to buy appears to be more important to Congress than continuing the Children's Health Insurance Program, which provides health care for low-income children, or extending the Perkins student loan program, which provides loans to lower-income students.

Gun silencers are legal to purchase in 42 states, including Iowa.

Buying one does, however, involve a \$200 transfer tax and requires registration under the National Firearms Act of 1934. The registration can take up to nine months.

The proposed legislation would elim-

inate the transfer tax, make registration automatic and would provide refunds for any transfer tax on a silencer purchased after Oct. 22, 2015.

While the proposed legislation appears to be aimed at halting the declining sales of silencers, the legislation purports to be based on health concerns. It is titled the "Hearing Protection Act."

Silencers do not entirely silence the sound of gunshots, but they do reduce and alter the sound significantly.

That may be irrelevant while hunting, but it can make the sounds of shooting blend into a noisy cacophonous background in an urban setting.

In Las Vegas, confusion reigned. How much worse would the panic have been if the gunshot had been rendered indistinguishable from fireworks or other celebratory sounds that occur regularly

on the Strip?

If we watch mysteries or crime shows, we know the purpose of silencers is to reduce the chance of being caught while committing illegal acts.

We accept this is a simplification. But the question remains.

Why does Congress attend to the issue of gun silencers when children's health is not acted on and student loan programs are not continued?

The silencer legislation was put on hold once before because Congress was addressing it the week Rep. Steve Scalise was shot at a baseball game.

The "optics" were bad then and they're bad now.

Congress should reconsider its priorities and attend to the needs of children and college students before making gun accessories cheaper and easier to buy.

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Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.



## VOLLEYBALL

# Jess Schaben: From a town of 280 to Iowa State

BY TREVOR HOLBROOK  
@iowastatedaily.com

Junior outside hitter Jess Schaben has spent the last two-and-a-half years rifling volleyballs past opponents for Iowa State.

The previous four seasons, Schaben was a leading force for a different Cyclones team.

Growing up, Schaben was one of about 280 residents living in Defiance, Iowa, located in the southwest region of the state. Defiance's slim population isn't large enough to warrant its own school, so Schaben commuted 13 miles to Harlan.

Compared to Defiance, Harlan is a metropolis, maintaining a population of almost 5,000 residents. When Schaben became a Harlan Cyclone, she put herself on coaches' radars.

"I started getting recruited around my freshman year [of high school]," Schaben said. "I think I committed after my sophomore year."

What did Schaben do to earn that much recruiting attention so early in her high school career?

Schaben's freshman season showed a glimpse of the outside hitter's potential. Schaben racked up 459 kills, ranking her seventh in the state of Iowa.

Derek Martin, the manager of sports operations at a western Iowa radio station named KMA, covered all four seasons of the Schaben's career. Martin noticed Schaben from the beginning.

"She was awesome, immediately," Martin said. "Obviously, she was really tall, long, athletic and could jump, [but] I think the thing that was most impressive with her is she was also really, really volleyball smart."

Schaben would follow up her strong freshman campaign with more dominant seasons. Schaben accounted for at least 400 kills each season, totaling 2,002 kills throughout her high school career.

Not only was Schaben a commanding player on the court, but she also grew during her high school career.

"She turned into a leader there throughout her high school career," Martin said. "A lot of people [were] really impressed with her athleticism [and] her abilities."

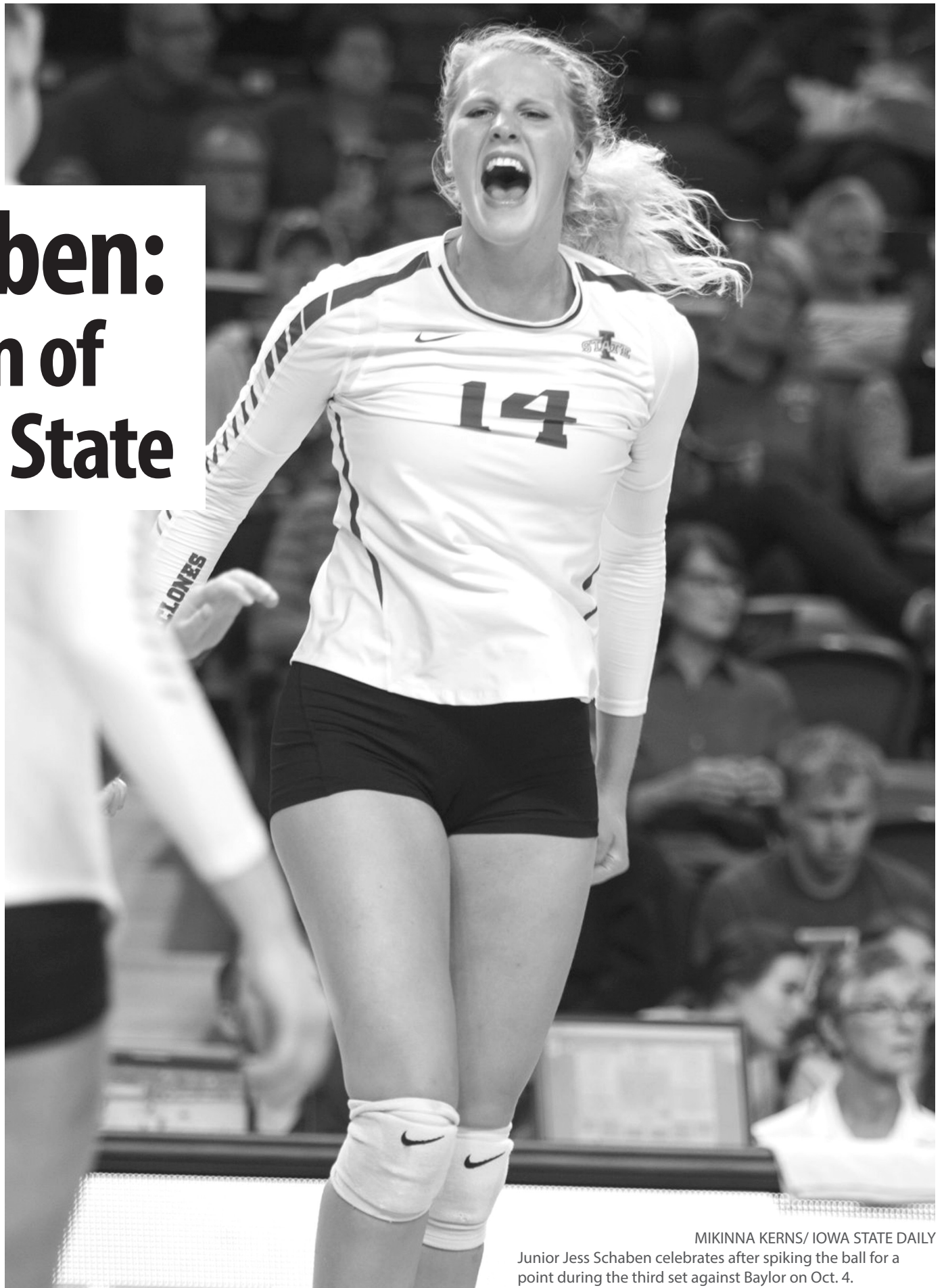
It's worth noting that some of the competition in rural Iowa is sometimes lackluster. Regardless of school size, when the state tournament rolls around, it's guaranteed to be stocked with quality talent.

If Schaben was feasting on less-talented schools and padding her stats, one could believe she might be quieter when Harlan was in postseason play against higher-ranked schools.

Instead, Schaben answered the call. In her junior season at Harlan, Schaben managed 81 attack attempts and connected on 31 of those in the Class 4A State Semifinals.

After a five set win in the semifinal match, Schaben backed it up with another 31 kill performance; this time, the high school standout was more efficient, only using 73 attempts, while leading Harlan to a state championship.

"Every time I saw her [in high school], [it] was a standout moment," Martin said.



MIKINNA KERNS/ IOWA STATE DAILY  
Junior Jess Schaben celebrates after spiking the ball for a point during the third set against Baylor on Oct. 4.

All good things must come to an end, and Schaben's high school career was no different.

As Schaben's high school career concluded, her name was being tossed all around in the volleyball world.

The lanky hitter earned the 2015 Des Moines Register female high school athlete of the year and was heralded as the No. 27 recruit in the nation according to PrepVolleyball.com.

After snagging two state titles for the Harlan Cyclones, Schaben was on to her next team: the Iowa State Cyclones.

The gap between high school volleyball and college volleyball is a big one. Even with all of Schaben's recognitions from high school, it was no certainty that her success would translate to the Big 12.

Not only is the talent level heightened, but the pressure and crowds also increase.

"It's definitely different from having a high school game, where there's maybe 100 people, [compared] to coming to a game [in Ames] where there's thousands [of people]," Schaben said.

Schaben had the luxury of an experienced coach with a lot of success when she entered college.

Iowa State coach Christy Johnson-Lynch saw Schaben's potential early on in the hitter's career.

Johnson-Lynch saw Schaben succeed early on at Iowa State, but she also got to watch the hitter grow.

"She's growing as a leader," Johnson-Lynch said. "[She's] ultra-competitive. You definitely see that in the big matches. I think she's taking more and more ownership of the team."

A common theme in describing Schaben is talking about her competitiveness. Competitive fire is almost necessary for any athlete, but it needs to be controlled.

Senior middle blocker Alexis Conaway has been Schaben's teammate for the entirety of Schaben's collegiate career.

Conaway has taken note of how Schaben's competitiveness has changed in her junior year.

"You can tell [Schaben's] just a competitor, so I think she's always had that," Conaway said. "But now, over the years, she's learned how to channel that."

Schaben has this season and the next to continue to impose her trademarked competitiveness on Big 12 opponents.

It's been a long road for Schaben, from a town of 280 people to a campus of 36,321 students. The jump was a big one, but Schaben thinks it was the right one.

"I just loved the atmosphere here and the way the team [is] such good friends," Schaben said. "I like the campus, just everything Iowa State had to offer I really liked. It felt like a really good fit."



FOOD

# Fall favorite truffle recipes



BY MANICHANH.NAONADY  
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## Pumpkin Cheesecake Truffles

- » Prep Time: 30-45 minutes
- » 20 cups gingersnap cookies
- » 2 ounces cream cheese, softened
- » 1 tablespoon confectioners sugar
- » 1/4 cup pumpkin puree
- » 1/4 cup graham cracker crumbs
- » 1 teaspoon pumpkin pie spice
- » 20 ounces white chocolate

Finely crush gingersnap cookies. Mix gingersnap cookie crumbs, cream cheese, confectioners sugar, pumpkin puree, graham cracker crumbs and pumpkin pie spice. Leave in freezer for 15 minutes or until firm. Scoop about one tablespoon mixture, roll into ball and place on pan lined with parchment paper. Place back in freezer for 10 minutes or until firm. Melt white chocolate in microwave according to directions on the package. Dip truffles into white chocolate, and optionally sprinkle with graham cracker crumbs. Place back on parchment paper lined pan, refrigerate for 5 minutes.

Recipe courtesy of [cakescottage.com](#)

## Caramel Apple Truffles

- » Prep Time: 20-30 minutes
- » 1 package vanilla sandwich cookies
- » 1/4 cup apple butter
- » 4 ounce cream cheese, softened
- » 23 soft caramels
- » 20 ounces white chocolate

Finely crush vanilla sandwich cookies. Mix vanilla sandwich cookie crumbs, apple butter and cream cheese. Scoop about one tablespoon mixture, place soft caramel in center and roll into a ball. Place on pan lined with parchment paper. Leave in freezer for 15 minutes or until firm. Melt white chocolate in microwave according to directions on the package. Dip truffles into white chocolate, and optionally sprinkle with vanilla sandwich cookie crumbs. Place back on parchment paper lined pan and refrigerate for five minutes.

Recipe courtesy of [thegunnysack.com](#)

## Pecan Sandie Truffles

- » Prep Time: 20-30 minutes
- » 1 package Pecan Sandies cookies
- » 8 ounces cream cheese, softened
- » 1/3 cup finely chopped pecans
- » 1/3 cup confectioners sugar
- » 20 ounces white chocolate

Finely crush Pecan Sandies cookies. Mix Pecan Sandies cookie crumbs, cream cheese, chopped pecans and confectioners sugar. Scoop about one tablespoon mixture and roll into ball, place on pan lined with parchment paper. Place in freezer for 15 minutes or until firm. Melt white chocolate in microwave according to directions on the package. Dip truffles into white chocolate and optionally sprinkle with chopped pecans. Place back on parchment paper lined pan, refrigerate for five minutes.

Recipe courtesy of [tastesoflizzyt.com](#)



