

CUFFS, ADHD AND THE ENVY CORPS | WALK THROUGH TANZANIA | CHRIS MARTIN

# ETHOS



**SEX  
DRUGS  
ROCK & ROLL**



# ETHOS

EDITOR IN CHIEF  
Karla Walsh

PRINT MANAGING EDITOR  
Courtney Peterson

ONLINE AND VISUAL  
MANAGING EDITOR  
Chelsea Reynolds

BUSINESS MANAGER  
Marc Newman

CO-ART DIRECTOR  
Joel Seiberling  
Rob Lombardi

PHOTOGRAPHY DIRECTOR  
Nick Farris

PUBLIC RELATIONS DIRECTOR  
Ann Grey

## CONTRIBUTING STAFF:

WRITERS	COPY EDITORS
Carrie Boyd	Carrie Boyd
Maddie Crawford	Emily Keats
Zach Johnson	Steven Sifert
Emily Keats	Daniel Utterback
Linsey Lubinus	
Courtney Peterson	PUBLIC RELATIONS
Mason Viera	Aimee Haugan
Karla Walsh	Shannon Sanders

PHOTOGRAPHERS	DESIGN
Nick Farris	Rob Lombardi
Dan McClanahan	Joel Seiberling
	Mason Viera

ONLINE  
Katie Lund

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# Letter from the Editors



Dear ETHOS Readers,

Spring has finally sprung at Iowa State! Spring means one thing: change. Seniors are off to new jobs, other students may transfer in and out of Iowa State and more are off to experience internships and summer jobs.

Are you looking for some fun changes in your life? Well you are in luck, since the theme of this issue relates to sex, drugs and rock 'n roll. Learn more about Iowa State's own sex club that is testing the limits. You may find a new move to try next time you're feeling frisky — but make sure you discuss your safe words beforehand!

Next, study how some students are staying jazzed to study in dangerous ways. Prescription drug abuse may be more common than you think — if you have an Adderall prescription, you might wanna keep your pills under lock and key.

Are you ready to rock? Envy Corps, an Ames-based rock band, will increase your cool quotient just by reading about them. Check out our exclusive photos and one-on-one with this up-and-coming group.

Another change our staff discovered was a new, exciting restaurant in Ames. Staff member Carrie Boyd tried out the new sushi joint so you will know if it's worth the trip.

Over spring break, a staff member traveled halfway across the world to tell you how people who you meet for only a few minutes can change your life. Experience the land of the Serengeti and Mt. Kilimanjaro through the eyes of an Iowa State student.

The ETHOS staff is changing with the weather as well. As we move on to other adventures, we would like to thank you all for reading this year. We hope you had as much fun as we did. Be sure to pick up our next issue in the fall for the same great ETHOS, just with a brand new staff! (YOU could be part of that brand new staff—e-mail Deb Gibson at [dsgibson@iastate.edu](mailto:dsgibson@iastate.edu) for details on how to apply!)

You stay classy Iowa State,

*Karla Walsh*

*Courtney Peterson*

*Chi Ryt*

Karla, Courtney and Chelsea

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