IOWA STATE DAILY

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Students bring in spring with Holi cultural celebration

By Kat.Grunewald @iowastatedaily.com

The wind waving over the south Campanile lawn picked up the different colors thrown in the air by the participants of the Holi festival Saturday.

A crowd of 150 people gathered under the bright sun to celebrate the Indian tradition. This was the fifth time the Indian Students Association set up the event which mainly involved drenching each other in colored powder and water. The ISU ChakRaas club

started the celebration with their performance of a traditional Indian dance with sticks.

The Bollywood music carried across Central Campus and Vivek Lawana, graduate student in biomedical sciences and president of the Indian Students Association, passed out the first bags of powder to the waiting people. The students were coated in colors in a matter of minutes. Their originally white shirts colored in bright orange, neon green, deep purple, pink or yellow.

"It is a lot of fun," Lawana said."How happy you are when someone pours color on you and you pour color on somebody else?'

Students walked through the crowd, carrying powder in their hands and painting friends and strangers faces alike while wishing them Happy Holi.

"I love Holi," said Sweta Roy, graduate student in genetics development and cell biology and international student from India. "You mix with everybody. You meet strangers and play with them like you play with your friends.'

As the Bollywood music continued, many participants began to dance until a performance of the day by the ISU Bollywood club. The students performed while colored form head to toe.

"Holi Festival is a major event for us," said Akshi Mohla, dance choreographer of the ISU Bollywood club and an undeclared distance education graduate from India. "It is a festival of colors. We celebrate the arrival of spring.'

As the sun continued to burn down into the sky, the water guns and hose were used increasingly so that the crowd was not only brightly painted but also soaked in water.

Friends even went so far as to drop each other into large buckets of water that where spread out over the lawn. Many didn't mind going by the traditional saying "Don't mind, its Holi."

"This saying means that you just go out and celebrate Holi. You don't think about your problems or worries. You just have fun," Lawana said.

Carolyn Heising, professor of industrial and manufacturing systems engineering described the festival as wild chaos. She had been invited by Indian students in her classes to attend the festival and so she came out on campus to watch it unfold.

The event organizers brought out white banners for everybody to sign and print their handprints on as well as pizza for the participants to eat.

"I am very happy about the outcome," Lawana said. " I especially liked that the crowd was more international. At least 50 people were non-Indians."

HOLI FESTIVAL PHOTOS p3 >>

By Madisun.VanGundy @iowastatedaily.com

Six LGBT groups have been planning events for Pride Week since January.

Brad Freihoefer, LGBT student services coordinator, said Pride Week speaks for itself. It's about raising awareness, educating and empowering students to be proud of who they are.

"It's a great week highlight visibility," to Freihoefer said.

The Iowa Pride Conference occurred from 8 a.m. to 5 p.m. Saturday at the Memorial Union. The Iowa Pride Network orchestrated the event, but Iowa State was chosen as the host because of its central location.

Students from high

schools and colleges across Iowa were invited to the event.

Gamma Rho Lambda sorority became an official chapter at Iowa State on Saturday too.

"I think Pride Week is a way to showcase the successes that some of us have had on campus and some of the successes that other people can have

too," said Nicci Port, chair of LGBT Faculty and Staff Association.

At 7 p.m. Saturday, students chalked the sidewalks surrounding the Campanile and Central Campus.

Âmy Barnhart, education and outreach officer of LGBT Ally Alliance, said they went out to promote the alliance and Pride Week

overall.

The Closet Door and the Bake Sale will occur today at the Vet Med campus.

The Closet Door is an event sponsored by the LGBTA Alliance, where students can get their picture taken in a free standing doorway holding a sign that says gay, straight, ally etc

The LGBTA Alliance is

pairing with the College of Veterinary Medicine to put this event on. There will be pride-themed baked goods, and all proceeds are

going toward the college. The Pride Week Kick Off also takes place from 3 to 4:30 p.m. today in the Gallery Room of the Union; stu-Memorial

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Brian Achenbach/Iowa State Daily

CHALK FULL OF PRIDE: Students color sidewalks

Ben Duran, left, junior in animal science, and high school student Angela Dunkin draw a rainbow colored kite on the sidewalk by the Campanile as part of LGBT Pride Week on Sunday. Duran and Dunkin, along with junior Brian Gill and sophomore Amy Barnhart, walked around campus coloring on the sidewalks and writing notes to raise awareness for the week and to advertise events.



Blake Lanser/Iowa State Daily

After the first car flipping incident, Butch's Towing arrived on scene to help return the car to normal position and remove it from the scene. ISU and Ames police are still working to bring all of the riot perpetrators to justice.

More arrests made, riot investigation continues

By Stephen.Snyder @iowastatedaily.com

Investigations and arrests continue to be made in relation to crimes committed during the week of Veishea.

On Thursday, a press release was issued by the Ames Police Department saying three additional arrests have been made in relation to the riot, which occurred on the night of April 8 and the early morning of April 9. Two of the individuals are ISU students, and the third is a college-age individual from Ankeny. According to Investigations

Commander Geoff Huff of Ames

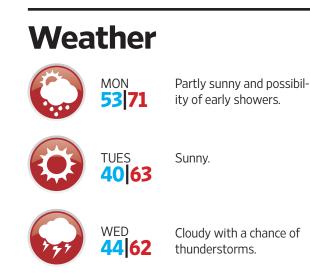
Police, the videos of the riot taken by participants or eyewitnesses have proved helpful throughout the investigation.

Huff said assistance from the ISU Police Department and general tips from the public have been vital in successfully completing these investigations.

"Generally, we are matching names to faces in the videos and pictures and conducting interviews," Huff said.

The most recent arrests do not by any means mark the end of the investigation or the end of charges

INVESTIGATION p4 >>



Provided by ISU Meteorology Club

Police Blotter

The information in the log comes from the ISU and City of Ames police departments' records. All those accused of violating the law are innocent until proven guilty in a court of law

April 13

Officers assisted a 19 year old male who was suffering from an apparent alcohol overdose at Wallace Hall. The individual was transported to Mary Greeley Medical Center for treatment (reported at 1:06 a.m.)

Cody Dyer, 22, 3506 Crestmoor Place, Des Moines, was arrested and charged with operating while intoxicated at Lincoln Way and Marshall Avenue (reported at 1:30 a.m.).

Jordan Cutler, 23, 410 Reno St., Iowa City, and Alexander Cutler, 21, 721 38th Ave., were arrested and charged with public intoxication at the 300 block of Lynn Street (reported at 1:48 a.m.).

Benjamin Rager, 24, 1122 South Helen St., Sioux City, was arrested and charged with operating while intoxicated, driving while barred and driving under suspension at Lettie Street and State Avenue (reported at 2:01 a.m.)

Evan Slabaugh, 19, 804 Grand Ave., was arrested and charged with underage possession of alcohol and providing false identifying information to law enforcement officials at Hyland Avenue and West Street (reported at 2:31 a.m.).

An officer initiated a drug related investigation at Frederiksen Court (reported at 2:03 a.m.).

Jeff Philogene, 26, 4912 Mortensen Road, was arrested and charged with operating

while intoxicated at Lincoln Way and Welch Avenue (reported at 2:39 a.m.).

Cody Jones, 19, 1016 2nd St., Altoona, was arrested and charged with public intoxication at Hayward Avenue and Knapp Street (reported at 3:00 a.m.).

Eric Hatland, 21, 4200 Maricopa Drive, Apt 202, was arrested and charged with operating while intoxicated at Mortensen Road and State Avenue (reported at 2:57 a.m.) An individual reported damage to a restroom at Sweeney Hall (reported at 9:51 a.m.). An individual reported damage to items in a recreation room at Buchanan Hall (reported at 12:27 p.m.). An individual reported damage

to a vehicle mirror at Lot 59A (reported at 2:17 p.m.).

April 14

An individual reported damage to a restroom at Gilman Hall (reported at 6:44 a.m.)

An individual reported the theft of a backpack and various items from a basement hallway at Horticulture Hall (reported at 8:28 a.m.).

An individual reported damage to a restroom at Parks Library (reported at 8:32 a.m.). An individual reported damage to a restroom at Sweeney Hall (reported at 8:56 a.m.).

IRHA hosts Residence Hall Week

By Dalton.Bergan @iowastatedaily.com

Students looking to unwind before dead week can relieve stress at some of the many events that will be taking place as part of Residence Hall Week

Residence Hall Week is an annual event organized by the Inter-Residence Hall Association from Monday through Saturday. The week gives students free opportunities to participate in various events around campus, including food, entertainment and some friendly competition.

Planning for Residence Hall Week started late last semester, and the IRHA events committee has been working on organizing events ever since. The committee is made up primarily of IRHA members, though there are some student volunteers serving as well.

'We've officially been planning the events for Residence Hall Week ever since Fall Fest ended," said IRHA Director of Events Laurelin Haas. "It's primarily those events committee members that make everything happen.'

Events start at 1:30 p.m. today in the Linden Hall main lounge, where students can get free massages until 5:30 p.m. There will also be a flavored oxygen bar as well as soda and cookies available to students.

Residence Hall Week continues Tuesday, when students selected to participate in the Residence Hall Hunger Games will "fight to the notdeath" for a prize poster signed by the Hunger Games cast. Students selected to compete in the games should have received an email Friday.

"It'll be a Hunger Games with a LARP-ing twist," said Haas. "Students are encouraged to bring as many supporters as they can, because the more supporters you bring, the better perks you get in the game.'

Wednesday, students can relieve stress at the pet therapy event, where they can interact with the pets of residence hall staff members from 4-6 p.m. in the Richardson Court Courtyard. From 9-10 p.m., late night wings will be available at the Friley Terrace Room, Birch Cornerstone, and the Towers Commons.

Events will resume Friday with the Friley Boardwalk, which will take place from 4-7 p.m. in Friley Windows.

They'll have inflatables, snocones, cotton candy and then assorted games," said Haas. "[It takes place] in Friley Windows, and it will spill over outside if the weather's nice enough."

After that, Hawaiian Night will take place from 7-9 p.m. at the Towers. There will be a live Caribbean band, fire dancers, and a limbo contest. Following the Hawaiian-themed events, there will be a showing of the movies "Lilo & Stitch" and "Jaws." Free popcorn and drinks will be available, but students should bring their own blanket for seating.

Saturday events start with Color Fest, which takes place from 2-3 p.m. in the Richardson Court Courtyard.

"I would say it's like the Color Run, but without the running, so it's the best parts of Color Run," said Haas. "You'll be provided a free white t-shirt so you don't stain your clothes, we'll provide the chalk, and also some free sunglasses.'

From 9-12 p.m. in Friley Windows, students can attend a headphone disco. All attending will be given a pair of headphones, which they can then use to tune into one of two DJs that will be playing music. Haas said that, depending on what station you're listening to, you might be dancing to something entirely different than the people around you.

'I can't wait to see what it looks like," said IRHA Vice President Tony Behnke. "I've never been to one. It should be interesting.'

Saturday night will end with a fireworks display on central campus. The show will start at midnight, and is expected to last 15 minutes.

'Students should sit right in front of the Campanile facing the fireworks," said Behnke. "There will be a large circle area to keep people out of the launching spot."

Residence Hall Week's final event will take place from 2-4 pm in Friley Windows. For \$2, students can purchase a pie to throw in the face of any of the people who volunteer to get pied.

This is IRHA's first attempt at a philanthropy event, with all of the proceeds going to Children's Cancer Connection.

'I hope that, through Residence Hall Week, students can get out of their comfort zone, meet someone from across campus, and just make a lot of amazing memories," said Haas.

Friendship Fair honors many cultures

By Kat.Gruenewald @iowastatedaily.com

YWCA The of Ames sponsored its an-International nual Friendship Fair on Friday. Representatives from 11 countries presented their culture, history, food and traditions.

The goal of the fair was to give visitors the opportunity to dispel stereotypes and gain intercultural understanding.

515-232-2338 +

OFF

Representatives displayed boards, pictures, maps, flags, jewelry, traditional decorations and clothing from their country.

Visitors had the chance to learn more about the countries of Indonesia, Columbia, Ecuador, Lanka, Uzbekistan, Sri Malaysia, Saudi Arabia, India, Nepal, China and Bangladesh.

The IFF has been organized by the YWCA for six

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years. But this is the first time it was celebrated inside the Memorial Union.

This usually happens in Ames schools to help explain to children about the different cultures of the representatives," said Manasi Ambulkar, global outreach coordinator of YWCA and graduate student in industrial and manufacturing systems engineering. "This is the first time it is conducted in the MU to have students as well as Ames residents visit."

In order to make this as interactive as possible for the visitors, many representatives set up unique games and opportunities to explore.

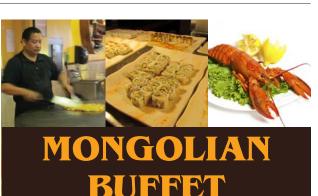
At the table for Ecuador, visitors could learn about the countries flora and fauna and participate in a game of targeting Ecuador, one of South coun tries, blindfolded on a map. The Malaysian representatives displayed traditional kites called wau that are made of wood and painted in bright colors, as well as the head of the traditional lion dance costume. Visitors were also invited to play a Malaysian game called Batu Serembon which involves throwing a number of small pouches or objects into the air with one hand and catching it

with the same.

The traditional henna drawing was offered by the representatives of India. Visitors were also encouraged to learn about the country's different music styles, foods and animals and were able to look at jewelry and clothing.

"We summed up the different flavors of India and show its diversity," said Apoorva Acharya, international student from India and graduate student in supply chain and information systems.

Adding to the interactivity of the event, visitors were given the chance to learn how their name is written in Arabic from the Saudi Arabian representatives and were able to participate in a quiz with questions about the countries at the fair. If visitors knew the currency of one of the countries or could name three different capi tal cities, they won a YWCA magnet card. "I wanted to make this event very interactive," Ambulkar said. "I wanted the audience to get involved." Ambulkar said she liked the outcome of the event a lot. "Everyone made very good efforts. They brought inspiring material and were very enthusiastic about their cultures and countries," Ambulkar said.



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The Beginning of Something Big IT and the Post-Traditional



Diana Oblinger is president and CEO of the nonprofit World EDUCAUSE, where she works with more than 2,000 institutions to advance higher education through information technology. Oblinger has held many leadership roles in academia and business, including Vice President for Information Resources and the Chief Information Officer for the University of North Carolina system, Executive Director of Higher Education for Microsoft and IBM Director of the Institute for Academic Technology. She was on the faculty at the University of Missouri-Columbia and at Michigan State University and served as the Associate Dean of Academic Programs at the University of Missouri. Oblinger earned all three of her degrees from Iowa State, including a doctorate in cytogenetics.

Monday, April 21, 2014 ~ 8 pm Sun Room, Memorial Union **Diana Oblinger**



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Veterinarians

Are Helping to

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Zoo where he is responsible for the healthcare of

200 where the is responsible of mire the admittate of 6000 animals ranging from invertebrates to great apes. Set in a 55-acre lush tropical landscape, the Zoo is dedicated to the conservation of endan-gered species. When he is not treating the animals at the zoo, his conservation activities include providing medical care to the National Marine Fiberates See Turtlaborn in Coluston advising

Fisheries Sea Turtle barn in Galveston, advising

graduated from the Iowa State University College of Veterinary Medicine in 1982. After graduation

Dr. Flanagan trained at Omaha's Henry Doorly

Zoo until he began work as a veterinarian at the Houston Zoo in December 1982.

d by Zoo

the Galapagos National Park and the Charles Darwin Research Station, and extensive work with U.S. Fish and Wildlife Service. Dr. Flanagan

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PERIODICALS POSTAGE













- Jen Hao Wong/Iowa State Daily The ISU ChakRaas club performs during the begin-ning of the Holi festival on Saturday on south lawn of Central Campus.
- Jen Hao Wong/Iowa State Daily Students celebrate the arrival of spring by borrowing Indian traditions of covering each other with powdered
- Jen Hao Wong/lowa State Daily Students enjoyed the warm weather by spraying each other with water and colored paint in celebration of the Holi festival.
- Miranda Cantrell/Iowa State Daily Students react to getting sprayed by cold water during the Indian Student Association's Holi Festival celebra-tion on the south lawn of Central Campus on Saturday.
- Miranda Cantrell/lowa State Daily Students line up to grab a slice of pizza during the Indian Student Association's Holi festival.

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IOWA STATE UNIVERSITY Recreation Services



>>INVESTIGATION p1

being filed against those who took part in the riot.

'We are continuing to follow up on tips and we will be filing additional charges this week. I don't know exactly when, but they are coming," Huff said.

Another ongoing investigation of a major crime committed during Veishea week is a sexual assault.

In a release issued to students, ISU Police all gave general details about the assault.

"A woman reported being sexually assaulted by two unidentified men near State Avenue and Arbor Street in Ames. The incident occurred on April 12, at approximately 10:45 p.m. near the ISU Arboretum, which is located on the southwest portion of campus," the statement said.

ISU Police could not be reached for further comment, but they ask that any individual with information regarding this crime or any other crime committed on campus come forward and contact them at 515-294-4428.



Clint Currie and Elliott Devore perform a spoof of "Hold On" by Wilson Phillips on April 6, 2013 during the LGBTA Drag Show in the Great Hall of the Memorial Union. Pride Week celebrations will be going on all week throughout campus featuring each of the seven LGBT groups at Iowa State.

>>PRIDE p1

dents can come and go as needed.

Freihoefer said it's a great way to get an overview of what the LGBT community does on campus and what events are going on throughout the week.

Each of the seven

LGBT groups will be featured at the event.

'Pride Week is an extension of the world we want to live in and the place we want to be, and the type of campus we have and want to continue to develop," said Freihoefer.

Tuesday at the Union Drive Community Center in Room 136, a Creating



Spring Awakening (Play Version) April 29, 5-9pm, 2140 Pearson Hall and

Crimes of the Heart April 23, 8-11pm, 2140 Pearson Hall

Pick up audition materials and sign up for an audition time in 2130 Pearson Hall. Auditions are open to ALL students.

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Change Action Workshop will be from noon to 1:30 p.m., which is being sponsored by LGBT Student Services.

Freihoefer said they will be talking about how to make an impact and a difference on campus and what that looks like.

"Whatever's on their mind, that's what we're going to talk about," Freihoefer said.

Wednesday there will be Free HIV Testing at the Union Drive Community Center in Room 136 from 12 to 5 p.m., which is being sponsored by Project HIM, a health organization working toward stopping HIV among gay, bisexual and transexual/transgender

Freihoefer said they try to encourage people to get tested so they know their status.

"It's about education and support," Freihoefer

Also occurring Wednesday evening is the LGBTA Alliance general meeting from 7:30 to 9 p.m. in Carver Room 0232. It is their last meeting of the year.

Members of Project HIM will also attend the meeting.

Barnhart said they are planning on having a more engaging and entertaining meeting.

"I'm really excited and hopefully we can get a lot of people there," Barnhart said. From 11:30 a.m. to 1

p.m. Thursday there will be a Safe Zone 101 Training. It is for graduate students, faculty and staff only.

"The goal of the Safe Zone is really to create visible, welcoming safe spaces on campus relating to sexuality and gender,' Freihoefer said.

In the future, they plan to create an online map of all the locations that are Safe Zone certified.

Also on Thursday will be Take Back the Night, sponsored by The Margaret Sloss Women's Center. It is at 6 p.m. on the West Terrace of the Memorial Union.

There will be a keynote speaker and a march around campus.

Freihoefer said the goal is to raise awareness about sexual assault and domestic violence.

On Friday, a Pride Rally will gather in front of Parks Library from noon to 1 p.m. Students will be sharing stories about coming out, being an ally and what that means to them.

Freihoefer said the goal is to be visible, to be proud and to share stories. "The rainbow flags are going to be out, you bet," Freihoefer said with a smile.

The annual Spring Drag Show will be at 7 p.m. Saturday in the Sun Room of the Memorial Union.

Tickets cost \$5 for LGBTA Alliance members and \$7 for non-members.

"It's a celebration of gender and gender expression," Freihoefer said.

Proceeds from the event are going to Youth and Shelter Services, and Food at First.

"Keep Calm and Be Proud" t-shirts are also being sold at the event for \$10.

"Participating in these events, you don't have to be LGBT, but you don't have to be anything. You can be an ally, you can be gay, you can be straight," Barnhart said.

Freihoefer said the reason they call it Pride Week is to be proud and visible in a culture and society that's still working towards being fully inclusive of sexuality and gender.

"We've set up a really good foundation to continue to do this, and we're only going to grow from this," Barnhart said.

Freihoefer said it's amazing how all these groups came together. It is truly a representation of the community at Iowa State

He said he wants to increase pride and visibility and let everybody know that they are here and proud to be Cyclones.

"Iowa State is a great place to live, and work and go to school," said Port. "I'm excited to see what happens next."



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IOWA STATE DAILY

Monday, April 21, 2014 Editor: Katie Titus opinion@iowastatedaily.com Editor-in-Chief: Katelynn McCollough editor@iowastatedaily.com Phone: (515) 294.5688

Iowa State Daily

Editorial _____ Plurality still armed with political power

In his five marks of the decaying Roman culture, Edward Gibbon noted the widening disparity between the very rich and the very poor. That bears a striking similarity to the United States (though, it has been the bane of all great nations). While it may be unsettling to think the United States would go the way of the Romans, we are nonetheless confronted with the same symptoms that led to the decline and fall of that great republic. However, we have the special advantage of hindsight – history yields a tool by which we may recognize our demise before it occurs.

The widening disparity between the very rich and the very poor in our society not only evidences a shift in economic standing, but it also a shift in political power – a change that is to the advantage of the wealthy.

One of the diseases that could lead to our eventual ruin is the influence the rich have on our political system. It is a topic hushly uttered among the electorate, but never quite confirmed on a quantitative level. Everyone knows it, though. These conversations, as it turns out, are not idle talk.

As Marten Gilens of Princeton University and Benjamin Page of Northwestern University have argued, the United States has morphed into an oligarchy (they never actual mention that word in the paper, but that is nonetheless what the paper implies).

An oligarchy is a structure of governance where the power rests in the hands of a few. Gilens and Page argue that the powerful few in the U.S. are the wealthy and affluent, which doesn't come as a surprise. But this notion stretches far beyond McCutcheon v. FEC or Citizens United. The disease had been deteriorating our republic for many years prior.

As the paper suggests, "economic elites and organized groups representing business interests have substantial independent impacts on U.S. government policy, while mass-based interest groups and average citizens have little or no independent influence."

Using a complex multivariate analysis, Gilen and Page have quantitatively confirmed the worst of our suspicions.

Another experiment, conducted by Joshua Kalla and David Broockman, yet again confirms our fears. In the experiment, a political organization called 191 different congressional offices to request a meeting regarding pending legislation. Of the callers identified as "donors" 19 percent received a meeting with the member of congress or a top staffer. Of the callers identifie stituents", only 5 percent received similar treatment. Kalla and Broockman's analysis follows Harvard professor Lawrence Lessig's observation that members of congress spend two to three days a week raising money This only represents the beginning of an arduous mission to show just how powerful the economic elites have become. But why should we have to wait for proof of what is at the tip of everyone's tongue? The wealthy campaign donors have the last say on matters of policy, not the average citizen. While the condition of our country may seem dire, it does not mean the average citizen has lost her voice. As political theorist Hannah Arendt holds, "power" is not defined by the few. Power derives itself from the concerted actions of the plurality. The people engaging in political discussion at the bars and at the dinner table have power, not the wealthy few who persuade with money rather than words. But Arendt also sees that "human power corresponds to the condition of plurality to begin with". We must all become political actors if we are to exercise our power. That requires us to get together, associate, and articulate our thoughts. It is through that means that we may truly cure our country of pestilential economic influence. Arendt highlights the existence of this association in the polis of Athens. But the polis, the realm of by which we act politically, is everywhere that discussion occurs. We envision Ames to be that next Athens filled with the politically minded. That isn't an over ambitious notion, either. All that is required of us students is to go out into the world and engage with others. Let us commit ourselves to that highest ideal, or else lose the liberties that are most precious to us.

Dining centers need more options for specialty diets, healthy eating

iowastatedaily.com/opinion

By Kelsey.Mueller @iowastatedaily.com

Rich McGowan, a junior in community regional planning, often finds himself wondering how he'll find delicious varieties of healthy food whenever he eats on-campus. Students struggle every day with ways to find healthy food options and Iowa State is lacking on providing those options.

Being a student that lives offcampus, I do not have a large meal plan. Whenever I do find myself purchasing a meal bundle, it always happens at the Memorial Union. There's a pretty impressive salad bar that I was excited to take advantage of, until I learned it is not covered under meal bundle options. Instead, they offer a small pre-packaged salad.

With how expensive it has become to attend college, I would expect to use the full salad bar. There's no shortage of junk food to choose: pizza, fried chicken, three different kinds of French fries, Mexican, etc. Students are also able to pick three cookies for their sides while the nice fruit cups are not covered under meal bundles.

For students living off-campus, grocery shopping for your residence is not always enough. With hectic schedules of classes, meals on-campus become a must. This leads to off-campus students paying for groceries and meal bundles on top of it. Adding Dining Dollars is just another expense if you do want food not covered under meal bundles, like fresh fruit cups or Subway.

Joey Christensen, junior in supply chain management, lives off-campus. Christensen also picks all of his meals on campus from the Memorial Union. "It's convenient to eat there walking to and from campus," Christensen said. But convenience does not always mean happiness.

"I wish there were more options with what to eat under meal bundles. There's a lot when it comes to Dining Dollars but very limited choices with meal bundles," stated Christensen.

Students that are practicing vegetarians or vegans have an even harder time finding good meals on-campus. There are options, but very few. Vegetarians and vegans should be offered the same amount of food options as everyone else. For vegetarians, they could choose meal bundle options of cheese pizza, the pre-packaged salad or a meatless burrito in the Memorial Union. Those are about the only options offered, unless they dig into Dining Dollars and ignore meal bundles all together. For vegans, it's nearly impossible to find anything to eat in the Memorial Union with meal bundles. Granted, students that are not practicing vegetarians or vegans won't complain because they enjoy the food offered. However, there are more students suffering than just vegetarians, vegans and health-fanatics. According to Food Allergy Research & Education, "researchers estimate that up to 15 million Americans have food allergies" and the number, for unknown reasons, continues to grow. FARE also



lowa State does not offer enough variety in food choices for speciality diets and healthy eating. Healthier options such as salad bars and fruit cups do not qualify for meal bundles.

reports that, "more than 17 million Europeans have a food allergy." With the growth in food allergies, there needs to be an expansion on food options for these students.

One specific food allergy on the rise in America is Celiac disease. Celiac Central defines Celiac disease as, "an autoimmune digestive disease that damages the villi of the small intestine and interferes with absorption of nutrients from food." Ultimately, people diag nosed with Celiac Disease are allergic to foods with gluten. USA Today reported "nearly five times as many people have celiac disease today than did during the 1950s. Cayla Witte, a sophomore in biology, lives with Celiac disease. Witte registered her food allergy with Iowa State so gluten-free meals were provided for her. Witte was very pleased with the food she was offered but not always, "my only complaint is that someone's fish was the only option for dinner and I don't do fish."

Once Witte moved off-campus to reside in her sorority house, she gained having a chef. However, eating on-campus after moving to the sorority house showed Witte that "there isn't very many gluten free meal options on campus."

Opinion

Of course there is always the option of these students packing their own food to lug around all day, but why should students with dietary needs have to suffer when food could so easily be accessible? Students want to eat on-campus;

Editorial Board

Katelynn McCollough, editor-in-chief Katie Titus, opinion editor Phil Brown, assistant opinion editor Michael Glawe, columnist

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Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily. the food is prepared and convenient to pick up. As Witte also points out, "gluten free food is generally a lot more expensive than regular food." The university should contribute some of the millions of dollars students pay towards healthier food for students.

Iowa State has already made great efforts in accommodating students with dietary needs, but the need is increasing while the efforts are not. As more people inherit food allergies or decide to eat healthier, Iowa State should revamp menus to best accommodate everyone.

Voluntary taxes will fix system issues

By Alexander.Maxwell @iowastatedaily.com

pril 15 — the date that all federal tax forms are due. Each year at this time most Americans must specify the money they made over the last year and determine if they gave enough of it to the government. Paying taxes is not optional in the United States; unless one's income meets certain qualifications for exemption, it must be done. However, requiring citizens to pay taxes does not seem to be necessary, and a purely voluntary system would be much better overall.

Our tax system has caused problems since it began. In the United States, asking citizens to pay taxes has not always been required, or even legal. The concept of federal taxes first began with the Revenue Act of 1861, which taxed personal income in order to help with wartime funding. This act was repealed ten years later, and the next attempt at a federal income tax was the passing of the Wilson-Gorman Tariff Act in 1894. Unfortunately, within a year it was ruled unconstitutional. Over a number of years, the constitution continued to made it hard for the federal government to get money from its citizens, so it

was changed in 1913. It was at that time the 16th amendment was added to make federal taxes nice and legal.

But there are still many issues with the way we pay taxes. After a very shaky start, federal tax laws have become impossibly confusing. Many accountants charge the rest of us for their ability to interpret the volumes of gibberish and jargon that make up tax laws to determine how much we owe to Uncle Sam. This complicated nature of tax regulations highlights the primary reason people do not look forward to paying taxes: it is boring. We are required to fill out forms, keep receipts and in the end taxes are just another bill for us to pay Personally, I do not find paying bills very fun.

Another major cause for universal disdain over paying our taxes is that the amount we must pay is not up to us. Tax laws rarely take into account how good you feel about what the government has done for you lately. If I think the government has not been meeting my needs recently, why should I be required to pay all of my taxes? This is akin to demanding a 15 percent tip every time I go out to eat. Like any good waiter, my government should have to earn its paycheck by keeping me happy.

Luckily, most of the problems involved with paying taxes can be solved if we switch to a voluntary tax system. We as citizens should be able to decide how much we want to give to our government each year. Essentially, taxes should be more like donations based on merit. A similar principle is being used on the Internet with increasing popularity is called crowdfunding.

Crowdfunding, used at sites such as Kickstarter, is a system in which a company presents an idea and then agrees to implement that idea if they receive the amount of funding required to do so. This can easily be how we fund our own government.

To make paying taxes more enjoyable, the amount donated could be associated with a tiered rewards program. If someone donates a certain amount, they could get a free American flag, or a free pass good for one free speeding ticket. For larger amounts, you get special thanks during the national anthem, or dinner with Barak Obama. This same idea is very popular with crowdfunding programs.

Additionally, the federal government would gain an easy way to determine what citizens want from it. Accounts could be set up to specify particular support for new services such as a new federal holiday, or the legalization of prostitution. Then whichever areas receive the greatest funding would be implemented.

Citizens would no longer feel that they have no say in what their government does, and could invest as much as they want to help make it better.

A voluntary tax system would benefit everyone and greatly simplify the way our government gets our money. We would no longer be required to pay, but would gladly be willing to give back to the nation's support system, and playing such an active role in how our country works would be a great source of pride as citizens. Most importantly, the entire federal structure of the United States would be at the whim of the people who are part of it.

Such a government would be then constantly held accountable for how it affects its people, and an overall fear of failing to please its own citizens would arise. As socialist John Basil Barnhill [not Thomas Jefferson] said "where the people fear the government, you have tyranny. Where the government fears the people, you have liberty."

Iowa State Daily

Monday, April 21, 2014 Editor: Alex Halsted



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Senior Katie Gustafson practices her shot April 15 at the Iowa State Golf Center. Gustafson has only competed in two events at the collegiate level but has been in a leadership role.

By Mike.Randleman @iowastatedaily.com

Katie Gustafson knew she was going to be a Cyclone. Growing up just 20 miles from Ames, there was no doubt she was going to play for her hometown team.

Reflecting on her ISU golf career, the senior from Jewell, Iowa, acknowledged how she was able to fulfill her dreams of becoming an Iowa State athlete, but in a different way than she ever expected.



"Honestly, I grew up a huge Iowa State basketball fan,' Gustafson said. "My dream was to play at Hilton Coliseum and play for coach Fennelly and be a Cyclone. I've been a Cyclone my whole life, but I just took a different direction."

At South Hamilton High School, Gustafson was one of the top basketball players in Iowa. As a three-time all-state honoree, she began to draw interest from several college programs.

She played high school golf competitively, too, earning three all-state honors to go with her basketball accolades. But unlike her first love of basketball, golf was seen as more of a pastime.

Dreams of a college basketball career were quickly dashed for Gustafson, however, when she suffered a fateful ACL injury shortly after her senior year.

Before she knew it, what was once a surefire decision was quickly put into question. Golf, not basketball, would

be her ticket to the next level. Fearing that she would not be the same player post-injury, her overarching desire to beathlete led her me a college to switch paths. "The turning point from basketball to golf was that I

won state my senior year [in golf] and had the ACL injury, so I turned a corner and I decided to take on a new challenge,' Gustafson said.

With confidence stemming from a Class 2A state championship, along with her all-state honors, Gustafson set her sights on playing golf at Iowa State as a walk-on.

Gustafson was aware of the challenges she would be up against in joining a team that returned eight of nine members from a 2009-10 NCAA regional qualifying squad.

coach Christie ISU Martens already had a full roster for the fall, but from what she saw in Gustafson on and off the course, the decision to allow her to walk on was an easy one.

You can tell just by talking to her that she has a great attitude, she's super positive and she's a really caring person," Martens said. "She loved Iowa State, she wanted to be part of our team and she's put in more effort than anyone because of that.'

To play golf at a high level, a sport she had only begun to play in junior high school, Gustafson knew she would have a different role on the team after being in the spotlight for so long on the basket-

Katie, from the beginning, has done a great job of embracing others and really being this person people can count on and lean on."

ISU coach Christie Martens

ball court.

The biggest thing I've learned taking the golf path is hard work and perseverance, because I started in basketball and that was all I knew," Gustafson said. "Taking this golf path, I've taken on a different role not being the starter."

Gustafson's hard work paid off in her amateur career, earning 2013 Iowa Golf Association Player of the Year honors after a successful string of tournaments last summer.

At the collegiate level, she has only competed in two events in her career, but has thrived in a leadership role both in practice and off course. "Katie, from the beginning, has done a great job of embracing others and really being this person people can count on and lean on," Martens said.

As the only American on the roster, Gustafson and her family have opened their doors to welcome her international teammates. From holidays, to get-togethers, to teaching them a thing or two about basketball, the Gustafsons have provided a home away from home for the team.

"I'm really close to her and both her mom and her dad, they're like my family here," said teammate and Sweden native, Cajsa Persson. "That means a lot to me when I don't have my family around."

When asked to describe Gustafson's impact as a teammate, Persson immediately lit up, mentioning the positivity, sense of humor and work ethic that she will remember her by.

These same characteristics are what Gustafson hopes will define her legacy as a Cyclone.

"I want to be remembered for just always working hard even though I'm not necessarily always in the spotlight," Gustafson said. "The biggest thing I've learned is just to work hard towards a goal. Just being a positive role model and being a really positive person, being encouraging, just really being there for my teammates."

Brown seeks more next year after 24th at nationals

By Harrison.March @iowastatedaily.com

ISU gymnast Caitlin Brown got a taste of the NCAA's biggest stage Friday.

The junior took her talents south to Birmingham, Ala., for a showdown with the nation's elite at the NCAA Championships. Brown, who qualified as an individual in the allaround category, was the only ISU gymnast competing at the event. She finished 24th overall in the event.

With her teammates back in Ames cheering on from more than 800 miles away, Brown rotated through the events with host school Alabama. Competing alongside the Crimson Tide helped make up for the lack of vocal support Brown had with her team's absence.

"It's always hard to feel normal without the whole team there," said ISU assistant coach Katie Teft-Minasola. "It was great for her to have those Alabama fans cheering for her with their team. Having all those people support you and cheer for you really makes a difference.'

After waiting until 7:00 p.m. for the meet to get underway, Brown had a bye rotation and found herself waiting even longer to get things going. A hair after the bottom of the hour, Brown's turn had come.

Up first was the uneven bars, an event that the Cyclones as a whole dominated late in the season. Brown scored a 9.750, typically a sufficient score for getting the ball rolling.

The level of competition at the NCAA Championships, however, was unlike anything Brown had seen all season. The Apple Valley, Minn., native really had her work cut out for her.

'Personally, I thought the bars routine was pretty good. I was happy with how I did," Brown said. "At nationals, though, the scoring is tighter than it usually is. You have less room for error there. Going forward, I just tried to loosen up and let myself do my thing.

Up next was the beam, an apparatus Brown excelled on throughout the season. A bit of a wobble cost her, but Brown earned a 9.800 heading into the mid-way point of the meet.

After another bye rotation, Brown scored a 9.850 on the floor exercise. Her steady climb back into contention for a spot in Sunday's individual event finals felt eerily familiar.

A little over a month before, with two meets left in the regular season, the ISU gymnastics team was more than five spots outside of qualifying for the postseason. The Cyclones came up big in back-toback meets and kept the dream alive only to fall short at regionals, bringing an end to their season.

Just as the team had gotten hot late in the year, Brown was finding her groove with just one vault routine left in her season. But just as the team had

missed out on advancing one round further, so, too, would Brown.

She scored a 9.675 and took 24th in the all-around competition, bringing her breakout junior campaign to an end.

"I was disappointed. I had some high expecta-tions for myself," Brown said. "I can't focus on that, though. I learned so much this weekend, so many things I can share with the team and teach them. It was a great experience."

Though Brown's season lacked the storybook ending she and her coaches expected, Teft-Minasola doesn't expect Brown to dwell on what could have been.

"It's huge for her future just having been here," Teft-Minasola said. "She's going to be a vital component on next year's team and we're going into the summer with the expectation of coming back ... A year from now, I see Caitlin leading the team to nationals. She's that determined."

And so as Brown and the ISU gymnastics team enter the off-season with lofty goals for next year, she can't help but think maybe this year wasn't just a taste. Perhaps the 2014 NCAA Championships were just an appetizer for Brown, and 2015 will be the main course.

"I'm going to start next season where I left off at regionals with that 39.4," Brown said. "I'm just going to keep working and keep moving up. I can't wait to get back next year."



Blake Lanser/Iowa State Daily Caitlin Brown, junior from Apple Valley, Minn., practices at Beyer Hall's gymnastics gym Wednesday afternoon. Brown's season ended placed 24th at the NCAA tournament Friday.

Cricket Club hosts tournament with large turnout

By Kyle.Helm @iowastatedaily.com

Fresh faces and a record turnout showed up to play cricket in the fourth annual Iowa State Premiere League tournament.

The tournament was scheduled to take place April 12-13, but the cricket club was forced to postpone day two of the event until Saturday because of rain.

Of the eight teams to participate in the event, the Spartans came out on top in the tournament by defeating the Lions in the Championship. Team captain of the Spartans,

Ganesh Upadhyaya, won his first-ever league tournament after finishing runner-up the past two years.

"I've been on the losing side for the past two years in the same tournament, so it's really nice to win this time," Upadhyaya said.

Tanzil Rahman, graduate student in computer science, was also crowned tournament champion for the first time.

"As an ISU student, I had won every tournament here except this one," Rahman said. "I told my wife I was going to win this one this time."

The idea for the tournament originated four years ago as an opportunity for cricket players of various nationalities to join together and play in the same tournament.

Each year, there is an auction before the tournament where six or seven team captains bid on a pool of players using virtual money. This year's auction took place March 29.

The tournament is the biggest cricket event of the year hosted by Iowa State, and this year a record 65 players competed at the event.

"We saw so many new faces, which were not even club members but wanted to play," said Bishwo Paudel, club vice president.

Of the 65 players to compete in the tournament, around 20 of them play for the club team.

"During the [tournament], everyone gets mixed up," said Sannel Patel, club president. "Everyone gets to play with more people, and you learn about other people when playing in this."

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Dominic Spizzirri/lowa State Daily

ISU Cricket Club teams, the Spartans and Pitch Hitters, face off for the fourth Iowa State Premiere League tournament Saturday. The Spartans won the semifinal match and went on to defeat the Lions in the finals.

Unlike the tournaments the Cricket Club will play in this summer, the Iowa State Premiere League tournament was just for fun and for the chance to earn bragging rights for a year before next year's event.

"The tournaments that are

upcoming are real format of cricket, real cricket ball," Rahman said. "[This tournament] is for fun, fun cricket. The upcoming tournaments are competitive and professional. You have to gear up, and play properly."

The Cricket Club is a member

of the Heartland Cricket League and will compete in its first tournament of the summer league next weekend.

"It's just a tournament that can help out players actually represent America and play national cricket for America," Patel said.

ISU struggles with mental game

By Mike.Randelman @iowastatedaily.com

An old Big 12 volleyball rivalry was renewed when Nebraska came to take on Iowa State, but unlike many tight matches in years past, the final result was more one-sided than usual.

The Cornhuskers defeated the Cyclones in straight sets (27-25, 25-21, 25-22) Saturday at Hilton Coliseum. An additional fourth set was also played, in which Nebraska won 25-22.

All four sets were decided by four points or less, leading ISU coach Christy Johnson-Lynch to point to a lack of aggressiveness as one of Iowa State's downfalls in closing out winnable sets.

"We have to be more aggressive after point 15,

and certainly after point 20. After point 20 there were some errors, some service errors," Johnson-Lynch said. "We just didn't really play very well, play very hard or execute at the end of those sets because every one felt like we were right in it and we just let go."

Junior rightside hitter Mackenzie Bigbee had similar thoughts, citing the Cyclones' inability to maintain a high intensity level throughout the match.

"For the game today, I felt like we had times where we did really well, but overall I think there was a lack of intensity," Bigbee said. "We didn't really have the fire that you need. We just weren't competing every play."

Less than 48 hours removed from its last match against Creighton on Thursday, Iowa State proved capable of competing with a top-10 Nebraska team.

The Cornhuskers never built a lead greater than five points in a set, and the Cyclones pushed the first set into extra points.

Iowa State hung with Nebraska but was unable to string together enough points to jump out in front by more than a point or two. A big reason was Nebraska's dominance at the net.

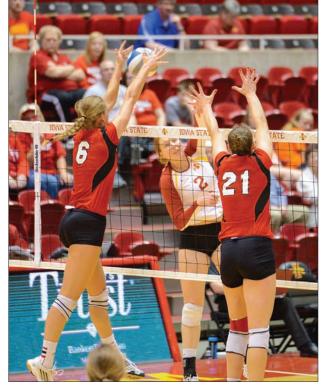
Nebraska posted 12 blocks compared to only two for Iowa State, hindering the ISU offensive attack.

"Nebraska always has a big block. The biggest thing for us hitters is you have to be aware of the block, make the smarter decisions," Bigbee said. "We didn't make a whole lot of smart decisions, we hit a lot into their block instead of hitting high."

Reflecting on Iowa State's past two matches against 2013 NCAA tournament teams in Creighton and Nebraska, sophomore setter Suzanne Horner said the experience was beneficial in gauging the team's progress during the spring, even after a pair of losses.

"I think it's been really good. As a team, we know the things we have to work on and where we need to improve," Horner said. "Those teams opened our eyes to where we need to keep working and where we need to be in the fall."

Iowa State has concluded its spring exhibition schedule. The team will travel to Europe in May for a two-week exhibition tour before regular season play begins in August.



Jen Hao Wong/Iowa State Daily

Mackenzie Bigbee, rightside hitter, hits the ball during lowa State's 3-0 loss against Nebraska on Saturday at Hilton Coliseum. Nebraska posted 12 blocks during the straight-set win.



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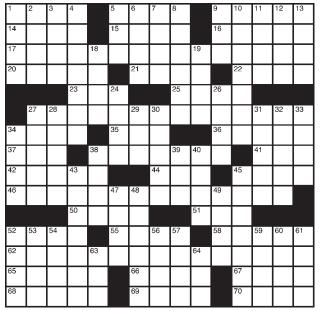
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1 Campus drilling gp. 5 Repairs, as a lawn's bare spot 9 On the higher side 14 Fictional lab assistant 15 Be certain 16 Garbo of the silver screen 17 Man-made organic pump 20 Take care of 21 Start of Caesar's incredulous question 22 GI rations 23 1040 publisher: Abbr. 25 Prefix meaning "high" 27 Dish not made from the reptile it's named for 34 Kissing pair 35 Out __ İimb 36 Get a feeling about 37 Feed bag morsel 38 Like a soloist on a dark stage 41 Fill up on 42 Barn-raising sect 44 Electrified particle 45 Falls behind 46 Pseudonym 50"The Lord of the Rings," e.g. 51 Encouragement "on the back"

27 Florida metropolis 52 Bog fuel 55 Capone nemesis 28 Vision-related Eliot 29 Game with Skip 58 Triangular Greek cards 30 Mathematical letter 62 Finger-pointing comparison 31 Wee hr. perjury 65 Sing like Bing 32 Grammarian's 66 50+ org. 67 Company with bell concern 33 Lizards and snakes, ringers for some 34 Do nothing 68 Shell out 69 Zebras, to lions 38 Use FedEx 39 Comical Costello 70 Actor Hackman 40 Clouseau's rank: Abbr.

43 Cowboy's hat

Down

45 Reason for an 1 Narrow inlets ump's safe call 2 Folklore monster 47 Ėmmy winner Fey 3 Carryall with 48 Arctic expanse 49 It means nothing handles 4 They give films stars to Juan 5 Slalom item 6 It may be enough 52 Inferiors of cpls. 53 Tombstone law-7 "Just ___": Nike man 54 Burn-soothing slogan 8 Try to whack, as a fly substance 9"Gross!" 56 Mark from a surgi-10 Logical proposical procedure 57 Having no doubt tion 11 Apple relative 59 Occurring as you 12 To be, to Brigitte watch it 13 "Peanuts" phooey 60 Huckleberry Hound, for one 18 Tuning 19 Break in the action 61 Songstress Murray 24 Break in the action 63 Conclusion 26 Word with tube or 64 Plant gathering pattern information

Horoscope by Linda Black

Today's Birthday (4/21/14)

Career and finances boom this year. Enjoy extra birthday relaxation this week. Communications, travel and intellectual studies increase profit during spring and summer. Harvest your garden. Renovations go well. Creativity sparks beauty all around. Grow partnerships with steady, reliable attention. Treat yourself and others with love.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Aries

(March 21-April 19) Today is a 6 – Challenges at work require your full attention. Watch for hidden dangers. Be very careful, and do the basic work. Review, regroup, and stay grounded. Focus on deep breathing to counter stress. Think about the ones you love.

Taurus

(April 20-May 20) Today is a 5 – Hold onto your valuables, and plan your next move. Tardiness will be noticed. Face to face works best. Enjoy the social buzz. Friends are dealing with changes. Balance physical work with social demands.

Gemini

(May 21-June 20)

Today is a 5 -- You have more to manage at home than you may realize. It's not a good time to travel. Circumstances have changed, and it works out for the better. There may be temporary confusion. Don't throw your money around.

Cancer

(June 21-July 22) Today is a 5 – Postpone expansion and travel for now. Others vie for your attention. Travel to an alternative work environment. Simple misunderstandings can be worked out with patience.

Leo

(July 23-Aug. 22)

Today is a 5 - Lay low and keep your head down. Breakdowns in an alliance distract. Stay close to home and handle deadlines and urgencies. Make repairs, clarify miscommunications, or mollify someone's hurt feelings.

Virgo

(Aug. 23-Sept. 22) Today is a 5 – Add spice. It could get fun, if you view it as a game. Avoid an intense argument by refusing to get hooked. Huddle with family and make sure everyone's cared for, fed and tucked into bed.

Libra

(Sept. 23-Oct. 22) Today is a 5 -- Maintain objectivity, and adapt to changing circumstances. Clarify communications, and correct misunderstandings as they occur. Obstacles arise. Wait for conditions to improve, at home with someone interesting.

Scorpio

(Oct. 23-Nov. 21) Today is a 5 – Practice restraint. Listen to a loved one's considerations. Hold onto your money. Don't make promises you won't keep. Take it slow. Recharge batteries at home. Be especially forgiving today.

Sagittarius

(Nov. 22-Dec. 21) Today is a 5 - Curtail your enthusiasm. Don't fall for an expensive trick. An uncomfortable situation spurs you to action. Postpone a long-distance conversation. Declare breakdowns, stay in communication, and reschedule. Rest and restore your energy.

Capricorn

(Dec. 22-Jan. 19)

Today is a 6 – Friends help you advance. Go beyond the minimum required. Consider the consequences of the words you speak. You get to choose vour own perspective, vour own self-image. Relax, and breathe deeply.

Sudaku

Aquarius

(Jan. 20-Feb. 18) Today is a 5 - Don't over-extend or push yourself too hard. Collaborate with responsibilities. Make your place more comfortable, instead of traveling. Don't repeat a mistake... it would get expensive. Stick to your budget. Insight arises in the most unusual places.

Pisces

(Feb. 19-March 20)

Today is a 5 – With the support of your friends, you can get through anything. Keep a positive view. Progress could seem stopped, blocked or impeded. Obstacles require re-routing from the expected course. Stay flexible and adapt.

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Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit *www.sudoku.org.uk*

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