# CARATHÉODORY'S THEOREM AND MODULI OF LOCAL CONNECTIVITY 

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#### Abstract

We give a constructive proof of the Carathéodory Theorem by means of the concept of a modulus of local connectivity and the extremal distance of the separating curves of an annulus.


## 1. Introduction

The goal of this paper is to give a new proof of the Carathéodory Theorem which states that if $D$ is a Jordan domain, and if $\phi$ is a conformal map of $D$ onto the unit disk, then $\phi$ extends to a homeomorphism of $\bar{D}$ with the closed unit disk (see e.g. [4] and [5]). This proof has a feature which appears to be new in that for each $\zeta \in \partial D$ it explicitly constructs a $\delta$ for each $\epsilon$ when proving the existence of $\lim _{z \rightarrow \zeta} \phi(z)$. Furthermore, a closed form expression for $\delta$ in terms of $\epsilon$ and $\zeta$ is obtained. Such expressions are potentially useful when estimating error in numerical computations. The proof also makes two seemingly new connections. First, we construct $\delta$ from $\epsilon$ by means of a modulus of local connectivity for the boundary of $D$. Roughly speaking, this is a function that predicts how close two boundary points must be in order to connect them with a small arc that is included in the boundary. Second, the proof constructs an upper bound on $|\phi(z)-\phi(\zeta)|$ from the extremal distance of the separating curves of an annulus.

The paper is organized as follows. Section 2 covers background material. Section 3 states the main ideas of the proof. Sections 4 and 5 deal with topological preliminaries. Our estimates are proven in Section 6 and Section 7 completes the proof.

## 2. BACKGROUND

Let $\mathbb{N}$ denote the set of non-negative integers.
When $\mathcal{A}$ is an annulus with inner radius $r$ and outer radius $R$, let

$$
\lambda(\mathcal{A})=\frac{2 \pi}{\log (R / r)}
$$

$\lambda(\mathcal{A})$ is the extremal length of the family of separating curves of $\mathcal{A}$; see e.g. [3].
When $X, Y$, and $Z$ are subsets of the plane, we say that $X$ separates $Y$ from $Z$ if $Y$ and $Z$ are included in distinct connected components of $\mathbb{C}-X$. In the case where $Y=\{p\}$, we say that $X$ separates $p$ from $Z$. In the case where $Y=\{p\}$ and $Z=\{q\}$ we say that $X$ separates $p$ from $q$.

A topological space is locally connected if it has a basis of open connected sets. By the Hahn-Mazurkiewicz Theorem, every curve is locally connected; see e.g.

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Section 3-5 of [6]. Suppose $X$ is a compact and connected metric space. Then, $X$ is locally connected if and only if it is uniformly locally arcwise connected. This means that for every $\epsilon>0$, there is a $\delta>0$ so that whenever $p, q \in X$ and $0<d(p, q)<\delta, X$ includes an arc from $p$ to $q$ whose diameter is smaller than $\epsilon$ (although its length may be infinite); again, see Section 3-5 of [6]. Accordingly, we define a modulus of local connectivity for a metric space $X$ to be a function $f: \mathbb{N} \rightarrow \mathbb{N}$ so that whenever $p, q \in X$ and $0<d(p, q) \leq 2^{-f(k)}, X$ includes an arc from $p$ to $q$ whose diameter is smaller than $2^{-k}$. Thus, a metric space is uniformly locally arcwise connected if and only if it has a modulus of local connectivity, and a metric space that is compact and connected is locally connected if and only if it has a modulus of local connectivity. Note that if $f$ is a modulus of local connectivity, then $\lim _{k \rightarrow \infty} f(k)=\infty$. In addition, if a metric space has a modulus of local connectivity, then it has a modulus of local connectivity that is increasing.

Moduli of local connectivity originated in the adaptation of local connectivity properties to the setting of theoretical computer science in [1] and [2]. Computational connections between moduli of local connectivity and boundary extensions of conformal maps are made in [7]. Here, we attempt to show that this notion may be useful in more traditional mathematical settings.

## 3. Outline of the proof

We first observe the following which is proven in Section 4.
Theorem 3.1. If $\zeta_{0}$ is a boundary point of a simply connected Jordan domain D, then for every $r>0, \zeta_{0}$ is a boundary point of exactly one connected component of $D_{r}\left(\zeta_{0}\right) \cap D$.

Suppose $\zeta_{0}$ is a boundary point of a simply connected Jordan domain $D$. In light of Theorem 3.1, when $r>0$ we let $C\left(D ; \zeta_{0}, r\right)$ denote the connected component of $D_{r}\left(\zeta_{0}\right) \cap D$ whose boundary contains $\zeta_{0}$. Suppose $\phi$ is a conformal map of $D$ onto the unit disk. The fundamental strategy of the proof is to bound the diameter of $\phi\left[C\left(D ; \zeta_{0}, r\right)\right]$. To do so, we first construct an upper bound on the diameter of $\phi[C]$ where $C$ is a connected component of $D_{r}(\zeta) \cap D$ for some point $\zeta$ in the complement of $D$. Namely, in Section 6 we prove the following.
Theorem 3.2. Let $\phi$ be a conformal map of a domain $D$ onto the unit disk. Suppose $\mathcal{A}$ is an annulus so that $\overline{\mathcal{A}}$ separates its center from $\phi\left[\overline{D_{r}(0)}\right]$ where $r \geq \sqrt{\pi \lambda(\mathcal{A})}$. Suppose $C$ is a connected component of the points of $D$ that are interior to the inner circle of $\mathcal{A}$. Then, the diameter of $\phi[C]$ is at most $\sqrt{l^{2}+4 \pi \lambda(\mathcal{A})}$ where $l=1+\sqrt{r^{2}-\pi \lambda(\mathcal{A})}$.

Note that Theorem 3.2 applies to non-Jordan domains.
With Theorem 3.2 in hand, some basic calculations, which we perform in Section 6 , lead us to the following.

Theorem 3.3. Suppose $\phi$ is a conformal map of a Jordan domain $D$ onto the unit disk. Let $\zeta_{0}$ be a boundary point of $D$, and let $\epsilon>0$. Then, the diameter of $\phi\left[C\left(D ; \zeta_{0}, r_{0}\right)\right]$ is smaller than $\epsilon$ whenever $r_{0}$ is a positive number that is smaller than

$$
\begin{equation*}
\sup _{0<l<\epsilon}\left(\exp \left(\frac{8 \pi^{2}}{l^{2}-\epsilon^{2}}\right) \min \left\{\left|\zeta_{0}-\phi^{-1}(w)\right|:|w| \leq \sqrt{(1-l)^{2}+\frac{\epsilon^{2}-l^{2}}{4}}\right\}\right) \tag{3.1}
\end{equation*}
$$

When $0<\epsilon<1$ and $l=\frac{\epsilon}{2}$,

$$
\frac{7}{16}<(1-l)^{2}+\frac{\epsilon^{2}-l^{2}}{4}<1
$$

Thus, (3.1) is positive when $0<\epsilon<1$. In other words, for all sufficiently small $\epsilon>0$, there is a positive number $r_{0}$ that is smaller than (3.1).

So, suppose $\phi$ is a conformal map of a Jordan domain $D$ onto the unit disk. We use Theorem 3.3 to form an extension of $\phi$ to $\bar{D}$ as follows. Let $\zeta_{0}$ be a boundary point of $D$. Note that $C\left(D ; \zeta_{0}, r^{\prime}\right) \subseteq C\left(D ; \zeta_{0}, r\right)$ when $0<r^{\prime}<r$. It follows from Theorem 3.3 that there is exactly one point in

$$
\bigcap_{r>0} \overline{\phi\left[C\left(D ; \zeta_{0}, r\right)\right]} .
$$

We define this point to be $\phi\left(\zeta_{0}\right)$.
Our next goal is to show that this extension of $\phi$ is continuous. That is, $\lim _{z \rightarrow \zeta} \phi(z)=\phi(\zeta)$ whenever $\zeta$ is a boundary point of $D$. This is accomplished by showing that $z \in C(D ; \zeta, r)$ whenever $z \in D$ is sufficiently close to $\zeta$. This is where be begin to use moduli of local connectivity. Namely, in Section 4 we prove the following.
Theorem 3.4. Suppose $g$ is a modulus of local connectivity for a Jordan curve $\sigma$. Suppose $D$ is an open disk whose boundary separates two points of $\sigma$. Suppose $z_{0}$ and $\zeta_{0}$ are points so that $\zeta_{0} \in \sigma \cap D, z_{0} \in D-\sigma$, and $\left|z_{0}-\zeta_{0}\right|<2^{-g(k)}$ where $2^{-k}+2^{-g(k)} \leq \max \left\{d\left(\zeta_{0}, \partial D\right), d\left(z_{0}, \partial D\right)\right\}$. Then, $\zeta_{0}$ is a boundary point of the connected component of $z_{0}$ in $D-\sigma$.

Theorem 3.4 was previously proven by means of the Carathéodory Theorem in [8]. We give another proof here with a few extra topological steps so as to avoid circular reasoning.

We then obtain the following form of the Carathéodory Theorem from Theorems 3.3 and Theorem 3.4.

Theorem 3.5. Suppose $\phi$ is a conformal map of a Jordan domain D onto the unit disk. Let $\zeta_{0}$ be a boundary point of $D$. Then, $\lim _{z \rightarrow \zeta_{0}} \phi(z)=\phi\left(\zeta_{0}\right)$. Furthermore, if $g$ is a modulus of local connectivity for the boundary of $D$, then for each $\epsilon>0$, $\left|\phi\left(z_{0}\right)-\phi\left(\zeta_{0}\right)\right|<\epsilon$ whenever $z_{0}$ is a point in $D$ so that $\left|z_{0}-\zeta_{0}\right|<2^{-g(k)}$ and $k$ is a non-negative integer so that $2^{-k}+2^{-g(k)}$ is smaller than (3.1). Finally, the extension of $\phi$ to $\bar{D}$ is a homeomorphism of $\bar{D}$ with the closed unit disk.

The proof of Theorem 3.5 is given in Section 7.
Suppose $\phi, D, g, \zeta_{0}$ are as in Theorem 3.5. Without loss of generality suppose $g$ is increasing. Thus $2^{-k}+2^{-g(k)} \leq 2^{-k+1}$. Let $0<\epsilon<1$. We define a positive number $\delta\left(\zeta_{0}, \epsilon\right)$ so that $\left|\phi(z)-\phi\left(\zeta_{0}\right)\right|<\epsilon$ when $\left|z-z_{0}\right|<\delta\left(\zeta_{0}, \epsilon\right)$. Let:

$$
\begin{aligned}
k\left(\zeta_{0}, \epsilon\right)= & 2-\left\lfloor\operatorname { s u p } _ { 0 < l < \epsilon } \left(\frac{8 \pi^{2}}{l^{2}-\epsilon^{2}}+\right.\right. \\
& \left.\left.\min \left\{\log \left|\zeta_{0}-\phi^{-1}(w)\right|:|w| \leq \sqrt{(1-l)^{2}+\frac{\epsilon^{2}-l^{2}}{4}}\right\}\right)\right\rfloor \\
\delta\left(\zeta_{0}, \epsilon\right)= & 2^{-k\left(\zeta_{0}, \epsilon\right)}+2^{-g\left(k\left(\zeta_{0}, \epsilon\right)\right)}
\end{aligned}
$$

(Here, $\lfloor x\rfloor$ denotes the largest integer that is not larger than $x$.) Thus, by Theorem $3.5,\left|\phi(z)-\phi\left(\zeta_{0}\right)\right|<\epsilon$ whenever $z \in D$ and $\left|z-\zeta_{0}\right|<\delta\left(\zeta_{0}, \epsilon\right)$.

## 4. Proofs of Theorems 3.1 and 3.4

Theorem 3.4 is used to prove Theorem 3.1. The proof of Theorem 3.4 is based on the following lemma and theorem.

Lemma 4.1. Let $D$ be a Jordan domain. Let $\alpha$ be a crosscut of $D$, and let $\gamma_{1}, \gamma_{2}$ be the subarcs of the boundary of $D$ that join the endpoints of $\alpha$. Then, the interior of $\gamma_{1} \cup \alpha$ is one side of $\alpha$, and the interior of $\gamma_{2} \cup \alpha$ is the other side of $\alpha$.

Proof. Let $U_{j}$ denote the interior of $\alpha \cup \gamma_{j}$. Choose a point $p$ in $\alpha \cap D$. There is a positive number $\delta$ so that $D_{\delta}(p) \subseteq D$. Since $p$ is a boundary point of $U_{j}, U_{j} \cap D_{\delta}(p)$ is non-empty. So, let $q_{j} \in U_{j} \cap D_{\delta}(p)$, and let $D_{j}$ be the side of $\alpha$ that contains $q_{j}$.

We show that $U_{j}=D_{j} . U_{j}$ is a connected subset of $D-\alpha$ that contains a point of $D_{j}$ (namely $q_{j}$ ). So, $U_{j} \subseteq D_{j}$. On the other hand, $D_{j}$ is a connected subset of $\mathbb{C}-\left(\gamma_{j} \cup \alpha\right)$ that contains a point of $U_{j}$. So, $D_{j} \subseteq U_{j}$.
$D_{1} \neq D_{2}$ since $\partial D_{1} \neq \partial D_{2}$. Thus, $U_{1}$ and $U_{2}$ are the two sides of $\alpha$.

Theorem 4.2. Let $D$ be an open disk, and let $\sigma$ be a Jordan curve. Suppose the boundary of $D$ separates two points of $\sigma$. Let $C$ be a connected component of $D-\sigma$. Then, $C$ is the interior of a Jordan curve. Furthermore, if $p$ is a boundary point of $C$ that also lies in $D$, then $p$ lies on $\sigma$ and the boundary of $C$ includes the connected component of $p$ in $D \cap \sigma$.

Proof. Since $C \neq D$, the boundary of $C$ contains a point of $\sigma$; let $p$ denote such a point.

Since the boundary of $D$ separates two points of $\sigma$, if $G$ is a connected component of $D \cap \sigma$, then $\bar{G}$ is a crosscut of $D$.

Let $E$ denote the connected component of $p$ in $\sigma \cap D$. Since $C$ is a connected subset of $D-E$, there is a side of $E$ that includes $C$; let $E^{-}$denote this side, and let $E^{+}$denote the other side. By Lemma 4.1, each of these sides is a Jordan domain. Again, since the boundary of $D$ separates two points of $\sigma$, if $G$ is a connected component of $\sigma \cap E^{-}$, then $\bar{G}$ is a crosscut of $E^{-}$.

We aim to show that the boundary of $C$ is a Jordan curve which includes $E$. To this end, we construct an arc $F$ so that $E \cup F$ is a Jordan curve whose interior is $C$. $F$ will be a union of subarcs of $\sigma$ and connected subsets of the boundary of $D$. To define these subarcs of $\sigma$, we define a partial ordering of the connected components of $\sigma \cap E^{-}$. Namely, when $G_{1}, G_{2}$ are connected components of $\sigma \cap E^{-}$, write $G_{1} \prec G_{2}$ if $G_{2}$ is between $G_{1}$ and $E$; that is if $E$ and $G_{1}$ lie in opposite sides of $\overline{G_{2}}$.

Since $\sigma$ is locally connected, it follows that there is no increasing chain $G_{1} \prec$ $G_{2} \prec G_{3} \prec \ldots$. It then follows that if $G_{1}$ is a connected component of $\sigma \cap E^{-}$, then there is a $\preceq$-maximal component of $\sigma \cap E^{-}, G$, so that $G_{1} \preceq G$.

We now define $F$. Let $F^{\prime}=\partial E^{-} \cap \partial D$. Thus, $E \cup F^{\prime}=\partial E^{-}$. Let $\mathcal{M}$ denote the set of all $\preceq$-maximal components of $\sigma \cap E^{-}$. For each $G \in \mathcal{M}$, let $\lambda_{G}$ be the subarc of $F^{\prime}$ that joins the endpoints of $\bar{G}$. Let $F$ be formed by removing each $\lambda_{G}$ from $F^{\prime}$ and replacing it with $\bar{G}$.

Thus, $F$ is an arc that joins the endpoints of $E$ and that contains no other points of $E$. Let $J=E \cup F$. Then, $J$ is a Jordan curve. We show that $C$ is the interior of $J$. Note that since $J \subseteq \overline{E^{-}}, E^{-}$includes the interior of $J$.

When $G \in \mathcal{M}$, let $G^{+}$be the side of $\bar{G}$ that includes $E$ (when $\bar{G}$ is viewed as a crosscut of $D$ rather than $E^{-}$), and let $G^{-}$denote the other side. The rest of the proof revolves around the following four claims.
(1) For each $G \in \mathcal{M}$, the exterior of $J$ includes $G^{-}$.
(2) The interior of $J$ includes $\bigcap_{G \in \mathcal{M}} G^{+} \cap E^{-}$.
(3) For each $G \in \mathcal{M}, G^{+}$includes $C$.
(4) The interior of $J$ contains no point of $\sigma$.

Claims (2) and (3) together imply that the interior of $J$ includes $C$. Claim (1) will be used to prove (4). Claim (4) shows that the interior of $J$ is included in a connected component of $D-\sigma$ which then must be $C$.

We begin by proving (1). Let $p^{\prime} \in G^{-}$. Let $z_{0} \in \mathbb{C}-\bar{D}$. Thus, $z_{0}$ is exterior to $J$ since $J \subseteq \bar{D}$. We construct an arc from $p^{\prime}$ to $z_{0}$ that contains no point of $J$. Let $q \in \lambda_{G}-\bar{G}$. By Lemma 4.1, $G^{-}$is the interior of $G \cup \lambda_{G}$. So, there is an arc $\sigma_{1}$ from $p^{\prime}$ to $q$ so that $\sigma^{\prime} \cap \partial G^{-}=\{q\}$. There is an arc $\sigma_{2}$ from $q$ to $z_{0}$ so that $\sigma_{2} \cap \partial D=\{q\}$. Thus, $\sigma_{1} \cup \sigma_{2}$ is an arc from $p^{\prime}$ to $z_{0}$ that contains no point of $J$. Thus, $p^{\prime}$ is exterior to $J$ for every $p^{\prime} \in G^{-}$.

We now prove (2). Suppose $p_{0} \in E^{-}$belongs to $G^{+}$for every $G \in \mathcal{M}$. By way of contradiction, suppose $p_{0}$ is exterior to $J$. Again, let $z_{0} \in \mathbb{C}-\bar{D}$. Thus, the exterior of $J$ includes an arc from $p_{0}$ to $z_{0}$; let $\alpha$ denote such an arc. By examination of cases, $\alpha$ cannot cross the boundary of $D$ at any boundary point of $E^{-}$. So, it must do so at a boundary point of $E^{+}$. But, this entails that $\alpha$ crosses $E$ which it does not since $J$ includes $E$. This is a contradiction, and so $p_{0}$ is interior to $J$.

Next, we prove (3). Let $G \in \mathcal{M}$. Since $\sigma$ is locally connected, and since $p \in E$, there is a positive number $\delta$ so that $D_{\delta}(p)$ contains no point of any connected component of $\sigma \cap E^{-}$. However, this disk must contain a point of $C, p^{\prime}$. So, $\left[p^{\prime}, p\right]$ contains a point of $E$ but no point of $G$. Hence, $p^{\prime} \in G^{+}$. Since $C$ is a connected subset of $D-G, C \subseteq G^{+}$.

Finally, we prove (4). By way of contradiction, suppose $p^{\prime}$ is a point on $\sigma$ that is interior to $J$. As noted above, $E^{-}$includes the interior of $J$. So, $p^{\prime} \in \sigma \cap E^{-}$. Let $G_{1}$ be the connected component of $p^{\prime}$ in $\sigma \cap E^{-}$. Let $G$ be a $\preceq$-maximal component of $\sigma \cap E^{-}$so that $G_{1} \preceq G$. Since $p^{\prime}$ is interior to $J$, and since $J$ includes $G, p^{\prime} \notin G$. So, $G_{1} \prec G$. This means that $G_{1} \subseteq G^{-}$. By (1), $p^{\prime}$ is exterior to $J$ - a contradiction. So, the interior of $J$ contains no point of $\sigma$.

By the remarks after (4), $C$ is the interior of $J$ and the proof is complete.
Proof of Theorem 3.4. Let $C$ be the connected component of $z_{0}$ in $D-\sigma$. Let $l=\left[z_{0}, \zeta_{0}\right]$. Let $z_{1}$ be the point in $l \cap \sigma$ that is closest to $z_{0}$. Thus, $z_{1} \in \partial C$. Since $\left|z_{1}-\zeta_{0}\right|<2^{-g(k)}, \sigma$ contains an arc from $z_{1}$ to $\zeta_{0}$ whose diameter is smaller than $2^{-k}$; call this arc $\sigma_{1}$.

We claim that $D$ includes $\sigma_{1}$. For, let $q \in \sigma_{1}$. It follows that

$$
\max \left\{\left|q-z_{0}\right|,\left|q-\zeta_{0}\right|\right\}<2^{-k}+2^{-g(k)}
$$

Since $2^{-k}+2^{-g(k)} \leq \max \left\{d\left(\zeta_{0}, \partial D\right), d\left(z_{0}, \partial D\right)\right\}$, it follows that $q \in D$.
Since $\sigma_{1} \subseteq D, \zeta_{0}$ belongs to the connected component of $z_{1}$ in $D \cap \sigma$. So, by Theorem $4.2, \zeta_{0}$ is a boundary point of $C$ since $z_{1}$ is.

Proof of Theorem 3.1. Without loss of generality, suppose $D_{r}\left(\zeta_{0}\right)$ does not include $D$. Let $J$ denote the boundary of $D$. It follows that $\partial D_{r}\left(\zeta_{0}\right)$ separates two points of $J$.

It follows from Theorem 3.4 that $\zeta_{0}$ is a boundary point of at least one connected component of $D_{r}\left(\zeta_{0}\right)-J$. We now show it is a boundary point of exactly two such components. Let $E$ be the connected component of $\zeta_{0}$ in $D_{r}\left(\zeta_{0}\right) \cap J$. Thus, as noted in the proof of Theorem 4.2, $\bar{E}$ is a crosscut of $D_{r}\left(\zeta_{0}\right)$. If $C$ is a connected component of $D_{r}\left(\zeta_{0}\right)-J$, and if $\zeta_{0}$ is a boundary point of $C$, then exactly one side of $E$ includes $C$. By the proof of Theorem 3.1, if $C$ is a connected component of $D_{r}\left(\zeta_{0}\right)-J$, then the side of $E$ that includes $C$ completely determines the boundary of $C$. Thus, $\zeta_{0}$ is a boundary point of exactly two connected components of $D-J$; one for each side of $E$.

So, let $C_{1}, C_{2}$ denote the two connected components of $D_{r}\left(\zeta_{0}\right)-J$ whose boundaries contain $\zeta_{0}$. Each of these components is a connected subset of $\mathbb{C}-J$. So each is either included in the interior of $J$ or in the exterior of $J$. Since there are points of the interior and exterior of $J$ that are arbitrarily close to $\zeta_{0}$, it follows from Theorem 3.4 that one of these components is included in the interior of $J$ and one is included in the exterior of $J$. Suppose $C_{1}$ is included in the interior of $J$; that is, $D \supseteq C_{1}$.

Let $p \in C_{1}$, and let $U$ be the connected component of $p$ in $D \cap D_{r}\left(\zeta_{0}\right)$. We show that $U=C_{1}$. Since $C_{1}$ is a connected subset of $D \cap D_{r}\left(\zeta_{0}\right)$ that contains $p$, $C_{1} \subseteq U$. Since $U$ is a connected subset of $D_{r}\left(\zeta_{0}\right)-J$ that contains $p, U \subseteq C_{1}$. This completes the proof of the theorem.

## 5. Preliminaries to proof of Theorem 3.2: polar separations

Definition 5.1. Let $\mathcal{A}$ be an annulus, and let $\Omega$ be an open subset of $\mathcal{A}$. A polar separation of the boundary of $\Omega$ is a pair of disjoint sets $(E, F)$ so that whenever $C$ is an intermediate circle of $\mathcal{A}$, there is a connected component of $C \cap \Omega$ whose boundary contains a point of $E$ and a point of $F$.

Our goal in this section is to prove the following.
Theorem 5.2. Let $\mathcal{A}$ be an annulus, and let $D$ be a simply connected Jordan domain. Suppose that $\mathcal{A}$ separates two boundary points of $D$, and let $\gamma_{1}$ and $\gamma_{2}$ be the subarcs of the boundary of $D$ that join these points. Then, $\left(\gamma_{1} \cap \mathcal{A}, \gamma_{2} \cap \mathcal{A}\right)$ is a polar separation of the boundary of $D \cap \mathcal{A}$.

Our proof of Theorem 5.2 is based on the following lemma.
Lemma 5.3. Let $C$ be a circle, and let $D$ be a simply connected Jordan domain. Suppose $C$ separates two boundary points of $D$. Then, there is a connected component of $C \cap D$ whose boundary hits both subarcs of the boundary of $D$ that join these two boundary points of $D$.

Proof. Let $p$ be a boundary point of $D$ that is exterior to $C$, and let $q$ be a boundary point of $D$ that is interior to $C$.

Let $\gamma_{1}, \gamma_{2}$ denote the subarcs of the boundary of $D$ that join $p$ and $q$. Let $\alpha$ be a crosscut of $D$ so that $\alpha \cap C$ consists of a single point; label this point $p^{\prime}$. Let $D_{j}$ denote the interior of $\alpha \cup \gamma_{j}$. By Lemma 4.1, $D_{1}$ and $D_{2}$ are the sides of $\alpha$.

Now, for each $j \in\{1,2\}$, we construct a point $q_{j}$ in $C \cap D_{j}$ so that $p^{\prime}$ is a boundary point of the connected component of $q_{j}$ in $C \cap D_{j}$. Since $D$ is open, there is a positive number $\delta$ so that $D_{\delta}\left(p^{\prime}\right) \subseteq D$. Let $C^{\prime}=C \cap D_{\delta}\left(p^{\prime}\right)$. Thus, $C^{\prime}$ is a subarc of $C$. Let $q \in C^{\prime}-\left\{p^{\prime}\right\}$. Then, $q \notin \alpha$ since $C \cap \alpha=\left\{p^{\prime}\right\}$. So, $q \in D_{1} \cup D_{2}$. Without loss of generality, suppose $q \in D_{1}$. Relabel $q$ as $q_{1}$. Let $q_{2}$ be a point of $C^{\prime}$
so that $p^{\prime}$ is between $q_{1}$ and $q_{2}$ on $C^{\prime}$. Again, $q_{2} \in D_{1} \cup D_{2}$. Since $D_{1}$ is the interior of a Jordan curve, and since the subarc of $C^{\prime}$ from $q_{1}$ to $q_{2}$ crosses the boundary of $D_{1}$ exactly once, $q_{2} \notin D_{1}$. So, $q_{2} \in D_{2}$.

Let $E_{j}$ denote the connected component of $q_{j}$ in $C \cap D_{j}$. By construction, $p^{\prime}$ is a boundary point of $E_{j}$. So, the other endpoint of $E_{j}$ must be in $\gamma_{j}$ since $C \cap \alpha=\left\{p^{\prime}\right\}$. Set $E=E_{1} \cup E_{2}$. Thus, $E$ is a connected component of $C \cap D$. One endpoint of $E$ belongs to $\gamma_{1}$, and the other belongs to $\gamma_{2}$. This proves the lemma.

Proof of Theorem 5.2. By assumption, $\mathcal{A}$ separates two boundary points of $D$. One of these points is interior to the inner circle of $\mathcal{A}$, and the other is exterior to the outer circle of $\mathcal{A}$. Let $p$ denote a point that is exterior to the outer circle of $\mathcal{A}$, and let $q$ denote a point that is interior to the inner circle of $\mathcal{A}$.

Let $C$ be an intermediate circle of $\mathcal{A}$. Then, $p$ is exterior to $C$ and $q$ is interior to $C$. So, by Lemma 5.3 , there is a connected component of $C \cap D$ so that one of its endpoints lies on $\gamma_{1}$ and the other lies on $\gamma_{2}$. Thus, $\left(\gamma_{1} \cap \mathcal{A}, \gamma_{2} \cap \mathcal{A}\right)$ is a polar separation of the boundary of $D \cap \mathcal{A}$.

## 6. Proof of Theorems 3.2 and 3.3

When $X, Y \subseteq \mathbb{C}$, let $d_{\mathrm{inf}}(X, Y)$ denote the infimum of $|z-w|$ as $z$ ranges over all points of $X$ and $w$ ranges over all points of $Y$.

The proof of the following is essentially the same as the proof of Lemma 4.1 of [7] which is a standard length-area argument.

Lemma 6.1. Let $\mathcal{A}$ be an annulus, and let $\Omega$ be an open subset of $\mathcal{A}$. Suppose $(E, F)$ is a polar separation of the boundary of $\Omega$. Then,

$$
\lambda(\mathcal{A}) \geq \sup _{\phi} \frac{d_{\mathrm{inf}}(\phi[E], \phi[F])^{2}}{\operatorname{Area}(\phi[\Omega])}
$$

where $\phi$ ranges over all maps that are conformal on a neighborhood of $\bar{\Omega}$.
Proof of Theorem 3.2. Note that $r<1$ since $C$ is non-empty.
We begin by constructing a rectangle $R$ as follows. Let $z_{0}$ be any point of $\phi[C]$. Choose $m, l_{0}$ so that $l_{0}>l, m>\sqrt{\pi \lambda(\mathcal{A})}$, and $\left(1-l_{0}\right)^{2}+m^{2}<(1-l)^{2}+\pi \lambda(\mathcal{A})$. Since $r^{2}=(1-l)^{2}+\pi \lambda(\mathcal{A}), z$ is exterior to the outer circle of $\mathcal{A}$ whenever $|\phi(z)| \leq$ $\sqrt{\left(1-l_{0}\right)^{2}+m^{2}}$. Let:

$$
\begin{aligned}
\nu_{1} & =\frac{z_{0}}{\left|z_{0}\right|}\left(1-l_{0}+m i\right) \\
\nu_{2} & =\frac{z_{0}}{\left|z_{0}\right|}\left(1-l_{0}-m i\right)
\end{aligned}
$$

Thus, the radius $\left[0, z_{0} /\left|z_{0}\right|\right]$ is a perpendicular bisector of the line segment $\left[\nu_{1}, \nu_{2}\right]$. The midpoint of $\left[\nu_{1}, \nu_{2}\right]$ is $\left(1-l_{0}\right) z_{0} /\left|z_{0}\right|$, and the length of $\left[\nu_{1}, \nu_{2}\right.$ ] is $2 m$. Let:

$$
\begin{aligned}
\nu_{3} & =\frac{z_{0}}{\left|z_{0}\right|}(1+m i) \\
\nu_{4} & =\frac{z_{0}}{\left|z_{0}\right|}(1-m i)
\end{aligned}
$$

Thus, the line segment $\left[\nu_{3}, \nu_{4}\right]$ is perpendicular to the radius $\left[0, z_{0} /\left|z_{0}\right|\right]$. Furthermore, the length of this segment is $2 m$ and its midpoint is $z_{0} /\left|z_{0}\right|$.

Let $R$ be the open rectangle whose vertices are $\nu_{1}, \nu_{2}, \nu_{3}$, and $\nu_{4}$. That is, $R$ is the interior of $\left[\nu_{1}, \nu_{3}\right] \cup\left[\nu_{3}, \nu_{4}\right] \cup\left[\nu_{4}, \nu_{2}\right] \cup\left[\nu_{2}, \nu_{1}\right]$.

Note that the diameter of $R$ is $\sqrt{l_{0}^{2}+4 m^{2}}$. Also, the diameter of $R$ approaches $\sqrt{l^{2}+4 \pi \lambda(\mathcal{A})}$ as $\left(l_{0}, m\right) \rightarrow(l, \sqrt{\pi \lambda(\mathcal{A})})$. It thus suffices to show that $\phi[C] \subseteq R$.

We claim that it suffices to show that $\phi[C]$ contains no boundary point of $R$. For, since $\phi^{-1}\left(z_{0}\right)$ is interior to the outer circle of $\mathcal{A}$, the modulus of $z_{0}$ is larger than $\sqrt{\left(1-l_{0}\right)^{2}+m^{2}}$ which is larger than $l-l_{0}$. This implies that $z_{0} \in R$. Since $R$ contains at least one point of $\phi[C]$, namely $z_{0}$, and since $\phi[C]$ is connected, it suffices to show that $\phi[C]$ contains no boundary point of $R$.

Since $\left[\nu_{3}, \nu_{4}\right]$ contains no point of the unit disk, it contains no point of $\phi[C]$. By construction, $\left|\nu_{1}\right|=\left|\nu_{2}\right|=\sqrt{\left(1-l_{0}\right)^{2}+m^{2}}$. Thus, $|z| \leq \sqrt{\left(1-l_{0}\right)^{2}+m^{2}}$ whenever $z \in\left[\nu_{1}, \nu_{2}\right]$. It follows from what has been observed about $l_{0}$ and $m$ that $\left[\nu_{1}, \nu_{2}\right]$ contains no point of $\phi[C]$. So, it suffices to show that $\left[\nu_{1}, \nu_{3}\right] \cup\left[\nu_{4}, \nu_{2}\right]$ contains no point of $\phi[C]$.

Let us begin by showing that $\left[\nu_{1}, \nu_{3}\right]$ contains no point of $\phi[C]$. By way of contradiction, suppose otherwise. In order to obtain a contradiction, we construct a Jordan curve $J$ so that $\mathcal{A}$ separates two points of $J$ as follows. Let $z_{1}$ be a point of $\phi[C]$ that belongs to $\left[\nu_{1}, \nu_{3}\right]$. Thus, by what has just been observed, $z_{1} \neq \nu_{1}$. Let $\sigma_{0}$ be the pre-image of $\phi$ on $\left[\nu_{1}, 0\right]$. Let $\sigma_{1}^{\prime}$ be the pre-image of $\phi$ on $\left[\nu_{1}, z_{1}\right]$. Let $\sigma_{3}^{\prime}$ be the pre-image of $\phi$ on $\left[0, z_{0}\right]$. Since $C$ is connected, it includes an arc from $\phi^{-1}\left(z_{1}\right)$ to $\phi^{-1}\left(z_{0}\right)$; label this arc $\sigma_{2}^{\prime}$. Let $w_{1}$ be the first point on $\sigma_{1}^{\prime}$ that belongs to $\sigma_{2}^{\prime}$. Let $w_{2}$ be the first point on $\sigma_{3}^{\prime}$ that belongs to $\sigma_{2}^{\prime}$. Let $\sigma_{1}$ be the subarc of $\sigma_{1}^{\prime}$ from $\phi^{-1}\left(\nu_{1}\right)$ to $w_{1}$, and let $\sigma_{3}$ be the subarc of $\sigma_{3}^{\prime}$ from $w_{2}$ to $\phi^{-1}(0)$. Let $\sigma_{2}$ be the subarc of $\sigma_{2}^{\prime}$ from $w_{1}$ to $w_{2}$. Let $J=\sigma_{0} \cup \sigma_{1} \cup \sigma_{2} \cup \sigma_{3}$. Thus, $J$ is a Jordan curve. By construction, $\mathcal{A}$ separates two points of $J$.

Let $D^{\prime}$ denote the interior of $J$. Let $\Omega=D^{\prime} \cap \mathcal{A}$. Let $E=\sigma_{1} \cap \mathcal{A}$, and let $F=\sigma_{3} \cap \mathcal{A}$. We claim that $(E, F)$ is a polar separation of the boundary of $\Omega$. For, let $p=\phi^{-1}\left(\nu_{1}\right)$, and let $q=w_{1}$ (where $w_{1}$ is as in the construction of $J$ ). Thus, $p$ is exterior to the outer circle of $\mathcal{A}$. Since $q \in C, q$ is interior to the inner circle of $\mathcal{A}$. Let $\gamma_{1}=\sigma_{1}$, and let $\gamma_{2}=\sigma_{2} \cup \sigma_{3} \cup \sigma_{0}$. Therefore, $\gamma_{1}, \gamma_{2}$ are the subarcs of the boundary of $D^{\prime}$ that join $p$ and $q$. So, by Theorem 5.2, $\left(\gamma_{1} \cap \mathcal{A}, \gamma_{2} \cap \mathcal{A}\right)$ is a polar separation of the boundary of $\Omega$. Since $\sigma_{0}$ is the pre-image of $\phi$ on $\left[\nu_{1}, 0\right], \sigma_{0}$ contains no point of $\overline{\mathcal{A}}$. Since $\sigma_{2} \subseteq C, \sigma_{2}$ contains no point of $\overline{\mathcal{A}}$. Thus, $E=\gamma_{1} \cap \mathcal{A}$, and $F=\gamma_{2} \cap \mathcal{A}$. Hence, $(E, F)$ is a polar separation of the boundary of $\Omega$.

By construction, $d_{\mathrm{inf}}(\phi[E], \phi[F])=m$. So, by Lemma 6.1, the area of $\phi[\Omega]$ is at least as large as

$$
m^{2} \lambda(\mathcal{A})^{-1}>\pi
$$

This is impossible since the unit disk includes $\phi[\Omega]$. Thus, $\left[\nu_{1}, \nu_{3}\right]$ contains no point of $\phi[C]$.

By similar reasoning, $\left[\nu_{4}, \nu_{2}\right]$ contains no point of $\phi[C]$. Thus, $\phi[C] \subseteq R$, and the theorem is proven.

Proof of Theorem 3.3. Suppose $r_{0}$ is a positive number that is smaller than (3.1). We begin by defining an annulus $\mathcal{A}$ as follows. Choose $l$ so that $0<l<\epsilon$ and so that

$$
r_{0}<\exp \left(\frac{8 \pi^{2}}{l^{2}-\epsilon^{2}}\right) \min \left\{\left|\zeta_{0}-\phi^{-1}(w)\right|:|w| \leq \sqrt{(1-l)^{2}+\frac{\epsilon^{2}-l^{2}}{4}}\right\}
$$

There is a positive number $r_{1}$ so that

$$
r_{1}<\min \left\{\left|\zeta_{0}-\phi^{-1}(w)\right|:|w| \leq \sqrt{(1-l)^{2}+\frac{1}{4}\left(\epsilon^{2}-l^{2}\right)}\right\}
$$

and so that

$$
r_{0}<\exp \left(\frac{8 \pi^{2}}{l^{2}-\epsilon^{2}}\right) r_{1}
$$

Since $l<\epsilon, r_{0}<r_{1}$. So, define $\mathcal{A}$ to be the annulus whose center is $\zeta_{0}$, whose outer radius is $r_{1}$, and whose inner radius is $r_{0}$.

We now show that the diameter of $\phi\left[C\left(D ; \zeta_{0}, r_{0}\right)\right]$ is smaller than $\epsilon$. First, note that $\pi \lambda(\mathcal{A})<\left(\epsilon^{2}-l^{2}\right) / 4$. Set $r=\sqrt{(l-1)^{2}+\pi \lambda(\mathcal{A})}$. Then, $\mathcal{A}, r$, and $l$ satisfy the hypotheses of Theorem 3.2. By Theorem 3.2, the diameter of $\phi\left[C\left(D ; \zeta_{0}, r_{0}\right)\right]$ is at most

$$
\sqrt{l^{2}+4 \pi \lambda(\mathcal{A})}
$$

We have

$$
\begin{aligned}
l^{2}+4 \pi \lambda(\mathcal{A}) & =l^{2}+\frac{8 \pi^{2}}{\log \left(r_{1} / r_{0}\right)} \\
& <l^{2}+\epsilon^{2}-l^{2}=\epsilon^{2}
\end{aligned}
$$

Thus, the diameter of $\phi\left[C\left(D ; \zeta_{0}, r_{0}\right)\right]$ is smaller than $\epsilon$.

## 7. Proof of the Carathéodory Theorem

We now conclude with the proof of Theorem 3.5. Set $r_{0}=2^{-k}+2^{-g(k)}$. By Theorem 3.4, $z_{0} \in C\left(D ; \zeta_{0}, r_{0}\right)$. By Theorem 3.3, $\left|\phi\left(z_{0}\right)-\phi\left(\zeta_{0}\right)\right|<\epsilon$. Thus, $\lim _{z \rightarrow \zeta_{0}} \phi(z)=\phi\left(\zeta_{0}\right)$.

We now show that this extension of $\phi$ is injective. It suffices to show that $\phi\left(\zeta_{0}\right) \neq \phi\left(\zeta_{1}\right)$ whenever $\zeta_{0}$ and $\zeta_{1}$ are distinct boundary points of $D$. By way of contradiction, suppose $\phi\left(\zeta_{0}\right)=\phi\left(\zeta_{1}\right)$. Let $p=\phi\left(\zeta_{0}\right)$.

We construct a Jordan curve $\sigma$ as follows. Let $\alpha$ be a crosscut of $D$ that joins $\zeta_{0}$ and $\zeta_{1}$. Thus, $\phi[\alpha]$ is a Jordan curve that contains no unimodular point other than $p$. Let $\sigma=\phi[\alpha]$.

We now construct an annulus $\mathcal{A}$ that separates two points of $\sigma$. Choose a positive number $R$ so that $R<\max \{|z-p|: z \in \sigma\}$. Choose another positive number $r$ so that $r<R$. Let $\mathcal{A}$ be the annulus whose center is $p$, whose inner radius is $r$, and whose outer radius is $R$. By the choice of $R$, there is a point $q \in \sigma$ that is exterior to the outer circle of $\mathcal{A}$. Let $\gamma_{1}$ and $\gamma_{2}$ be the subarcs of $\sigma$ that join $p$ and $q$. Let $E=\gamma_{1} \cap \mathcal{A}$, and let $F=\gamma_{2} \cap \mathcal{A}$. Finally, let $\Omega=\mathcal{A} \cap \mathbb{D}$ (where $\mathbb{D}$ is the unit disk). Then, by Theorem $5.2,(E, F)$ is a polar separation of the boundary of $\Omega$. Now, as $r \rightarrow 0^{+}, \lambda(\mathcal{A}) \rightarrow 0$. However, by the choice of $R, d_{\mathrm{inf}}(E, F)$ is bounded away from 0 as $r \rightarrow 0^{+}$. Thus, by Lemma 6.1, Area $\left(\phi^{-1}[\Omega]\right) \rightarrow \infty$ as $r \rightarrow 0^{+}$. Since $\phi^{-1}[\Omega] \subseteq D$, this is a contradiction. Thus, $\phi\left(\zeta_{0}\right) \neq \phi\left(\zeta_{1}\right)$.

Finally, we show that this extension of $\phi$ is surjective. Let $\zeta$ be a point on the unit circle. It follows from the Balzano-Weirstrauss Theorem that there is a boundary point of $D, \zeta_{1}$, so that $\zeta_{1} \in \overline{\left\{\phi^{-1}(r \zeta): 0<r<1\right\}}$. Thus, $\phi\left(\zeta_{1}\right)=\zeta$ by the continuity of $\phi$.

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[^0]:    1991 Mathematics Subject Classification. 30.
    Key words and phrases. Complex analysis, conformal mapping.

