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Highlights

- We describe the clinical outcome of a single antimicrobial transcervical infusion.
- Fetal heart rate and CTUP remained unchanged following antimicrobial infusion.
- All mares foaled 12 to 58 days after infusion with all foals surviving to weaning.

**Abstract:**

Transcervical intrauterine infusion of antibiotics may more effectively treat pathogens associated with fetal and neonatal disease in pregnant mares than standard systemic routes. The objective of this study was to assess the safety of transcervical antibiotic infusion by characterizing the gestational outcome in 9 healthy pregnant pony mares following a single transcervical infusion of 2.4 million IU of procaine penicillin and 200 mg of gentamicin in a 10mL volume during late gestation. Assessment of fetal-placental health was performed through serial measurement of the combined thickness of the uterus and placenta (CTUP) and fetal heart rate and mares and foals were closely monitored in the periparturient period. Fetal heart rate and CTUP remained unchanged after infusion, with no evidence of fluid accumulation or significant increase at the time-points 24, 48, and 72 hours. All mares foaled without complication 12 to 58 days after antibiotic infusion at a mean gestational age of  $322.7 \pm 12.7$  days. Two out of nine foals displayed signs of mild neonatal maladjustment syndrome that responded to minimal supportive care and all foals survived to weaning without further complications.

**Key Words:** Equine; Mare; Pregnant; Penicillin; Gentamicin; Antibiotics

## 1. Introduction

Transcervical, intrauterine antimicrobial therapy is widely accepted for the treatment of endometritis in the non-pregnant mare [1]. While transcervical antimicrobial administration has been proposed in pregnant mares, it is not commonly elected due to concerns of inflammation and pregnancy loss following cervical manipulation or additional iatrogenic inoculation of the chorioallantois and uterus [2-4]. However, a growing body of evidence suggests that this may be the most effective means of treating important causes of pregnancy loss, including equine ascending placentitis [5-12]. This disease has long been associated with inconsistent or poor outcomes for the pregnancy and neonatal health. Even in controlled research settings, up to 60% of experimentally infected mares treated with a combination of trimethoprim sulfamethoxazole, flunixin meglumine, and altrenogest experience stillbirth or abortion [5-8]. This may, in part, be a result of poor antimicrobial efficacy in the clinical environment of the infected uterus and placenta. Work at the University of Florida demonstrated that 64% of experimentally-infected and treated mares remained culture-positive for the inoculated *Streptococcus equi* subsp. *zooepidemicus* at parturition [7,8].

Persistence of bacteria at the level of the chorioallantois may serve as a continued nidus of infection, producing persistent upregulation in inflammatory mediators and resulting in preterm delivery or neonatal compromise. Inactivation of trimethoprim sulfamethoxazole and other antibiotics in purulent material has

been documented in a variety of studies and may explain bacterial persistence in the mare in the face of appropriate antibiotic treatment [9-11]. Our laboratory has confirmed these findings in purulent equine uterine fluid *in vitro* and demonstrated antimicrobial suppression of several other antibiotics using the same model [12,13]. In contrast, a combination of procaine penicillin and gentamicin at concentrations that could be achieved via intrauterine administration has been shown to completely eliminate bacterial growth for at least 48 hours in purulent equine uterine fluid *in vitro* [12]. Transcervical administration of these or similar antimicrobials may therefore complement systemic therapy and improve treatment outcomes for equine ascending placentitis by allowing direct antibiotic penetration and potentially increased antibiotic concentration in affected tissues. However, clinical concerns over cervical manipulation and proinflammatory effects of intrauterine treatment must be addressed before such an approach could be recommended. Therefore, the purpose of the current study was to assess the pregnancy outcome following a single transcervical infusion of procaine penicillin and gentamicin in healthy pregnant mares.

## 2. Materials and Methods

Nine healthy pregnant pony mares of unknown breed between 270 and 275 days of gestation were enrolled in this experimental study over two breeding seasons in 2018 and 2019. Mares were 7 to 15 years of age and were maintained on pasture with supplemental hay and pelleted ration on a university-owned farm in

central North Carolina. All procedures were carried out in accordance with North Carolina State University's Animal Care and Use Committee's guidelines for the humane treatment of research animals (IACUC # 18-077-O). Mares were determined to systemically healthy at the time of enrollment through a complete physical examination. Briefly, each mare was examined visually for normal eye-sight, soundness at a walk and normal skin and hair-coat. All mares had a temperature  $<102^{\circ}\text{F}$ , heartrate between 24 and 48 beats per minute and a respiratory rate between 16 and 24 breaths per minute.

Reproductive soundness and gestational health were determined through performance of transrectal and transabdominal ultrasonography for assessment of fetoplacental health. At the time of enrollment, all mares were pregnant with an active fetus of appropriate gestational size. The combined thickness of the uterus and placenta (CTUP) was measured as previously described ventro-lateral to the cervix and mean fetal heart rate was measured via transabdominal ultrasound using M-mode ultrasonography [5,7]. Three recordings were taken at the time of each examination and averaged. In addition, evidence of gas or fluid separation of the fetal membranes from the endometrium was noted at each examination.

## 2.1 Drug preparation and administration

A single transcervical infusion consisting of 2.4 million IU of procaine penicillin (Bactracillin G; Aspen Veterinary Resources, Ltd., Liberty, MO, USA) and 200 mg of gentamicin (GentaVed 100, VEDCO Inc., Saint Joseph, MO, USA) in a total of 10 mLs was performed between 280 and 295 days of gestation. Procaine

penicillin and gentamicin were drawn into a single 20 mL syringe immediately prior to infusion and mixed thoroughly by gently inverting the syringe several times. Mares were placed in stocks with tails tied laterally, and their perineum was washed thoroughly with water and an iodine-based soap. Using a sterile arm and clean technique, the infusion was drawn into an insemination pipette and passed through the vagina and the external cervical os under manual guidance. Antibiotic solution was deposited at the level of the internal cervical os in all mares. Placement of antibiotics at the endometrial-chorionic interface was confirmed via transrectal ultrasound examination with evidence of hyperechoic fluid internal to the cervical os.

## 2.2 Gestational monitoring

Mares were closely monitored following antibiotic administration. A complete physical examination and fetal health assessment via transabdominal and transrectal ultrasound as described above were performed daily for three to five days. Five mares (year one) received anti-inflammatory flunixin meglumine (1.1 mg/kg, PO, q12h) and synthetic progestin altrenogest (0.044 mg/kg, PO, q24h) for five days after antibiotic infusion, whereas four mares (year two) received no medical intervention. After the initial post-infusion period, all mares were assessed visually for vulvar discharge, changes in behavior and appetite and for signs of impending foaling twice daily. Mares that showed signs gestational compromise or imminent foaling - including signs of mammary development, vulvar discharge, lengthening of the perineum and vulva, and softening of the tail

head and gluteal musculature - were monitored continuously until foaling. At the time of foaling, all mares were allowed to foal normally unless assistance was deemed clinically necessary due to the presence of dystocia or premature separation of the fetal membranes. Each mare was additionally monitored continuously until documented complete passage of the fetal membranes after foaling. Fetal membranes were examined by laying them on a flat surface and subjectively evaluating the thickness of the amnion and chorioallantoic membrane at 3 sites. The allantoic surface was examined for discoloration and calcification that may indicate full-thickness lesions or trauma from gestational sampling. The chorionic surface was examined for regions with purulent or fibrinous exudative material, villous atrophy and edema. Any abnormal regions were noted and measured. The placenta was deemed intact if the tips of both horns were observed.

### 2.3 Gestational sampling

Plasma, cervical fluid, and allantoic fluid were collected from mares to quantify local drug concentrations and identify metabolomic profiles of equine fetal fluids. Data are reported elsewhere or under investigation [15]. We have included the timing and methodology of sample collection here due to the fact that both cervical manipulation and allantoic fluid sampling may represent risk factors for abortion [6,15]. Sample collection schedules were as follows: In five mares (year one), plasma, cervical fluid and allantoic fluid were collected upon enrollment into the study (270-275 days of gestation), immediately prior to antibiotic infusion



(280-290 days of gestation) and 5 days after infusion. In four mares (year two), cervical fluid was collected at 2 hours, 4 hours, 8 hours, 24 hours, 32 hours, 48 hours, and 72 hours after infusion and allantoic fluid was collected at 8 hours, 24 hours and 48 hours after infusion. In all mares, plasma was collected at the same time-points as other procedures.

Briefly, plasma was obtained by collecting whole blood via jugular venipuncture into sodium heparin tubes. Cervical fluid was collected with a sterile arm and clean technique widely used for routine uterine culture by manually passing a sterile cotton swab or umbilical tape through a double-guarded culturette into the external cervical os for a total of 30 seconds to allow for the collection of secretions. Fetal fluids were collected via transabdominal ultrasound-guided fetal fluid puncture with an 18-gauge, 20 cm echogenic tip needle as described previously [6,15].

## 2.4 Neonatal care

All live-born foals received a complete physical examination consisting of temperature, pulse, respiration, ocular exam, oral exam, palpation of ribs for evidence of fracture, palpation of joints for evidence of sepsis, palpation of umbilicus for evidence of herniation or omphalophlebitis and observation of normal activity and nursing behavior. Foals were initially deemed viable if they were able to breathe without mechanical assistance, right themselves after birth, and respond to stimuli. These foals were assessed for the presence of adequate transfer of immunoglobulins ( $>800\text{mg/dL}$ ) within 8 to 24 hours of birth (Snap

Equine Immunoglobulin test kit, Idexx Pharmaceutical Inc., Greensboro, NC, USA). Foals showing signs of systemic compromise and/or neonatal maladjustment syndrome with difficulty nursing were treated with squeeze-induced somnolence and administered supportive care consisting of either administration of thawed equine colostrum via orogastric intubation or 1 L of intravenous equine plasma, the systemic antimicrobials ceftiofur sodium (5 mg/kg q12h IM; Naxcel, Zoetis, Parsippany, NJ) and/or amikacin (25 mg/kg q24h IV; Amikacin Sulfate Injection, USP, Heritage Pharmaceuticals Inc, Eaton, NJ, USA) and intravenous lactated ringer fluid therapy (500 mLs q12h for 24 to 48 hours) [14]. All viable foals were monitored regularly and received daily physical examinations as described above for the first five to seven days of life.

## 2.5 Statistics

Measurements of CTUP and fetal heart rate were compared at the time-points baseline (T0), 24 hours, 48 hours, and 72 hours with a one-way ANOVA. Gestational age at foaling was compared via paired t-test with the most recent natural gestation of the same mare and between years (year one vs. year two). Analysis was performed using Statistix software with significance for all tests set at  $p < 0.05$  (Statistix 10.0, Analytical Software Inc., Tallahassee, FL). All data are presented as mean  $\pm$  standard deviation.

## 3. Results

Physical exam parameters remained within normal limits in all mares for the duration of the study until foaling. Immediately following infusion, evidence of hyperechoic material and/or air was noted at the level of the chorioallantoic and uterine interface and/or cervical lumen in all mares (Figure 1). CTUP remained within normal limits for gestational age at all time points (5.2mm; range 3.9-5.9), with no evidence of fluid accumulation between the endometrium and chorioallantois or significant increase ( $p>0.05$ ) at the time-points 24, 48, or 72 hours compared to baseline values (Figure 2) [5,7]. Fetal heart rate was within normal limits (mean 78, range 67-85) and remained unchanged at each time-point ( $p>0.05$ ) [5,7].

All mares ( $n=9$ ) foaled without complications and produced viable foals. Mares foaled between 12 to 58 days after antibiotic infusion (mean  $35.9 \pm 13.0$  days). The mean gestational age at foaling was  $322.7 \pm 12.7$  days. Mares foaling in year one foaled significantly earlier than in their most recent pregnancy ( $314.4 \pm 10.7$  vs.  $333.4 \pm 8.82$  days;  $n=5$ ;  $p=0.0097$ ) while no difference in gestation length was seen during year two compared to the most recent untreated pregnancy ( $333.0 \pm 9.41$  vs.  $330.0 \pm 8.48$  days;  $n=4$ ;  $p>0.05$ ) (Table 1).

All mares passed the fetal membranes within 2 hours of foaling and gross examination did not reveal any abnormalities. Seven of nine foals displayed normal expected neonatal behaviors after birth and through weaning. Two foals displayed signs of mild neonatal maladjustment syndrome with inconsistent and/or difficulty nursing ( $n=1$  year one;  $n=1$  year two). Each was treated acutely in accordance with established protocols in our laboratory as described above.

No foal required oxygen, continuous intravenous fluids or continuous monitoring. Following therapy, both foals were able to maintain hydration and to nurse independently within three days of birth and maintained a normal health status through weaning. Immunoglobulins were greater than 800 mg/dL in all other foals within 24 hours of birth.

#### 4. Discussion

Paired with data from our laboratory that demonstrate complete suppression of bacterial growth in purulent material in the presence of procaine penicillin and gentamicin *in vitro*, the results of the study described here suggested that a local, transcervical treatment approach may safely reduce or eliminate growth in late pregnant mares with ascending placentitis [12,13]. Additional treatment trials are needed to establish the clinical efficacy of a transcervical antibiotic infusion as primary or adjunctive therapy for infectious gestational conditions.

Mares in both study-years received a total of three allantocenteses for the sampling of fetal fluids prior to foaling, as well as repeated cervical stimulation for the purpose of antibiotic infusion and collecting intracervical samples. Previous studies have documented an increase in abortions related to allantocentesis and cervical manipulation has previously been shown to affect progesterone concentration during the peri-ovulatory period [4,6,16]. However, in our study, viable foals were produced from all mares that received the transcervical infusion despite necessary cervical dilation and manipulation involved in drug delivery and sampling protocols of the study. Further, infusion of a 10 mL volume of

antibiotic between the endometrium and fetal membranes was not associated with grossly detectable changes of the cervical star or chorionic villi at the time of foaling.

Two foals exhibited signs of neonatal maladjustment syndrome following delivery. Clinical signs in each remained mild following birth and resolved quickly with supportive care, including thoracic compression to induce squeeze induced somnolence in the field in addition to supportive care consisting of fluid therapy, colostrum and/or plasma administration, and broad-spectrum antimicrobials [17]. Neonatal maladjustment syndrome, which is also commonly referred to as neonatal encephalopathy or dummy foal syndrome has been reported to occur in 1 to 2% of all live births [18]. Pathogenesis has been suggested to be related to the presence of a combination of perinatal ischemia and hypoxia, reperfusion injury, electrolyte disturbances, and neurosteroid imbalances [19,20]. These mechanisms may occur during periods of maternal illness in the period prior to or during parturition, placental disease such as placentitis or premature separation of the fetal membranes, periods of hypoxia and/or ischemia during or immediately surrounding parturition or in cases where foaling was uneventful with no known maternal comorbidity present [20]. In the mares affected in this study, one mare foaled unobserved at 299 days of gestation while another foaled at 345 days of gestation. Samples of these animals were not collected for histologic or microbial diagnostics and a cause for neonatal maladjustment syndrome was not apparent in either case. Thus, either a treatment effect or an effect of allantoic and cervical sampling cannot be ruled out. However, these concerns

must be weighed against the well-established frequent treatment failure of traditionally applied therapeutic regimens in the face of clinical or experimental placentitis. Clinical and experimental treatment success for both ascending placentitis and nocardioform placentitis is poor, with up to 60% of animals aborting and a substantial percentage of foals born small and dysmature [5,6,21].

We have proposed that this treatment failure is, in part, a result of inactivation of the most commonly-used antibiotic (TMS) in the face of the environment of the inflamed chorioallantois and endometrium. This is supported by work from the University of Florida, which documented a high prevalence of *Streptococcus equi* subsp. *zooepidemicus* in infected, treated pony mares at the time of foaling irrespective of outcome, but failed to demonstrate those bacteria in normal foaling mares in the same premises [7,8]. A review of foaling data from similar trials in our laboratory conducted in 2011 and 2017 confirmed the presence of *Streptococcus equi* subsp. *zooepidemicus* on periparturient uterine cultures in 9/10 inoculated, treated mares after an average of 23 days of treatment and despite the fact that 4/10 of those mares delivered apparently healthy foals (Supplementary Table 1). Sensitivity testing of bacterial isolates failed to demonstrate any evidence of microbial resistance to the antibiotic used for treatment (trimethoprim sulfamethoxazole). Local treatment with procaine penicillin and gentamicin, already well-established to enhance pregnancy rates in mares at the time of breeding, may sufficiently suppress intrauterine bacterial growth to enhance fetal survival and development and improve neonatal well-being of foals [22-24].

#### 4.1. Conclusions

In summary, this preliminary study is the first to demonstrate that procaine penicillin and gentamicin can be administered as a transcervical infusion in late-pregnant mares without affecting neonatal viability. Additional work is needed to demonstrate treatment efficacy of such an approach in mares with placentitis.

Animal Welfare/Ethical Statement: All procedures were carried out in accordance with North Carolina State University's Institutional Animal Care and Use Committee's guidelines for the humane treatment of research animals (IACUC # 18-077-O).

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Conflict of interest statement: The authors declare no conflict of interest.

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## 7. Tables

| Mare   | Year of Study | Infusion Date | Foaling Date | Days to foaling post Infusion | Viable | Complication |
|--------|---------------|---------------|--------------|-------------------------------|--------|--------------|
| Mare 1 | Year one      | 287           | 299          | 12                            | Viable | Mild NMAS    |
| Mare 2 | Year one      | 296           | 329          | 33                            | Viable | None         |
| Mare 3 | Year one      | 285           | 312          | 27                            | Viable | None         |
| Mare 4 | Year one      | 285           | 316          | 31                            | Viable | None         |
| Mare 5 | Year two      | 280           | 316          | 36                            | Viable | None         |
| Mare 6 | Year two      | 287           | 322          | 35                            | Viable | None         |
| Mare 7 | Year two      | 287           | 333          | 46                            | Viable | None         |
| Mare 8 | Year two      | 287           | 332          | 45                            | Viable | None         |
| Mare 9 | Year two      | 287           | 345          | 58                            | Viable | Mild NMAS    |

Table 1: Gestational outcome following transcervical infusion of a procaine penicillin and gentamicin. Infusion date and foaling date depicted as days post ovulation. NMAS, Neonatal maladjustment syndrome.



Figure 1: Representative image of the appearance of the chorioallantoic-uterine interface immediately after infusion of 10mL of compounded procaine penicillin and gentamicin.

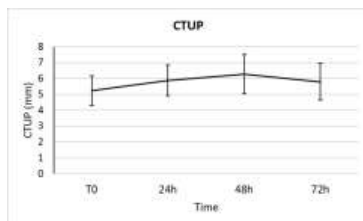


Figure 2: The combined thickness of the uterus and placenta (CTUP) were not significantly different at different time points before or after infusion of 10 mL of procaine penicillin and gentamicin. All values were within published values for healthy pregnant pony mares between 280 and 300 days of gestation.

| Year | Mare   | Gestational age | Outcome | Uterine Isolates at Foaling                           |
|------|--------|-----------------|---------|---|
| 2011 | MARE 1 | 326             | LIVE    | <i>Streptococcus equi</i> subsp. <i>zooepidemicus</i> |
|      | MARE 2 | 300             | ABORT   | <i>Streptococcus equi</i> subsp. <i>zooepidemicus</i> |
|      | MARE 3 | 302             | ABORT   | <i>Streptococcus equi</i> subsp. <i>zooepidemicus</i> |
|      | MARE 4 | 315             | LIVE    | No growth   |

|      |        |     |       |  |   |
|------|--------|-----|-------|--|---|
|      | MARE 5 | 303 | ABORT | <i>Streptococcus equi</i><br>subsp. <i>zooepidemicus</i> | <i>Pseudomonas</i><br><i>aeruginosa</i> |
| 2017 | MARE 1 | 291 | ABORT | <i>Streptococcus equi</i> subsp. <i>zooepidemicus</i>    |   |
|      | MARE 2 | 298 | ABORT | <i>Streptococcus equi</i><br>subsp. <i>zooepidemicus</i> | <i>Eschericia coli</i>                  |
|      | MARE 3 | 300 | LIVE  | <i>Streptococcus equi</i><br>subsp. <i>zooepidemicus</i> | <i>Eschericia coli</i>                  |
|      | MARE 4 | 305 | ABORT | <i>Streptococcus equi</i> subsp. <i>zooepidemicus</i>    |   |
|      | MARE 5 | 325 | LIVE  | <i>Streptococcus equi</i> subsp. <i>zooepidemicus</i>    |   |

Supplementary Table 1: Summary of gestational outcome in ten mares experimentally inoculated with *Streptococcus equi* subsp. *zooepidemicus* [5,6].