

Agriculture

Career fair brings jobs to students

By Whitney.Sager
@iowastatedaily.com

The Ag Career Day will take place today in the Lied Recreation Athletic Center from 9 a.m. to 3 p.m.

With more than 160 companies and organizations coming from all over the world, this year's event is sure to have something for everyone.

The list of companies and organizations include everything from KWS SAAT AG, a plant genetics company from Germany, to the Alaska Department of Fish and Game.

"The bottom line is it's just an interesting mix of companies and organizations that are coming this year, probably more so than I've seen in the past," said Mike Gaul, director of Agriculture Career Services.

AGRICULTURE.p3 >>

Business

Program expands in 2nd year

By Mindy.Dickerson
@iowastatedaily.com

The College of Business began its Ph.D. program in the fall of last year and has attracted a lot of attention from students with alternative degrees, and even many countries throughout the world.

"We are extremely delighted with the progress we have made," said Sridhar Ramaswami, director of the doctorate program and professor of marketing. "We've spent no money on advertising. On Google, when we started, we had hits from six countries, now we have hits from 86 countries."

Initially, the program started out small with seven students, but in the second year, it grew to 15. Of the stu-

DEGREE.p3 >>

Language

Classes aid in English knowledge

By Thane. Himes
@iowastatedaily.com

This year Iowa State's international student population rose to 12 percent of the student population.

Students of Iowa State come from all over the world. Studying abroad appeals to many, but language can cause problems for those interested in leaving their native country.

International students who come here don't always have the proficiency with the English language to be able to attend regular classes. Fortunately, there are options for those students with little to no knowledge of English.

"We want to set students up for success," said Barbara Schwarte, director of the Intensive English and Orientation Program. "Language

STUDENTS.p3 >>

Floods 2010

Disaster effects linger

Total damages have yet to be estimated

By Sarah.Haas
@iowastatedaily.com

Although the annual rainfall amounts have not been significantly higher in recent years, the number of large rainfall events has increased. The 14 inches of rain that fell over the course of four days in August led to one of the most costly natural disasters experienced by Ames and Iowa State.

The damage resulting from the flood of 2010 was so immense that the city of Ames does not yet have a complete cost estimate.

Iowa State officials said the university suffered from \$40 million to

FLOODING.p12 >>

Reservoir may have prevented flooding

By Tyler.Kingcade
@iowastatedaily.com

It's time for action: Either build the reservoir or take down the sign. That's what the Des Moines Register said in an August 1986 editorial, "Overlooked for 18 years."

The editorial said the sign, north of Ames on Interstate 35, which said "Scenic Overlook," was "one of the most enduring Iowa jokes."

The sign was put up in anticipation of a reservoir, left on the drawing board of the Army Corps of Engineers for decades. It was a part of a plan former U.S. Rep. Neal Smith pushed beginning in the 1960s and kept fighting for until he left Congress in 1994.

SMITH.p12 >>



Hilton Coliseum is surrounded by floodwaters on Aug. 10. ISU officials said the university suffered from \$40 million to \$50 million in damages. File photo: Logan Gaedke/Iowa State Daily

Organizations

Club offers conversation, relaxation



Ben Meyer, senior in liberal studies and president of the ISU Hookah Club, blows smoke. The Hookah Club meets every Wednesday at 8 p.m. at the Chicha Shack on Lincoln Way. Courtesy photo: Tessa Callender

By Tessa.Callender
@iowastatedaily.com

At 8 o'clock every Wednesday night, they gather at the Chicha Shack on Lincoln Way.

They may blend in with their fellow hookah smokers, but they boast an ISU affiliation.

The ISU Hookah Club gathers each Wednesday to meet, converse and smoke some flavored shisha.

"It's a great place to meet new people or hang out with the friends you already have and relax mid-week," said Rebecca Davis, senior in animal science and vice president of the club. "It's also a great stress reliever; both smoking and the social time. Plus, you get to learn about a tradition that is thousands of years old."

The group began in 2007, as a result of a group of friends who shared a passion for hookahing and wanted to meet other enthusiasts.

"We wanted a recreational organization that did not require any pre-existing skills, that would also function as a casual social conduit for meeting new people who shared our interests beyond those in academia," said Lucas Hunziker, one of the founders of the ISU Hookah Club, who graduated this August in aerospace engineering.

The ISU Hookah Club smokes, on average, two to five hookahs each meeting. There are nearly 30 flavors of shisha to choose from at the Chicha

Shack including some fruity and obscure flavors.

Older, more experienced members will teach the newcomers how to blow smoke rings or various other smoke tricks such as the French inhale or the dragon.

They also educate members in the culture and history of smoking hookah. The main focus of the club is relaxation and stress relief from school and everyday life.

Mo Ali, owner of the Chicha Shack, said the group has been his customer for four years. He likes the idea of the club because it's not just about smoking, there's a social aspect in place that allows members to meet and talk about school and social lives.

"I give them discounts because they are loyal customers and very organized," Ali said.

In the future he plans to allow them to use the VIP room for their meetings.

One of the club's main goals for the year is to focus on getting club membership up and getting their name out there, said the president of the ISU Hookah Club, Ben Meyer, senior in liberal studies.

To accomplish this goal, members have been hanging flyers around campus, participated in Club Fest, and hope to get T-shirts displaying the club's name, have a bake sale and a

HOOKAH.p3 >>



Visit > www.isusalc.org/homecoming2010 <
for Food on Campus menu

HOMECOMING
BUTTONS
FOR SALE!

\$5

1st Floor, MU
10:00 AM – 3:00 PM
M, 10/18 – F, 10/22
M, 10/25 – T, 10/26



Buy > Homecoming T-Shirts <



Weather | Provided by ISU Meteorology Club

Tue

37|64

Plentiful sunshine with light winds out of the northwest around 5 mph.

Wed

38|69

More sunshine with winds out of the northwest between 10 and 20 mph.

Thu

36|62

Slight cool down with more sunshine and winds out of the northwest.

Trivia:

Thunderstorms dumped 25 inches of rain in just three and a half hours near Corpus Cristi, TX.

Calendar

TUESDAY

Career fair: College of Agriculture and Life Sciences
When: 9 a.m. to 3 p.m.
What: Approximately 160 employers will be at the annual CALS job fair.
Where: Lied Recreation Athletic Center

TUESDAY

Breast cancer fundraiser
When: 6 to 10 p.m.
What: Colleges Against Cancer of Iowa State is holding "Bowling for Boobs" to raise money to help find a cure for breast cancer. Bowling \$3, T-shirts are \$10; get both for \$12.
Where: Underground, Memorial Union

TUESDAY

SUB Live Music

When: 8 p.m.

What: Tyler Hilton and Josiah Leming

Where: Maintenance Shop, Memorial Union

WEDNESDAY

Swing Dance with Sarah Carney
When: 6:30 to 7:30 p.m.
What: This class will lead you through basic swing dancing so that you'll feel comfortable on the social dance floor and dancing to a variety of swing music.
Where: Workspace, Memorial Union

WEDNESDAY

Film and panel discussion: "Crossing Arizona"
When: 7 p.m.
What: "Crossing Arizona" is an in-depth look at the divisiveness that occurs when immigration and border policy fails everyone. A discussion led by ISU faculty and graduate students will follow the 75-minute film.
Where: Great Hall, Memorial Union

WEDNESDAY

Grandma Mojo's Student Comedy Troupe

When: 10 p.m.

What: Come see Iowa State's very own student improv comedy troupe.

Where: Maintenance Shop, Memorial Union

No one does
"I do"
like "we do!"

AMES SILVERSMITHING

DESIGNERS & GOLDSMITHS

220 Main • 232-0080
www.amessilversmithing.com

Daily Snapshot

TRAIL 'EM: Bowling to win

Lindsay Hoehns, sophomore in pre-business, sends a bowling ball down the lane Monday night at the Underground. Hoehns and her team, Trail 'Em, were participating in the intramural bowling competition. Photo: Whitney Sager/Iowa State Daily

@iowastatedaily

Street Tweets

@GaryJBusey

Not Gary Busey
Calling Snooki bulimic just isn't very nice. She only throws up just to taste her meal twice.
#FreestyleFriday

@jayleno

Jay Leno
Bill O'Reilly did something on "The View" that made Whoopi and Joy walk off the set. He showed up. #LenoMono

@lindsaylohan

Lindsay Lohan
Regrettably, I did in fact fail my most recent drug test and if I am asked, I am prepared to appear before judge Fox next week as a result.

@StephenAtHome

Stephen Colbert
I refuse to link to images of Brett Favre's texts to that reporter, but here's an approximation: olo

So sad to see all those Chilean miners coming out in their sunglasses. Already, they've totally gone Hollywood.

@georgelopez

George Lopez
Thankfully all CHILEAN miners will be rescued .. Or as they call it in ARIZONA " bobbing for latino's"

@VINNYGUADAGNINO

Vinny Guadagnino
i hate when theres a facebook pic of 2 girls...1 hot 1 not so attractive, and you dont know which 1 the page belongs too

Police Blotter:

Ames, ISU Police Departments

The information in the log comes from the ISU and City of Ames police departments' records. All those accused of violating the law are innocent until proven guilty in a court of law.

Oct. 13

Trevor Davis, 18, 1018 Lincoln Way unit 1, was arrested and charged with trespassing. (reported at 12:43 a.m.)

Joshua Cliffe, 28, of Ellsworth, was arrested and charged with operating while intoxicated. (reported at 2:09 a.m.)

Patsy Ortega, 27, 911 Clark Ave., was arrested and charged with contempt of court. (reported at 6:30 a.m.)

Lisa Mauricio, 22, 919 Garfield Ave., was arrested and charged with driving under suspension. (reported at 7:05 a.m.)

Benjamin Duckett, 51, 619 Fifth Street, was arrested and charged with drug paraphernalia and gatherings where cont subst unlaw used. (reported at 8 a.m.)

Myra Krieger-Coen, 10324 Wallace Hall, reported the theft of football tickets. (reported at 12:15 p.m.)

Oct. 14

An officer on patrol observed damage to a building sign. (reported at 3:47 a.m.)

Albert Barwu, 24, of Fargo, N.D., was arrested and charged with contempt of court and possession of stolen property. (reported at 7:30 a.m.)

Dale Jones, 37, 121 Kinsbury Drive, was arrested and charged with sex offender-reg. violation second or sub offense. (reported at 12 p.m.)

Ashley Connett, 2454 Martin Hall, reported the theft of a bike. (reported at 3:09 p.m.)

A residence staff member reported a person was selling items in violation of housing policies. (reported at 5:02 p.m.)

Nicole Teitsworth, 27, 1401 Carroll Ave., was arrested and charged with operating while intoxicated. (reported at 7 p.m.)

Jorge Garcia-Cruz, 36, 2002 S. Franklin Ave., was arrested and charged with possession of a false ID. (reported at 8:55 p.m.)

A community service officer reported graffiti on a building. (reported at 9:45 p.m.)

Art classes

Create, Construct, Invent, Discover!

OCTOBER

19 Pastels
Cigar Box Guitars

20 Swing Dance
Oil Painting

21 Charcoal Drawing
Embroidery

24 Argentine Tango

27 Spoon Jewelry

We accept Cy Cash!
515.294.0970
www.workspace.mu.iastate.edu

The Union

workspace

clayfiberphotowoodglass &jewelrystudios

IOWA STATE UNIVERSITY
MEMORIAL UNION

Celebrity News
Notes and events.

Angelina Jolie going 3-D in 'Cleopatra'?
Think you can handle Angelina Jolie in 3-D? Better brace yourself, because her upcoming "Cleopatra" film may be getting the multidimensional treatment. Deadline.com reports that "Avatar" filmmaker James Cameron hopes to direct Jolie in the still-in-development biopic and wants to turn the movie into a big-budget, 3-D extravaganza. For her part, Jolie, 35, has reportedly had a lifelong fascination with Cleopatra. The "Cleopatra" movie, which focuses on what the Romans took from Egypt, is based on Stacy Schiff's novel "Cleopatra: A Life." Like Sony's Pascal, Schiff has said Jolie would make the ideal Cleo.

Kim Kardashian: Too old to pose nude again
Take a good long look at those nude pictures of Kim Kardashian in the November issue of W because it could be the last time she appears in the nude altogether. I don't know [if I'll pose nude again]," the "Keeping Up With the Kardashians" star, who sports only a coat of silver paint for W's Art Issue, told Us Weekly. "I'm too old for that now ... I wanted to get it all out of my system before I turned 30." But this isn't the first time that Kardashian — who marks her milestone birthday on Oct. 21 — has threatened to stop flashing her flesh. In September, she told Allure magazine that she regretted peeling off for Playboy in 2007 because she wasn't "in the best shape of my life."

Alicia Keys, Swizz Beatz use Twitter to sing praises of parenthood
Alicia Keys is singing the praises of being a first-time mom. The 12-time Grammy winner delivered Egypt Daoud Dean, her son with husband Swizz Beatz, on Oct. 14 in New York City, and recently took to Twitter to gush about her latest project. "There is no word to properly describe LOVE, to describe BLISS, to express a FEELING like this!!!" the 29-year-old Keys tweeted to her followers on Sunday. "Thank U 4 your love, support & prayers!"

Neil Patrick Harris welcomes twins
Neil Patrick Harris has just taken on his most challenging role to date: fatherhood. The "How I Met Your Mother" star has announced that he and partner David Burtka, 35, welcomed twins into their family, and there have been quite a few teary eyes around their home ever since. "Babies!! On 10/12, Gideon Scott and Harper Grace entered the Burtka-Harris fold," the actor tweeted on Friday. "All of us are happy, healthy, tired, and a little pukey." And perhaps a little frazzled. Two days later, Harris, 37, revealed that he was still adjusting to the babies' bawling.

A-list stars in talks to join Muppets movie
The Muppets are heading back to the big screen, along with some pretty A-list co-stars. According to the Hollywood Reporter, Amy Adams, Chris Cooper and Rashida Jones are in talks to team up with Kermit, Miss Piggy and Fozzie the Bear for a new Muppet movie. "How I Met Your Mother" star Jason Segel, who is co-writer and co-producer of the project, has already been cast as the film's leading man, who is on a quest to find and reunite the Muppets so they can help save a movie studio. Adams is set to play Segel's girlfriend, Jones will portray an ABC network executive, and Cooper is the greedy villain who dislikes the Muppets and wants to tear down the studio and dig for oil underneath it.

CNN wire service

RebarcakChiropractic

BACK CARE CENTER

Dr. Rod Rebarcak
Dr. Ben Winecoff
Dr. Matt Cross

10 Years

•Back•Neck
•Headaches
•Extremities
•Acupuncture

Monday through Saturday

FREE STUFF FOR FANS

E. of Culvers 233-2263 backcareiowa.com

IOWA STATE DAILY

© Copyright 2010 • Iowa State Daily Publication Board

Iowa State Daily Office	Retail Advertising	Classified Advertising
294-4120	294-2403	294-4123

General information:
The Iowa State Daily is an independent student newspaper established in 1890 and written and edited entirely by students.

Publication Board:
Jennifer Flammang
chairperson
Engineering

Laura Coombs
vice chairperson
Business

Kristen Merchant
secretary
L.A.S.

Lami Khandkar
Engineering

Emily Kienzie
L.A.S.

Leslie Millard
L.A.S.

Nikolas Shell
Business

Prof. Russell Lacznik
College of Business

Prof. Barbara Mack
Greenlee School of Journalism and Mass Communication

Sarah Barthole
The Members Group

Publication:
ISU students subscribe to the Iowa State Daily through activity fees paid to the Government of the Student Body.

Paid subscriptions are 40 cents per copy or

\$40, annually, for mailed subscriptions to ISU students, faculty and staff; subscriptions are \$62, annually, for the general public.

The Iowa State Daily is published Monday through Friday during the nine-month academic year, except for university holidays, scheduled breaks and the finals week.

Summer sessions:
The Iowa State Daily is

published as a semiweekly on Tuesdays and Thursdays, except during finals week.

Opinions expressed in editorials belong to the Iowa State Daily Editorial Board.

The Daily is published by the Iowa State Daily Publication Board, Room 108 Hamilton Hall, Ames, Iowa, 50011.

The Publication Board meets at 5 p.m. on the fourth Wednesday of the month during the academic school year in Hamilton

Hall.

Postmaster:
(USPS 796-870)

Send address changes to:
Iowa State Daily
Room 108 Hamilton Hall
Ames, Iowa 50011

PERIODICALS POSTAGE

Biodiesel

BioBus receives grants, plans for production

By Ben.Theobald
[@iowastatedaily.com](mailto:ben.theobald@iowastatedaily.com)

ISU BioBus hopes to be able to start production this semester after receiving two grants from the College of Business and from the Pappajohn Center for Entrepreneurship.

The organization also got a space from the chemistry department and will begin work in a laboratory in Gilman Hall.

The organization is an interdisciplinary student initiative that wants to recycle grease from ISU Dining into diesel fuel for the CyRide buses.

“We started thinking about this project almost two years ago,” said David Correll, graduate student in business administration and president of ISU BioBus. “We’ve been working on it slowly ever since.”

Correll said that the next steps are to spend the money to buy the equipment needed and to start production.

“That’s just really on the technical level,” Correll said. “Another big part of our mission is educational outreach about renewable fuels and alternative energy.”

There are two main goals for the

project: to recycle the waste grease on campus, make biodiesel and help close the energy loop here on campus; and to have educational experiences for people in renewable fuels and share information on alternative fuels with the community, Correll said.

“We would like to start production this semester; in all honesty, we’re a little behind,” Correll said. “We wanted to start production this summer, but everything took us longer than we thought. We were pretty ambitious on our timetable.”

“I am waiting to be contacted by students that they are ready to use our oil,” said Nancy Levandowski, director of ISU Dining.

The organization is hoping to make its formal presentation to the university about the systems it’s going to build in November. Then members plan to order the equipment and to receive it in late November or early December.

Once production is started, it looks like the organization will be working with 40 gallons of oil waste per week, perhaps a little less when it starts, Correll said.

“CyRide and ISU Dining have

been very helpful,” Correll said.

Iowa State will be one of two universities in the nation that recycles its grease waste into biodiesel fuel to power its campus buses. The other is the University of Colorado at Boulder.

“We would be sort-of leaders,” Correll said. “But since we’re leaders, there’s not a lot of data out there we’ve seen, but hopefully we’ll have that data in the launch party in December.”

ISU BioBus is divided into three divisions: marketing and outreach, business and administrative and engineering and technical.

“In each team there’s a student leader who has some sort of experience or knowledge on the issues,” Correll said.

Bernardo del Campo, graduate student in agricultural and biosystems engineering, is a founding member and currently the vice president of the BioBus organization. Del Campo is head of the engineering and technical division.

“There is a lot of work coming very soon, as we are in the process of buying and consequently installing the process unit,” del Campo said. “[We’ll] make it run and meet the

standard quality of biodiesel.”

In addition to leading, there is a considerable amount of paperwork, safety and regulations needed to produce biodiesel, del Campo said.

“I think that applying concepts that you have seen is extremely important,” del Campo said. “I certainly enjoy constructing and assembling things, working with students, teaming up and supporting this kind of activities that hopefully will engage more students into these kinds of green projects.”

Lauren Johnsen, freshman in English, joined ISU BioBus at the beginning of the semester. Johnsen, a member of the outreach committee for the organization, is trying to get the word out to students as well as recruit new members.

The outreach committee is planning on hosting various events throughout the year to educate students on the issue. The biggest thing the communications team is doing is informing the public of our presence and our initiative, Johnsen said.

“I feel like I am part of something important,” Johnsen said. “Even though we are just creating biodiesel

for one campus, I still feel like we are making an impact and are proving that a small group of people can truly make a difference.”

“The BioBus organization has taken the initiative to develop the relationships that are necessary to make this project succeed,” said faculty adviser Thomas Brumm, associate professor of agriculture and biosystems engineering. “They have arranged meetings with ISU Dining and CyRide, as well as secured a facility to make the biodiesel.”

“They deserve all the credit for what they accomplish,” Brumm said. “I make sure that they’re on track and provide resources when needed.”

The BioBus organization has contacted and been working with CyRide in order to test its biodiesel fuel on the CyRide buses.

“We gave them one of our older buses to run the biodiesel,” said Assistant Transit Director Rich Leners. “The bus will run on 20 percent biodiesel — the other 80 percent would be diesel.”

The BioBus organization is hoping to have its first launch party in December.

>>AGRICULTURE.p1

Despite the current state of the economy, Gaul said the agriculture industry is doing well in terms of the number of jobs available.

“This is a great time to be a student in our college,” Gaul said.

One factor of the industry’s success is the aging of workers employed by agriculture companies. Many companies are realizing that they need to hire younger workers before the older workers leave and take all the know-how about their job with them.

Rodd Whitney, university relation and training specialist with Monsanto, said the

company is looking to fill more than 300 positions nationwide, with a large percentage of those positions going to ISU students.

Whitney said Monsanto is looking for students who have a strong work ethic, communication skills, honesty and a great attitude.

Gaul encourages all students to attend the career day, even freshmen.

Before going to the career fair, students should research and familiarize themselves with the companies they are interested in. Gaul said there is a list of companies on the Ag Career Day’s website.

Also, being able to confidently walk up to representa-

tives from companies and organizations is essential.

“You only get one chance to make a positive first impression,” Gaul said.

In order to make a positive first impression, students should dress professionally and prepare a 60-second informal about themselves.

“You’ve got to be able to walk up there, exude some confidence and sell yourself,” Gaul said. “What do you have that they want and what are you interested in?”

Students should be sure to get a business card from each company they talk to.

“The key is not what you know, it’s who knows you,” Whitney said.

>>HOOKAH.p1

Halloween costume contest.

“Long-term goals tentatively include trying to create an event that would be hosted by Hookah Club that would include smoking hookah and allowing ISU members and community members to come and learn about

hookah and participate,” Meyer said.

The ISU Hookah Club is open to everyone over 18, but younger students are allowed to come observe and learn the culture and history of hookah.

If interested in joining, you can show up on Wednesday. Dues are \$5 a meeting to smoke and a one-time \$10 membership fee.

>>DEGREE.p1

dents, seven are majoring in marketing, four are majoring in supply chain management and four are majoring in management information systems.

Without much advertising, students continue to learn about the program. David Correll, graduate student in business administration-SCM, was working on his master’s degree at Iowa State, double majoring in sustainable agriculture and biorenewable resources and technology, when he took a business modeling class, which sparked his interest in the program.

“I really liked the subject matter and [Rob Ruben, associate professor of supply chain and information systems], so I spoke with him about my interests,” Correll said. “He told me about the new Ph.D. program, and it sounded like what I was looking for, so I applied.”

Fellow second-year Andy Luse, graduate student in business administration-MIS, discovered the program in a similar way.

“I did my undergrad in computer science, and I did a master’s in computer engineering and information assurance,” Luse said.

Although Luse didn’t pursue an undergraduate or master’s degree in business, he did take an interest in it.

“The business side takes it a step further. I knew some faculty [from the College of Business], and I heard about the program from a couple of those professors,” Luse said.

The doctorate program consists of long hours, vast amounts of reading, writing and research; however, Correll may have a bit more to do than others, with his correspondence with

ConocoPhillips.

“ConocoPhillips gave \$22.5 million to the Biorenewable Resource Center, money allocated to research,” Correll said.

Representatives of ConocoPhillips, the third-largest integrated energy company in the U.S., made a visit to campus in 2007, which gave Correll time to present a research idea that focuses on finding the best mixture of plants to create alternative fuels. Currently, Correll is working on two projects related to this topic.

The students’ main focus is to obtain their doctorate degrees and to continue to remain in academia as teachers.

The faculty involved with the program are greatly involved in helping the students reach success.

“It’s very different transitioning to a collegial relationship with professors,” said Andrew Harrison, graduate student in business administration-MIS. “The professors are all very focused on making you into a good researcher. They’re incredibly interested in you as well.”

The students are expected to take four years to complete the program. In their third year, they are able to begin teaching courses.

“In the first few years, they have to complete preliminary exams,” Ramaswami said. “In their third, courses are taught by Ph.D. students, and they work with mentors. After four years, we want students with research potential who will be great teachers.”

Those who do not have an undergraduate degree or master’s in business are welcome to apply for the program, though they must complete an additional 18 credits of core business classes to be fully admitted.

>>STUDENTS.p1

shouldn’t be a barrier.”

IEOP currently helps more than 200 students learn English so they can get into regular classes quickly.

“Depending on the English proficiency of each individual student, the process of getting students through the program takes about two semesters, on average,” Schwarte said. “Some students come in with enough knowledge that they don’t need that much time, others need longer. Our classes are small enough that each student can get the personalized attention they need to be successful.”

IEOP teaches a variety of classes to help students learn English including grammar, writing and reading, speaking and pronunciation. There are six levels of every class, so the individual student’s classes are as catered to them as possible.

“Starting next semester, we’re going to be doing an experiment and offer an American government class specifically catered to IEOP students,” Schwarte said. “Part of knowing the language is knowing how the country works. Hopefully this will help give international students a more catered understanding of our government.”

It’s not always as simple

as attending some classes for international students to learn such a complex language. Fortunately, there’s the Conversation Club.

There are two conversation clubs — one through the IEOP and the other through International Student Scholars.

“Every Wednesday at 3 [p.m.], our Conversation Club goes out to places all over Ames, both on and off campus,” Schwarte said. “They go to coffee shops, the City Hall and all sorts of other public places around Ames. It really helps the students learn out-

side the classroom as well as get to know our culture in a more casual environment.”

IEOP is also trying to make arrangements with the Chinese government to work with universities like Iowa State to create more opportunities for international students.

“Most of our international students are from China, and if this comes to fruition, everyone will benefit by the collaboration of both sides,” Schwarte said. “It’s a global world. If there are things we can be doing to help bridge the gaps, more power to us.”

VALID EVERYDAY - 9 PM-CLOSE 7 DAYS A WEEK



LATE NIGHT SPECIAL with..

12" 1-Topping Classic Pizzas
(16 Slices of Pizza)

\$5.98

EACH
When buying 2 or more plus tax

* No coupon necessary
* Valid Everyday after 9pm
* Not valid w/ other offers

FREE, Fast and Hot Delivery!
Call: 292-6600

FREE Delivery!

Save over \$11.00 on 2 Pizzas!

VALID EVERYDAY - 9 PM-CLOSE 7 DAYS A WEEK

Be a part of the most progressive cooperative anywhere.

Visit us at Ag Career Day
October 19th!

NEW COOPERATIVE INC.

Opportunities

21 operating locations in Iowa

Over 57.7 million bu. grain capacity

750,000 tons of feed manufactured annually

Cutting edge precision technology programs

1 million acres serviced by Agronomy Department

Premier dealer of today's leading seed companies and ag chemical distributors

Internships & Full-time

Agronomy Sales

Management

Feed Operations

Communication

Agronomy Service Tech

www.newcoop.com



FEEL ‘EM FEEL ‘EM FEEL

Breasts. Boobs. The Girls. Whatever you call them — just remember to feel ‘em every month.

October is Breast Cancer Awareness Month. Get a badge on Facebook or Twitter to remind your friends to feel theirs, too.

Visit www.ppheartland.org/college for breast self-exam information, and learn the right way to feel ‘em.

SAFE IS SEXY



Planned Parenthood® of the Heartland
WE'RE HERE.

Stay “safe and sexy” this year.

www.facebook.com/ppheartland

www.twitter.com/ppheartland

“safe2” to 72466 for weekly Text Appeal trivia

Don't Let Back or Neck Pain Get You Down

Our experienced staff can help with:

- Headaches
- Neck pain
- Tight muscles
- Lower back pain
- Numbness in hands or feet



"Your Local Family Chiropractor"

NEW PATIENTS WELCOME!

Call Us Today For an Appointment
233-1709



809 Wheeler St. Suite 2 • Northern Lights Center

Thicke's vision has potential to ease transition

While young voters often find unfamiliar candidates listed on their election ballot, in Iowa they may find an unfamiliar position — the secretary of agriculture. In the state of Iowa, the secretary of agriculture is an elected position; and this year's incumbent, Republican Bill Northey, will face Francis Thicke.

Iowans looking for a new direction in agriculture should look at Thicke's campaign. Thicke's vision of Iowa agriculture is predicated on rising costs of fossil fuels in the coming years. Looking outside this October, it is easy to imagine the amount of fuel needed to power the combines and trucks necessary for harvest, not to mention the transportation needs of getting grains to markets.

Thicke explained that farmers currently sell corn crops off for the production of ethanol and buy back diesel fuel made from these same crops — they buy high and sell low. His proposal for wind-powered ammonia generation on the family-farm level is one innovative component to reduce dependency on fossil fuels and to produce wealth at a local level.

A focus on high value and value-added agriculture may be a welcome change to those interested in organic farming and local produce. Thicke himself is a dairy farmer who uses grazing fields — not confinement and corn — to raise his cattle. He is enthusiastic in talking about his own operation and in the ways farmers can bring agriculture in line with ecology. As he explains it, agriculture must move from the Industrial Age to the Information Age. We need to farm smarter, not bigger.

Producing food for local consumption would be part of this move to more localized, sustainable agriculture. He cites that despite the incredible amount of food produced in the state, we import the vast majority of our food into Iowa. The support of more programs similar to Farm to ISU would encourage farmers to grow ready-for-market foods and keep more wealth in the state.

Finally, Thicke proposes greater regulation of animal confinement farming of the sort that recently led to the recall of a half billion Iowa eggs and a break up of the monopolies that result in a majority of beef and pork production to be controlled by a handful of companies. We acknowledge that "stand up to Monsanto" makes a much better rally chant than managerial style, but the message is refreshing to those distrustful of the agri-business lobby.

None of the editorial members in attendance can profess to be an expert on agriculture or the economics surrounding it. Many aspects of Thicke's campaign are easy to get excited about. Bringing agriculture into the "green economy" with local energy production, an ecological sensibility, and a greater focus on higher value crops strikes a chord with those of us who will pay the extra dollar for our produce at Wheatfield.

Agriculture is of concern to all of us, in that we will end up eating what is produced. On the other hand, the majority of Iowa farmers who engage in the exclusive production of corn and soybeans and rely on high yields and big equipment may find the economics to be lacking.

If Francis Thicke is correct and fuel prices rise dramatically in the coming years, his proposal may ease the transition and bring Iowa agriculture into a new era. Regardless, take the time to review both candidates and make up your mind. The future of agriculture matters to us, not only as residents of an agricultural state, but as people who need to eat.

Editor in Chief
Jessie Opoien
294-5688
editor@iowastatedaily.com

Opinion Editor
Jason Arment
and Edward Leonard
294-2533
letters@iowastatedaily.com

Editorial Board members:
Jessie Opoien, Zach Thompson, RJ Green, Jason Arment, Edward Leonard, Ian Ringgenberg and Alex Furligh

Feedback policy:
The Daily encourages discussion, but does not guarantee its publication. We reserve the right to edit or reject any letter or online feedback. Send your letters to: letters@iowastatedaily.com. Letters 300 words or less are more likely to be accepted and must include names, phone numbers, major and/or group affiliation and year in school of the author or authors. Phone numbers and addresses will not be published. Online Feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.

Multiculturalism



Differences can be inconvenient, but they are a fact of life. Courtesy photo: Wikispaces

Deal with differences

By Jason.Arment@iowastatedaily.com



Multicultural experiment has yet to truly begin

Is multiculturalism a failed experiment? It's a question I've been pondering for some time now; sometimes I pick it up off of the floor of my head to examine it for a while before I drop it to rattle around the corners of my head. I recently came to an impasse.

I realized that the "experiment of multiculturalism" has yet to begin. It is not enough to just let other races reside in the same sphere of existence that is America, and that's exactly what is going on right now. We have grudgingly allowed those other than white Anglo-Saxon people to come to our nation, and they have brought culture with them. America's silent majority have either accepted these cultures with varying degrees of awkward approval or just turned their nose up to them with disdain.

This is not the experiment, though. The experiment of multiculturalism isn't, "They can come here and adapt to us, to our way of life, and figure it out somehow." The experiment will involve the paradigm that is currently established of white culture dominance changing dramatically.

Yesterday, German Chancellor Angela Merkel said some things that I found to be a little disheartening. As was reported by the BBC, the German cultural update went something like:

Merkel told a gathering of younger members of her conservative Christian Democratic Union party on Saturday that at "the beginning of the '60s, our country called the foreign workers to come to Germany and now they live in our country."

She added: "We kidded ourselves a while, we said: 'They won't stay, sometime they will be gone', but this isn't reality.

"And of course, the approach [to build] a multicultural [society] and to live side-by-side and

to enjoy each other ... has failed, utterly failed."

After reading this I thought for sure that this had to be some kind of peripheral, iconic person in German; maybe some kind of senator saying something a little off-color. Turns out the Chancellor of Germany is the head of Germany's federal government.

It's kind of surreal that anyone of high position in the German government would say something like that, but it's not like we get to pretend like our thought process as Americans never resembles this.

Merkel is sure to represent the business aspect of things, when she articulated that, "We should not be a country either which gives the impression to the outside world that those who don't speak German immediately or who were not raised speaking German are not welcome here." Again, this was reported by the BBC.

I really wish I could have talked to the guy who reported on it before he wrote the article.

I mean, does Germany not realize that it's kind of ironic that they are saying this? I wonder how that invisible elephant in the room got addressed behind closed doors.

The immediate easy solution is, "Well, they just have to learn the language." In fact, no, they don't have to learn the language. Not only this, immigrants by and large don't need permission to get into a country. America is a great example of this. If our brothers and sisters south of the border want to come across, guess what, they can walk across.

Should there be a national language requirement? If we are going to start mandating a culture to our citizens just to make things "easier," why don't we go ahead and mandate a national religion and political affiliation as well?

Differences can be inconvenient, but they are a fact of life. They aren't going away. We need to learn to live with each other.

Let the multicultural experiment begin.

Technology

BlackBerry tablet will be tool, not toy like Apple's iPad

By Heath. Verhasselt@iowastatedaily.com



These days, if Apple is doing it, then everyone else follows suit. Apple releases a tablet, everyone starts developing a tablet.

Ten months later, and they're here. HP has its Slate in the works, Samsung is releasing its Galaxy S Tablet, and now BlackBerry — RIM — has its new tablet dubbed the PlayBook. What exactly does RIM have up its sleeve to take down Apple with the iPad? And not to mention, who even needs these tablets to begin with?

Here's the thing, tablets aren't new. They've been around for ages as in computer time with modern versions of tablets going back to 2002

with Microsoft Windows XP Tablet PC Edition. Why then, has it taken eight years for these things to really take off?

It goes back to the age-old discussion of Mac vs. PC. PC had the latest and greatest technology, but it didn't take off until Apple got its hands on it and threw a bucket of marketing money at it.

Yes, I know Apple developed the first tablet, the Newton in 1984, but that doesn't count as a modern tablet, and its success or failure is for a different article entirely.

Apple has created its version of the tablet PC in the iPad, and it was an instant success with more than 3 million sold, mostly due to its ease of use and its huge catalog of applications.

But who really needs a tablet? Doctors, writers, designers and engineers need tablets. Who is actually buying tablets? Kids, geeks and old people. This is because Apple has created a niche device that "bridges the gap" between the smart phone and a laptop.

This new generation of tablets doesn't use the stylus like the previous era. This limits the device's functionality to being a consumption-only device rather than a creative one. You can write a novel on your laptop, you can read it on your iPad. Yes, you can write documents on your iPad, but

why would you?

The iPad is for playing Angry Birds, watching Netflix and Facebooking.

RIM and other companies have been working nonstop to release their own version of the iPad. What do all of these devices have in common? They all have displays ranging from 7 to 11 inches, touch screens without styluses, and are attached to carriers.

The price of these new tablets is outrageously high, so manufacturers are teaming up with carriers to subsidize the price. So what does that mean?

You can buy a brand new BlackBerry Playbook for the low price of \$199, and have to pay for its data plan for the next two years, paying for the device more than twice over. In two years, BlackBerry will have more than likely released two more models, better and faster than yours.

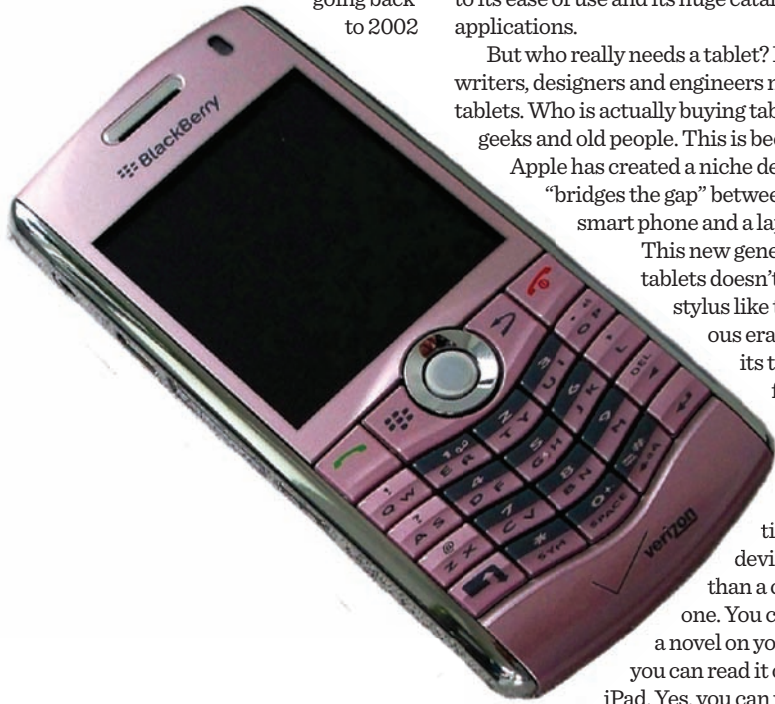
Oh, the frustration. Luckily for iPad fans, Apple with AT&T runs its data plans on a monthly basis.

The new BlackBerry Playbook has no release date, no price and no confirmation as to what operating system it will run. None of this really matters. BlackBerry made a device to complement its lineup of mobile products, not to be an iPad killer.

The company is doing its best to stay competitive in the smart-phone business. Its clientele isn't you and me, but rather large corporations who can buy thousands of BlackBerrys and now they can buy a tablet, too.

BlackBerry is just doing its best to appeal to their needs, even if that means entering the tablet market

The company doesn't want to compete with Apple. It makes tools, not toys, and that is the biggest difference of all.



Courtesy photo: Scott Miller/Flickr

Entertainment

Not all good ideas have been taken



By Thomas.Hummer@iowastatedaily.com

Remakes of music and movies have been a popular means of artistic expression for more than a century. As early as 1904, a new version of the iconic film “The Great Train Robbery” was made, less than a year after the original version.

In the 1960s, bands often recorded cover versions of other contemporary artists’ songs within a year of the original’s release.

They were also doing this on stage, such as Jimi Hendrix’s rendition of The Beatles’ song “Sgt. Pepper’s Lonely Hearts Club Band,” which he performed only a few days after the album hit stores.

The notion of remaking films, creating films out of television shows, books, comics, graphic novels or video games is no new idea, just as the concept of sampling songs or covering them in their entirety is also an old practice.

But covers and remakes aren’t limited to a one-time reinterpretation. Many songs and movies have

been redone multiple times. For example, the 1933 version of “King Kong” was remade in 1976 and again in 2005.

Even more extreme is The Beatles’ song “Yesterday,” which, according to “The Guinness Book of World Records,” has been covered more than 3,000 times.

Lately the entertainment industry is relying more on inspiration from past work than ever before. The number of film remakes in 2010 has been substantial, including “The Taking of Pelham 123,” “Clash of the Titans,” “Karate Kid” and “Let Me In.”

Even more are simply big-screen adaptations of books or comics, such as “The Losers,” “Scott Pilgrim vs. the World” and “The Social Network.”

In the music world, dance-pop and hip-hop have moved from simply sampling others’ work to blatantly copying their melodies. Jason Derulo’s “Whatcha Say” takes some of its lyrics, melody and production style from Imogen Heap’s “Hide and

Seek.” T.I.’s “Live Your Life” borrows a hook from “Dragostea din tei” by O-Zone, better known as “The Numa Numa Song” of YouTube fame.

Another popular example is Flo Rida’s use of Dead or Alive’s “You Spin Me Round (Like A Record)” in his song “Right Round.” I could go on all day, but you get the picture.

Using the work of others is a great way for musicians and filmmakers to pay homage to their heroes. It also gives them a chance to step outside of themselves and function as interpreters rather than creators.

But when a substantial chunk of the industry’s material is based on previously existing work, the relationship becomes a reliance rather than an artistic reinforcement.

It appears as though these people would rather look into the past than move on with the future, as if using new technology to refurbish old ideas and make them relevant to the ADD generation is more important than creating something original.



Remakes like “Clash of the Titans” dominate media. Courtesy photo: Wikipedia

I pray that I’m not the only crazy person out there who would rather see a fresh storyline than another terrible remake of “Willy Wonka & the Chocolate Factory” or “Shrek 17”

Hopefully the success of Christopher Nolan’s “Inception,” a purely original film, will prove that there are still good ideas out there, waiting to come to life.

Society

Let’s treat our bodies better before it’s too late



By Sean.Flack@iowastatedaily.com

It’s 4:15 p.m. and I’m sitting on the floor of a bathroom stall. Heavy head. Arms draped over the toilet. A cold sweat dripping from my brow. My body feels like it just ate rotten meat while getting beat up simultaneously. No, I’m not sick. The tragedy of this scenario is that I brought it all on myself.

I was sitting at my computer desk Saturday night trying to think of an idea for this article, when I decided to channel my inner Don Draper. I grabbed a bottle of scotch and started writing. Unfortunately, mass amounts of scotch is not conducive to successful article completion.

As I was sitting there by my throne of porcelain hating my life, the only thing I could

think of was, “Why do we do these things to ourselves?” My mind started to think of all the bad decisions I’ve made: alcohol, fast food, procrastination. We are all so self-destructive.

Do any of us actually enjoy a hangover? Yet, weekend after weekend, people drink to the point of insanity and wake up the next morning uttering those famous words, “I’m never drinking again.”

But next weekend rolls around, and all of a sudden you find yourself surrounded by empty beer bottles. Yes, the feeling of being drunk can be a great feeling, but is the next morning really worth it? The sickness. The miserable feelings. It’s not enjoyable in the slightest.

This isn’t an anti-drinking



Students are often self-destructive. Courtesy photo: Thinkstock

article, though. People just blissfully go with whatever when it comes to food, too.

My friend and I were at a McDonald’s once, and while I don’t expect a McDonald’s

kitchen to be spotless, there were still flies buzzing everywhere. To the normal person, that would seem like a disgusting thing. But there was a line to the door of people needing

their McDonald’s fix.

There’s no other way to look at it: Fast food is bad. Do you know how McDonald’s chicken nuggets are made? It’s a horribly unappetizing process.

I don’t mean to throw stones. Hell, I remember watching “Supersize Me” for the first time, and then guiltlessly ordering fast food a couple days later. I didn’t think. I didn’t care. And that’s the problem.

It’s just that there are an abundance of bad things that we do to our bodies. I’m all for doing what you want with your life, but there has to be a point where you look at yourself in the mirror and think, “Wow, I need to stop.”

This should be the time

in our life where we feel the best, not the time where we gain the freshman 50 from cheap beer and Totino’s pizza. And it’s weird because we all know what we’re getting into. No one thinks to themselves, “I wonder if it’s bad to eat an entire bag of Cheetos.”

And any person who says it’s expensive to eat healthy or to cook your own meals is lying. It’s cheaper. It makes more. And it tastes a whole hell of a lot better.

Let’s not be sheep. Let’s wake up. It’s all right to indulge on occasion, but let’s try to be better human beings. Whether you like it or not, things do catch up with us. I’d hate to be old and wrinkly thinking about how I was all out of shape and drunk in my 20s.

Are you in the **RED**, but would like to be rolling in the **GOLD**?

If so, get in the know now by taking a personal finance class.

Learn about budgeting, credit cards, investing, student loans, and more!

HDFS 283
Personal & Family Finance

3 credits offered MWF, T/TH, or online.

Camp Adventure™ Internships

Spring 2011

Internship opportunities in Germany, England, Italy, Belgium, and the U.S. (Florida and Hawaii) in child development centers and school-age programs.

- Living stipend of \$2,900 for 17 weeks.
- Housing and travel are paid.
- Build your resume related to work with children & youth.
- Network with one of the world’s largest employers - the Dept. of Defense.
- Earn 12 hours of undergraduate or graduate credit.
- Prior experience working with children or youth required.

Listen to your “MUMMY” and get a flu vaccination!

Flu Vaccination Clinics
\$20 injectable
\$25 Flu Mist

At Thielen Student Health Center
Wednesdays and Saturdays in October
9 am - 11:30 am

- Please bring your ISU Card
- U-Bill Only
- No cash will be accepted

IOWA STATE UNIVERSITY
Thielen Student Health Center

Join Us Now!

Email Susan Edginton at internships@campadventure.com
In the subject line, write **INTERNSHIP-ISU/D**.
Include a brief description of prior experience with children and include your major, year in school, and phone number.

Catch the Magic!

1-800-252-2118 or internships@campadventure.com
University of Northern Iowa
2351 Hudson Road, Cedar Falls, IA 50614

Football



ISU defensive back Zac Sandvig misses a tackle on an opponent during the game against Utah on Oct. 9. The Cyclones have lost to Utah and Oklahoma in back-to-back weeks, getting outscored 120-27 in the two games. File photo: Manfred Brugger/Iowa State Daily

Execution amiss

Cyclones continue trek through ominous schedule with Texas on Saturday

By Chris.Cuellar
@iowastatedaily.com

The Cyclones knew before the season started the schedule was going to be difficult.

Difficult may have been too soft of a description, as Iowa State (3-4, 1-2 Big 12) would take on eight bowl teams from 2009, including perennial powers Iowa, Oklahoma and Texas all on the road. On top of everything, second-year coach Paul Rhoads would have to do his best to duplicate a bowl-winning season without a single bye week.

The schedule has been brutal as advertised, but after getting outscored 120-27 in the past two weeks, the Cyclones are reeling.

“No surprise to us that Oklahoma sits atop the first BCS rankings after tangling with them Saturday night,” Rhoads said. “I would also note that our other three losses have all come from teams that are in the top 22 in the BCS standings.”

No. 3 Oklahoma (6-0, 2-0) was the aggressor in Saturday’s 52-0 ISU loss, and while the Cyclones knew the challenge going in, they were outmatched in every phase. Oklahoma’s 672 total yards of offense were a season high allowed by the Cyclone defense, while the ISU offense was held to 3 yards per play and ran 34 fewer plays than the Sooners. Oklahoma

ISU Wins

Iowa State	Opponents
35 points per game 351 yards per game 20.7 first downs per game	16 points per game 359 yards per game 19.7 first downs per game

amassed 37 first downs with the Cyclones moving the chains a paltry 10 times.

Sooner receiver Ryan Broyles broke his own receiving record by catching 15 passes for 182 yards, and 13 of his catches came in the first half. Running back DeMarco Murray scored three touchdowns, quarterback Landry Jones was a hyper-efficient 30-of-34 passing, and the stat sheet could go on forever.

Cyclone players watch film after every game, and the have the same attitude they had after the Utah loss last week.

“We just can’t get frustrated. Not every team is going to be as good as Utah, Oklahoma or Texas, that we’re going to play in the future,” said ISU quarterback Austen Arnaud. “We’re going to pick and



Arnaud

ISU Losses

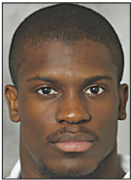
Iowa State	Opponents
13.5 points per game 275 yards per game 16 first downs per game	45.5 points per game 527 yards per game 27.3 first downs per game

choose our battles, and as a team we’ve just got to be that much better during the week to expect to play well on Saturday.”

The coaching staff felt the effort was there, but the execution was not. Punter Kirby Van Der Kamp having to run out on the field seven times is a sign of that, but five of the Cyclones’ seven top tacklers were in the secondary, guys that play off the line.

ISU players were nursing aches and pains going into the game, just a week after a 68-27 demolition at home at the hands of now-No. 9 Utah. Those aches and pains weren’t the only reason the Cyclones looked a step slow.

“We don’t go in to any game just desir-



Robinson

RHOADS.p10 >>

MLB

Lee, Rangers take game three in Yankee Stadium

The Rangers gave Cliff Lee a two-run lead after the first inning.

He wouldn’t even need that many. Lee pitched eight shutout innings for the Rangers in their game three win over the Yankees on Monday

night, giving them a 2-1 lead in the American League Championship Series.

Game four is Tuesday and pits Tommy Hunter (0-1) against the Yankees’ A.J. Burnett (0-0)



Texas Rangers
T. Hunter (0-1)

vs.



New York Yankees
A.J. Burnett (0-0)

Game 4, Tuesday, 7:07 p.m. CT, TBS
Rangers lead 2-1



Philadelphia Phillies
C. Hamels (1-0)



San Francisco Giants
M. Cain (0-0)

Game 3, Tuesday, 3:19 p.m. CT, FOX
Series tied 1-1

	1	2	3	4	5	6	7	8	9	final
Rangers	2	0	0	0	0	0	0	0	6	8
Yankees	0	0	0	0	0	0	0	0	0	0

Soccer

Missed opportunities, fouls plague Iowa State

By Cory.Weaver
@iowastatedaily.com

Iowa State came into Sunday afternoon’s game against Texas needing a win.

The team fell short for its sixth consecutive conference loss, mainly because the team didn’t capitalize on its few opportunities.

“When we don’t score when we have great chances and we give up unforced fouls, you can’t win,” said coach Wendy Dillinger in a statement after Sunday’s game. “It’s frustrating when our players who shouldn’t be giving up fouls do, and that’s why we lost the game today.”

The Cyclones put the pres-

sure on Texas early Sunday, with a corner kick by freshman midfielder Emily Goldstein in the first minute of the game. Another corner in the 15th minute by freshman forward Brittany Morgan would have found the back of the net if Longhorn keeper Alexa Gaul hadn’t punched it out.

Texas scored the first goal of the game in the 19th minute, when junior midfielder Amanda Lisberger picked up a loose ball and put it past Cyclone freshman keeper Maddie Jobe for the early lead.



Dillinger

Junior co-captain Mary Kate McLaughlin was injured on the following play and would not return until the second half.

“My hip broke my fall and it ended up bruising it and it was pretty sore,” McLaughlin said.

She said she would have returned before halftime, but NCAA rules state if a player is subbed out in the first half, she cannot return until the second half.

Iowa State had another chance to score in the 23rd minute, when sophomore



Kucera

forward Amanda Cacciatore played a cross pass to freshman forward Jennifer Dominguez, who then banked the ball off her chest toward the goal but Gaul made a diving save to stop it.

Freshman midfielder Theresa Kucera gave the offense some momentum late in the first half when she capitalized off a failed attempt to clear the ball by Gaul and tied the game up with a goal to Gaul’s left in the 41st minute.

“I went in and asked for it and Suzy [Potterveld] was doing a good job of pressuring the ball, and then they dropped it back to their keeper and their

DILLINGER.p10 >>

Commentary



Coach Christy Johnson-Lynch coaches her team from the sidelines during Saturday’s game against Texas A&M. The Cyclones won 3-1. Photo: Rebekka Brown/Iowa State Daily

Stinging upset refocuses team



By Jeremiah.Davis@iowastatedaily.com

The true measure of a team is how it comes back from adversity.

The ISU volleyball team faced just that following an upset at the hands of unranked Kansas on Oct. 9.

Following that game, the team was left with some glaring issues that players and coaches alike knew would have to be fixed before they continued Big 12 play. Going into last week, the team focused on fixing those weaknesses and needed to rebound against lesser opponents in Kansas State and Texas A&M.

“I felt like [the players] understand this is the Big 12, and if you’re not on, you have a chance to lose, especially on the road,” said coach Christy Johnson-Lynch. “I think the staff tried to wake them up a little bit. We were very specific in what we needed to work on, and I think they embraced it.”

At least against Kansas State, they did.

Several teams in the Big 12 are offensively one-dimensional. They have one go-to player who gets them points. For Kansas State, that player is JuliAnne Chisholm.

The Cyclones set out to stop her and did just that. Chisholm failed to get a kill for the first time since 2008, which was before she was a full-time starter.

At least for that match, the ISU women did what they needed to do, and because of that they left with a 3-0 sweep.

“It’s not that we still talk about the loss to KU, but we talk about what led to that loss,” Johnson-Lynch said. “What did we not execute in, that beat us?”

Against Texas A&M on Saturday, though, the things that bit them against Kansas began to creep back up. Starting off matches slowly has been an unfortunate trademark of this year’s team, and that reared its ugly head against the Aggies.

The Cyclones dropped the second set and, in doing so, looked downright sloppy and sluggish. After intermission, they came out and absolutely blew away A&M 25-11 in the third set.

Johnson-Lynch talked after the game about how blocking was an issue against Kansas, and that it almost ruined the team again against A&M.

So what team is it? Is it the dominating, powerhouse team it seemed to be in that third set against the Aggies?

Is it the sloppy team that lost to an inferior Kansas?

The next stretch of games is going to prove one or the other.

“We’re in the middle of kind of a grueling stretch,” Johnson-Lynch said. “It’s Wednesday to Saturday every [week], you know ... you feel like you barely get to sleep in Sunday, then you’re studying, and they have to get back to work on Monday. So I think a lot of this is mental at this point. We’ve got to push through this grind until we have another bye and can rest a little bit.”

There’s every reason to believe this team is the former. At least it certainly has the capability to do so.

“[The Kansas loss] put us in perspective that we need to fight for every point,” said setter Alison Landwehr. “Not just every set, but every point, no matter who it is on the other side of the court.”

Teammate and middle blocker Jamie Straube agreed with that sentiment, saying the team was ready to go, and realized that it had to be every time out.

She also realized how important it was to come back from the

REBOUND.p10 >>

Upcoming Intramurals

Foosball (Open)

— Registration opens Monday

Indoor Soccer (Male, Female)

— Registration opens Nov. 8

500 Card Tournament (Open)

— Registration opens Nov. 15

Hiking Brushy Creek State Park

— Registration deadline is Nov. 8

For full intramural registration information, go to
www.recservices.iastate.edu



Swimming and diving



Freshman Alex Gustafson competes in the 100-yard freestyle during the intrasquad meet on Oct. 8. Gustafson swam with the Cyclones in their loss to Minnesota on Saturday in Minneapolis. Photo: Tim Reuter/Iowa State Daily

Focus lacks as Gophers sink swimmers, divers

By Nate Ryan
[@iowastatedaily.com](mailto:nryan@iowastatedaily.com)

MINNEAPOLIS — The ISU swimming and diving teams fell to the University of Minnesota on Saturday, 157-129. Mental focus is the key from here on out for the Cyclones, said coach Duane Sorenson.

“We started off rather poorly and were not racing like we’re capable of racing,” Sorenson said. “We learned that we needed to be ready to go right away. It was a wake-up call of learning to get after it.”

Following the first diving break, the swimmers stepped up. Sophomore Dani Harris stood out for the Cyclones.

“I felt strong physically,” Harris said. “I needed to focus on some technique things a little more.”

Harris took first in the 200-yard backstroke with a time of 2:06.85 and the 200-yard individual medley with a time of 2:10.83. She also took second in the 100-yard backstroke.

“Dani is a great competitor and always wants to get better,” Sorenson said.

Freshman Emily Wiltsie also had a strong showing.

Wiltsie rushed a little in the 100-yard breaststroke, but finished strong as she came in third with a time of 1:07.67.

Wiltsie finished a strong second in the 200-yard breaststroke with a time of 2:25.96, just more than one second behind Minnesota’s

Katie Johnson.

“She did a really nice job in the 200 breast-stroke pacing and really trusting her technique,” Sorenson said.

Diver Jennifer Botsch accomplished a big goal in her 3-meter dive.

Botsch earned a score of 283.35, while only needing 280 points to qualify for the NCAA Zone meet. Botsch had never qualified before, and coach Jeff Warrick said it was special for her to qualify on the first meet of the season.

“For her to do it in the first possible meet of the year was just really exciting,” Warrick said. “I knew she had it in her.”

Sarah Nelson also dove well for the Cyclones.

The junior scored 242.33 in the 1-meter dive, earning her second place. Warrick said Nelson finished with more than 20 points over her personal best.

“She still has room to keep growing,” Warrick said.

Overall as a diving team, the Cyclones experienced what Warrick hoped they would. Warrick said swimming at that level and in that facility really helped his divers, but they still have work to do.

“We’ve got a lot of room to grow,” Warrick said. “They have to get out of their comfort zone and make changes.”

The Cyclones host Nebraska-Omaha on Saturday. The meet begins at 1 p.m. and takes place at the Beyer Pool.

Basketball

Panthers confident this will not be ‘hangover’ year

By Luke Meredith
The Associated Press

For one magical week last March, Cedar Falls was the center of the college basketball world.

Plucky Northern Iowa turned the NCAA tournament upside down by stunning top-seeded Kansas, 69-67, endearing them to fans from coast to coast.

Ali Farokhmanesh was on the cover of Sports Illustrated. Coach Ben Jacobson was a rising star with a new 10-year contract, and it seemed like almost everyone in America was rooting for the unheralded Panthers to do it again vs. Michigan State.

But the Spartans wore down Northern Iowa en route to the Final Four, and life soon returned to normal in the sleepy college town two hours northeast of Des Moines.

Now comes the year after “the year.” Don’t expect any sort of hangover from the Panthers, who’ve said they’ve already put last March behind them.

“It’s just about forgetting about it. It’s about what you’ve done for me lately. What we’ve done lately is practice three times and work on defense. We didn’t go in and watch the Kansas game,” senior point Kwadzo Ahelegbe said. “This team is a lot different from last year.”

It sure is, because the Panthers lost Farokhmanesh and two other starters — Missouri Valley player of the year Adam Koch and center Jordan Eglseider — from the best team in school history.

Replacing them won’t be easy, but Jacobson is confident the system he’s put in place over the past four seasons will help Northern Iowa compete

for the Valley title and its sixth NCAA tournament bid in eight years.

The Panthers, who have eight true or redshirt freshmen on the roster, get a tough opening test at Syracuse on Nov. 12.

“They expect to be in the mix in February. They expect to be knocking on the door for a conference championship or an NCAA tournament bid. They expect that. That’s their mentality,” Jacobson said. “It’s really fun to be around them, because they expect to be good.”

Though Farokhmanesh made the biggest splash with a gutsy 3 that knocked off the Jayhawks, the player the Panthers might miss the most is Adam Koch.

It’s a good thing the Panthers have another Koch to lean on.

Sophomore Jake Koch, Adam’s little brother, averaged 3.5 points and 2.7 rebounds a year ago, but a 13-point performance in a win over Wichita State showed a glimpse of what he could be.

Jake Koch, who has put on about 20 pounds, will play ex-

tensively down low with sophomore center Austin Pehl and two-time Valley Sixth Man of the Year Lucas O’Rear, who will make the transition from reserve spark plug to starter.

“It’s definitely going to be a little different,” O’Rear said. “When I was coming off the bench, you could sit around on the bench and see how the game was flowing and go in there and see what you can do. Now, it’s going to be, from the get-go for going to have to try to feel it out.”

The Panthers should have enough depth to overcome the absence of Farokhmanesh, though his ability to hit clutch 3s will surely be missed.

But Jacobson won’t deviate from his winning formula, which thrives on tough defense and a smart, efficient offense, and whichever players fit that mold best will be the ones getting playing time.

“We’ve got a lot of work to do. We’ve got some younger guys. We’ve got some new guys. But the mentality of our upperclassmen is ‘We’re going to be good,’” Jacobson said.

T-SPA

THE SALON PROFESSIONAL ACADEMY

GREAT BUY

Waterproof & Breathable

- Gore-Tex®/Taslan® nylon

\$49.95 Reg. \$64.95

Prices good 10/14/2010 – 10/25/2010

SAVE \$15

JAX
OUTDOOR GEAR

Crocodile Gaiters
Mfg# 61570-413

Product & pricing subject to change. ©2010 JAX Outdoor Gear, Inc.

4723 W Lincoln Way • Ames IA • (515) 292-2276 • www.jaxgoods.com

BIRTHRIGHT

of Ames, Inc.

We don't judge. We don't preach. We just help.

Our confidential services have helped thousands of women through extraordinary tough times. Let us help you.

Call us today
292-8414
1-800-550-4900
108 Hayward Ave



HOLY SHEET!

THE HALLOWEEN SHOP IS NOW OPEN!

HUGE COSTUME SELECTION!

Plus Halloween Props & Decorations

10% off

Entire purchase with this ad
Expires Oct. 29th.
Not valid with other offers.

Mon-Fri 11-8pm
Sat 10-5pm | Sun 12-5pm

West end of
Downtown Ames
546 Main St.

SUDS UP DUDE!

Get your Car & Pet Clean at the Same Place!

- Two Touchless Laser Automatics
- Seven Self Serve Bays
- One Large Vehicle Bay
- Self Serve Pet Wash

Open 24 Hours!

204 Clark Ave. | Ames
www.lynnscarwash.com

VISA MasterCard DISCOVER

Time for a Change!

Change Your Life at T-SPA!

Cosmetology class starts Nov. 8.
Graduate in 16 months and get started with your life. Placement provided. Books and kit included in tuition. If a career in beauty was your first choice, do it now.

FINANCIAL AID AVAILABLE FOR THOSE WHO QUALIFY.

515.956.3781
309 KITTY HAWK DR.
AMES, IA 50010
www.TSPAcademy.com

GIVE MORE. GET MORE.

What better reward than the satisfaction of knowing you've made a difference in someone's life?

Here at **BioLife Plasma Services** members of our community proudly make a difference in people's lives every day. We invite you to join our life-saving program and schedule a plasma donation today.

For a limited time, new donors can **receive up to \$205 the first month!**

Visit www.biolifeplasma.com for more information and to schedule your donation.

\$20 ON YOUR 1ST DONATION

NEW DONORS OR BIOLIFE DONORS WHO HAVE NOT DONATED IN SIX OR MORE MONTHS. SCHEDULE YOUR FIRST DONATION BY 11/22/10 AND BECOME ELIGIBLE TO RECEIVE A BONUS ON YOUR SECOND VISIT.

\$45 ON YOUR 2ND DONATION

FOR NEW DONORS ONLY OR BIOLIFE DONORS WHO HAVE NOT DONATED IN SIX OR MORE MONTHS.

Bring this coupon with you to your 2nd plasma donation and receive \$45.

Bonus redeemable only upon completion of a full donation. Coupon cannot be combined with any other offer and must be presented to receive bonus. Second donation must be completed within 30 days of first donation. ISD

515.233.2566
1618 GOLDEN ASPEN DR • AMES, IA 50010

Brain-boosting smoothies

By Hannah Dankbar
AmesEats Flavors Writer

It's that time again. That mid-semester slump is here, bringing tests and papers that some students' less-than-stellar work ethic can't even begin to fathom. How can you boost your brainpower during this rough time? Turn to smoothies.

Fruits and vegetables have vitamins that your brain loves. You can even get a little crazy and add some veggies, if you dare.

Fruits and vegetable are high in vitamins A, C, B and E. These vitamins help promote and preserve memory by acting as antioxidants.

Vitamin B sustains nerves in the brain during times of stress. So drink, and eat, up.

We've all heard that berries are good for you. Blueberries, cranberries, strawberries and acai berries provide antioxidants.

These remove free radicals in the body to reduce cell damage, which can contribute to deterioration of memory.

Berries are great fresh or frozen, which makes them an easy, convenient and beneficial addition to your smoothie.

Here are some smoothie ideas to help boost your memory. You don't have to follow these recipes exactly, so get creative!

- Memory-aid smoothie:**
This low-calorie smoothie is a good source of fiber, photochemical and antioxidants. Blueberries in particular contain compounds that can help prevent cataracts, cancer, constipation and memory loss.
- 1/2 cup orange juice
 - 1 pint nonfat vanilla or peach frozen yogurt
 - 2 1/2 cups sliced peaches
 - 3/4 cup fresh or frozen blueberries



Photo: Thinkstock.com

- Brain-booster smoothie:**
The berries here aren't just super food for your brain; they offer an important cancer-fighting bonus.
- 1/2 cup fresh or frozen blueberries
 - 1/2 cup fresh or frozen raspberries
 - 1 cup pineapple orange juice
 - 1/2 cup low-fat vanilla yogurt
 - 1 cup ice

- Berry berry smoothie:**
Using all unsweetened fruit, this recipe delivers antioxidant power without the sugar.
- 1/2 cup frozen unsweetened raspberries
 - 1/2 cup frozen unsweetened strawberries
 - 3/4 cup unsweetened pineapple juice
 - 1 cup soymilk or 1% milk

Take all ingredients and blend until smooth. Enjoy!

Recipes from www.menshealth.com/men/nutrition/food-for-fitness/smoothie-recipes/article/4c15b0b48aacc010VgnVCM10000013281eac

The better study buddy

By Kelsie Geiger and Kate Adams
AmesEats Flavors Writers

Around this time of year a few things happen: late-night study sessions, on-the-go meals and midterms. Whether you are busy working on a project or studying, it is important to get the proper nutrition to boost your brain while preparing for midterms. While you might not have a lot of time to sit down and eat a healthy meal, there are still ways to give your body the energy it needs to do well. Here are a few ideas for healthy, portable snacks you can take with you on campus:

- Raisins: These can be purchased in small, single-serving boxes, making them easy to throw in your backpack and a healthy alternative to fruit snacks from the vending machine.
- Fruit: Apples and bananas are easy to take with you. If you have a meal plan on campus, you are allowed to take one piece of fruit with you after your meal, so take advantage of this opportunity and head to the library.
- Almonds: They contain natural mood-enhancing neurotransmitters. Other types of nuts also offer a good source of protein to sustain your hunger and concentration during a study session. So, pop a few nuts after an especially hard midterm and you'll be happy that you did.
- String cheese: It provides you with calcium and comes in individual packaging, so string cheese is great for having during a busy day on campus. The downside: It has to be stored with an ice pack.
- Vegetables: Veggies such as carrots, celery and broccoli contain vitamins and fiber. However, they may be noisy if you eat them during class.
- Greek yogurt: The high



found in the brain's hippocampus — the brain's memory control center.

- Matcha: Matcha is finely ground tea powder. It will activate your brain without the "wired" feeling that you get from caffeine. Matcha contains a compound called EGCG that has been shown to have incredible anti-cancer and anti-aging effects. Matcha was the traditional drink of Japanese monks preparing for 12-hour meditation sessions.
- Cocoa powder: Cocoa powder is made from the cacao bean, which is rich in Theobromine — a mood-enhancer — and antioxidants.
- Spinach: Rich in vitamins A and K, spinach is the ultimate study food. Vitamin A will help you keep your eyes sharp, and vitamin K has been shown to inhibit nerve cell death due to oxidative stress.
- Berries: Berries contain ellagitannins, which are compounds that are also

- Curry: Tumeric, the yellow substance found in curry, is a spice that has been shown to improve cognitive function, and is being tested as a possible treatment for Alzheimer's.
- Eggs: Eggs contain choline, an essential nutrient to improving memory function.
- Oatmeal: Whole grains like oatmeal improve circulation and have been shown to lower cholesterol.

Don't worry if you forget to pack a healthy midterm snack while you are on campus — there are plenty of options at campus C-stores you can purchase. Hopefully now you have some ideas on what to pack for a healthy midterm snack to get you through the week.

Photo: Thinkstock.com

foodies - soups - salads - dining - desserts - style - recipes - cocktails - nutrition - organic



Want more recipes?

Check out your local Hy-Vee for free healthy recipe cards

- open 24 hours a day
- 7 days a week
- two convenient locations
- 232-1961 | 292-5543





Photo:Thinkstock.com

Spice it up

By Elsey Hartman
AmesEats Flavors Writer

Ever wonder how to make your meal a little healthier when you are constantly on the go? Here are a few quick tips that will have you spicing up your day one bite at a time.

Spices and herbs can be added for numerous reasons and contain no calories or fat, which is always a bonus when trying to scrounge up the last thing you have in your refrigerator. They are beneficial additives that are great for enhancing flavor in bland dishes. They are also a cheap and easy thing to store in your cupboard.

Basil, parsley and cilantro are great herbs, perfect for adding flavor and tang. Basil, which is the main ingredient in pesto, is a good source of iron, and for those of you who don't drink milk every day, basil is also a great source of calcium. Make sure to add basil toward the end of preparation to retain the most flavor.

Parsley is very well known as a table garnish; it's perfect for fancying up special meals. It can also be great added to tomato sauces, soups and sprinkled over grilled fish and steamed vegetables.

Parsley contains vitamin C, which helps keep your immune system in check, keeping you healthy.

Cilantro is great in salsa and other Mexican dishes as well as over salads. It is a great herb

to really spice up flavor, but be careful not to overdo it — your taste buds will either hate it or love it.

Garlic is one of my favorite herbs, as I put it on mostly everything I cook. I love the flavor, the smell and — even better, according to "The Vegetable of the Month: Garlic" article from WebMD — the main ingredient in garlic, Allicin, helps fight infections and prevents blood clots as well as certain types of cancers. Obviously you can't go wrong with something like that.

Spices come in very handy when cooking as well and are great substitutes for salt when preparing a meal. Salt tends to cause your body to retain water, making you feel bloated, so reach out of your comfort zone and use these as a salt substitute.

Chili peppers or crushed red pepper — similar to cayenne pepper if you don't like the flakes — can be considered a spice, and you can often find it at pizza parlors and Italian restaurants. This pepper is a great way to spice things up but not to the extreme. It is a good spice that is cheap and easily stored in your cupboard for any meal. It is especially good to add into chili, which will be perfect for the upcoming holidays.

For all of you that dislike spicy foods, try adding this to your meal a little at a time, and you might be surprised and end up

enjoying the flavor. Plus, according to an article by Elizabeth M. Ward, registered dietitian, chili peppers contain a compound that boosts your fat-burning capacity and may even lower blood pressure. How can you say no to that?

Another spice to add to your daily routine is cinnamon. In most cases, you have used cinnamon at some point in your life, but I am willing to guess you have no clue about the health benefits this popular spice has to offer. Cinnamon is popularly paired with oatmeal, baking and, my personal favorite, cinnamon-sugar toast.

In an article from Women's Health, cinnamon has been linked to lowering blood sugar, which can be huge with people suffering with diabetes and even for people who aren't.

Cinnamon can also reduce inflammation and fight bacteria invading your body. Try adding a pinch to your coffee grounds in the morning or ask the baristas to add it to your favorite latte at Caribou.

It is also great on toast with a little sugar or in yogurt for breakfast. With these benefits and simple ways to add this great spice to your everyday meals, you will be off to a good start.

Check out some great recipes utilizing these spices at flavors.ameseats.com.

Boost your immunity

By Linda Berlakovich
AmesEats Flavors Writer



Echinacea plant. Photo: Thinkstock.com

It's cold and flu season, or vitamin C tablet and orange juice season — whichever you prefer.

So you have a cold and a midterm tomorrow? You know what to do to boost your immunity: Take a vitamin C tablet with a glass of orange juice, wash your hands and then sip on some echinacea tea while letting some chicken noodle soup simmer on the stove, have a shot of Dayquil and stick your face into a humidifier.

You also need to get plenty of rest — you know, when you're not busy studying for that exam.

There's a lot of things people do in order to boost immunity and combat illness, but let's take a closer look to see if some of the popular ones are truly effective:

Having adequate vitamin C in your diet is helpful for keeping your body in overall good health.

So, yes, make sure to eat your fruits and vegetables. However, it is also water-soluble, so consuming a pill every hour will just lead to the excess being excreted out of your body.

It is still inconclusive if and how much echinacea is truly effective at combating colds, but a lot of research, even at Iowa State, is being done with this popular herbal supplement.

If it makes you feel better to drink some echinacea tea, then go for it. At least you know the fluids will help keep you hydrated.

Wash your hands.

You just touched that door handle the kid in front of you with the cold touched on the way to the dining center.

Wash your hands for at least 20 seconds, sing a verse from you favorite song, count to yourself — either way, just do it.

A cold is a virus, so popular over-the-counter medicines will not kill the cold; only your body's natural immune defenses can attack the virus.

If your aches and pains are unbearable, then medicine can help. However, remember that some of these pains, such as a fever, are produced in order to hurt the virus.

Finally, get plenty of rest. Everything is better after a good night's sleep.

Sleep allows your body to put more energy toward fighting the virus and repairing your body.

So stay hydrated, eat a healthy dinner, turn off the reruns of "Grey's Anatomy" and go to sleep.

Power on with antioxidants

By Carly Van Zomeren
AmesEats Flavors Writer

Ever wonder what antioxidants do for you and your body? Well, when digging deeper into the idea, it was easy to see that they are good for your body and keeping you healthy.

Antioxidants are nutrients that can prevent or even slow the oxidative damage in our bodies. When the cells in our bodies use oxygen, they produce b-products that cause damage, but antioxidants prevent and repair the damage. Health problems like heart disease, diabetes, cancer, etc. are all contributed by oxidative damage.

Including antioxidant-rich food in your diet is one way to feel better when under stress, such as midterms.

Try these antioxidant-packed foods as a snack, in a side dish or in a trail mix to help you power through midterm study sessions:

- Raisinets
- Kellogg's Fiber Plus Antioxidants
- Whole fruits — berries, grapes, oranges, plums, pineapple, kiwi and grapefruit are all good options

- Vegetables — chili peppers and spinach are great choices
- Nuts — try pecans, walnuts, hazelnuts, groundnuts or peanuts
- Sunflower seeds
- Barley
- Millet
- Oats
- Corn

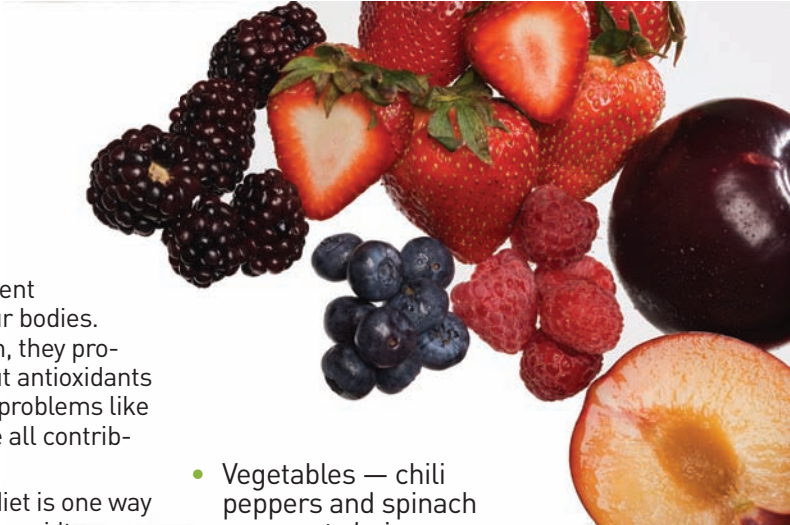


Photo: Thinkstock.com



Want to be my friend? Find me on Facebook. Search: The Ark Pet Shop

292-4646 • 118 Hayward

The Ark

Tropical & Saltwater Fish | Reptiles & Exotic Birds
Small Animal Supplies | Food & Supplies
Pet Grooming by Appointment

Ames Largest and Most Complete Pet Center for Over 26 Years!

Did you know that if you **bring your own cup** to any retail location, you **save \$0.35** on your hot or cold beverage!?

Save some coin and **save a cup** from going to the landfill.

**Bring Your Own Cup,
Save 35 Cents.**

WWW.DINING.IASTATE.EDU | FACEBOOK | TWITTER





Forward Amanda Cacciatore dribbles the ball away from Texas defender Nina Frausing Pedersen during Sunday's match at the ISU Soccer Complex. Cacciatore had three shot attempts at the Longhorns' goal in the Cyclones' 2-1 loss. Photo: Rebekka Brown/Iowa State Daily

>>DILLINGER.p6

keeper mis-hit it, so I got it and just put it in the corner," Kucera said.

The late goal gave the Cyclones some momentum, but their struggles capitalizing off of goal-scoring opportunities continued in the second half.

"It helped us, but it just seems like we've been coming up short, coming up short, coming up short," Kucera said.

"Our defense is doing well, we just need to take advantage of our opportunities [and] get it in goal. We out-shot them today, we just need to put them away," Kucera said.

McLaughlin started the second half for the Cyclones, and said the injury was not a factor in her second-half play.

Iowa State continued to keep the pressure up with an early shot wide by sophomore midfielder Kelsey Calvert and a corner kick by Cacciatore that was played back into the box, but McLaughlin missed the header.

In the 72nd minute, Goldstein put a free kick just in front of the goal, but no one was able to get to it and the Cyclones' missed another chance.

Ten minutes later, Texas got inside the box and Jobe stepped up to stop the attacker from scor-

ing and Iowa State's defense kept the ball out of the net while Jobe got back.

"I saw the ball coming in and I knew it was bouncing so she wasn't going to have a clean touch on it," Jobe said. "I went out and I didn't get the ball, which I needed to get, but I stopped the play and let my defenders get back, so I thought that was the positives out of it."

Iowa State had another scoring possibility a minute later, when junior co-captain Emily Hejlik passed to Cacciatore who shot it, but Gaul made a diving save to preserve the 1-1 tie.

Texas broke the tie just a minute later in the 84th minute, when junior midfielder Kylie Doniak played a free kick into the box and junior midfielder Lucy Keith scored on the header.

"It always feels great to get a goal like that so late in the game, and we knew we just have to buckle down, play smart, and keep them from scoring the last few minutes," Keith said.

Senior co-captain Jordan Bishop created a late opportunity to score when she played a corner kick into the box with four minutes remaining and the ball got back to Cacciatore, who missed the goal by inches as the ball hit

the side post.

The loss was especially tough for the Cyclones as they lost in the final minutes on Friday, too, but in overtime.

"It's awful. It's a terrible feeling and it's a lot of work with nothing to show for it really," McLaughlin said. "We come out on here on Friday night, we put in a good effort, and today we put in a decent effort but we're losing. It's not good enough, and that's a hard thing to wrap your head around."

Jobe noted that soccer is one sport that can be decided by one defensive lapse, which the Cyclones keep to seem making at inopportune times.

"You can dominate the field and can stop defending for 10 seconds and that's what happens," Jobe said.

Taking advantage of opportunities is one thing the Cyclones say they will have to work on if they want to advance to the Big 12 Tournament.

"We just have to practice more and we have to take advantage of our opportunities," Kucera said. "You only get a limited amount of opportunities a game, you just have to put them away."

The Cyclones travel to Texas next weekend to take on Texas Tech on Friday night and Baylor on Sunday afternoon.

>>REBOUND.p6

KU loss quickly.

"I don't think [the KU loss] will ever be put to rest," Straube said.

"I think it was really good for us to be able to respond. I don't think we did that at KU. So to know we can do it and we can play great puts our minds a little at ease," she said.

Make no mistake though, the team will remember how that loss felt and use that as motivation throughout the rest of the season.

Time and again, players said they know now that no matter who it is, they have to be ready to play.

Fans and coaches have to hope they remember that and keep focused on it no matter what.

I have to believe they will. Seeing the looks in Straube and Landwehr's eyes when I asked them about how they'll use the KU loss as motivation,

I got the sense that they won't ever forget it.

This team has shown flashes of not being that head-strong — see: the second set against A&M — but if it can find a way to harness whatever it was it had when it came out for the third set against the Aggies, it will have no problems against anyone.

So what comes next for the Cyclones is very important.

They've rebounded from a crushing loss in the best way they could. Now it's time to start punishing people — namely Kansas, who is coming to Ames on Saturday — and playing the way they know they can play.

"It was huge to show ourselves that if we play with that energy and with that enthusiasm every single play that we can beat teams like that 25-10," Landwehr said. "I think that's something we need to focus and strive to do every single set."

>>RHOADS.p6

ing to be competitive," Rhoads said. "We certainly go in to every game to win. When we left the locker room at 6:05, if we went out and played well, we had that opportunity. We didn't go out and play well. We also played a very, very good football team. There are no surprises, our kids knew what to expect."

Defensive players said it was tough to set up before Oklahoma would run another play, the hurry-up offense proving more dangerous than Utah showed or what the Cyclones face in practice.

The defensive side of the ball has had major trouble in the Cyclones' losses, allowing more than 527 yards per game in defeat. Oklahoma's offense has been in the top tier in the nation over the past five years, but allowing it more than 300 yards on the ground and in the air shows the Cyclones were bullied and run around.

"Tempo, we need to get in better football shape," said junior cornerback Ter'Ran Benton. "You could tell if you watched the game that we weren't getting back and ready for the next play. We knew Oklahoma was going to be a good team; they've got about 10 people on the team that should be drafted."

Coming off of two crushing defeats, the players insist their confidence isn't being hindered and that they are simply a good team playing against better teams. The schedule was named as the primary culprit in Rhoads' Monday announcements, and the team is ready to stay on track.

"We're just trying to stay healthy. We can't be tired. We've played seven in a row, but there are other teams in the na-

tion that have, too. I don't know if they've played the caliber of opponents that we have," Arnaud said. "This team is mentally tough, and we're going to stay that way."

Texas presents plenty of problems with its abundance of speed and size, and while the squad struggled earlier in the season, it seems the Cyclones have already set their sights on the next opponent.

Opponents' success away from the Cyclones has been indicative of the final result so far this year. In three Cyclone victories, the opponent's combined record is 11-8. In four defeats, Iowa State's opponents are a total 22-2.

"We can't go in the tank on ourselves, we know we have a good team. Obviously we play some tough opponents," said running back Alexander Robinson. "It comes down to execution."

Iowa State's remaining schedule includes three currently ranked teams, and the final five opponents have a totaled record of 20-9. The Cyclones need three wins to ensure bowl eligibility.

"We never have our heads down, they're good teams. It's the Big 12, we're going to play good teams," Benton said. "I'm pretty sure there's a lot of people in the locker room that are doubting that we're going to make a bowl game, but I'm not."

Saturday's kickoff from Austin, Texas, is scheduled for 11 a.m. and will be televised on Fox Sports Net. All of Iowa State's games have been televised so far this season, but the Oct. 30 meeting with 2-4 Kansas is currently not scheduled to be aired on any networks.

ISD

Classifieds

Daily Classifieds Work!

We guarantee it!

CHECK US OUT!

www.iowastatedaily.com/classifieds

CLASSIFIED DEADLINES:

LINE ADS:

11am, one office day in advance.

DISPLAY ADS:

12 pm, Three office days in advance.

email: class1@iastate.edu

phone: 515-294-4123

CLASSIFIED RATES

LINE RATES:

(per line per day, includes online)

1-3 Days.....\$1.60 (per line)

4-6 Days.....\$1.35 (per line)

7 Days.....\$1.10 (per line)

Min. Charge \$3.10

Price includes 55¢/day online charge

We accept:

MasterCard

VISA

Discover

AMERICAN EXPRESS

Service Showcase

MASSAGE

Therapeutic Massage

Mary Dengler, RMT,

IA Lic # 00477

208 5th Street

232-9474 or 1-800-705-6667

"All work done by the bodies needs."

New clients always welcome.

Ames' Most Experienced Massage Therapist

James E. Brockway, LMT

Massage Therapist for ISU track last 7 years

\$40 per Hour Session

Call 233-9719 for appointment

CLEANING SERVICE

Jackson Cleaning Service

Rentals

Sorority

Windows

Deep Cleaning

Residential Cleaning

Getting Your Home Ready For the Market

References • Insured & Bonded

23 years Experience

Call us at 231-3649

FAST FACT: POPULATION

Iowa State University's students, faculty and staff total over 63% of the population of Ames truly making Ames a college town.

Announcements

The IOWA STATE DAILY Recommends ALL ITS READERS

Closely examine any offer of a job opportunity or service that sounds too good to be true; chances are it is.

Before investing any money, please contact the

Des Moines Better Business Bureau at 515-243-8137

HUD Publisher's Notice

ALL real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968 as amended which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, family status or national origin, or an intention to make any such preference, limitation or discrimination."

This newspaper will not knowingly accept any advertisement for real estate which is a violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination, call HUD toll free at 1-800-424-8590.

Announcements

ATTEND COLLEGE ONLINE from Home. *Medical, *Business, *Paralegal, *Computers, *Criminal Justice. Job placement assistance. Computer available. Financial Aid if qualified. Call 888-220-3960 www.CenturaOnline.com (INCN)

FRANCHISE BUSINESS FOR SALE!! Established for 3 years. Will Train. Nets 100K can operate from anywhere. \$4400 down. Call Jerry 1-800-418-8250 www.psgcreditrepair.biz (INCN)

Announcements

Advertise in over 250 newspapers in Iowa for only \$300. Find out more information by becoming our fan on Facebook www.cnaads.com or call this newspaper! (INCN)

Help Wanted

Earn \$1000-\$3200 a month to drive our brand new cars with ads placed on them. www.AdCarDriver.com

Licensed Plumbers & HVAC Must have 2+ yrs commercial exp. Iowa Mech. License, Valid D/L, Drug Free. Call 515-251-4998 (INCN)

Undergraduates earn \$15 in one hour.

Student Monitor is conducting a public opinion study. Wednesday, Oct 20, 8a.m.-5p.m. in room 3558 ISU Memorial Union.

Help Wanted

*Most Updated Equipment on the Road** OTR Drivers, PrePass EZ-pass, 100% APU equipped, Latest Qualcomm Navigation. 2007 and newer equipment Pass-Pet Policy 800-528-7825 (INCN)

Between High School and College? Over 18? Drop that entry level position. Earn what you're worth!!! Travel w/Successful Young Business Group. Paid Training. Transportation, Lodging Provided. 1-877-646-5050. (INCN)

Diesel Mechanics Ryder is hiring experienced Diesel Technicians in Cedar Falls. \$2,000 sign-on bonus! 1st & 2nd Shifts. Tuesday - Saturday. Visit ryder.jobs EOE (INCN)

Services

cvxgameconsolerepair.com

Announcements

Stay Warm, visit SpendLessOnHeat.com start saving money today!

Commercial Infrared Quartz Technology

- Excellent BTU Output & lasts longer than others

Lower Your Heating Bill

Healthy Toasty Warm Heat!

Free Shipping & Quiet Running

Exclusive 5 Year Warranty!

B.W. Inc., MN (A+ BBB Rating) In Business Since 1990

MADE IN USA

See the latest & best at the largest industrial show in Iowa

TECHNOLOGY • EQUIPMENT • MATERIALS • SERVICES • IDEAS

ATTENTION:

•Management

•Engineering

•Purchasing

•Architects

•Contractors

•Printers

•Marketing

•Offices

•Production

•Maintenance

•Government

•Professionals

Des Moines

Products SHOW

FOR BUSINESS AND INDUSTRY

Wed. Oct. 27

• 11 a.m. - 6 p.m.

Thur. Oct. 28

• 10 a.m. - 3 p.m.

FREE Admission

FREE Parking

HY-VEEHALL-Iowa Events Center-7303rd St., Des Moines

Call (402)346-8003 • www.showofficeonline.com

Produced by Mid-America Expositions

Help Wanted

CHILD DEVELOPMENT CENTERS

Internships are available with U.S. Military Child Development Centers in Germany, Italy, England, Belgium and the U.S. (Florida and Hawaii). Beginning January 2011 and ending May 2011. Related college coursework and experience required. Airfare and housing are paid and a living stipend provided. Interns receive 12 hrs of college credit (graduate or undergraduate). Make a Difference! University of Northern Iowa, College of Education, School of HPELS. Email Susan Edginton at internships@campadventure.com for more information. Please put INTERNSHIP ISU/CA in the subject line of your email.

Extras needed to stand in the backgrounds for a major film production. Earn up to \$200/day. No experience required. All looks needed. Call 877-571-1175.

Gateway Hotel & Conference Center is seeking great people for the following positions: Housekeepers IowaStater Rest Servers Prep & Line Cooks Conf Serv Servers Conf Serv Bartenders Applications available at gatewayames.com or on property. EOE M/F/D/V

STUDENTPAYOUTS.COM Paid survey takers needed in Ames. 100% FREE to join! Click on Surveys.

Reefer & Flatbed Drivers Needed! Experienced drivers & Class A commercial students welcome! Incredible Freight network offers plenty of miles! Call Prime today: 1-800-277-0212 www.primeinc.com (INCN)

!BARTENDING! \$250/day potential. No experience necessary. Training provided. 1-800-965-6520 ext.161.

Help Wanted

REGIONAL CDL DRIVERS NEEDED! Gordon Trucking, Inc. Immediate Openings! Consistent Miles & Time Off! Full Benefits, 401k. We have lots of freight! www.TEAMGT.com 888-832-6484. (INCN)

Gilbert School is looking for a Head Girls Soccer Coach. More details at www.gilbert.k12.ia.us

For Sale

For Sale: New Timberline Hydraulic Tree Shear will cut 14" trees, rotate and cut into firewood. Call John at 712-374-3366 for more info. (INCN)

Welch Ave street vending business for sale. Low start up cost and can start right away. Equipment and location ready. Be your own boss and work only on nights and weekends. Perfect for students. Call Casey at: 515.708.3866.

1 Bedroom Apts

1 bedroom available immediately with heat, water,cable, and internet included. \$495-550 www.rentshriver.com 515-232-4765

2 Bedroom Apts

2br close to CY-Ride.Free cable.515-296-1107.

A Great Value!

LARGE 2 BR apts. Newly remodeled. Convenient locations. FREE cable/internet. Decks/patios. Walk-in closets. D/V, microwave. Cy-Ride. Pets accepted. Available Oct. now. \$630/mo. 515-290-6542 www.jlsorenson.com

Duplexes for Rent

6BR/4bath duplex. Close to ISU campus. New carpet on main floor. 1BR in ea unit set-up like an efficiency. \$1600 or \$800/side. 515-239-8609. Owner is IA licensed realtor.

>>**FLOODING.p1**

\$50 million of damage.

Yet the frequency of major flooding events has caused many residents to be concerned with the ability of Ames to protect property from flooding.

“When we get a large flood like this, the waterway openings for our rivers were not big enough for the amount of water,” said Stephen Jones, ISU Extension communities specialist in civil, construction and environmental engineering.

The fact is that the physical attributes of Ames and the surrounding land combine to create an attractive floodplain in the center of the city.

The shape of the watershed in northern Iowa and the row crop agriculture that covers the surrounding area respond quickly and negatively to a large, single rainfall event.

Jones said the flooding this year was due to Squaw Creek escaping its banks and joining with the Skunk River, which caused a historic back-up of water.

Ames has witnessed major flooding events three times since it flooded in 1975 including 1993, 2008 and this year.

Long-time Ames resident Mayor Ann Campbell said she remembers watching the floodwaters rise in 1975 from her house south of the greek houses and about a block away from Iowa State Center.

“I was with young children at home then,” Campbell said. “I can re-

member being very close to the floodwaters, but the flood of 1993 is more firmly in my mind.”

Her experiences as a City Council member and mayor have allowed Campbell to understand that flood mitigation is a complex process that does not have easy solutions.

“If we were to plan Ames today would it look different? Yeah, it would,” Campbell said. “Weather patterns have changed and the city is a different shape than it was in 1993.”

As the city expanded, it effectively choked both rivers, Jones said. Builders and engineers have created choke points on both rivers, which constricts the ability of floodwaters to stay within the flood channel.

Jones said although bridge engineers included a margin of safety in order to accommodate high levels of flooding, the margin wasn’t enough for the unprecedented rainfalls recently witnessed by Ames.

After the rainwater pushed over bridges and beyond flood banks, they entered parts of the ISU campus, residential buildings and businesses, some of which has been flooded before.

“At the time Iowa State Center was built, the buildings were certainly located in the Squaw Creek floodplain,” Jones said.

The combination of cheap land and a need for expansion ultimately led to the construction of Iowa State Center, which received the majority of the flood damage this year.

Hilton Coliseum was flood-



There’s more!
For the rest of the story, go online to iowastatedaily.com

proofed following the 1993 flood, but the efforts were not enough. Together with Scheman and Lied Recreation Athletic Center, the area accounts for around half of the flood recovery costs.

“It’s a risk thing,” Jones said. “You have to assess what kind of risk you are taking when you build in or near a floodplain.”

Although the city and Iowa State are in the process of obtaining a flood mitigation report similar to the one completed after 1993, Jones offered some analysis based on his extensive waterways-related research.

He said Lied could be protected with flood walls that proved useful in keeping Maple-Willow-Larch dry this year.

Hilton Coliseum’s site of initial flooding was different in 2010 than in 1993, Jones said.

Water seeped through the west side, Jones said, which indicates that flood mitigation strategies can be effective.

“We can’t just move these structures out of the floodplain, but we can look into a variety of flood-proofing strategies,” he said.

It is unlikely Ames will be able to afford major construction that widens the floodway, he said.

>>**SMITH.p1**

“It was just something that needed to be done for Ames,” Smith said.

“For Ames and for Duff Avenue, and the business area needed that protection ... I knew they needed it or they would get in trouble sometime, which they did,” Smith said.

By 1986, just prior to that editorial, the plan was to create a 3,620-acre flood stage reservoir on the Skunk River north of Ames, lower from the maximum 5,000-acre original plan.

“You wouldn’t have had this flood damage to Hilton Coliseum or in the area down there along Squaw Creek if that dam had been in place,” Smith said.

In summer 1986 the plan failed, though, facing opposition at that time by weary state and local governments unwilling to sponsor the project, and residents in Story City who feared the reservoir could potentially flood their city park and golf course.

Whenever there was a flood in Squaw Creek, they would close the dam so the flood water would go into the Skunk River.

When I-35 was put it, it was built around the area where the reservoir would have gone in.

Smith, Iowa’s longest-serving Congressman, said he had the money appropriated and ready to go in 1971 — \$7 million from the federal government — when re-

districting took Story County out of his Congressional district. But, at that time, Gov. Robert Ray — a Republican — and Iowa State University opposed the plan.

While Ames was out of Smith’s district, there was another chance to fund the construction of a 5 million gallon reservoir in 1977 through the U.S. Community Drought Relief Act as a way to control water supply during droughts, but it never took off.

Once he got Ames back in his district a decade later, Smith began to push for the reservoir again.

“Ames is going to reach a time when no construction projects are permitted,” he said in an article in the Ames Tribune on March 1, 1984.

Opposition never went away; farmers would not sell their land and businesses protested, even closing their doors for a day to show their disapproval in December 1984.

A 1983 report by then-Ames Water Director Harris Seidel noted the proposal of a reservoir in the same area has been discussed as far back as the 1930s.

Smith left Washington, D.C. as a result of the Republican wave of 1994, but he still supports building the lake that never happened.

Smith believes if a new cost-benefit ratio analysis would be done today, because of all of the new businesses along Duff Avenue and growth of Iowa State’s campus, the result would be favorable for the dam. However, he admits this is a “pure guess.”

Learn about

now at your local Hy-Vee

Making Healthy Choices Even Easier!

The NuVal System does the nutritional heavy lifting so you don't have to. Developed by an independent panel of nutrition and medical experts, the System helps you see – at a glance – the nutritional value of the food you buy.

How? The NuVal System scores food on a scale of 1-100. The higher the NuVal Score, the better the nutrition. It's that simple. And it's coming to every aisle of your favorite Hy-Vee stores – right there on the shelf tag. Now you can compare overall nutrition the same way you compare price. You can even compare apples and oranges.

Find out more at nuval.com

TODAY!

College of Agriculture & Life Sciences

AG CAREER DAY 2010

Tuesday, October 19th
from 9:00am - 3:00pm
at the Lied Rec Center

fields of opportunities

164 Companies and Organizations ... Endless Possibilities

A complete listing of our vendors can be seen at www.career.ag.iastate.edu/agcareerday/career.php

WE HAVE YOUR NICHE!
in print and online

www.flavors.ameseats.com

www.ames247.com

www.isdstyle.com