

THE MAD SCIENTIST

Martin Smith's unorthodox style has cross-country teams on path to success



By Kyle Heim
@iowastatedaily.com

Once a sub-2:30 marathon runner, Martin Smith's task was within grasp: Maneuver from toward the back of the pack of about 90 runners to a top-12 finish.

Only this time, he'd have to do it without being on the course.

"When [Smith] puts his mind to something, there's a very, very high chance he'll be successful at it," said Jim Hill, who ran for Smith in high school.

Sideline success

The Greenpark Racecourse in Limerick, Ireland, exposed an inescapable weakness of Hill's on the day of the 1979 IAAF World Junior Cross Country Championships.

A week of rain left the surface of the course covered in a thick layer of mud, and on race day, Hill struggled out of the gate.

But then the voice of his coach, Smith, appeared, shouting words of encouragement to the Oakton High School distance runner.

"Somehow [Martin Smith] positioned himself on the course or in the stands or something, and I

was really struggling," Hill recalls. "I could hear his voice yelling encouragement the entire 8K and it totally helped me go from about 100th place up to I ended up finishing 12th place."

Hill claims that had Smith not traveled with the U.S. team and cheered him on the entire race, he would not have finished anywhere near the top 50.

"His enthusiasm and focus and never giving up attitude made a big difference," Hill said.

Walk-on success

Any coach can pinpoint talented and skilled athletes, but Smith had a knack for developing talent from the scraps left over on the recruiting trail.

When every other cross-country coach took a pass on Tim Springfield, Smith, who became a coach at the University of Virginia after spending three years at Oakton High School, discovered an athlete who had a strong work ethic and just needed to land in the right situation.

As a walk-on freshman at Virginia, Springfield didn't have a means of transportation to his morning workout, so Smith would pull up

in front of Springfield's dorm in his 1970 Volkswagen Beetle at 6:30 a.m. every day to drive him to practice.

"Martin kind of made that effort to communicate to me how important those details were, and how hard he was willing to work on my behalf kind of inspired me to work hard on my own behalf," Springfield said.

In Smith's three years as a coach at Virginia, the women's cross-country team won two national titles, and he helped put a struggling men's cross-country team in a position to finish inside the top five in the nation the year after he left.

"He was very demanding of us, but I always knew he was on my side," Springfield said.

The next stop on Smith's coaching journey was the University of Wisconsin.

He had to convince a group of men whose coach, Dan McClimon, died in a plane crash to buy into an entirely new system.

He not only was able to continue the success McClimon, who led the Badgers to their first ever NCAA title in the sport, left behind but did it for 15 years.

A Smith coaching stop wouldn't

be complete without him taking on another walk-on project. This time it was Eric Stabb.

Stabb redshirted his freshman year and got injured at the start of his sophomore campaign, but instead of kicking him to the curb, Smith kept Stabb on the team as a team manager.

Stabb got to see Smith in a different light, rooming with him when the team traveled to meets and hearing from him exactly what he was thinking about and what he was worried about.

When a top ranking appeared inevitable for a Wisconsin team that had firmly established itself as a championship-caliber program, Smith found an unorthodox way to ease the potential burden of high expectations.

He understood the dangers of letting success get to the heads of his athletes. So in the '80s, when his team was ranked No. 2 in the preseason poll, he drove to the secretarial pool to have a new set of rankings typed up with his team ranked No. 16 and later posted the list on the locker room wall.

SMITH p3



Ryan Bretoi/Iowa State Daily
Denise Soler Cox speaks Thursday in the MU.

Filmmaker presents on culture

By Emily Hammer
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In the midst of Hispanic Heritage Month, Latina filmmaker Denise Soler Cox is traveling the country to show screenings of her first documentary, "Being N," which discusses her story of coming from two cultures along with others' experiences.

Soler Cox visited Iowa State on Thursday night to talk about her struggles as an Enye (Ñ), as well as show her film.

On her website Soler Cox defines an Enye is a first-generation American-born Latino with at least one parent from a Spanish-speaking country. In her film, Soler Cox describes them as people who are stuck between two worlds.

Emily Villarreal, sophomore in child, adult and family services, considers herself an Enye and agrees with Soler Cox's description.

"You're expected to know both cultures [Latino and American] because you're not going to ignore one culture because you're in another country," Villarreal said.

Soler Cox said that almost five years ago, she had a big idea that would change the way Enyes saw themselves. She knew it was big because it changed the way she saw herself.

"I pitched a film to my now producing partner Henry Ansbacher about a generation of Latinos who didn't feel like they were from here or from there," Soler Cox said.

Erica Argueta, junior in animal science, not only considers herself an Enye, but also sees the difference in cultures reflected in coming to college. Even though her family encouraged her to go to college, they never had that experience themselves.

"We don't get advice from our parents on what to do in college because the older people in our families haven't gone," Argueta said. "We go in blindsided. We go in on our own."

Soler Cox stopped the film screening twice to give her personal director's commentary, not only talking about the scene but also how she felt during the scene.

In her first commentary, Soler Cox discussed the previous scene in which she and her brother talked about the racism and prejudice she faced as a child, which she never told him about.

In the scene, she recounts a story she told her brother as a young child when her peers called her a racial slur. He told her he didn't know that she was going through that and that he thought she had it easier because she was "light-skin" and pretty.

After that moment with her brother, Soler Cox said their relationship has never been tighter, which is exactly what she wanted from the film.

"This film is about evoking connection with others," she said during the pause in the screening.

In her second commentary, Soler Cox told the audience the story of her and her husband selling their wedding rings in order to make rent. Embarrassed, the two promised not to tell anyone.

In January, however, Soler Cox accidentally let it slip to Ansbacher in a moment of frustration. Feeling she had finally let him know everything about her, she got up from her chair to walk out because she felt so vulnerable.

Before she could get far, Ansbacher pointed out the countless communications Soler Cox had received from people around the world, who were thankful that she was telling her story.

Soler Cox then realized that, because she opened up, she was helping others realize that they're not alone in their feelings of being pulled toward different cultures. She said that she had the most power she'd ever had opening up for her film.

Soler Cox hopes to help every Enye struggling to accept themselves and learn how to embrace both cultures that have caused them to feel isolated from both.



The Pan-Caribbean Community organized a general assembly Thursday night to inform the club and general public on the impact of Hurricane Matthew, which made landfall last week. Courtesy of Wikimedia Commons

Group looks for help after hurricane

By David Perrin
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After killing over 1,000 people — 38 of whom were in the United States — Hurricane Matthew finally subsided, but not before hitting several states including Florida, Georgia and the Carolinas.

The Pan-Caribbean Community (PCC), led by President W. Peter Deveaux-Isaacs Jr, junior in political science, organized a general assembly Thursday night to inform the club, as well as the general public, of the impact that Hurricane Matthew had on campus.

"This general assembly was called to discuss something that has afflicted us in a very grand way," Deveaux-Isaacs Jr said.

During the meeting, several people spoke, including a professor at State, ISU alumni and many Pan-Caribbean students.

Some students shared with the group of nearly 30 individuals at the assembly their stories and the emotions that they experienced during the hurricane.

"This hurricane was very hard on me," said Janae Newkirk-Santana, sophomore in animal science, member of the PCC and a native Dominican. "I don't have family in Ames at all — I

barely have family in America, period."

The emotional toll that the students have gone through in the past few weeks and will continue to go through in the future negatively influences grades and relationships. But excluding those who died during the cyclone, this isn't the worst for Hurricane Matthews' victims. Many survivors lost their homes in the storm.

"I recently found out that everybody back home is good — there were very little casualties, but there was so much devastation and destruction," said Dangle Martin, freshman in agricultural engineering, native Pan-Caribbean and member of the PCC. "The islands that were hit were the most populated — the most developed."

Throughout all of the ruin from Hurricane Matthew, there isn't much that Americans, or even Caribbeans, can do to improve their standing in life. Of course, rebuilding is the first priority, but other than that, there isn't much available for families and friends to do.

"Despite the electricity being turned off among other things happening, they're still surviving," Deveaux-Isaacs Jr said. "The only thing we can do is move on, and we will. I presume that's what all Caribbean countries will eventually do."

One subject that colleagues and friends can

educate themselves on is why the hurricane hit Haiti and other islands of the Caribbean as terribly as it did, and why it does less damage and destruction to the U.S. coast.

"Hurricanes need shallow water in order to make storm surges," Deveaux-Isaacs Jr said. "So, places like Florida experience a small amount of what places like Haiti, the Bahamas and Jamaica have in droves."

This fact is one of the only reasons why the death toll in Haiti was so dramatically greater than in Florida and North Carolina.

So, what can university students do to be more accepting of Caribbeans, especially of those who were directly affected by the recent hurricane? Focus on inclusiveness, and realize it is important in making international students feel more at home.

All students at the university are very similar — an agricultural engineering major from a small island in the Caribbean and an event management student from a small town in Iowa ultimately have the same goal in mind — to graduate and make the world a better place.

"Caribbean students especially — we have a way about us," said Judson Wilmott, ISU alum and native Bahamian. "We don't look at color, we don't look at race, we don't get petty. What we do is try to be happy."

WEATHER



FRIDAY
Party cloudy.

67
58

Weather provided by ISU American Meteorological Society

CALENDAR

The information in the log comes from the ISU and City of Ames police departments' records.

All those accused of violating the law are innocent until proven guilty in a court of law.

Oct. 14

Snow Blower Service Days

1 p.m. to 6 p.m., West side of Sukup Hall

Staffed by members of the Agriculture Systems Technology Club. Service continues on Saturday, Oct. 15 from 8 a.m. to 3 p.m.

p.m. The \$25 cost includes oil, grease, spark plug and a half tank of gas.

Paint Your Own Pottery: Cardinal & Gold for Family Weekend

4 p.m. to 8 p.m., Workspace, The Memorial Union

CALENDAR

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Snow Blower Service Days

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Mind," "Sundown," "The Wreck of the Edmund Fitzgerald," "Early Morning Rain," and more.

Hilton Madness

8 p.m. to 9 p.m., Hilton Coliseum
This year's Hilton Madness will feature a slam dunk competition, 3-point contest and a scrimmage for you to cheer on your favorite players. Iowa State alum Scott Siepker will emcee the event. Doors open to students at 7:15 p.m. (North doors only). Doors Open to the Public at 7:30 p.m. (South, Lower West and North Doors).

Paint Your Own Pottery: Cardinal & Gold for Family Weekend

4 p.m. to 8 p.m., Workspace, The Memorial Union

We welcome parents and siblings of Iowa Staters, as well as our regular community crowd. We will show you the basics of painting your piece, and then we will fire it within a week for you to come pick up. Studio fee is \$4 for ISU and \$5 for public to attend, plus the cost of the bisque you select. Open to all ages if accompanied by an adult.

Cyclone Cinema: Finding Dory

7 p.m. and 10 p.m., Carver 101
The Student Union Board presents Cyclone Cinema. Showings are free every Thursday, Friday, Saturday, and Sunday.

Men's hockey

7:30 p.m., Ames/ISU Ice Arena
ISU vs. Lindenwood University (American Collegiate Hockey Association). Family Weekend. Cost: \$5-\$10.

Gordon Lightfoot

8 p.m. to 10 p.m., Stephens Auditorium
Legendary balladeer Gordon Lightfoot's concerts weave tales of love and longing in eloquent musical masterpieces that include "If You Could Read My

Oct. 15

FIRST LEGO: Alumni Build Day

10 a.m. to 4 p.m., 0308 Elings Hall
Individuals that love building with LEGO(r), have volunteered at a FIRST event, or are FIRST alumni. Join the Iowa FLL Planning Team in building LEGO kits for this year's competition, Animal Allies. This is a great way to connect with other FIRST and LEGO enthusiasts, give back to the community, and have a blast building. Volunteers can stay for an hour or all day. Please RSVP to fl@iastate.edu.

Volleyball

1 p.m., Hilton Coliseum
Iowa State vs. Texas Tech. Cost: \$5.

Town and Gown concert

7:30 p.m., Martha-Ellen Tye Recital Hall, Music Hall
Chelsea Wang, piano; and Ida Kavafian, violin. This will be their first full concert together, featuring solo and duo works. Cost: \$30.

All event information is courtesy of the Iowa State University event calendar at event.iastate.edu.



Ryan Young/Iowa State Daily

Nick Babb goes up for a dunk during Hilton Madness in October 2015. The 2016 Hilton Madness will take place Friday night.

Madness returns

By Alex Connor
@iowastatedaily.com

Hilton Madness is here, finally. Doors open at 7:15 p.m. Friday for Iowa

State students (North doors only) and at 7:30 p.m. (South, Lower West and North doors) on Friday evening for the general public, and the event is free for all. According to the events

page website, this year's Hilton Madness event will feature a slam dunk competition, 3-point contest and a scrimmage. Iowa State alumnus Scott Siepker will emcee the event.

Museum panel set

By Alex Connor
@iowastatedaily.com

A museums panel will take place Sunday on campus, where graduate students from Western Illinois will discuss the future of museums.

The panel will take place from 2 p.m. to 3 p.m. at 2019 Morrill Hall and is called "Navigating a Sea of Chance." According to the

events page website, the following questions will be addressed: "How are Museums becoming the centers of community that actively embrace diversity? How does the pressing need for innovation control the future for museums? And what are the perils of innovation for innovation's sake? How do social justice issues fit into modern and future museums? In what ways can museums be leaders in the quest for

a sustainable environment?" After the panel, a Museums Career Panel discussion will take place in the Memorial Union and will feature several current Iowa museum professionals. The events will take place in conjunction with the 2016 Iowa Museum Association Conference. They will be free and open to the public, according to the events page website.

Club preps for winter

By Alex Connor
@iowastatedaily.com

Snow Blower Service Days will take place Friday and Saturday and will be staffed by members of the Agricultural

Systems Technology Club at Iowa State. The service day will take place from 1 p.m. to 6 p.m. Friday and costs \$25.

It will continue from 8 a.m. to 3 p.m. Saturday on the west side of Sukup

Hall. The \$25 cost includes oil, grease, spark plug and a half tank of gas, according to the events page website. Pickup and delivery also is available for \$15 (Ames only).

SNAPSHOT



Chris Jorgensen/Iowa State Daily

From Muscatine to president of the World Bank

World Bank President Jim Yong Kim visited the Gerding Business Building on Thursday. He talked about his experiences before being World Bank President, as well as what he is working on now. Kim grew up in Muscatine, Iowa, after his family moved to the United States.

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IOWA STATE DAILY

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Petition calls for new minor

By Jake Dalbey,
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In an effort to create a more diverse community at Iowa State as well as build opportunities for learning, three students have begun working toward a petition meant to encourage the creation of an American Sign Language (ASL) minor.

Six classes are currently available for student enrollment that work toward mastery of American sign language, however, there is no major or minor program for those looking to pursue the language as a career.

Brittany Mease, junior in English; Breanna Recker, junior in linguistics; and Abby Crimmins, senior in linguistics, began the petition as a response to the lack of options for ASL enthusiasts — a fact they believe limits the growing deaf community in Ames.

“This is a culture, and the petition’s goal is to open people’s eyes to this,” Mease said. “Iowa State preaches diversity, that’s what we’re going for, to make a more inclusive campus. No one really knows about ASL, and so we want people to know that this is a community that needs to be included.”

For Recker, studying ASL is more than just attending classes and finishing assignments.

“It’s not just about learning a language,” Recker said. “It’s also learning the culture and the people within that culture.”

Mease sees the popularity of ASL classes and enrollment as a signifier toward the success the petition may bring.

“There’s a high percentage of enrollment for these classes,” Mease said. “They are hard to get [into]. When I came here three years ago, I had to beg my adviser to slide me into the classes.”

Although the group views the deaf community as be-



A group of students on campus are petitioning for the creation of an American Sign Language (ASL) minor. While there are six classes available to help learn sign language, no major or minor exists. Courtesy of Wikimedia Commons

ing somewhat left out by the university and students, they believe the richness of the deaf population is what sets them apart from other language minors and majors offered through LAS.

“You don’t always get a high concentration of, say French speakers, at Iowa State,” Mease said. “Anyone can be deaf, and I think that’s what sets us apart. This makes it easier to reach out and makes the experience super rich.”

Support for the petition’s goal has sprung up among students and staff from a variety of educational fields, not just within the LAS program.

“Not only have we gotten many signatures, but people offered to take pages for us and help with signatures,” Recker said. “We’ve also had people asking us when it would be turned in and asking, ‘Does this mean there will be a minor soon,’ so I’ve seen support.”

When approaching students to sign the petition, Mease said the reaction was of shock, as many assumed ASL had a minor program.

“They just assumed ASL had a minor and then ask why it isn’t when I tell them it’s not available,” Mease said. “They tell me it’s awesome, and though they themselves have never taken ASL, they don’t see any reason why someone wouldn’t want to.”

Schools offering ASL minors in Iowa are a rare sight. Only the University of Iowa offers a similar program to the one being expressed in the petition.

The group states that the primary concern from the LAS Curriculum Committee is that the level of students in higher 300- and 400-level classes is very small.

But Mease believes that students do not have the motivation to finish high-level ASL classes because of the lack of a minor, which in turn looks poorly on the program because of the low amount of student enrollment after the initial 101 and 102 courses.

“What they don’t realize is that if the minor was offered, there would be no issues, the program would explode,” Mease said. “Not only would we attract more

current students, but we’d also attract future students both hearing and deaf.”

Crimmins hopes the petition will allow more students to pursue different careers that previously weren’t as popular or feasible at Iowa State.

“Having this program will start opening more and more doors for students who want to go into interpretive services or deaf education, as well as high school students who are looking into which colleges to attend,” Crimmins said. “When ISU offers classes but not a minor, it makes the incentive to continue small, which in turn keeps our community small.”

The women are continuing to promote and share the petition, hoping to gain 300 signatures by November, when the program will be pitched to the curriculum committee. The current numbers are already over 200.

“It’s a unique experience and a unique perspective, and is humbling when you learn all of the struggles deaf people have and how positive all of them are,” Crimmins said.



Lyn Keren/Iowa State Daily
Victim stories are read at the Lives on the Line event Thursday.

Lives on the Line raises awareness

By Jacey Goetzman
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Lives on the Line: Stories of Iowans Lost to Domestic Violence was a new event that took place Thursday to raise awareness about domestic violence as well as provide resources to students.

The event, hosted by the Margaret Sloss Women’s Center, was a revamped version of the previous year’s event, Violence Leaves an Empty Chair at the Table. It presented the information in a new way.

This year, clotheslines were strung between light poles. On the clotheslines, the stories of Iowans who have lost their lives to domestic violence were clipped on a variety of colored paper. The color of the paper corresponded to their age. There were also flags to represent if the victim was male, or if they were from Story County.

On the front of the paper, the victim’s age and name was listed. The date of their death, sequence of events leading to their murder, as well as any judicial outcomes regarding their murder were listed on the back.

“A lot of the time, we think of violence like it doesn’t impact us,” said Jazzmine Hudson, sexual misconduct prevention coordinator. “So then, by default, it’s not happening ... I just want people

to be aware that you never know when and where this may be happening: to your friends, your family, your next door neighbor, a person you go to church with ...”

Overall, there have been 279 victims since January 1, 1995, in Iowa. Almost 200 of these victims were female, 35 male and 54 of them by-standers. Twenty-eight of the victims were children. Six of the deaths were in Story County, according to the Iowa Attorney General.

During the event, students stopped to talk with staff from the Margaret Sloss Women’s Center, ACCESS and Student Assistance. At the booths provided, they were offered pamphlets that provided information on domestic violence resources, as well as candy and complimentary purple ribbons in support of Domestic Violence Awareness Month.

Many walked through the line, some reading names and ages, some exploring the stories of the victims.

“I think [the stories] help make it real,” said Anasia Sturdivant, youth and families domestic abuse advocate for ACCESS. “A lot of people don’t feel like it’s real or it’s happening in our own community and then to see that all these stories are [from Iowa,] it’s like, oh, snap, it’s not a big city or a place far away from here that we don’t talk about.”

Vermeer looks for larger Research Park relationship

By Travis Charlson
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The Vermeer Applied Technology Hub officially opened its doors on Thursday, hosting a “Premiere” grand opening event that showcased to the public some of the features and initiatives the new building looks to bring to the Research Park.

The event featured speeches from Vermeer’s Chair of the Board Mary Andringa and President and CEO Jason Andringa; Debi Durham, director of the Iowa Department of Economic Development; ISU President Steven Leath; and Michael Crum, ISU vice president of economic development and business engagement.

The speakers touted the benefits of the relationship between Vermeer and Iowa State, and spoke of an optimistic future between the two.

“This facility is a wonderful addition to the research park,” Leath said. “This is a way to showcase one of our best partnerships here at Iowa State and what is possible through use partnerships.”

The facility serves as an office site for Vermeer, where it can better “recruit the sought-after talents and skills of Iowa State University students for Vermeer internships and develop their interest in pursuing full-time career opportunities at Vermeer,” according to the Research Park website.

The building features a shop space, offices and laboratories, which attend-

ees had the chance to tour during the event.

Four years ago, Vermeer, which specializes in farm and agriculture equipment, was the first Iowa-based manufacturing cooperation to open in the Research Park.

“It was a strategic move for Vermeer because it allowed them better access and build strong relationships with their future work force,” Leath said, referring to the number of ISU students who have gotten internships.

Housed on the second floor of the building is the ISU Startup Factory — an intensive, 52-week program that aims to help entrepreneurs and innovators grow their companies or ideas.

“This an area where start-ups and legacy companies like Vermeer unite in their quest for innovation and their quest for market destination, and quite frankly their quest for talent recruitment,” said Debi Durham, director of the Iowa Economic Development Authority.

The event featured exhibits from entrepreneurs in the ISU Startup Factory, which allowed them to mingle and showcase their products and ideas with attendees.

“The collaboration between a world-class organization with world-class students like we have here at Iowa State, and the heritage of innovation [at Vermeer] ... I look forward [to] that coming together in this facility and really continuing to drive innovation and collaboration forward,” Andringa said.

SMITH p1

Stabb not only became Smith’s gopher as the team manager but also his confidant.

The two spent the nights before big meets together, and Smith always made Stabb score the meet.

“He would read off a series of numbers to me and I’d have to add them up and tell him what the score was,” Stabb said. “We’d sit there and score the meet over and over and over, and he was always pessimistic about it. He was always worried we were going to get beat even if we were going to crush everybody.”

The breakup

Oregon had established an identity of being a dominant distance program long before former Oregon Athletic Director Bill Moos hired Smith as the head men’s and women’s track and field coach in 1998.

The men’s and women’s cross-country and track and field teams had combined to win a dozen national titles since the early ‘60s, with distance running being the backbone to their success.

But by the time Smith took over the program, Oregon had begun losing its ability to recruit the best distance runners in the area.

“I think [Smith] realized, somewhat to the disappointment of track fans and cross-country fans, that he had to take a different approach and put his efforts into field events, jumps, hurdles and some sprinting ... to build up points to win a conference championship,” Moos said. “He went that route and really developed, I thought, a very well-rounded track and field program.”

But tensions started to boil over with the fans and boosters who didn’t support Smith’s philosophy and wanted distance running to return to being the strong point it had for so many years.

“If fans love [a] wide-open passing game in football and then you hire a coach who comes in and runs the option, and maybe runs it very well, wins some games, but it isn’t what the fans are used to and how they built championship-caliber teams,” Moos said.

Smith resigned from the program the day before the start of what would have been his seventh outdoor season at Oregon in March 2005.

Pollard’s big hire

When Iowa State Athletic Director Jamie Pollard got the scoop that his head coach of the cross-country and track and field programs was considering a job at Boise State in June 2013, he didn’t waste any time in his search for a potential replacement.

He consulted Jerry Schumacher, who



Brian Achenbach/Iowa State Daily
Men’s and women’s cross-country Director Martin Smith stands in the Jacobsen Building in 2013.

had been a cross-country coach at Wisconsin during part of the time Pollard was there as the chief financial officer and senior associate athletic director, and later the deputy athletic director.

Schumacher named a list of up-and-comers, but Pollard had someone else in mind.

“I said, ‘Well, I appreciate that, but I’m thinking about somebody like Martin Smith,’” Pollard said.

After leaving Oregon, Smith landed on his feet at Oklahoma, where he had been the head coach for cross-country and track and field since 2006.

Schumacher’s reply to Pollard was simple: If you can get Smith, get him, but I can’t imagine that he’s going to want to move. You’re trying to hire the best.

Pollard got him.

Within 30 minutes after Ihmels told Pollard he was going to Boise State, Pollard called Oklahoma’s athletic director to get permission to talk to Smith.

“That began a process that went really fast,” Pollard said. “[Ihmels] let me know I think on a Monday, and the U.S. Track Championships were here in Des Moines that weekend, and so we wanted to get after it right away because we knew we were going to have all these coaches here.

“But there wasn’t any question who the No. 1 candidate was. It was [Smith’s] job if he wanted it. He was our No. 1 target from the get-go.”

The mad scientist

Smith was the ideal fit for the track and field and cross-country formula Pollard had in mind: “Distance first and then fill in around that with areas where you think you can be good in based on who you’re assistant coaches

are in track.”

Smith prepares like a football or basketball coach would prepare. He’s known for long practices, but those practices aren’t only limited to running. He also focuses on the mental part of the approach to being a good athlete.

ISU distance runner Thomas Pollard, Jamie’s son, has told Jamie that the team knows more about who it’s running against “than you could ever imagine.”

“I call [Smith] a little bit of a mad scientist,” Jamie said.

Instead of focusing on how to get the team’s best runner to perform his or her best, Smith focuses on how he can get his best runner to get the fifth or sixth runner to be the best they can be.

This method of coaching was on display Sept. 24 at the Roy Griak Invitational, where the Iowa State men’s cross-country team’s top five runners all finished within seven spots of each other — 17th, 18th, 19th, 20th and 23rd.

“That wasn’t by total design. I don’t think they planned it that way for that day, but they ended up that way [because of] the way they train,” Jamie said. “When they do intervals, one person leads and everybody follows. It’s a science.”

It’s a science that has the Iowa State men’s cross-country team, which is ranked No. 15 in the U.S. Track and Field Cross Country Coaches Association poll, on path to return to first NCAA Championship since 2009.

The only challenge for Smith is he won’t be able to convince his team that it has a lower ranking than it really does now that the polls are posted online.

Martin Smith declined to be interviewed for this story.

SUDOKU by the Mepham Group

6			9		5	1			
			5	4					
	9		8	1		3			
3						4	2		
			2						
8								7	
	5		1	2		6			
			9	3					
1	7		8						3

LEVEL:
1 2 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

CROSSWORD

1	2	3	4	5	6	7	8	9	10	11	12	13
14									15			
17										19		
23	24	25				26	27					
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32												
39												
43												
52	53	54										
58												
61												
67												
70												

ACROSS

1 Dangler on a dog
6 D-Day city
10 "A likely story!"
14 19th-century English novelist Charles
15 Greenish-blue
16 Gear teeth
17 "Programs that generate hardware sales"
19 Religious offshoot
20 Paperless publication
21 "Ditto!"
23 Having "but one life to give for my country," to Hale
26 "Certain repair site"
28 "___ you finished?"
29 Feel sorry about
31 Gael or Druid
32 Retin-A target
33 Greenish-blue
35 ___ Martin: flashy car
39 LAX listing
40 "Brings up to speed"
42 "Surfin' ___"
43 Like painter Jan Steen
45 Assents at sea
46 Capture
47 Extremely attentive
49 Big laugh
51 It may need

DOWN

1 Aggravate
2 Agnus ___
3 Latvian chess champ of 1960-61
4 Only woman to outfit Holmes
5 Eccentric sort
6 Reading at the checkout counter
7 Laid-back sort
8 Indy circuit
9 Kind of surprise kick
10 Confronts rudely

11 Word in two state names
12 White house?
13 Lens setting
18 Ceremony
22 "Lay Lady Lay" singer
23 Knocked down
24 "Un Ballo in Maschera" aria
25 Imply
27 Dublin-born playwright
30 Consider identical
34 Chase scene maneuver, slangily
36 One working on pitches
37 Missouri river or county
38 Mover and shaker
40 Blokes
41 Troopers, e.g.
44 Extreme jitters, with "the"
48 Put
50 Explosive sound
52 Business magnates
53 Very hot celestial orb
54 Arctic garb
55 Tea-producing Indian state
57 Big name in wine
60 Give up
63 Earlier
64 Rouge or blanc
65 Eden dweller
66 "L.A. Law" actress

HOROSCOPES by Linda Black

Today's Birthday (10/14/16)

Contribute to a passionate cause this year. Aim to realize a dream. Find what makes your spirit sing. Partnership changes open lucrative new doors. Take advantage of increased demand, and stash your winnings. After 12/23, your powers for communication rise. Inspire with words and images. Springtime efforts produce powerful results. Do it for home and family.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Aries - 9 (March 21-April 19)
Your life gets more fun and easier today and tomorrow. Use the tricks you've been practicing. Somebody nearby sure looks good. Memories of how you used to be pop up. Get ready to party.

Libra - 9 (Sept. 23-Oct. 22)
Your friends are a big help over the next few days. Get specific about what you're going for. Pass along what you've learned. The more you all know, the more you advance. Read the fine print.

Taurus - 9 (April 20-May 20)
Home's the best place for you tonight. Communications or transport could seem intense. Watch for traffic jams. Make your home more comfortable today and tomorrow. Learn from the past.

Scorpio - 9 (Oct. 23-Nov. 21)
There's still a way to win. Step back and check from a new angle. Prepare your report today and tomorrow. A challenge or test lies between you and your objective. Understand what's required.

Gemini - 9 (May 21-June 20)
Study the angles today and tomorrow, and you soon find the answer. Use an old trick and prosper. Get feedback from a loved one. Listen carefully. It pays to advertise. Promote and push your cause.

Sagittarius - 9 (Nov. 22-Dec. 21)
Consider attending a business seminar or conference over the next two days. Today and tomorrow are great for travel. Explore and study your objective. Saving is better than spending now.

Cancer - 9 (June 21-July 22)
There's potentially more money coming in. Don't let it slip through your fingers. Heed encouragement and advice from afar. The rewards of diligence are sweet, but don't take too much. Save some for later.

Capricorn - 9 (Dec. 22-Jan. 19)
Don't let a windfall slip through your fingers. Focus on finances today and tomorrow. You're liable to find something you'd missed. Get farther than expected. Interact with data and numbers.

Leo - 9 (July 23-Aug. 22)
You're gaining a distinct advantage. Go ahead and be assertive in support of your cause. Consult intelligent friends, and report the general consensus. Have a backup plan and map your steps.

Aquarius - 9 (Jan. 20-Feb. 18)
State your personal desires. A partner feels compelled to advise you. Think fast. Today and tomorrow favor negotiations and compromise. Accept a new responsibility. Head for home.

Virgo - 9 (Aug. 23-Sept. 22)
Laziness in the sun could tempt. Tempers could flare, if it gets too hot. Clarify your direction. Take time today and tomorrow to consider what you want and then let others know. Craft your persuasion.

Pisces - 9 (Feb. 19-March 20)
Creative collaborations thrive. Put your heads together for a breakthrough! Today and tomorrow could be super productive. Rediscover an old revenue source. Concentrate on a new assignment.

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Courtesy of Getty Images

Creepy clowns began making appearances along the East Coast in late August and have since been sighted across the United States, but columnist Coleman believes the likeliness of them showing up at Iowa State is unlikely because there is better police patrol and the weather is cooling off.

Just clowning around

Odds of nightmarish clowns appearing in Ames are unlikely

By Jordan Coleman
 @iowastatedaily.com

Halloween grows closer and closer, and people are growing more and more excited. However, this year brings a kind of excitement no one wants. I refer, of course, to the dreaded clown sightings.

It's tough to avoid imagining what one might do if encountered by a clown, and what the odds are of one lurking around Iowa State University's campus might be.

Evidence is plentiful, but unless organized, it can be confusing to try and make sense of it all. So here's a chance to wrap your head around some of the recent clown history.

Heavy News, as well as many other news reports, agree that the first sighting took place this year on Aug. 29 in Greenville County, South Carolina.

By September, many of the reports were about clowns trying to either chase down pedestrians or persuade children to follow them into the woods. There have been a few arrests, including an 11-year-old in

Georgia who brought a knife to school to protect herself from clowns.

The majority of the clown sightings have been primarily focused around the East Coast and have expanded into the southern states. A few sightings have been reported along the West Coast.

Without any real evidence for the argument, rumors are spreading of a clown cult preparing for Halloween somewhere on the East Coast, which would explain the origin and expansion of the clown scares, although it's very hard to believe anywhere in the Central time zone or farther west could also be in leagues with any clown organization.

So where does Iowa fit into this? So far there have been four locations.

Waterloo, Cedar Falls, Urbandale, the UNI campus and the University of Iowa all have reported clown sightings.

KWWL reported that Taylor Gruber, a UNI student, was chased by a clown and found an abandoned mask on her way home. Ditching an item that quickly, after only one incident, is a good indicator of the culprit just wanting to cause shock, not looking for any real effect on the community.

The Des Moines Register reported that a West Des Moines high schooler, Jacob Steil, was dressed as a clown. Armed with a bat, Steil chased two people in Urbandale. He was arrested.

The clown mask and bat were found at the scene. He is facing two counts of assault with a weapon, but no one was injured.

This is the trend: These clowns are nothing more than immature cowards who want a quick rise out of a stranger. They have very little planning to the point they can't even properly ditch evidence. They are just copycats who are too bored on a given night.

So what is the likelihood of Iowa State joining the list?

Between the general maturity level being higher than that of U of I and UNI, in addition to the impressive police patrols on and around campus, and how cold it's becoming at night, the odds of a quick scare are low.

It takes only one person to commit the act, and every community has anti-social citizens. The majority of anti-social people tend to do just that — keep to themselves.

As Halloween draws near, just remember pranks like these are not fun for anyone. Think about what you do before you approach a stranger you think might be unsuspecting. It could turn out they know karate or are part of the ROTC program.

If hand-to-hand combat isn't your best skill, there is always strength in numbers. Travel with a friend at night and enjoy this beautiful, clown-free town of Ames.

EDITORIAL

2016 World Food Prize laureates innovate

Last night, the World Food Prize Foundation in Des Moines awarded four distinguished laureates with the 2016 World Food Prize. Doctors Maria Andrade, Robert Mwangi, Jan Low and Howarth Bouis shared the prize for their combined work on biofortified crops, specifically the orange-fleshed sweet potato (OFSP).

"Let Food Be Thy Medicine" is the World Food Prize Foundation's theme at this year's Borlaug Dialogue. The foundation hopes to educate people on the importance of biofortified food in eradicating hidden hunger, which is the lack of vitamins and minerals. Hidden hunger exists among populations that don't have access to essential micronutrients and vitamins. So, while they may have an adequate calorie intake, they still are not getting enough vitamins and micronutrients needed to live a healthy and productive life.

This is where the OFSP and this year's laureates come in. The OFSP is what it sounds like: a sweet potato with orange flesh. What makes it remarkable is that it has higher amounts of beta-carotene, the pro-vitamin that is broken down in your body to produce vitamin A. Lack of adequate amounts of vitamin A can cause blindness and increases the risk of infections and death among infants and mothers.

The OFSP has reduced the occurrence of vitamin A deficiencies in Sub-Saharan Africa. Other biofortified crops include rice, beans, pearl millet, wheat, cassava and maize. These crops have been fortified through conventional, accelerated and marker-assisted plant breeding. These biofortified crop varieties have higher levels of either zinc, iron or beta-carotene. They are also bred to have traits that make them tolerant to climatic changes such as drought and heat.

Farmers can grow food, feed their families and improve their health. So where is the controversy? The biofortified crops listed above came into existence through publicly-funded research from international organizations like the International Potato Center and other members of CGIAR, formerly known as the Consultative Group for International Agricultural Research. These varieties also are the product of conventional breeding, that is to say not through genetic engineering (GE) or modification (GMO).

Public research of plant varieties is essential for addressing the issues surrounding both hunger and hidden hunger in developing nations and poorer populations. High-yielding, Roundup ready field corn grown by large agricultural corporations in the Midwest will not address hidden hunger around the globe.

To fight hidden hunger, we need public (non-patented) varieties of biofortified crops to be bred and grown in the communities that need them the most. Growing crops in the areas of consumption will boost the economic productivity of the local farms and help with the adoption and consumption of the new variety for daily diets. This is how biofortified crops succeed in eradicating deficiencies.

Politics take the main stage when it comes to biofortification and GE plant varieties. The scientific consensus is that or GMO crops are safe for human consumption. More biofortified crops can be produced through genetic modification. The acceptance of such varieties may be slower, but a rising global population and demand for said products may increase interest.

The work by the four esteemed scientists, now 2016 World Food Prize laureates, helped save lives and pave the way for further research. They challenged their fields and kept persevering through tough times. There is no doubt that all four of them deserve their awards. Thank you and congratulations.

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Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.

Words of wisdom for ISU Dining

By Alex Felker
 @iowastatedaily.com

What ISU Dining has done to Clyde's is a shame. A true shame. I have many fond memories of the grease-pot it once was. The popcorn machine, the frozen hamburgers, the battered french fries — where have they all gone? What has the world come to?

Of course the university has some silly idea about supporting healthy lifestyles. This is pure hokum. If it truly cared, it would have removed the self-serve ice cream machines from the dining halls. Or the endless soda fountains. Or the dessert bars. A basket of under-ripe bananas near the exit is not going to somehow prevent a person from snagging three double chocolate chip cookies on the way out.

Frankly, I think the university ought to stay out of the whole healthy foods movement. It would just be one more thing for it to bungle. I am personally quite fond of its current policy; i.e. the "let's stick a few posters about the food pyramid near the doughnut bar and call it good" strategy. It's useful that you're required to buy a meal plan if you want to live in the dorms. Some things should be learned early.

In other news, a meal bundle apparently includes only two sides now. As if we weren't being price gouged enough. Clearly, profit margins were not what some thought they could be. Those little bags of carrots have to be costing the university at least a nickel each; that's a nickel more than what should be spent on the gluttonous student body. I expect that sometime in the near future a drink will count as a "side."

I wonder, too, how much longer the dining halls will be self-serve, buffet style. Of course — for all I know — they already aren't; I myself



Emily Blobaum/Iowa State Daily

Tom Gordon, a cook at Seasons Marketplace, prepares a plate of the Mediterranean chicken with couscous at the Hickory's venue. ISU Dining is switching to healthier alternatives.

have not visited one in quite a while. There is probably some sorry student whose duty it is to stand by the vat of pasta all day and ladle out portions of linguini.

I think the most expensive waste has to be the salad bar. I remember seeing students roll up with those giant plates and pile layer upon layer of hardboiled eggs, candied nuts and bacon bits atop sparse beds of iceberg lettuce. What a time to be alive.

I think we all know what the real crime is, though, and that's the pathetic excuse for "toasting" that the C-Store has the impudence to suggest is adequate. I remember I used to ask for my sub sandwiches to be twice-toasted. It felt like such a patronizing request. Like I was somehow questioning the aptitude of the employee in charge of the toaster's operation.

But, oh — justice was never to be had. It was the fault of ISU Dining that my sandwiches came out soggy more often than crisp, and for that I will never forgive them.

Those were the halcyon days of

yore. When a hungry soul could wander down to the West Side Market and pack up a meal bundle consisting of one 6-inch salami sub sandwich, three bags of jalapeño kettle chips and a carton of chocolate milk. Probably enough calories to last a reasonable person 24 hours.

All in all, I think ISU Dining's best days are probably behind. I am sure it will continue to make attempts at being trendy and whatnot, but I don't think it'll ever again be quite what it once was. The "greasy bar food" that Clyde's once served has apparently gone the way of the history books — and I am truly saddened by that.

I would hope — that moving forward — the university will not get so hung up on what's healthy and what's not. I have no problems, of course, with presenting the student a diverse and varied set of nutritionally-balanced options. If, however, this comes at the cost of me being able to make a midnight tater-tot run, then I must say that I think there is another way.



Jenna Reeves/Iowa State Daily

Iowa State quarterback Joel Lanning runs downfield against Texas on Oct. 31 at Jack Trice Stadium. The Cyclones beat the Longhorns 24-0 under the lights during Iowa State's homecoming game last year. The win was Lanning's first game as a starter after starting the second half of the Baylor game the week before. Texas boasts an impressive recruiting class this season and will rely on its running game this weekend against Iowa State.

Explosive Texas presents challenge

By Luke Manderfeld
@iowastatedaily.com

Throughout all of Iowa State's woes in the Big 12 — the Cyclones are 4-22 in the conference since the 2013 season — there is one team that it has found success against — and it's not an obvious one.

The Cyclones (1-5, 0-3 Big 12) have beaten Texas (2-3, 0-2 Big 12) only once in the past three seasons, but both losses have been by close margins. In 2014, Iowa State fell 48-45 in a shootout with the Longhorns. And in 2013 in Ames, the Cyclones fell in the closing minutes in controversial fashion.

After a 24-0 shutout of the Longhorns last season, the Cyclones enter Saturday's 6 p.m. game in Austin, Texas, with a chance to beat

Texas in back-to-back years for the first time since the conference did away with two divisions.

But the Longhorns are anything but the team they were last season. "They are as talented of a team as we have played this season," said coach Matt Campbell. "You're talking from offense to defense to special teams, they are as talented. Really skilled."

Texas reeled in the seventh best recruiting class in 2016 and the best in the Big 12, according to 247sports. One of the top recruits in that class was quarterback Shane Buechele, who was a four-star recruit out of high school. He has all but supplanted last season's quarterback Tyrone Swoopes as the starter.

Buechele has already broken the freshman single-season pass-

ing yards record with 1,204 yards while adding 11 touchdowns. Just this week, he was added to the Manning Award watch list, which honors the best college quarterback in the nation.

"I think he's been in some pretty big games if you just watch this game," said defensive coordinator Jon Heacock. "He has great command of stuff. I think his skills and mental part of it, I've been impressed with. For the most part, he's an impressive guy."

Iowa State seems like a changed team as well. After getting crushed in the first two weeks, the Cyclones have put up 30-plus points in three straight games. They've almost pulled off upsets against Baylor and Oklahoma State in the past two games, only to cede the lead in the fourth quarter.

The rushing defense also improved drastically against Oklahoma State one Saturday. A week after allowing 469 rushing yards against Baylor, Iowa State held the Cowboys to only 108 yards on the ground.

"[Texas is] Baylor all over again," Heacock said. "They're going to run the ball — power schemes and all of those things. ... We're hopefully doing some things differently and better and playing those things differently and better. They present a lot of skill guys that can do it."

Despite a 2-0 start to the season, the Longhorns have dropped their last three games, including two Big 12 games.

"They are explosive on offense," Campbell said. "They've got really good players at every position and it will be a great challenge for us."

Game info

Iowa State (1-5, 0-3 Big 12)
vs. Texas (2-3, 0-2 Big 12)

When: Saturday | 6 p.m.

Where: Texas Memorial Stadium | Austin, Texas

Watch: Longhorn Network

For updated information

throughout the weekend,

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Emily Blobaum/Iowa State Daily

Cyclone Hockey goalie Derek Moser blocks the puck during a game against Illinois State on Oct. 16, 2015, at the Ames/ISU Ice Arena. The Cyclones will play defending national champions Lindenwood this weekend.

Hockey in primetime

By Connor Ferguson
@iowastatedaily.com

Cyclone Hockey enters its third week as the No. 1 team in the nation looking ahead to what might be its biggest game of the year so far.

No. 6 Lindenwood will come to Ames this weekend to take on the Cyclones in a rematch of the 2016 American Collegiate Hockey Association National Championship game in which the Lions were victorious.

"They play very well consistently," said goalie Derek Moser. "They are very good at moving the puck so quickly as well as establishing possession in the offensive zone."

Lindenwood plays well near the net, which is where it won the championship game last year.

"They also work out from below the end line well," Moser said. "Both of their goals from last year's national championship came from plays that began below the end line."

That's what the Cyclones will try to avenge this weekend in what seems like an even matchup.

"I'm looking for some competitive hockey," said defenseman Eero Helanto. "I think this is going to be one of the best teams were going

to play this year. I guess they haven't been starting so hot, so I'm going to guess that they'll come out hard, and it should be a pretty exciting game."

The Cyclones not only met Lindenwood in the championship last season but also took on the Lions four times leading up to that matchup. Lindenwood is always a strong contender in the Cyclones' conference, the Central States Collegiate Hockey League.

"We are all excited to be playing Lindenwood again," Moser said. "Not only because it's a chance to rematch last year's final, but because it is also a CSCCHL matchup, and every CSCCHL game is big for us. We have a very tight conference."

The game will be streamed nationally by ESPN3. The ACHA formed a partnership with ESPN last week. ESPN3 will stream the ACHA game of the week each Friday, starting with the matchup against Lindenwood.

"Playing on ESPN3 is exciting and could put the ante for the game as both teams will have just a little bit more motivation to have a strong showing," Moser said. "That said, I think we need to just go about it as we would for any other game. Work hard, be smart, keep it simple and the rest should follow."

Cyclone Hockey had the same approach entering its sweep over No. 11 Robert Morris two weeks ago.

"I guess I'm [a little excited], Helanto said. "It'll be a little bit special. We're still going to go into the game like a normal game, as usual."

Helanto said the team has not been talking about the game in practice much, because everybody knows who the Lions are.

"For me personally, I like to prepare for every game in the same way as always," Moser said. "There's no need to prepare or play the game any differently than we've practiced. The approach remains the same, and we just have to play within our systems."

Game 1

Lindenwood vs.
Cyclone Hockey

When: 6 p.m. Friday

Where: Ames

Game 2

Lindenwood vs.
Cyclone Hockey

When: 7: 30 p.m.

Saturday

Where: Ames

ISU faces Big 12's worst

By Rich Stevens
@iowastatedaily.com

Iowa State soccer (7-5-1, 1-3-1 Big 12) has just two remaining home games at the Cyclone Sports Complex this season.

The first of those two will be Friday night at the Cyclone Sports Complex against Texas (7-6-1, 0-3-1 Big 12).

The Longhorns sit at the bottom of the Big 12 standings as one of two teams that are winless so far.

The game also carries other implications as well. This will be the Cyclones' last conference home game of the season.

"We chose Friday as senior night," said coach Tony Minatta. "We thought it would be easier to get families in for a weekend game rather than a Tuesday."

The senior class is trying to get back to the Big 12 tournament for the first time since they were freshmen. But

they're treating this game against Texas as any other.

"I don't want anyone overhyped for it," said senior Mia McAleer. "It's an important game, but I don't want it to be a huge deal. I want everyone to work hard for each other."

Despite being plagued by injuries, the Longhorns will be a tough opponent defensively for the Cyclones. To counter this, Minatta had his team working on drills to improve their offensive presence around the net.

Another important factor about this game is the looming conference tournament.

With only nine teams in the Big 12, the conference tournament is only available to the top eight teams in conference.

There are currently only two teams below Iowa State in the standings — one of them is Texas. The Cyclones will need to step up their game against the final three conference opponents on the schedule.



Chris Jorgensen/Iowa State Daily
Klayse Medelberg fights for control of the ball on Sept. 30.

The games in Ames may be coming to a close for the season, but there's still plenty of soccer to played. Minatta and his staff are working on finding that dynamic goal scorer that Iowa State needs. With the solid defense and goal-keeping, Iowa State is just a goal scorer away from being competitive in the Big 12.

"We always create a lot of chances for ourselves," McAleer said. "Once we get one or two [goals] to drop, we're going to score all the time. Once you get the confidence of that first goal, you keep that going."

Volleyball uses new system

By Sean Sears
@iowastatedaily.com

Iowa State volleyball coach Christy Johnson-Lynch and her Iowa State squad have struggled in the Big 12 so far.

Currently 1-4 overall in the Big 12, the Cyclones' offensive game has not been enough to compete with the perennial powerhouse teams their conference boasts.

But Johnson-Lynch hopes the team's systematic change to a 6-2 scheme can help the Cyclones' struggling offensive attack.

Instead of running Iowa State's normal 5-1, Johnson-Lynch hopes that adding that extra attacker in the front will give her setter more options, while also making it harder for the opposing team's block to focus on one particular hitter.

So far, the results have been promising after taking No. 4 Texas to five sets

last Saturday and defeating South Dakota in three sets Tuesday night.

"When you have a 6-2 and you have all three hitters up at the same time, it's harder for the block to concentrate on anyone," Johnson-Lynch said at her weekly press conference Monday.

After struggling with only two hitters at the front of the net in the first set against Texas, Iowa State made the switch to the 6-2 to allow another hitter to be in the front row, and from then on, the offense came to life.

Johnson-Lynch, while excited that her offense was starting to gain traction, highlighted the issues with running the 6-2.

"[The 6-2] can be problematic," Johnson-Lynch said. "In Texas, we hit something crazy good, like .380 in side-out, but in transition we hit .050."

A "situational 6-2," as Johnson-Lynch referred to it,

will be something her team will turn to when it is in desperate need of points, but it will still continue to run its standard 5-1.

"It kind of makes your job a little easier," said senior setter Suzanne Horner, explaining her role in the 6-2. "I always have three hitters to set."

Horner has certainly enjoyed having more options to pass to, but she did say it was somewhat different switching from the back row to the front when transitioning from offense to defense and vice versa.

Iowa State will play a struggling Texas Tech team, which is winless in the Big 12, to continue to work out the transition to a different system.

"I think I can help a lot," said libero Hali Hillegas in regard to aiding her setters in transition. "When [the setter] does go to the first ball, I can get there for the second ball."

2017-2018

FAFSA

CHANGES ARE HERE

The 2017-18 Free Application for Federal Student Aid (FAFSA) is now available! Beginning October 1, 2016 you can complete your 2017-18 FAFSA at www.fafsa.gov. Iowa State University will have a NEW priority deadline of December 1, 2016. For maximum financial aid consideration, file your 2017-18 FAFSA between October 1 – December 1, 2016

FILE YOUR FAFSA DAYS

Financial Aid Advisors will be available for walk-in advising to help students file their 2017-18 FAFSA. If these times do not work for you, please contact our office to set-up an appointment.

Friday, Oct. 14: 8-11 am
Monday, Oct. 17: 8-11 am
Wednesday, Oct. 19: 2-4 pm
Monday, Oct. 24: 1-4 pm

Tuesday, Nov. 1: 8-11 am
Monday, Nov. 7: 9-11 am
Thursday, Nov. 10: 2-4 pm
Tuesday, Nov. 15: 1-4 pm
Wednesday, Nov. 16: 1-4 pm

*All days/times available in Office of Student Financial Aid, 0210 Beardshear
You must have your FSA user ID and password to file your FAFSA

Budgets, Loans, Money...Oh My!

The Student Loan Education office will be hosting "Lunch & Learn @ the MU" series to help students build their money management skills while in college.

Feel free to bring your lunch while you listen and learn at one or all of our sessions. PLUS, each time you attend, your name is entered into a drawing for a \$50 ISU Bookstore gift card! The more times you join us, the more entries you'll have.

- Tuesday, November 15th 12:15-1:15 in the Campanile Room: Money management & loan repayment for graduating students

Find more information at www.loaneducation.iastate.edu/lunch-learn

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(515) 294-2223
www.financialaid.iastate.edu
financialaid@iastate.edu



Every Friday, the Iowa State Daily will publish a photo page to showcase the great work from around campus and interesting things happening in the community. With all of the events and activities taking place, we would appreciate you submitting your photos. This week's theme is fall colors.

Submit photos using #snapISU



Maddie Leopardo/Iowa State Daily



Courtesy of Instagram user @jasmeeet_s



Kylie Kost/Iowa State Daily



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Happy Hour: M-F 4pm-6pm: 1/2 Select Appetizers, Wells, and Domestic



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