



## Senior Emma Waites gets her chance to shine

Sports p5 >>



# IOWA STATE DAILY

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## REACHING OUT TO ASSIST



Courtesy of Thinkstock

Natasha Oren

**“My job is to empower survivors by making sure they understand their options and supporting them in their decisions.”**

### New peer group comforts victims of sexual assault

By Linda Kropficha @iowastatedaily.com

New to campus this year will be a sexual assault peer group dedicated solely to ISU students. This Extending Shelter and Support group run by Assault Care Center will have its first meeting from 7 - 8:30 p.m. April 8.

This group will be led by ACCESS advocate Natasha Oren and will be the springboard to future group designs. The group will change according to the response of students and what works best in the group

setting. Another group will start up this fall and run semester long programs.

Oren, the advocate for this campus-based group, has had numerous hours of training and experience with these types of groups. She's studied trauma and the best practices to help survivors. She also continues to take on-going training as a full-time advocate.

“As a sexual assault advocate, my job is to empower survivor's by making sure they understand their options and supporting them in their decision,” said Oren. “I'm also legally privileged which means I can't be called to testify in court. This sometimes makes survivors more comfortable to talk to me because I can be their confidential support system that they could build trust with.”

First and foremost, this group is pro-

vided to offer a safe space for students to explore their healing and connect with other survivors. The sexual assault peer group wants to normalize some of the things going on with survivors and empower victims in seeking more help. It'll also be a combination of educational things such as informing survivors on trauma and what it does to your body. The group will also help survivors build on their own strengths by discussing their needs with other peers.

“Being a campus based group, students are faced with rape culture more than anywhere else with reminders of trauma and daily triggers. It's extremely important to have a peer group because groups can help a victim decrease isolation,” said Angie

PEER p3 >>

### Deloitte starts efficiency study at Iowa State

By Danielle Ferguson @iowastatedaily.com

The first public forum for the Iowa Board of Regents Transparency, Inclusive Efficiency Review held at the University of Iowa provided an overview for the review's schedule, process and goals.

The efficiency study will look at academic and administrative areas of each regent university — Iowa State University, University of Iowa and University of Northern Iowa.

The board agreed to pay the chosen consultant company, Deloitte, about \$2.45 million for the study. Phase one is estimated to cost about \$1.4 million. Phase two is estimated to cost about \$1.05 million. Phase three is undetermined.

The team from Deloitte will visit each regent university's campus for an initial public information forum open for questions and comments.

Representatives from the board, regents Larry McKibben and Bruce Rastetter, Sally Mason, president of University of Iowa and Deloitte presented to the University of Iowa on Friday.

Rastetter, president of the Board of Regents, said a goal of this study is to focus on student debt. He said state support, over time, has gone from 70 percent of the cost of education to about 30 percent support today.

“That additional cost of education has been inverted to tuition increases and the cost to the students,” Rastetter said.

Rick Ferraro, director of Deloitte Consulting and a project manager of the review, said a point of this study is to find ways to creatively fund new innovations.

He said savings found from the study will be reinvested into the institutions.

Virginia Fraser, another representative from Deloitte, said they were in phase one of the review.

Phase one is an information gathering and analysis phase, she said. Deloitte has been and will continue to collect and analyze data. Fraser said this is a time to identify university strengths, challenges and start to look for opportunities to increase efficiency within the universities.

Phase two, Fraser said, would be narrowing down opportunities. She said this would also be a time of “engagement with campus communities.”

Fraser said phase three of the project is yet to be determined. The board must decide to go forward with recommendations made by Deloitte in order for those suggested ideas to begin.

Regent Larry McKibben was chosen to be chair of the committee from the Board of Regents and has attended all three of Iowa's public universities.

BOR p3 >>



Tiffany Herring/Iowa State Daily

Senior Shaun Vanweelden and junior Dalton Mills participate in the Money Game Jam on Saturday at Hixon Student Success Center. Students at the event worked in teams.

## ISU students win Money Game Jam, have financial fun

By Colby Siebersma @iowastatedaily.com

Future financial planning and debt management can be a headache for college students. The idea behind the Money Game Jam is to ease that stress for students.

The Money Game Jam is a 24-hour competition in which participating students work around the clock to develop a new game, website or mobile application that provides an interactive way of getting students involved in their personal finance.

The event was hosted starting at 11 a.m. Saturday. About 40 students from a variety of majors participated.

This was the first year for the event at Iowa State and Jonathan Fox, director of Iowa State's Financial Counseling Clinic and Ruth Whipp Sherwin professor of human development and family studies, said he hopes this becomes a yearly event.

“Our big initiative is to try to do something dif-

ferent. It's not a lecture, it's not a class, it's not financial counseling. Hopefully this change of pace will result in something special,” Fox said.

The idea behind this event is to nudge students to properly manage their finances.

“Just by having in our car an MPG reader telling us what our miles per gallon change the whole way that we drive, we keep that high and save fuel.” Fox said. “We will love to see what the best ISU financial nudge students can come up with.”

Charudut Shetty, graduate student in computer science, contributed a lot towards the planning and organizing of this event.

“Participants aren't necessarily creating anything related to mobile devices or computers. Anything goes.” Shetty said. “It could even be a really simple board game just as long as it provides a way for students to get

GAME p3 >>

## Dance Marathon sets new goal at \$1 million

By Dalton Bergan @iowastatedaily.com

This year, Iowa State Dance Marathon has set a goal to raise \$1 million to benefit children with life-threatening illnesses across the state of Iowa.

Dance Marathon is a nationwide movement that started in 1991 and aims at supporting children and families associated with the Children's Miracle Network. Iowa State's program began in 1998 and has been constantly growing since.

Dance Marathon is currently the largest student-run philanthropy on campus and has raised over 1.5 million dollars for children's hospitals in total. Last year alone, Iowa State's program raised more than \$427,000.

This year, Dance Marathon hopes to make \$1 million in proceeds. More than doubling the yearly total will be a difficult task, but Austin Javellana, Dance Marathon co-director, was confident that it can be done.

“Looking at our student population and how much we're growing, there's no reason why our campus can't do it,” said Javellana. “Purdue University raised \$500,000 in one year, and the next year they raised \$1 million, so that's what we're looking at.”

In order to reach this goal, Dance Marathon will need to recruit and register more participants. Cooper Hollmaier, public relations director, said that in order for this to happen, students need to be aware and informed about the program on campus.

“There's going to be



Blake Lanser/Iowa State Daily

Every year, as a part of Dance Marathon tradition, students learn the yearly Morale dance that students dance to every hour. This year's goal is to reach \$1 million.

more of a public relations reach than we've ever seen before,” Hollmaier said. “We want to engage the students on [Iowa State's] campus so that they get connected with these kids and the cause.”

Public relations tactics include a new website, new Dance Marathon merchandise, radio broadcasts and press releases throughout the state of Iowa.

Hollmaier said that, ideally, Dance Marathon would like to reach 3,300 registered dancers in time for their big event next January. Javellana supported him in saying that the students will ultimately determine whether or not the goal is met.

“Recruitment and dancer relations are working together and their goal is [to recruit] the 3,300 students,” Javellana said. “Everyone is doing a different task, but it all feeds into this goal for the kids.”

So far, four other universities around the nation have reached the goal of \$1 million, one being the University of Iowa. While meeting this goal would put Iowa State

among the few universities to accomplish this feat, Co-Director Jessica Pearce said that nobody is in it for the glory.

“We aren't doing it because we want our names in lights,” Pearce said. “We've seen how the kids are affected by our fundraising, and that's why our goal is [\$1 million].”

The money raised by Dance Marathon is put toward helping the children and families connected to the Children's Miracle Network.

Items such as library materials, distraction tools, therapy equipment and more can be purchased with the help of Dance Marathon. Some funds are allocated toward helping the families of the children pay for things like parking and food during hospital stays.

Reaching \$1 million won't be easy for Dance Marathon, but with enough support from donors and student dancers, the goal can be met.

Dance Marathon encourages students to register and take part in Iowa State's biggest student-run fundraiser.



# Weather

**TUES** 25|44 Mostly sunny and windy.

**WED** 35|42 Showers likely.

**THURS** 35|43 Chance of rain.

**FRI** 28|41 Chance of rain.

Provided by ISU Meteorology Club



Korrie Bysted/Iowa State Daily

The Copper Beech apartment buildings have begun large scale construction across from the Grove on South Grand Avenue. The new apartments are scheduled to open in the fall 2014 and will offer many types of housing for the Ames community.

## Copper Beech builds new community

By Kelsey Bruggeman  
@iowastatedaily.com

With the current influx of students into Iowa State and the Ames community, local apartment complexes are looking to expand. Copper Beech apartments are currently under construction for the fall of this year and offer additional housing to students and families.

Located across from The Grove apartments on South Grand Avenue, the new apartments have up to 2,000 square feet of space in the three and four bedroom apartments. One and two bedrooms are also available.

The corporate office for Copper Beech saw the increase of residents in Ames and decided they should provide more housing options.

"We saw families and

students come into the office crying because there was no space in Ames for them to live," said Erika Carley, sales manager at Copper Beech.

A total of 22 buildings will be built and ready to live in by fall of 2014.

Townhouses include a fully furnished, multi-level living space. A 3,000 square foot wellness center on site provides free tanning, a pool, and courts for recreational use.

Copper Beech townhouses want residents to feel at home. Opportunities for residents to socialize include live bands on site, along with dining options to meet with others, said Carley.

"It's giving them a foot into the door for what it's like having a place like an actual home," said Brittney Jackson, general manager of Copper Beech.

"It is really the environment and community that we have that sets us apart," said Carley.

Copper Beech Apartments are the only apartments in the Ames community that offer two forms of shuttle busing. Along with Cyride, the Copper Beech Shuttle will provide residents a way to get to and from campus all day and night.

Copper Beech can also wave late fees for rent when a resident presents proof that financial aid is coming at a later date. With the first option, the resident must be able to pay the whole semester's rent when financial aid is received.

The second option, for non-traditional students or families, works in a similar way. Residents must show proof that a payment is on the way and be able to pay

for the semester's rent. "Copper Beech does not work directly with the university. It is up to the students," said Jackson.

All staff will live on site in townhouse buildings and look forward to the new residents coming in the fall.

"There is a very diverse staff that helps plan events in the community with the diverse residents," Jackson said. "The diversity helps build better relationships and a better community."

Copper Beech apartments are currently all across the United States. During this time a deadline for building townhouses has never been missed.

"Ames is the perfect community, with an awesome education system," said Carley. "People had no place to live and [we] wanted to be able to give them that."

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## Social Justice

A Spoken Word Performance

Andrea Gibson is a spoken word poet who advocates for solidarity and equality. The winner of the first ever Women's World Poetry Slam, Gibson offers listeners a new means by which to examine social justice issues. Her performances cover topics ranging from global poverty and worker exploitation to environmental degradation and the dangers of international warfare. Gibson is the author of two books of poetry, *The Madness Vase* and *Pole Dancing to Gospel Hymns*.

**Andrea Gibson**

Tuesday, April 1, 2014 \ 8 pm  
South Ballroom, Memorial Union

Gender Theory Workshop - 4 pm - Cardinal Room, Memorial Union

Sponsored by: Women's & Gender Studies Program, Anthropology College of Human Sciences, Division of Student Affairs, Iowa State Multicultural Student Programming Advisory Council, School of Education, Sociology, and Committee on Lectures (funded by GSB)

2014 Shivers Memorial Lecture

## Soil Health and Sustainability

Ray Archuleta is a soil agronomist at USDA's Natural Resources Conservation Service. His work promotes conservation practices like no-till farming and the use of cover crops to improve soil health. Archuleta has more than twenty-five years of experience with the Natural Resources Conservation Service, working in New Mexico, Missouri, Oregon, and now at the NRCS East National Technology Center in Greensboro, North Carolina. He has held positions as a soil conservationist, nutrient and irrigation specialist, water quality project manager and area agronomist. He also spent two years in Guatemala as a livestock specialist in the Peace Corps.

**Ray Archuleta**

Tuesday, April 1, 2014 - 7 pm  
Sun Room, Memorial Union

This lecture has been presented at ISU since 1969 in memory of John Shivers, who farmed near Knoxville. The lectures focus on ways in which agriculture can sustain rather than destroy natural resources. Sponsored by the Leopold Center for Sustainable Agriculture and the ISU Committee on Lectures (funded by GSB)

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PERIODICALS POSTAGE



Korrie Bysted/Iowa State Daily  
**President Steven Leath speaks to GPSS about their expressed concerns in the South Ballroom of the Memorial Union on Monday. Discussion revolved around efficiency review.**

# Leath speaks at GPSS about new growth, efficiency review

By Makayla Tendall  
 @iowastatedaily.com

President Steven Leath spoke with the Graduate and Professional Student Senate about how the university and the city of Ames will tackle problems related to growth, the efficiency review and the Iowa State convention center last night.

There are currently more than 33,000 students at Iowa State, including nearly 5,300 graduate students, which is almost 100 more than last year. Leath said he predicts there to be well over 34,000 students at Iowa State next year.

"Speed of growth was far greater than anyone expected," Leath said. "When I came here, I promised to hire a number of new faculty. Currently, there are 140 new hires and 100 open positions. The push to get new faculty here is real."

Leath also mentioned the university's plan to expand dining centers, which includes renovating an unused center in Friley Hall, expanding The Hub on central campus and expansion of some dining centers such as Conversations.

Another issue due to growth that Leath addressed was a lack in housing for students.

"I don't know that we necessarily have an issue with graduate housing, but I think we have an issue in general," Leath said.

He went on to say that 700 more beds were added to Frederickson Court after new buildings were finished. Another dorm is being added near Buchanan Hall for undergraduate students, as well.

Breckinridge Land Acquisition is also planning to add a housing complex near the Ames Middle School, despite a lack of approval from the Ames city council. Gilbane is also planning to construct an apartment complex on the west side of Lincoln Way, which Leath said would provide housing that graduate students would be the most interested in.

In total, Leath said there would be nearly 2,500-3,000 more beds next year.

Leath also mentioned that the Board of Regents' efficiency review, for which a public forum will be held today.

"I don't want that to be negative. A lot of people hear efficiency and they think cuts," Leath said.

The review will look to see if funding is being managed as efficiently as possible, as well as to consolidate

or reorganize university programs if necessary.

Leath said he believes that the consulting company conducting the review, Deloitte, will be as open and welcome to public and student opinions as possible during the review in order to best serve the university.

A senator for GPSS also inquired about the Iowa State center which includes the Scheman Building, Fisher Theater and Stephens Auditorium. In order to renovate the Scheman building and add additional space, a plan was made between the city of Ames and Iowa State to split the \$38 million cost.

At the beginning of March, the city of Ames held a referendum to see if Ames citizens would approve higher property taxes to subsidize their half of \$19 million. Citizens voted no for the renovated convention center, meaning Iowa State would pay for the renovations alone.

"There are no immediate plans by us to enlarge and renovate Scheman to the \$38 million number," Leath said. "By the same token, Scheman is kind of tired. We are looking at a number to make Scheman first class without adding additional space."

## >>PEER p1

Schreck, director of ACCESS. "Groups are a great tool in dismissing some myths and self-blame, hearing it from a counselor and therapist is different than hearing it from another survivor."

Although there has always been a group available to sexual assault victims, there has never been a campus-based group at Iowa State. It's a long and challenging process in finding space to host a group because ACCESS is an entity outside of Iowa State, Schreck said. Finding a time to accommodate not only the space provided but also students' busy daily schedules is a tough task in itself.

Schreck said getting students interested enough to talk about their experiences among peers is also a challenge. According to the National Sexual Violence Resource Center, less than 5 percent of attempted or completed rapes are reported to law enforcement.

Alexandria Harvey, a sexual assault survivor has been actively pushing for a group such as this one to form at Iowa State. As a child, Harvey was sexually assaulted and has been dealing with the ramifications ever since.

"I kept it to myself because I thought it was my fault. It was difficult to deal with school, or even to simply socialize when I was dealing with it all by myself. I was afraid to be judged, look dirty or frowned upon," said Harvey of her experience.

After attending a group in high school, it helped her open up and realize it wasn't her fault. She was a victim like so many others are. Being in a group helps in the long run when dealing with daily triggers.

"Being able to tell my story, brought power to my darkness. I found the more I opened up, the more people opened up to me," said Harvey. "I want people to know they're not alone, there is hope, and you don't need to be afraid to get help. It's okay to get justice."

## >>BOR p1

"We're in a study that I believe is transformational," McKibben said. "I'm not going to be part of a study that fails."

Throughout the next week, Fraser said they will conduct about 200 interviews at the University of Iowa. These interviews

will include faculty, staff, students, administration, members from the union and research administration, she said.

The team from Deloitte is scheduled to be on the Iowa State campus the week of April 14.

While on campus, they will hold meetings with multiple stakehold-

ers on campus such as faculty, staff and students said Miles Lackey, associate vice president and Iowa State's representative to the review committee.

Representatives from Deloitte and the Board of Regents are scheduled to be on campus at 10 a.m. today at Howe Hall Auditorium.

## >>GAME p1

involved with their finances."

Shetty also said that because most students manage their finances and their debt in other ways, or not at all, he believes a game format will prove to be more successful in getting students involved.

"Games are very much addictive; so the winner must create something that students will actually want to use. It needs to be a creative and successful way of teaching personal finance better," Shetty said.

Payouts of \$1,000, \$500 and \$200 were given to first, second and third place winners of the Money Game Jam.

A team of three, including Camryn Williams, Zach Plata and Cassidy Williams won the contest.

Cassidy Williams, senior in com-

puter science, said her team members were friends prior to the event, but that they didn't discuss ideas until the event started.

"We made a game called Balance," Williams said. "You have to make sure you balance out your life between homework, your money, your energy, your happiness all while maintaining balance in your bank account."

Williams said in order to win the website and mobile application based game, you must finish your senior year of college by paying off all of your loans while maintaining solid grades, maximum happiness and maximum energy.

Williams the game is not easy, and not many people have succeeded so far. The team of three split the winnings evenly and has not yet decided what they are going to use the money for.

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IOWA STATE UNIVERSITY  
 MEMORIAL UNION

## Editorial

# U.S. isolates Russia with sanctions

By now, nearly every American has heard at least something about Russia's invasion of Ukraine's Crimean Peninsula. After that basic fact, though, it can be difficult to understand what exactly has been and likely will be happening.

With constant reassurances from those on the political right, such as Sen. Ted Cruz, R-Texas, and television personality Bill O'Reilly, that Russian President Vladimir Putin has "won" while handily outsmarting our own President, some might think that the situation in Crimea is already relegated to the history books.

Despite such claims, there is still much to be decided with regard to the international conflict instigated by Moscow. The United States and many western countries do not recognize Russia's annexation of Crimea as legitimate. This may seem to be of little use to those living under Russian military control, but by backing Ukraine's claim to Crimea, the U.S. and its allies are giving an assurance that further sanctions will be imposed on Russia.

Admittedly, those sanctions began rather lightly. Before Russia officially voted to annex Crimea, the Obama administration announced the freezing of American assets held by eleven prominent Russian political figures, some of whom scoffed at the so-called punishment. Russian Deputy Prime Minister Dmitry Rogozin joked on Twitter that the U.S. and European Union had added Stalin, vodka and the Kalashnikov assault rifle to the list of sanctioned individuals, underscoring their supposed ineffectiveness.

After Russia's actions escalated, more serious actions were taken by the U.S. and others, including the Hague Declaration, which effectively removed Russia from the G-8, an important political group of eight — now seven — industrialized nations.

Additionally, there has been much talk of introducing measures to reduce Western Europe's dependence on Russian gas and oil. Currently, Europe gets about a third of its imported energy from Russian sources. This means that although most countries in Western Europe disapprove of their invasion into Ukraine they would likely continue to have strong trade relations with Russia in order to keep their energy costs low.

This is an area where the U.S. could make significant economic impacts against Russia. There has already been talk across the political spectrum in the United States about increasing our liquid natural gas exports.

Even President Obama, at a summit last week in Brussels, said, "Once we have a trade agreement in place, export licenses for projects for liquefied natural gas destined to Europe would be much easier — something that's obviously relevant in today's geopolitical climate."

Of course not everyone supports increased natural gas production. The Sierra Club, an environmental group based in the United States, claims, "Exporting liquefied natural gas [LNG] to overseas markets is a dirty, dangerous practice that lets the industry make a killing at the expense of human health."

There have certainly been problems with safely harvesting natural gas, most notably from hydraulic fracturing, known as fracking. These concerns have, in part, led many European countries to refrain from large-scale natural gas production, which is why they must seek imports.

Natural gas may just be a stepping stone from carbon-based fuels to more renewable, cleaner sources, but it is a step that the United States cannot afford to miss. We are not going to force Russia out of Ukraine at gunpoint; we must instead seek another way to isolate them internationally.

Opening a large-scale, transatlantic study into cleaner and safer methods for natural gas extraction would send a message to Russia that the United States and the European Union are serious about slowing the westward flow of gas and oil from Russia.

The measure wouldn't immediately hurt the Russian economy, but Putin is not only thinking about right now. He has his country's future to consider. We also might just find a better way to access the energy we have already begun to harvest here at home.

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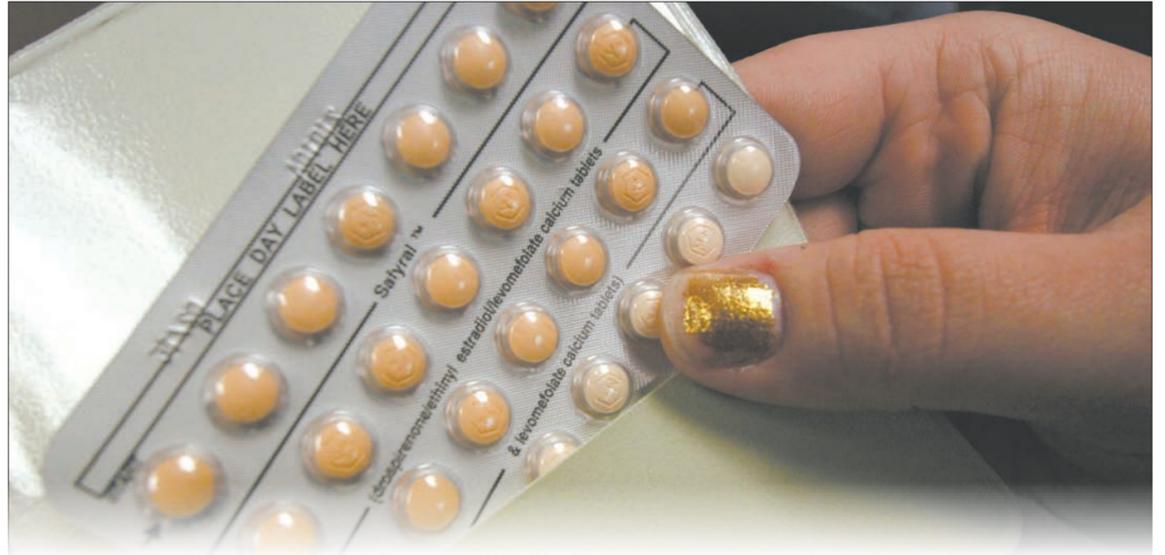


Photo illustration: Iowa State Daily  
**For some women birth control is a nuisance, while for others it is a way of preventing a teenage pregnancy. Young women in developing nations are having children as young as fifteen due to a lack of access to contraception and a lack of education of how to use it.**

# Developing nations need birth control

By Taylor.Finn  
 @iowastatedaily.com

**B**irth control. For some women it is a nuisance, a small act that you have to remember each day or face serious consequences. For others it is a luxury, a fabulous gift that simplifies their lives in a big way. However, for many women it is not even an option.

A small pill taken each day has incredible power, and for American women it comes at a relatively reasonable price. Women in developed countries can make a five minute stop at the local pharmacy, grab their prescription and continue on with their day. It is a simple task and, even though it is not something we stop to think about, the ramifications of not having access to these little, colored pills would dramatically alter the lifestyles of women across the nation.

Most women do not take the time to think about how they would cope without birth control because for most American women it is easily within reach. This medication is so widely used that people do not often realize that it has the power to change lives for the better.

According to NationMaster.com, an international statistics compilation service, "In Bangladesh, almost sixteen percent of all fifteen-year-old girls are pregnant or have already had a child." Parts of South America and Africa are struggling with the same issue. Young girls are becoming pregnant at incred-

ibly young ages. Teenage pregnancies can prevent those women from continuing their education, finding good work and rising from poverty. It is a sad cycle that we are witnessing, especially because there is a feasible solution.

The cause of these shocking teenage pregnancy stats is a combination of lack of education, lack of resources and a difference in culture. Changing an area's culture is extremely difficult and it is not clear if we even have the power to do so. However, we can address the other causes.

Empowering these women with education would do wonders to turn these numbers around and decrease the percentage of girls in places like Afghanistan and the Democratic Republic of Congo that are becoming pregnant at a disturbingly young age. Education, as we have witnessed, has the power to do miraculous things, and we would see a huge transformation if we could really focus on educating the youth of these developing countries about contraception and safe sexual practices.

Many of the fifteen-year-old girls living in places like South Africa are becoming pregnant so early because they simply do not know enough about the many ways to prevent pregnancy. Not only will providing today's young women with education about birth control help to improve their lives but it can save them from a host of other dangers.

A fifteen-year-old girl's body has not yet reached full maturity, which puts her at serious risk of dying dur-

ing pregnancy. According to a PBS documentary on child brides, "Girls under the age of fifteen are five times as likely to die during childbirth or pregnancy than women who are older than fifteen."

As for addressing the problem of a lack of resources, developed nations are able to do that as well. One thing America can pride itself on is the amount of international aid it provides to struggling countries. Birth control needs to be apart of that aid package. If we could develop a way to consistently provide women of impoverished nations with birth control, in the future we would see dramatic improvements in the rates of teen pregnancies.

We could end the cycle of adolescent motherhood and do these women a great deal of good if we could simply educate them and supply them with the necessary contraceptives. Rather than raising a family at the age of fifteen, these young girls could be working toward higher education, finding jobs or just enjoying their youth. With enough funding and effort, developed nations could most definitely give girls living in poverty a chance to break away from the current norm and set new standards.

Ten percent of all births are to mothers under the age of twenty, and ninety percent of those births happen in undeveloped nations that do not have access to education or to contraceptives. These are startling numbers, and I think they are figures we should be paying attention to.

## Letter to the editor

# Circumcision pointlessly harms boys

Larissa Black, Iowa State Alumna

Circumcision seems to be a taboo topic in our society, even though according to the most recent numbers from the Centers of Disease Control and Prevention, 56 percent of infant boys in the United States are circumcised within the first few days of life. With circumcision being one of the most common surgeries performed with one occurring roughly every 30 seconds, why aren't more people willing to talk about it?

This week, advocates from across the country are doing exactly that as they descend on our nation's capitol for the 21st Annual Genital Integrity Awareness Week. Their message is simple: routine infant circumcision is a violation of human rights, and boys deserve the same protections from forced genital cutting that are already in place for girls. Since 1997,

American girls are legally protected from even a ritual pinprick to the clitoris, and rightly so. But how is it fair then that a baby boy can be strapped to a board and have his prepuce ripped, clamped and cut away from his penis, usually without adequate, or any, pain relief? In mere moments, the most sensitive part of his penis, what would equate to 15 square inches of highly erogenous tissue on an adult man, is cut away without his consent or any actual medical need.

American parents circumcise their sons for various reasons but really are any of these reasons worth a painful procedure that risks the child's life? An estimated 117 boys die from circumcision-related complications every year in the U.S., yet no child dies from being left intact.

There are many alleged benefits to circumcision but they are highly disputed and often based on flawed studies. Overwhelmingly, medi-

cal societies from around the world have determined that infant circumcision is not beneficial but is instead harmful. Recently the Council of Europe, an organization of 47 countries, passed a non-binding resolution that called circumcision a violation of the physical integrity of children, according to established human rights standards.

The circumcision of baby boys is a practice almost exclusively unique to the United States and Israel. The most recent estimates from the World Health Organization show that about 70% of the world's male population is intact — not circumcised. Globally, intact is normal and circumcised is the exception.

Whatever your belief system is, you must acknowledge that God, nature or evolution gave men a foreskin for a reason. As a matter of fact, the male and female member of every single species of mammal on this entire earth has a prepuce or foreskin.

This would not be the case if it was some vestigial, unnecessary body part. The foreskin has a vast number of very important protective and sexual functions that benefit, not only the man but also, his partner.

Whether or not to remove the foreskin is a decision that should be left for a man to make for himself at the age of consent. It's his body, he is the one who will be left dealing with the lifelong consequences of the circumcision, not the parents or circumcising doctor. He should have some say in this irreversible and highly personal decision that will forever impact his body and sexuality.

To learn more, check out The WHOLE Network, both at <http://www.thewholenetwork.org/> and on Facebook. TWN is a 501(c)(3) nonprofit organization dedicated to providing accurate information about circumcision and the foreskin.

# HIV/AIDS funding must continue to grow

Jane Kersch, sophomore in global resource systems

In the 1980s, an HIV diagnosis was considered a death sentence. Since the discovery of HIV and AIDS, over 35 million people have succumbed to AIDS, and 34 million currently live with some form of the HIV virus.

But now, approximately 30 different drugs have been approved to treat HIV and AIDS, resulting in roughly a 30 percent decrease in both new infections and deaths over the past 10 years.

In 2014, the future of HIV/AIDS treatment and prevention looks bright, but that does not mean the world can let up on it's efforts to fight the virus.

In President Obama's proposed budget for next year, \$4.35 billion has been set aside for the President's Emergency Plan for AIDS Relief (PEPFAR), the same amount as the current budget.

This stagnant funding comes as a disappointment for those fighting to end AIDS, leaving them to question the United States' effort to achieving an AIDS-Free generation.

Advocates propose that Congress request an additional \$400 million for PEPFAR in both 2015 and 2016 in order to keep increasing HIV and AIDS treatment.

The end of the AIDS epidemic is on the horizon, but if global funding efforts continue to stay stagnant or even decrease, adverse effects will hit the 34 million people suffering worldwide.

Please join the ISU Global Health & AIDS Coalition at 8 p.m. April 3 at The Maintenance Shop in the Memorial Union to hear personal stories of those affected by HIV and AIDS.

## Ejim, Kane receive All-American selections for Iowa State

By Dylan.Montz  
@iowastatedaily.com

Days after a loss in the Sweet 16, seniors Melvin Ejim and DeAndre Kane were selected as All-Americans.

Ejim was named to the second All-American team by the Associated Press while Kane

earned an honorable mention.

After earning Big 12 Player of the Year honors at the conclusion of the regular season, Ejim was named to the second-team and averaged 17.8 points and 8.4 rebounds per game this year. He is the fifth ISU player to be named to the AP's first second or third team in school history.

Ejim joins Jamaal Tinsley (2001), Marcus Fizer (2000), Jeff Grayer (1988) and Gary Thompson (1957) as the only Cyclone players to earn a spot on one of the three AP All-American squads.

Joining Ejim was Nick Johnson of Arizona, Andrew Wiggins of Kansas, T.J. Warren

of North Carolina State and Nik Stauskas from Michigan.

In his only season at Iowa State, Kane collected the Big 12 Newcomer of the Year award, which was the third-straight honor earned by an ISU player. He also averaged 17.1 points, 6.8 rebounds and 5.9 assists per game. Kane, along with junior

Dustin Hogue, was also one of only two ISU players to start all 36 games of the season.

First-team All-American selections were Doug McDermott of Creighton, Jabari Parker of Duke, Russ Smith from Louisville, Shabazz Napier of Connecticut and Sean Kilpatrick from Cincinnati.



Senior Emma Waites drives a serve into her Texas Tech opponent's court at the Cyclone women's meet against Texas Tech on Sunday. Waites closed her senior season the same day.

### Waites closes senior year for Cyclone tennis in outdoor meet

By Max.Dible  
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The season is not yet finished, but senior Emma Waites closed a chapter on her tennis career at Iowa State fittingly on Saturday, playing her final home meet outdoors and under the sun.

"It was nice to get to play outside on my last day," Waites said. "It was nice to have a great day."

The skies were not always so calm and clear for Waites as they were on Sunday afternoon. She arrived in Ames in the fall of 2010 as a walk-on, holding nothing as a certainty.

ISU coach Armando Espinosa chronicled Waites' journey from her freshman year to the present time.

"Emma came in and spent two seasons without a scholarship," Espinosa said. "She has now been on scholarship the last two years. She went from not even traveling with the squad as a freshman walk-on to securing a singles spot this entire season. It has been huge and that just speaks volumes about how hard she works."

Unlike most of her teammates, Waites had to wait patiently for years before she started seeing sig-

nificant court time. It was a crucible that forged her into a starter and contributor even while it was thinning the herd of her potential competition.

"When [Emma] first came, there were two other freshman," said junior teammate Meghan Cassens. "She is the only one who made it all the way through."

Waites is the sole senior on a young Iowa State team, and although Espinosa said she is not a vocal leader, he added that she leads at practice by example.

Espinosa said it is Waites' work ethic and the maturation of her game that has cemented her position on the squad during her senior campaign.

"The last couple years she's been really focused and her game has changed dramatically," Espinosa said. "She understands who she is as a tennis player. She ropes her opponents into playing her game and it is a tough game to play. I think she has done a tremendous job."

The progression Waites has made means as much to her as it does to her coach.

"[This season] has been awesome," Waites said. "I feel like I have improved. Armando has helped me a lot with my game and it is great that I can contribute more as a player."

Waites said her final campaign has been a bit of a whirlwind, and as there are still three road meets

**"I guess it just really has not hit me yet. As we get nearer to the end of the season it will probably get more real."**

Emma Waites

and the Big 12 tournament left to play, a sense of finality has not yet struck her with full force.

"The season has gone by really fast ... but it has been exciting," Waites said. "I guess it just really has not hit me yet. As we get nearer to the end of the season it will probably get more real."

Cassens agreed that nothing sinks in until Big 12 play has concluded, but expressed her feelings about what it will mean to lose the only senior on the Cyclone team.

"I think we are all pretty close with her, and as a team we are closer than we have been in the past," Cassens said. "It will be weird not having her [here]."

Espinosa shared Cassens' sentiments.

"It has been a pleasure working with Emma," Espinosa said. "I could not be happier to have a student athlete like that on the team."

## Morrissey pilots young Cyclone defense in spring season

### Sole returning defensive end prepares to lead

By Maddy.Arnold  
@iowastatedaily.com

The start of 2014 spring football brought about a lot of changes for Iowa State.

There are seven new position coaches on the ISU football team's coaching staff this season. But for the ISU defense, new position coaches are not the only changes it will have to adjust to.

Iowa State and its new coaches will have new starters in almost every defensive line position. One constant, however, for the Cyclones is senior Cory Morrissey. He is the only veteran defensive end and, as a result, ISU coach Paul Rhoads said the defense would rely

heavily on his leadership this season.

"I would say right now that he's put it upon his shoulders to be a key leader on the entire defense not just the defensive end group," Rhoads said. "He's doing a very nice job of that. He's got the maturity to handle that. He's got the intelligence to handle that."

Morrissey will have his work cut out for him if he wants to take on a leadership role this season because he'll be working with such a young defense. Morrissey is not only the sole defensive end with starting experience but the lone returning starter on the defensive line as well this spring.

"I'm stepping up and doing what the teams needs right now for my experience level on the team," Morrissey said. "Now it's the guys that are stepping up to the plate next and I feel like it's my turn to let

everyone know what needs to happen and how things should be."

Redshirt freshman J.D. Waggoner — who has no playing experience at Iowa State — is listed behind Morrissey. Sophomore defensive end Mitchell Meyers played in all 12 games last season but has also never started.

Junior defensive end Gabe Luna — who was an early transfer from Butler Community College — said Morrissey has helped with his transition to Iowa State this spring

"[Morrissey] is a great guy. He's helped me out. He keeps my head on straight. He notices sometimes when I get frustrated that I shouldn't be," Luna said. "That's the reason why [he's] going to be a captain on the team. He doesn't just support our defensive ends. He supports everyone else."

Defensive ends coach Stan Eggen also thinks Morrissey

**"I'm stepping up and doing what the team needs right now for my experience level on the team."**

- Cory Morrissey

can have an effect outside of just his position group this season. He said Morrissey's leadership could transcend not only the defense but the entire team.

"[Morrissey] wants to lead by example, which is the best way. But also understand 'let's raise the standards, our expectation level,' Eggen said. "Let's not lower what we're doing here.' And it's contagious. Not only with the defensive ends, with the entire defense and it can be with the team."



Senior defensive end Cory Morrissey practices a drill during the first spring training on March 10 at Bergstrom Football Complex.

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Chem 177L: Laboratory in General Chemistry I MW 11 am - 2 pm or TR 12:10 - 3:10
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Chem 178L: Laboratory in General Chemistry II TR 12:10 - 3:10 pm
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# Switching up the runway

## Child designs make a return to the ISU Fashion Show 2014

By Tedi Mathis  
@iowastatedaily.com

Last year, a little girl at the Fashion Show won the hearts of the audience by blowing a kiss to the crowd during her strut down the runway. Emma Garner is happy to say that was her model.

"They're kind of crazy, but that makes everything more fun, it kind of amps up the energy on the runway," said Garner, senior in apparel, merchandising and design, on working with child models.

Garner is one of two seniors submitting lines to the fashion show designed around children's wear and said her passion started early on with her work at Limited Too. She made her first children's piece in a digital printing class and "just fell in love with it."

Garner's line for the show, called Shine Bright, mixes maturity with childhood using floral prints, neon and embellishments.

"I wanted to do something kind of grown up for younger girls," Garner explained. "So something that you would want to wear or you would want to dress your child in, so it's very mature but it's at the same time fun, sparkly, a lot going on."

This is not the line Garner originally designed. After a semester of work towards her first children's line for the show, Garner scrapped her line to better follow her vision.

"I made a lot of big changes where as most designers probably just made small modifications," Garner said. "I wouldn't recommend it to future designers but I had a vision and I wanted to



Senior Emma Garner tests out a hair accessory on her child model Mallory on March 24. Garner is one of two people who took on the extra challenge of submitting a children's line for The Fashion Show 2014 on Saturday.

Tiffany Herring/Iowa State Daily

make it right, so I just went with it."

Between submitting a line and serving as a design director for the show, Garner said she spends an average of five to ten hours a week working, though some of the busiest weeks can hit 20 to 25 hours.

Beyond children's wear, Garner has focused her studies on technical design to satisfy her detail-oriented personality, but says the two are not an easy mix.

"Technical design is kind of just a little bit more limiting for children's wear, there are so many regulations and safety issues that go into children's wear," Garner

said. While Garner focuses on the details, Shelby Schmidt, junior in apparel, merchandising and design, brought her wearable art to life.

Schmidt submitted a dress with a Disney theme and unusual materials called Little Miss Mermaid. "I was given for this garment a cluster of random items found at Lowes or Home Depot that our teacher brought in and she said just make something," Schmidt said.

"I am really, really inspired by Disney and just sort of the 'under the sea' vibe I was getting with the colors I was given and

I was like well why not start doing children's wear here because that's my passion, it's what I want to do with my life."

Schmidt's passion for the fashion show sprung from her first experience as a senior in high school attending the Behind the Curtain day for high school seniors. She won a contest put on by the Iowa State Daily by turning newspaper into a wearable item.

"That really sort of sparked my interest, really set in stone that I wanted to major in apparel and come here and be able to participate in [the Fashion Show] down the road," Schmidt said.

Beyond her work at Iowa

State, Schmidt has grown her passion in children's wear into her line LoveBug. She creates fashionable cloth diapers with the idea that they can be worn by toddlers in place of pants on a hot summer day.

Schmidt said the market for cloth diapers is on the rise, allowing moms to save money by washing and reusing the diapers. Her designs use a soft, absorbent fabric on the inside and waterproof fabric on the outside to stop leaks and add comfort.

"Cloth diapering is really hitting its peak right now with moms who are wanting to be more environmentally friendly, moms who do just want more fashion for their toddlers," Schmidt said.

During her senior year, she hopes to submit a children's wear line to the Fashion Show and plans to grow LoveBug this summer by selling through an Etsy store with the help of her grandma, who inspired her interest in apparel design.

Both Garner and Schmidt said working with children is fun but also more of a challenge.

"A lot of people would probably assume that it takes less work because the clothes are smaller," Garner said. "A lot more goes into it than meets the eye."

For Schmidt, it's the challenge of working with children that excites and motivates her. "I think with kids it's just so much more fun because there is that sort of sense of the unknown with the not necessarily trying it on or actually getting it to fit until the night before the show," Schmidt said.

"So if there is any interest in doing that, I would say go for it. Why not, you're in college, why not try?"

Both Garner's line and Schmidt's pieces were admitted into the show.



Courtesy of Dalton Taylor

The judges for the Fashion Show, Kelly Reddy-Best, left, Erin O'Connor, Tressa Elgin and Julie Linville were flown in to speak at the meet the judges event Friday at the Alumni Center. The judges were impressed at the level of organization and talent they saw in the ISU designers. The judges were brought in early to decide which designs are going to make it in The Fashion Show.

# Judges determine runway worthy designs

By Mariah Wellman  
@iowastatedaily.com

One of the most anticipated events before The Fashion Show 2014 is judging day. Designers, models, directors and judges flood the halls of the Memorial Union for the two-day event a week before the models hit the runway.

On Friday and Saturday, three alumnae from the apparel program and a professor from San Francisco State University were invited to judge the illustrations and garments submitted weeks in advance by Iowa State students.

Judges have chosen around 100 garments in previous years. The garments were reviewed by the judges and those with the highest scores will be shown on the runway.

Kelly Reddy-Best, assistant professor in the consumer & family studies/dietetics department at San Francisco State University, is the only judge invited that has never attended Iowa State.

"It's really impressive," Reddy-Best said about Iowa State's apparel program. "I'm really impressed by all of the people I've interacted with and how really professional and how together this whole

event is. It's so organized and the talent that I've seen is really great."

Reddy-Best is also the only judge without a background in apparel merchandising and design.

"I look a lot at the social environment and the human experience in my research," Reddy-Best said. "What I really think is most compelling is when [the] designers incorporate diverse models."

Reddy-Best said one will see a lot of designers sketching very thin white females. She said what speaks to her is when there is diversity in the sketches and designs.

Erin O'Connor graduated from Iowa State's apparel program in 2010, and is now working at Marc by Marc Jacobs as a junior technical designer and sample tracking associate.

O'Connor said she is impressed by the changing categories presented in the show each year.

"I have noticed different categories for the show," O'Connor said. "I don't recall having a fiber arts or an eco-thing, so from what I've seen so far is diversity in the types of things that are done."

O'Connor said she is mostly looking at construction and fit when judging

garments.

"How do they sell it, is it good quality," O'Connor said she asks herself. "Does it fit on the model?"

Tressa Elgin is a textile designer and an alumna of the ISU apparel, merchandising and design master's degree program. She is currently doing freelance design and working toward building her own business.

"I'm a textile designer so I'll, of course, be looking at prints and patterns," Elgin said. "But also creativity and how that applies to a mass market."

Elgin said she had not come back to Iowa State since she graduated and she was really excited for the opportunity to come back and judge.

"To see all of the talent that is happening now and not have the pressure of trying to get into the show is really exciting," Elgin said.

Julie Linville is also an alumna of Iowa State and is currently working for Von Maur as a divisional merchandise manager. Linville said she is looking for originality and how a garment fits on a model.

"I am also looking at marketability and how that design is ultimately con-

structed and executed in the end and how that would transition to the market," Linville said.

Linville said she was most excited about seeing the quality and the work that comes out.

"There are some very talented students and I'm excited to see all of that talent," Linville said.

On Friday, the judges were asked to speak to students and faculty about their role in the industry.

Reddy-Best described her role in a different way than the other judges, with her experience being outside of apparel.

"I'm not only an educator, but a researcher," Reddy-Best said. "I don't work in the industry but I'm hoping to form and mold young emerging innovative designers. I really want to push students to the limit and really make them think about what types of garments and for whom they're designing."

"I want them to think about what they're designing and what this means in the bigger social world."

All garments chosen by the judges on judging day are kept secret to many, but can be seen at The Fashion Show 2014 at 7 p.m. Saturday.

# Producer of The Fashion Show gives backstage insight

By Rachel Geronimo  
@iowastatedaily.com

**How many garments were submitted this year?**

There are 168 mounted and runway entries this year.

**What is this year's theme?**

This year's theme is Secret Garden.

**How many models are there?**

There are 50 models in the show this year.

**How many designers are**

**showing their garments?**

There are around 60 designers showing their garments in the The Fashion Show 2014.

**Who is judging this year?**

Our judges are: Erin O'Connor, a technical designer at Marc by Marc Jacobs. Tressa Elgin, a freelance designer.

Kelly Reddy-Best, an assistant professor in the consumer & family studies/dietetics department at San Francisco State University.

Julie Linville, a divisional merchandising manager at VON

MAUR.

**How is the judging process work?**

On Saturday, all the garments will be presented in front of the judges on models for them to be judged on a variety of criteria. Then the judges will decide the winners after they have seen everything.

**How much planning has been put into the fashion show?**

This is a year long process where all the directors meet in the fall to start planning and then everyone meets as a class starting

this spring.

**Where is the show going to take place?**

The show is at CY Stephen's Auditorium.

**Any guest stars we should be aware of?**

This year our guest designer is Kelsey O'Connell from C.Wonder. She is an Iowa State alumna.

**How long has the fashion show been going?**

This is the 32nd year of The Fashion Show.

**How many collections are there?**

There are 18 collections in the show this year.

**How long does the show last on average?**

The show is about 2 hours each year.

**INFORMATION RECEIVED FROM:**

Sara Kinderknecht, senior in ISU apparel, merchandising and design, business and marketing. Kinderknecht is also producer of The Fashion Show 2014

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# Daily Fun & Games

Puzzle answers available online at: [www.iowastatedaily.com/puzzles](http://www.iowastatedaily.com/puzzles)

## Crossword

1	2	3	4	5	6	7	8	9	10	11	12	13	
14					15				16				
17					18				19				
20					21				22				
23				24				25			26	27	
			28				29			30			
31	32	33			34	35	36		37	38			
39				40					41				
42					43				44				
45				46	47				48	49			
50			51				52	53			54	55	56
			57				58			59			
60	61				62				63				
64					65				66				
67					68				69				

### Across

- Bart's mom
- Pooch in whodunits
- Super-fast fliers, briefly
- Multiple choice options
- Tater
- Poi base
- City on Spain's Southwestern coast
- School semester
- Some Neruda poems
- Collegian's specialty
- Take home the trophy
- '70s-'80s TV role for Robin Williams
- Bawl out
- Make illegal
- "Love \_\_\_ Madly": Doors hit
- Actor Wallach
- "I \_\_\_ sorry"
- TV athletic award
- Surgical beam
- Retire
- Practical joke
- Prince William's alma mater
- Chooses, with "for"
- Escape
- Sound system part
- Lid for a lad
- Rio Grande city
- City north of

### Down

- Colorful parrot
- Counters with beads
- Flying '50s film monster
- Graph paper design
- Itchy skin inflammation
- Up and about
- Bit of dust
- Gang land
- Look up to
- Casual vodka order
- Prepares for the cattle drive
- Three, in Turin
- Distress letters
- "Water Lilies"

### painter Claude

- Ranks below marquis
- Fully attentive
- Loses energy
- Timely benefit
- Source of a shot
- Orchard tree
- Work on a wall
- Cattle drive concerns
- Ladder lead-in
- Greenhouse container
- Physics particle
- Decree in imperial Russia
- Practical joke
- Coffeehouse orders
- Old reception aid
- Last Olds made
- Writer Jong
- "Correctumondo!"
- Govt. security
- One with an unsettling look
- Irritating
- One may be on a woodpile
- Wood-shaping tool
- Badge bearer
- One who succumbed to a serpent

## Horoscope by Linda Black

### Today's Birthday

(4/01/14)  
This year sparkles with creativity. Happiness is the name of the game. Romance and partnership bloom after the lunar eclipse in Libra (4/15). Finances grow all year, especially blossoming after late spring. Launch a fruitful collaboration into the spotlight this autumn (after the Aries lunar and Scorpio solar eclipses, 10/8 and 10/23). Study what you love, and thrive.

To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

### Aries

(March 21-April 19)  
**Today is a 7** - The next two days could get quite profitable, although it's not a good time to expand or risk. Finish a job. A disagreement at home could tangle things. An idea in theory doesn't work in practice.

### Taurus

(April 20-May 20)  
**Today is a 7** - You're getting stronger and more confident. Inspire, rather than demanding. Listen to a good coach. Today and tomorrow could get active, and fun. Don't dig into savings. The competition's fierce. Admit the truth to a critic.

### Gemini

(May 21-June 20)  
**Today is a 7** - Financial success fuels optimism. Nonetheless, slow down and contemplate. Let yourself get retrospective today and tomorrow. Things are getting stirred up at your place. Controversy arises.

### Cancer

(June 21-July 22)  
**Today is a 7** - You have more friends than you realized. Together, you share goals to realize a vision. A new trick won't work. Don't take financial risks. You'll be more analytical for the next few days, with help from a technical friend.

### Leo

(July 23-Aug. 22)  
**Today is a 6** - Take on new responsibilities today and tomorrow. Consider all possibilities. Choose reality over fantasy. It's a miserable time to gamble. Stand outside the controversy as much as possible.

### Virgo

(Aug. 23-Sept. 22)  
**Today is a 6** - Your luck's shifting for the better again. Play ball! Investigate possibilities to take new ground over the next two days. Postpone household projects until after your deadline. Fantasy and fact clash.

### Libra

(Sept. 23-Oct. 22)  
**Today is a 6** - Don't let a windfall evaporate, or follow a hunch blindly. There could be a disagreement over style. Keep your eyes open, and research options. Review your reserves. Consider the consequences.

### Scorpio

(Oct. 23-Nov. 21)  
**Today is a 6** - Learn on a gentle partner for the next few days. Keep a treasure hidden, even from friends. Accept an offer of assistance. Work on your assignments. Be gracious with someone inconsiderate.

### Sagittarius

(Nov. 22-Dec. 21)  
**Today is a 7** - Put your heads together. Start by learning the rules. Don't advance... simply maintain position. Work goes smoothly today and tomorrow. Re-assure someone who's flustered. A disappointment could disrupt the action.

### Capricorn

(Dec. 22-Jan. 19)  
**Today is a 6** - A barrier diminishes. Use your connections to push forward. It's not a good time to travel, though. Come up with creative and unusual ideas for style and beauty. You have less energy than expected.

### Aquarius

(Jan. 20-Feb. 18)  
**Today is a 7** - Neatness counts double for the next couple of days. Take it slow, and review work before finalizing. Personal comfort must be considered. A repair at home or a family situation demands attention. Postpone an outing.

### Pisces

(Feb. 19-March 20)  
**Today is a 5** - Get lost in your studies and work. Prepare your position. There's a test or deadline ahead, taking precedence. Squirrel away nuts for winter anyway. A little bit here and there adds up. Exercise and nature clear your mind and restore your energy.

## Sudoku by the Mepham Group

			5	2	6			
6					9			
		8				3		9
	4	2					3	
3	5		2		8		4	6
	7					5	9	
7		1				8		
			1					3
			7	6	2			

LEVEL: 1 2 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit [www.sudoku.org.uk](http://www.sudoku.org.uk)



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