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# Management of canine chemotherapy-induced vomiting and inappetence

## Introduction

Chemotherapy-induced vomiting and inappetence is a common side effect of chemotherapeutic treatment, typically affecting half of receiving patients<sup>1</sup>, that can lower quality of life and functionality. While human oncology has well-established protocols for preventing these side effects, veterinary medicine does not. In fact, lymphoma accounts for 7-24% of all canine cancer diagnoses, but there is still no standardized protocol for testing and treatment.<sup>2</sup> Even in human medicine, there is a general trend in under treatment of patients receiving highly emetic chemotherapy and over treatment of patients receiving low or minimally emetic chemotherapy.<sup>3</sup>

**Statement of Purpose:** The objective of this research is to establish a baseline regarding current standard of care to determine how veterinary specialists are managing vomiting and inappetence in dogs receiving chemotherapy.

## Methodology

- Conducted as an online survey sent via listserv to approximately 1800 veterinary specialists
- The survey inquires:
  - Whether or not the specialist accompany the most commonly used chemotherapy treatments with prophylactic antiemetic therapy to prevent canine vomiting on Day 1 (acute) and Days 2-5 (delayed).
  - To estimate the likelihood of vomiting expected during the given time periods.
  - To depict what types of antiemetic therapies are used in prophylactic or reactive treatment of vomiting.
  - To indicate the most common appetite stimulants they use in treating inappetence in canines receiving chemotherapy.

## Results

- The survey was sent out April 2, 2016.
- The results are statistics only, no statistics performed.
- Demographics:
  - 145 responses (140 DVM, 5 Nurses)
  - 98 (68%) boarded oncologists
  - 98 (68%) with medical oncology being >60% of their daily practice
  - 101 (70%) private practice; 43 (30%) academic

### Vomiting (Prophylactic and Reactive Treatment, Products) for Day 1 and Days 2-5:

- Maropitant (NK1 antagonist)
- Ondansetron (5-HT3 antagonist)
- Metoclopramide (D2 antagonist)

### Inappetence (Treatment, Products)

- Maropitant (NK1 antagonist)
- Mirtazapine (NaSSA antidepressant)
- Metoclopramide (D2 antagonist)

### Vomiting (Prophylactic Treatment, Yes/No); Day 1 (>50%):

Cisplatin, Streptozocin, Dacarbazine, Paclitaxel, Epirubicin, Doxorubicin

### Vomiting (Prophylactic Treatment, Yes/No); Day 2 (>50%):

Cisplatin, Dacarbazine, Doxorubicin, Paclitaxel, Streptozocin

### Vomiting (Likely to cause > Grade 2 adverse event); Day 1 (Most emetogenic, responses indicating >50% likelihood):

Cisplatin, Streptozocin, Dacarbazine, Paclitaxel, Epirubicin, Doxorubicin, Mechlorethamine

### Vomiting (Likely to cause > Grade 2 adverse event); Days 2-5 (Most emetogenic, responses indicating >50% likelihood):

Cisplatin, Streptozocin, Paclitaxel, Dacarbazine, Epirubicin, Doxorubicin, Mechlorethamine

### Inappetence (Likely to cause > Grade 2 adverse event); Day 1 (Most likely to cause inappetence, responses indicating >50% likelihood)

Cisplatin, Streptozocin, Paclitaxel, Dacarbazine, Epirubicin, Doxorubicin, Mechlorethamine

### Inappetence (Likely to cause > Grade 2 adverse event); Days 2-5 (Most likely to cause inappetence, responses indicating >50% likelihood)

Cisplatin, Streptozocin, Paclitaxel, Epirubicin, Dacarbazine, Doxorubicin, Mechlorethamine

Preliminary data: results still being accrued.

## Discussion

- Chemotherapies likely to be most emetogenic clinically:
  - Cisplatin, Streptozocin, Dacarbazine, Paclitaxel, Epirubicin, Doxorubicin, Mechlorethamine
- Chemotherapies considered most likely to cause acute emesis (Day 1) and delayed emesis (Days 2-5) are very similar.
- Most common antiemetic therapy in both the acute (Day 1) and delayed (Days 2-5) setting AND preventative and reactive (after vomiting has occurred) setting:
  - Maropitant, Ondansetron, Metoclopramide
- Chemotherapies most likely to cause inappetence are the same as those most likely to cause emesis.
- Clinical studies have documented the percent of treated canines showing decreased appetite:
  - Carboplatin 25% (7/28) in cats and dogs\*<sup>4</sup>
  - Vincristine 43% (25/57)<sup>5</sup>
  - Cyclophosphamide 36% (15/42)<sup>5</sup>
  - Toceranib phosphate 39% (34/87)<sup>6</sup>
  - Doxorubicin 33-53% (n=49)\*<sup>7</sup>
- Maropitant, an antiemetic therapy, is the most commonly utilized therapy for appetite stimulation.

## Conclusions/Future Directions

- Data obtained in this survey will help contribute to the development of antiemetic and inappetence prevention and treatment guidelines in dogs receiving chemotherapy.
- Future clinical trials will assess the management of vomiting and inappetence in dogs with lymphoma being treated with chemotherapy and compare oncologists' perceptions with evaluations made by dog owners.