

# Who's There and Where

By HELEN REIDY



## AMES WOMEN AT DES MOINES BANQUET

Many of the Ames alumni attended the banquet at Younker's tea room which the Ames women held in Des Moines during the convention of the National League of Women Voters.

Helen Easter, who was May queen just last year holds the position of Matron of the girls employed in the Des Moines telephone office. She teaches sewing, helps to manage the cafeteria, and has charge of the girls' recreation.

Alta Cooper's mother sat at our table and told us that Alta (of the class of '19) was married at Christmas time to Mr. Willard Doerr, a banker in Mankato, Minnesota but that she is finishing out this year teaching home economics in the high school.

The Ames women journalists, Genevieve Callahan, Gwendolyn Watts and Elizabeth Canady who are all in Des Moines this year carried pencils just in case they might need them for the evening meeting held at Hoyt Sherman Place after the banquet.

Helen Greever Carpenter en route to a new home in southern California with her husband, George Carpenter and her small son and daughter, was visiting her mother in Des Moines. She came with Helen Easter to the banquet.

## BLUNDELLS TEACHING IN VERMONT

Sue Blundell '22 is a teacher in the Home Economics Department in the University of Vermont at Burlington, Vermont. She has charge of elementary cookery and is Practice House Assistant. Alice Blundell '18 is also in the Department of Home Economics at the University of Vermont.

## DOWELL-LUCAS

On February 16, occurred the marriage of Ethel Dowell and James A. Lucas. Mrs. Lucas was a member of the class of '22. They are at home at Bedford, Iowa, where Mr. Lucas is practicing law.

## SHEAFE-BURNS

On April 11, occurred the marriage of Bertha Sheafe and Jay Burns at Ottumwa, the home of the bride. After May 1st Mr. and Mrs. Burns will be at home at Wales, Florida.

## MEYER-REYNOLDS

On March 23, at Des Moines, Iowa, occurred the marriage of Ruth Meyer and William Reynolds. Ruth graduated from Iowa State College in '20 and Mr. Reynolds will graduate in the class of '23. Just now Ruth is assisting in the home economics department.

## LOOKINGBILL-LOUCKS

On April 8, occurred the marriage of Marie Lookingbill and Lamont Loucks. Marie was a student at Iowa State for the past three years, and "Squeak," Iowa State's 125 pound wrestler, graduated this March. Mr. and Mrs. Loucks are living in Chicago, Illinois, where Mr. Loucks is employed with the Benjamin Electric Company.

## NEWS FROM MT. SINAI HOSPITAL

Beulah Jones, who graduated at Christmas, is in the Mt. Sinai Hospital in New York City taking a six months student's dietitian course. She has been there since January and is enjoying her work immensely. Besides her work, Beulah enjoys New York's Chinatown, Little Italy, and the city's other wonders.

Ardis Pettigrew recently visited the campus, en route to her home in Flandreau, South Dakota. Ardis has just completed a six months student's dietitian course at Mount Sinai Hospital, New York City.

Fannie Woolston '22 has completed her student dietitian course at Mt. Sinai Hospital. She is now Head Dietitian in a private hospital in Philadelphia, Penn.

## LOUISE WEISE RESIGNS POSITION

Louise Weise '22, because of illness was compelled to resign her position as Manager of Killian's Tea Room at Cedar Rapids, Iowa. Louise is now at her home in Omaha, Nebraska.

Harriet Smith '22 is teaching Home Economics in Sac City, Iowa.

"A Guide in Meal Planning" is the title of the bulletin just published by Carrie H. Plunkett '22.

A son, John Fritz, was born on February 28th to Mr. and Mrs. Herbert Erdman at Cleveland, Ohio. Mrs. Erdman was Esther Deutsch '21.

Frank M. was born to Mr. and Mrs. C. Morris Pollitt at Amelia, Ohio on March 31st. Mrs. Pollitt was formerly Pauline Pim of '23.

## CAMPUS CHAT

Veishea has been postponed to May 17-18-19.

Iowa Collegiate Press Association met at Iowa State College April 13, 14, as guests of Sigma Delta Chi and Theta Sigma Phi.

Rose Storm, Marcella Dewell and Harriet Schleiter attended the Theta Sigma Phi convention at Norman, Oklahoma, April 26-27.

## X-RAY SPECIALIST

Hortense Elliott is doing most interesting work in her home city, Des Moines, Iowa. Hortense has been working in Dr. Grimes office as an X-Ray specialist for the past three years.

## A LETTER FROM MILDRED HEATH

The following is an extract from a letter by Mildred Heath, who writes to Eda Lord Murphy and is, as you can see, very much interested over her work. Mildred attended summer school last summer, and is now teaching at Armstrong, Iowa.

"Armstrong is a small town, with a consolidated school of 350 pupils. They have a fine building with a well equipped home economics department consisting of a kitchen, sewing room and dining room combined, and the cafeteria fitted with steam heated serving counter, dishes, silverware, etc. Practically all country children eat at the cafeteria, our highest number for one day being 120. All of the cooking is done by eight sophomore girls who are divided into groups of two, who plan menus, order lists, recipes, etc. (subject to my approval). Three girls are hired to wash the dishes and to put the cafeteria in order each day.

A typical menu and prices are as follows: tomato soup .03; mashed potato with dried beef gravy .05; bread and butter 02; cocoa or milk .03; apple salad .04; scalloped corn .03; baked custard .04.

The menu is posted in the hall each morning, then each pupil orders his choice on a slip of paper, signs his name and puts slip in the box. These slips are counted by myself by 9:30, then I make out the definite grocery order and recipes for the class who come down at 10:40. Working slips are made out for each two girls for a week, so they know exactly what is expected for the change in soups, desserts, etc. for each day.

The children of the first three grades are served a plate lunch for ten cents, consisting of soup, bread and butter and pudding or cocoa.

The cafeteria is self-supporting, except that the school board pays for the heat used. A report is made to the superintendent each six weeks. All supplies are purchased from the local stores. Our last report shows total number served 1835—average number served daily 65—total expenses \$234.67; total receipts \$213.85; value of supplies on hand \$15-\$20.

Our department plans a Home Economics day this spring with an exhibit of sewing, house plans, interior decoration and a style show followed by an informal tea to the guests.

My girls in junior class are giving a series of luncheons—each girl is hostess to six guests and is responsible for the

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with pepper, cayenne, poultry seasoning, lemon juice and onion juice. Moisten with beaten egg and water. Spread each piece with a thin layer of stuffing, taking care not to have the mixture come too close to the edge. Roll and fasten with skewers or toothpicks. Sprinkle with salt and pepper, dredge with flour and saute in hot butter to a golden brown. Put in a stew pan, add rich milk to half cover the meat and cook slowly 25 minutes or until tender.

#### TABLE COVERINGS

Could you suggest a novel covering for a mahogany davenport table which would harmonize with my blue and taupe furnishings?

For a small davenport end-table a small square cover would be appropriate. It would be well to repeat the blue of your other furnishings in the cover and to have something in it which would brighten the room, such as gold. You can find lovely pieces of heavy silks embroidered in gold thread or one-color brocades to which you can add color. If your table is a large rectangular davenport table, a long narrow runner of tapestry would be very nice. This could also repeat the blue of your draperies.

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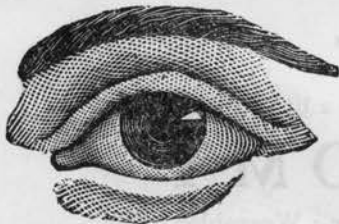
entire affair. Besides our regular work we have a chicken supper to the public for two serving demonstrations and also for a teacher's study center.

The people in this community believe in practical home economics, and I believe that the girls are receiving more benefits by cooking and serving large amounts to be used for noon lunches than by cooking just enough for one or two servings."

Hoping that a few of my plans may be of benefit to someone else, I remain,

Yours truly,

(Signed) MILDRED HEATH.



## A KEEN MIND

In school, in business, everywhere—a keen mind means better work, more rapid advancement. The eyes are the lenses of the mind. Keep the eyes clear and keen and you keep the mind clear and keen.

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