



Join the Picnic Parade

Cook It Out-of-doors

by Marjorie Griffin

WHETHER in youth, middle- or old-age everyone responds vibrantly to warm spring breezes, budding trees, flowers and sprouting green grass—only Nature's intriguing, clever invitations to go into the out-of-doors to either work or play.

No wonder picnics, steak fries, marshmallow and wiener roasts are always popular this time of year.

A local director of Girl Scouts for metropolitan Detroit for nine years, Miss Gladys I. Young, hall director at Welch West, can give many suggestions for preparing and serving picnic food.

Picnics have always been thought of as a chance to eat all one's favorite delicacies—balanced or unbalanced diet. But nutritionists have changed all that.

Miss Young explains that some of the odd names given to out-of-door dishes, such as Squaw Corn, Hunter's Stew, Somemores, Walking Salad and Kabobs, are so deceptive as to cover up the "nasty vegetables" which, clothed in these clever names and eaten in the fresh out-of-doors, are eaten with much gusto.

Tin-can cookery is a favorite with Miss Young. To make a tin-can stove take an empty No. 10 can and starting at the open end cut a hole into the side about 4 inches high and 3 inches wide. This opening serves as the mouth of the stove through which may be fed the firewood.

WOOD from toothpick to pencil size may be used. It is well to have a large pile when starting the fire and thus save oneself much effort in getting up and down, for it is possible to sit on the ground right beside this small tin-can stove and do the cooking.

At the base of the can and on the opposite side cut a small round hole about 1/2-inch in diameter; this serves

as a chimney. Turn the can open side down on a level piece of ground or flat rock with the fire-wood opening facing the wind. To determine the direction in which the wind is blowing wet a finger and hold high in the air. The side which feels coldest indicates the direction from which the wind is blowing.

On the tin-can stove may be prepared several foods, but it is especially handy in preparing an early morning breakfast. To fry bacon and eggs lay three strips of bacon in triangular style across the top of the stove; break and

drop an egg in the middle. Thus the egg is held intact and may be easily slid or lifted off the stove—using the end of a bacon strip for a handle. The beveled edge of the large can serves to hold together any bacon fryings. Too, it lessens the hazard of one's egg going for a toboggan into the lap in case the stove is not truly leveled up. "And," chuckles Miss Young, "eggs cooked on this stove are peppered and salted with the real things rather than ashes." Pancakes are another breakfast favorite which may be prepared on this small stove.

If one likes fruit for breakfast he might take oranges, and they serve a dual purpose at the out-of-door meal. cut and save a circle about 1 1/2 inches in diameter from one end of the orange. Eat out the juicy fruit, being careful not to damage the skin—for it is to be used as an egg cup. Drop an egg into this orange-peel cup, replace the lid which you cut off the end of the orange and bake in hot ashes. The egg protein coagulates in the heat to seal this small oven. It takes only a few minutes to cook an egg thus, but experience is the best teacher since the intensity of the heat in the ashes may differ.

Coffee is always welcome at the out-of-door meal. To make coffee put the necessary amount with water into a milk bottle and place in hot ashes—away from the flame. As soon as the coffee boils and the grounds settle back to the bottom of the bottle the coffee is ready for serving. And is this fascinating to watch!

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If You'd Be

Wife to an Artist

by Therese Warburton

"TO be happy is to forget yourself and when you forget yourself you find yourself," summarized Mrs. Christian Petersen, the wife of the sculptor.

That philosophy is a practical thing with Mrs. Petersen for she smiled happily as she expressed herself in a recent interview on a topic which may well be entitled, "The Life of an Artist's Wife."

"A wife should forget herself," she repeated, "especially an artist's wife." College women whose ultimate purposes are to be successful and happy wives may be interested in the suggestions that ensued from this conversation.

First of all, Mrs. Petersen suggested that the wife must be attractive, even before breakfast. If she is the type who wears make-up becomingly she should



dress up her face before donning the kitchen apron.

Early morning hint no. 2: Pick up friend husband's things to keep him cheerful. A toe stubbed on a misplaced shoe might end in tragedy.

If friend wife feels chatty on a bright, sunshiny morning and knows that the man of the house disapproves, she must keep her thoughts to herself until breakfast is over.

It is said that reading the morning paper over the coffee is a just cause

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Name the Gown

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well to open the almanac and read the weather forecast. To shiver on rainy days or to look smothered on sultry evenings are major tragedies. One way to avert such mishaps is to own one or two all-quarter costumes.

There are several distinct types of all-quarter dresses. One is the dark colored sheer; it is not too frail for early spring, and later it looks deliciously cool. Then there is the pastel or cruise-colored wool which, with navy or brown accessories looks snug in April, but which, with white shoes and felt hat becomes ideal for June. A third choice is the short-sleeved coat dress, another, the print with white lingerie trim.

So many choices do the shops offer this spring that a wardrobe can be appropriate for the climate, one's social needs, her purse and her personality all at once.

Wife to an Artist

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for divorce. Mrs. Petersen opposes that idea, drawing conclusions from her own experience for that has been the habit in their home with harmony prevailing.

Another hint for successful wives: Don't let your housework be of prime importance. The artist's wife must be ready to drop her work to go with her husband at any time. A new idea might be developing, "which must never be hindered by a few silly dishes," warned Mrs. Petersen.

An incident in the life of this artist's wife came to her mind at that moment. They were living in Chicago and the time was 11:30 at night. Mr. Petersen suggested going for a walk. For an hour they strolled, arm in arm. Suddenly he turned to her, exclaiming, "Do you hear what I hear?—the constant sound of cars, of roaring water—I think I hear something!"

It was 1 a.m. when they returned to the apartment. The sculptor, lest his mood go uninterpreted, grabbed a lump of clay. For two hours he modelled his idea into form. His wife stayed by, having hot coffee ready. Between sips of black coffee the picture in the clay was translated.

Such an instance fills the story of the life of an artist's wife. In the artist's home there are no real home plans, no schedules, no permanence, but there must be atmosphere whether the abode be a one-room apartment or an eight-room house.

Mrs. Petersen declares that enthusiasm is a great asset in the life of an artist, imbued by the inspiration of his companion-wife. A good wife cannot be disappointed nor show disap-

pointment—she must always welcome a new venture with enthusiasm.

Nearly every afternoon finds Mrs. Petersen at the library reading the latest in news in the art world. She does all the heavy reading to recite to her busy husband in their evenings together. She saves clippings and sketches pertaining to art and files them for future reference. When her artist-husband mentions an idea she knows just where she has catalogued an inspiration to guide him in a specific idea.

When asked what her own hobby was, she laughingly remarked, "Well, I think poetry and drama. We're both fond of the theater and music. When Mr. Petersen wants to work out something, we first go to the show for relaxation. After a hard day, he enjoys silly stuff."

In the summer they spend a great deal of time out-of-doors. Mr. Petersen doesn't want to be inside—walls disturb him. All day long finds them enjoying the summer's sun while the artist's eye gleams the landscape which takes form on canvas.

This happy couple enjoys being in-doors long enough to produce some favorite dish; for the body craves

nourishment as well as the soul. Pie is the sculptor's favorite food with cheese as a close second. Roquefort cheese dressing on salads is a delectable dish for anyone.

Thus Mrs. Petersen proves that an artist is quite the usual husband and considers this a virtue for it makes them happy and happiness she feels is the greatest of all virtues.

Renaissance

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bronze pieces, ranging from large trays to a blue-enamelled Austrian bowl. They were brought in strong relief by a heavy blue curtain background. Yes, one could see how the useful may be beautiful, too.

Constructive design controls the size and shape, while decorative design may be part of the constructive design or applied on the surface.

Modern designers . . . George Jensen, Walter Teague, Donald Despy . . . emphasize geometric form and simplicity. Triple candlesticks by Teague (designer of the stream line train which made the 1934 cross-country "flight") and table silver by George Jensen were too beautiful to describe.

Expert care of hands, face

and hair is essential

these spring days



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