

Beyond the classroom



PHOTO BY LOGAN METZGER, DESIGN BY BROOKLYN WILLIAMS

Learning communities aim to help incoming freshman find community and guidance as new students adapt to university life.

Learning communities guide students

BY LYDIA.SAMUELSON
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Impacting more than 87,000 students since they were established in 1995, learning communities have been helping Iowa State students comfortably adjust to life on campus for over two decades.

Learning communities gather students of similar majors, genders, races and interests to create a unique academic and social

environment. These communities have various themes and topics of interest, such as Biology Education Success Teams (BEST), Bridging Opportunities in Leadership and Diversity (BOLD), InDustrial Engineers are Leaders (IDEAL) and Women in Science and Engineering (WiSE).

“Many years ago, we went through the campus conversation that, you know, teaching centers also need to be about student learning,” said Amy Slagell, associate dean of the liberal arts and sciences administration. “Learning community discussions emerged from those discussions of [...] ‘How do we help our students be more successful? How do we make this big place smaller?’”

Learning communities have their own focus, which makes them unique, but most

communities aim to support first year students in academics and social life, Slagell said.

Jennifer Leptien was named the director of the Learning Communities department at Iowa State in January 2018.

“When talking about incoming students’ concerns, what we hear often is ‘How am I going to do academically?’ and ‘Will I make friends?’” Leptien said. “Those are the two burning questions that most of the students I encounter have, and the learning community assists with both of those aspects.”

Leptien and Slagell agreed one major way communities help students with their academics is through sharing courses.

“We have a variety of different courses

» CLASSROOM Pg8

Ames gallery highlights art of migrant artists

BY LOGAN.METZGER
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An exhibition exploring the cultural identity of migrant artists and their social and cultural impact on society is on display in Ames.

The exhibition is on display until Dec. 5 at the Design on Main Gallery in downtown Ames. Gallery hours are 10 a.m. to 3 p.m. Tuesday, Wednesday, Friday and Saturday, and 10 a.m. to 8 p.m. Thursday. The gallery is closed Sunday and Monday.

“In-between our four main exhibitions every year we also have a number of MFA students put on their thesis exhibition,” said Rachel Connell, gallery coordinator for Design on Main. “This exhibition by Sang Lee is really interesting. Rather than have it all be her own work she decided to curate an exhibition. She put out a call for entry and it rotated around that theme of being a migrant artist.”

“Impact: Identity, Belonging and Migration” was curated by Sang Eun Lee, an Iowa State graduate student in graphic design from Seoul, South Korea, as part of her master of fine arts thesis.

“Migration and art are essential elements to understand life, culture and creativity in current America,” Lee said. “The ‘Impact’ exhibition addresses the importance of understanding the diversity that exists in our communities and celebrates our differences as they have become an integral part of our national identity.”

The show features work by Lee and 13 other international artists who came to the United States for various reasons.

Lee herself had three pieces in the exhibition, all of which were linocut on paper.

Raluca Iancu, assistant professor of art and visual culture, had two pieces in the show. Both of her pieces were plate lithography on paper.

Kartika Budhwar, graduate student in English, had one piece in the exhibition. Her piece was a video with a lyric essay being played throughout it.

Other artists were also brought together for the exhibition. They include Hee Hun Cho, Luca Cruzat, Hiromi Okumura, Sandra de la Rosa, Wongjung Jung, Chintia Kirana, Sodam Lee, Hyomin Kwon, Xin Chen, Ayako Kurimoto and Jessi Ali Lin.

Alpha Chi Omega works to raise money for ACCESS

BY LORETTA.MCGRAW
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The Alpha Chi Omega sorority hosted its first ever “pizzapalooza” philanthropy event last month, from which all proceeds went to the Story County division of the Assault Care Center Extending Shelter and Support (ACCESS).

ACCESS is a non-profit, Iowa-based resource for victims of domestic abuse. As October was National Domestic Abuse Awareness Month, the group felt it fitting to make this their cause, as they have done previously for their annual fall and spring philanthropy fundraiser, said Marissa Prelgo, vice president of philanthropy of the Alpha Chi Omega sorority and senior in public relations.

Last spring the group hosted a similar event for ACCESS, but with quesadillas for an entree, and also hosted their “Desserts after Dark” last fall. The reason they chose to host a pizzapalooza this year is because they wanted to be unique from other sororities hosting dessert philanthropies and no one prior had ever done a pizza philanthropy.

ACCESS serves Story, Boone, Greene, Marshall and Tama

counties and has a 24 hour crisis hotline reachable at 1-855-983-4641. The service can help provide shelter for victims of domestic violence and their children.

Beyond the crisis line, ACCESS also offers temporary emergency sheltering and housing for victims and their children, children’s programs, individual counseling and support groups for survivors of domestic violence, sexual assault and children who have experienced or witnessed family violence.

ACCESS has many advocacy programs as well as community education programming, and created the Story County Sexual Assault Response Team, which is a crisis support and on-going advocacy group.

All of the pizza at this year’s event was purchased from Papa John’s, and bosco sticks, dessert pizza, vegan and gluten free pizzas were made in-house. Having such a variety of options helped them to cater to everyone’s dietary needs. They also provided lemonade, water and root beer and Coca-Cola floats at this year’s event.

The women took to their professional and individual Instagrams to spread the word with a countdown to the day, a ticket giveaway and posts of the official template on their own

individual pages and stories. Creating an official Facebook event allowed everyone to invite and share the news and market the event as it approached. While promoting the event on social media, they also chose the more old fashioned strategy of distributing flyers to the greek community at Iowa State.

“With domestic violence and sexual assault being prevalent on college campuses, I want to make sure education is our key priority,” Prelgo said.

Though there are many other domestic violence shelters across the United States, each Alpha Chi Omega chapter throughout the nation donates to their local non-profit domestic violence shelter, just as Iowa State’s chapter raises monetary funds for ACCESS.

Another facility in Iowa is the Iowa Children and Families Domestic Abuse Hotline, which is reachable at 1-800-942-0333. It helps provide resources for domestic violence prevention and intervention, teen programs, family support, early childhood development, mental health and substance abuse.

In addition to the events slideshow and facts around the seating area at the event, interested parties can learn more information about domestic abuse or where to get help through ACCESS’ website.

CALENDAR

11.23.19

Cyclone Central Tailgate, Alumni Center at 8 a.m. Cyclones everywhere are invited to celebrate at the Alumni Center before every home football game. Enjoy giveaways, shopping, refreshments, marching band performances, Cy and spirit squad appearances, and entertainment for all ages. Doors open 3 hours prior to kick-off and end 30 minutes prior to kickoff. CATERED MEAL AVAILABLE FOR AN ADDITIONAL CHARGE.

Football, Jack Trice Stadium at 11 a.m. Iowa State vs. Kansas.

Gift Shop Holiday Open House, Reiman Gardens at 9 a.m. Start your holiday shopping at the Reiman Gardens Gift Shop's Holiday Open House with 30% off all regularly priced merchandise!

11.24.19

Opening Weekend of the RG Express Holiday Railroad, Reiman Gardens at 9 a.m. Join us for the opening weekend of the RG Express holiday railroad.

Wrestling, Hilton Coliseum at 2 p.m. Iowa Corn Cy-Hawk Series: Iowa State vs. Iowa.

POLICE BLOTTER

11.21.19

Adam Wayne Gildea, age 40, of 800 Iowa St. - Stanhope, Iowa, was arrested and charged with probation violation at 4700 Hutchison Street (reported at 12:37 a.m.).

Brittney Renae Schultz, age 26, of 203 Jewel Dr. - Ames, Iowa, was arrested and charged with probation violation at 239 Kellogg Avenue (reported at 1:02 a.m.).

11.20.19

Joshua Andrew Johnson, age 35, of 2899 312 Dr. - Ellsworth, Iowa, was arrested and charged with drug possession of a controlled substance at 4500 Reliable Street and North Dakota Avenue (reported at 1:13 a.m.).

Joshua Andrew Johnson, age 35, of 2899 312 Dr. - Ellsworth, Iowa, was arrested and charged with possession of drug paraphernalia at 4500 Reliable Street and North Dakota Avenue (reported at 1:13 a.m.).

Joshua Andrew Johnson, age 35, of 2899 312 Dr. - Ellsworth, Iowa, was arrested and charged with hold for other agency at 4500 Reliable Street and North Dakota Avenue (reported at 1:13 a.m.).

CORRECTIONS

The Iowa State Daily welcomes comments and suggestions or complaints about errors that warrant correction.

To submit a correction, please contact our editor at 515-294-5688 or via email at editor@iowastatedaily.com.

FEATURE PHOTO



GARRETT HEYD/ IOWA STATE DAILY

>> Lit up

The truck outside of Jax Outdoor Gear is decorated with festive lights in preparation for the upcoming holiday season.

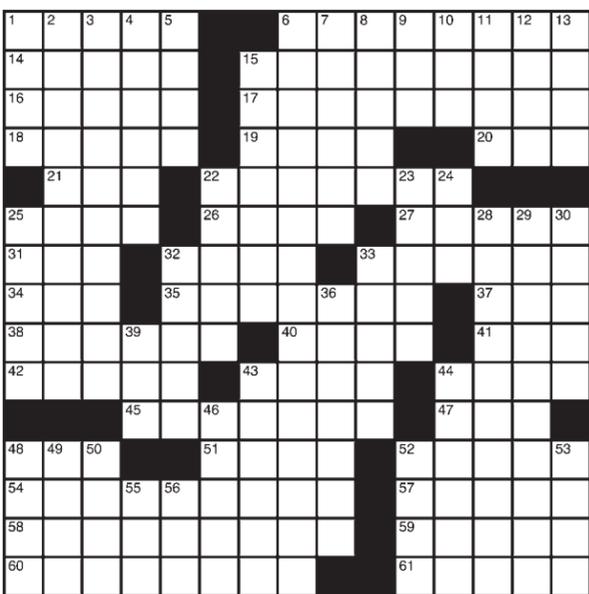
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Crossword



- 20 1969 Tommy James and the Shondells hit
- 21 Canadian road sign letters
- 22 Recent delivery
- 25 Architect Mies van der ___
- 26 Cellphone display
- 27 Midwestern tribe
- 31 Like some discount mdse.
- 32 "Powerage" band
- 33 Go away
- 34 Org. led by David Stern
- 35 Infuse with
- 37 The Wildcats of the Big 12 Conf.
- 38 Composer Holst
- 40 Is not misused?
- 41 Noir protagonist
- 42 Power
- 43 Troubling spots
- 44 Drop
- 45 Haberdashery items
- 47 On a roll
- 48 Devil
- 51 Bank deposit
- 52 Philatelist's purchases
- 54 Loretta Lynn's father was one
- 57 Get around
- 58 "Li'l Abner" Tony winner, 1956
- 59 iComfort maker
- 60 With equanimity
- 61 "Shame ___!"

- 6 The Falcons of the Mountain West Conference
- 7 Picks up
- 8 Woman in a "Paint Your Wagon" song
- 9 Aerobic exercise can raise it, briefly
- 10 Wagering option, briefly
- 11 "Gunfight at the O.K. Corral" screenwriter
- 12 Punjab sect member
- 13 It's almost pointless
- 15 NSA headquarters site
- 22 "Grimm" network
- 23 Red Sox Hall of Fame pitcher Luis
- 24 Forever and a day
- 25 Gymnastic event
- 28 Its English version has more than 3.5 million entries
- 29 Gave the go-ahead for
- 30 Peel off
- 32 "Same here"
- 33 Jungle features
- 36 Grasping organ
- 39 Bit of ink
- 43 Like some Hindemith works
- 44 Cut off
- 46 Fail to say
- 48 Secures
- 49 Way
- 50 Took care of, in a way
- 52 Chilean cabbage?
- 53 Junior on the NFL 1990s All-Decade Team
- 55 Rural area
- 56 Door closer?

YESTERDAY'S ANSWERS

TITSPAT EMERIL
TOWERED DAYONE
CRIPPLE SFEALS
HEMS LADE KNISH
MIRE ALEC NEO
ALI ERSE HOMEEEC
LINUX CHOOSE
PEGS LALAW NUKE
SKATER PUPIL
MARRROW ESTE SAM
ULE ONIT ERAT
HOPON VSIX PRAM
CHORIZO CARRERE
ARCHER INDIANA
STACEY SALMON

Across

- 1 Fiji neighbor
- 6 Round server?
- 14 Cutter cousin
- 15 Research activity
- 16 Hot-and-cold feelings
- 17 Honda CRF, e.g.
- 18 Cost
- 19 Honda et al.: Abbr.

Down

- 1 Peter the Great, e.g.
- 2 First International Gymnastics Hall of Fame inductee
- 3 Silly goose or sitting duck
- 4 "Faust" author
- 5 It roughly translates to "bearded" in Tibet

Sudoku

by the Mepham Group

						9		5
		9	3	8				
	4				5			2
	2			4			5	
		8						6
				3			7	
7			6					1
				1	3	2		
3		6	2					

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9.

For strategies on how to solve Sudoku, visit www.sudoku.org.uk

IOWA STATE DAILY

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Chief curator of University Museums talks campus art

BY QUINN.VANDENBERG
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Iowa State has the largest public campus art collection in the United States.

Works of art can be seen around campus in five areas: Christian Petersen Art Museum in Morrill Hall, Farm House Museum, Anderson Sculpture Garden, Brunnier Art Museum in the Scheman Building and the Art on Campus Collection.

Some famous works of art at Iowa State include Grant Wood Murals at Parks Library, Fountain of the Four Seasons outside the Memorial Union and the Gentle Doctor sculpture at the College of Veterinary Medicine.

Lynette Pohlman, director and chief curator of University Museums, has worked at Iowa State for 48 years. Pohlman started at Iowa State in April of 1971 with the restoration of Farm House Museum for the United States Bicentennial in 1976.

"Iowa State was undertaking [the Farm House Museum restoration] as a preservation project and that then led to the arrival of the Brunnier Art Collection in two semi trucks," Pohlman said. "I helped unpack that and then open the [...] Henry J. Brunnier Art Gallery in 1975 and became director in 1980."

Throughout Pohlman's time at Iowa State, the three other art units were established: Art on Campus Collection in 1983, Christian Petersen Art Museum in 2007 and Anderson Sculpture Garden in 2007.

"We are the University of Museum's umbrella as an administrative unit," Pohlman



COURTESY OF BETSY GRABINSKI

"Met Chandelier," designed by Hans Harald Rath in 1963-1966 and manufactured by Lobmeyr Werkstätten in 2019, is part of the Art on Campus Collection at Iowa State.

said. "That provides huge efficiencies for Iowa State. If you go to other potential academic institutions, you would have a staff for each one of those."

Pohlman said each of the five campus units has its own philosophy that determines the theme for the works displayed. For example, Farm House Museum, Iowa State's oldest building, primarily features works from approximately 1860 to 1910 that relate to Iowa State and life in Iowa during that time period.

The works of Susan Chrysler White are currently featured at The Christian Petersen Art Museum. Iowa State has recently acquired White's art for public viewing at The Hub and The Friley Dining Facility.

"The purpose of always trying to do an exhibition by a public artist that we've

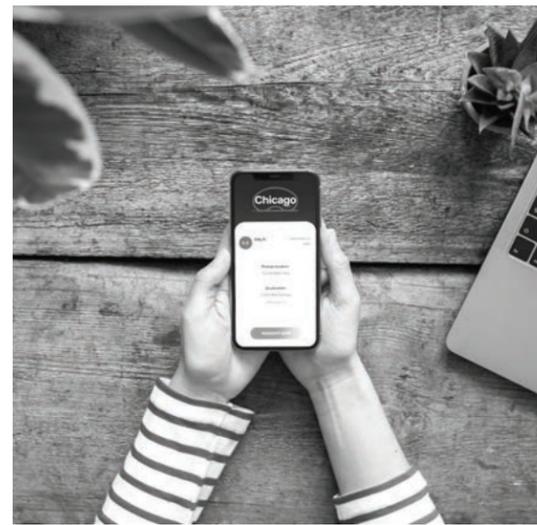
commissioned is to show the campus a larger array of [...] the body of work by that artist," Pohlman said. "It's kind of like reading the same author and getting their perspective and their viewpoint of life and their expression."

Pohlman said art can be acquired for the university in a number of ways, such as through a commission, purchase, gift or transfer from another museum.

Pohlman said when considering a work of art they look at how it meets the strengths of the collection. The process was used recently in the renovation of the Brunnier Art Museum in the Scheman Building.

"When we did the renovation, I wanted to be sensitive, complementary and respectful

» CURATOR Pg8



COURTESY OF DERICK DAVID

Rideshare app Hikre, created by Iowa State students Derick David and Colby Hawkins, is coming to Ames in December.

Iowa State students to release ride-sharing app

BY MAGGIE.BOLLINGER
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As co-founders of a tech startup in Ames, Iowa State students Derick David, junior in computer science, and Colby Hawkins, senior in marketing, have created a social ride-sharing platform called Hikre for long distance travels.

The ride-sharing platform will be in its testing phase by Thanksgiving and will be available to all Iowa State students as early as the first week of December, said David and Hawkins.

Hikre is free to sign up as either a rider or driver. The cost per ride will vary depending on the destination, and the driver will be able to recommend a price. The app allows for multiple payment methods, including Venmo and PayPal.

"It is more interactive and contains more security with a profile and credibility of the driver, telling the rider how many routes they've done once they started with a background check," Hawkins said.

The app also allows the rider to set their own pickup location and drop-off address.

David said he wants it to be close to an "Airbnb when it comes to privacy and safety and Uber when it comes simplicity and efficiency."

The driver has the option to allow or reject the drop-off address, depending on how far away it is from their own destination. As a result, they may charge more.

"Since more people are carpooling in the Midwest than any other part of the United States, it would be beneficial to universities with limited transport," David said.

David said it also helps the environment because it limits the amount of pollution put into the air.

The app is different from other ride-share apps in that it allows the rider to select the seat they wish to sit in and what they will be doing during the drive such as eating, sleeping, doing homework or listening to music.

David and Hawkins are working with the Pappajohn Center for Entrepreneurship, which works directly with Iowa State students interested in launching their own companies.

David and Hawkins said Dave Biedenbach, the Iowa State regional director at the Small Business Development Center, has assisted them with their app.

David and Hawkins said it fits well into the social media culture on a college campus and described the app as credible, safe and usable.

Hawkins said he was first inspired to create a ride-sharing app while taking a semester off from college in Europe. He wondered why Germany and Switzerland had an app to move from one place to another and wanted to make one available in the United States.

David said he became interested in the idea since he is an international student and wanted to find an easier way to get around. The two then teamed up to create the app and have been working and improving on it since September.

Polish fellow joins lab at Iowa State

BY SAGE.SMITH
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Aleksandra Badaczewska-Dawid, who is the co-author of 13 scientific papers and has 300 citations in peer-reviewed journals, has joined the Potoyan Lab at Iowa State on the Bioscience Innovation Postdoctoral Fellowship.

Badaczewska-Dawid is from the University of Warsaw in Poland and now works as a postdoctoral research associate in the chemistry department at Iowa State.

"Iowa State is a good place, especially Potoyan's lab is a good one," Badaczewska-Dawid said. "The people inside this lab are very nice and they are great scientists also. Daily work in such a team is motivating and exciting. I think I fit to this lab and this lab fit to me so I'm very happy to be here and I'm hoping for a great scientific research."

Badaczewska-Dawid is recognized for the co-development of a deeply coarse-grained, low-resolution protein model known as the Single United Residue per Pre-averaged Secondary Structure (SURPASS model).

The model's reduced size enables more efficient and highly accurate modeling of large-scale proteins, according to a College of Liberal Arts and Sciences news release.

Davit Potoyan, an assistant professor of chemistry, is the principal investigator in the Potoyan Lab Badaczewska-Dawid works in.

"So the area that we work in is computational biophysics," Potoyan said. "So we use computational tools to get out how biomolecules interact and we look at how biomolecules are organized inside cells, how they regulate biochemical reactions. Basically we look at these processes on several scales

from molecular to cellular to somewhere in between."

After taking an interest in Badaczewska-Dawid's research and publications, Potoyan reached out to her by email. They communicated back and forth about Badaczewska-Dawid possibly coming to the United States to work with Potoyan and his team in the lab.

Potoyan said after some email exchanges, they arranged for Badaczewska-Dawid to visit the United States from Poland.

"I was nicely surprised when professor Potoyan wrote to me after he read my paper about our coarse-grained SURPASS model developed in the professor Kolinski lab," Badaczewska-Dawid said. "Then I was just in the middle of finishing my Ph.D. thesis and I didn't decide yet where I should go for postdoc. I had some other options, like New York, but I'm really glad being here in Ames at [Iowa State]. The project we are working on, liquid-liquid phase separation of proteins, is very interesting and it is one of the most exciting topics in bioscience right now." Badaczewska-Dawid said Potoyan's project sounded interesting and decided to join him. She said she's pleased with her decision because Potoyan is a great scientist and Iowa State is a really nice place.

The work of Badaczewska-Dawid with the Potoyan Lab at Iowa State has only just begun, and Badaczewska-Dawid's research will be funded through 2022.

"I would say this kind of research is really driven by talented postdoctoral scientists like [Badaczewska-Dawid]," Potoyan said. "She's very independent, she comes up with all the intermediate steps, so all I did basically, I give her the big picture, this idea, [...] she really

carries the project so in that sense she's the driving force."

Badaczewska-Dawid is also a graphic artist and has created 3D images of protein models she develops. Some of her images have been featured on covers of prominent medical journals.

"I think my great hobby is graphic design and sometimes it is also related a bit to science because I have prepared the pictures for the majority of publications that I was co-authored," Badaczewska-Dawid said. "Also a few times I prepared pictures that won a cover art for scientific journals. I am very proud of that and it gave me a lot of joy. I like pretty things and I believe that smart visualization helps to understand science, so if I can make nice picture I would love to do it."

The fellowship awarded to Badaczewska-Dawid was established by the Roy J. Carver Charitable Trust of Muscatine, Iowa, to "support biomedical research programs on the cusp of developing scientific breakthroughs that could advance human health."

Badaczewska-Dawid's fellowship provides financial support and allows collaboration with Iowa State researchers.

"I am very grateful to Roy J. Carver Charitable Trust and College of Liberal Art and Science[s] for trust and giving me the opportunity to work with great scientists at [Iowa State]," Badaczewska-Dawid said.

In addition to Potoyan and Badaczewska-Dawid, there are four other team members of the Potoyan Lab.

"We would like to become important players in this new field, field of protein nucleic acid face separation," Potoyan said. "This is where I'm focusing all my efforts."

Talk About It: Crisis

What crisis support looks like

BY AMBER MOHMAND
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Editor's Note: This is part eight in our mental health series "Talk About It." Sensitive content may follow.

A crisis can be different for everyone, but overall it is a response to an event where an individual needs immediate support said Student Counseling Services (SCS) director Christopher Hanes.

"So it's really something that's so upsetting to the person that they don't feel they can keep themselves or other people safe or they just don't feel emotionally safe," said Sue Reimers, clinical care coordinator for SCS.

Several offices within Iowa State and Ames play a role in helping students through these experiences.



PHOTO COURTESY OF GETTY IMAGES, DESIGN BY BROOKLYN WILLIAMS

A crisis situation can go differently for everyone, but there are several places within Iowa State and the Ames community that play a role in helping students through these experiences.

STUDENT ASSISTANCE

The Office of Student Assistance is under the Dean of Students and exists to provide support and information about university resources. If a student faces unexpected challenges, Student Assistance is the liaison between students and faculty.

"There are a million and one resources on the college campus and it can sometimes be really, really difficult to know where to start and so our office really wants people to know that they can start here," said Megan Van Heiden, senior assistant director for the Office of Student Assistance.

Student Assistance will have direct contact with the student in a crisis situation,

meaning they will have the most check-ups, follow-ups and help them figure things out. They will be the ones who connect and communicate with the necessary people about the crisis event.

"We send what's called 'the notification' from our office and that's sent [to] all of the student's instructors," Van Heiden said. "We try to work with students to determine what language they feel comfortable with us sharing [...] and really leave that up to the student to determine how much or how little."

Throughout the time the student is gone, Student Assistance will maintain communication between the student and their

professors. When meeting with the student, using language which validates the students experience has helped in situations, Van Heiden said.

"So by validating, to me what I mean when I say that, is if a student shares with me 'I'm having a really hard time and here are the reasons why' and saying 'You're right, that does sound incredibly challenging,'" Van Heiden said.

If a student needs to take time off from school, they could apply for a medical withdrawal which includes mental and physical health. The student speaks with their academic adviser about the options in regards

to a medical withdrawal form. Student Assistance can help with this and they also help students come back to school after taking that time off.

ISUPD AND WELFARE CHECKS

If a student, family or faculty is concerned about an individual, they can contact the Iowa State Police Department (ISUPD) to do a welfare check. The officer on-call will go the student's dorm or a place where they are most likely to be and check-in, ask a few questions and determine the risk.

>> CRISIS p68

Freshman scholarship deadline approaches

BY AMBER.FRIEDRICHSEN
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Classes will resume after fall break on Dec. 2, which is also the deadline for freshman Iowa State students completing the OneApp scholarship application.

While students' classes are recessed for the break they can relax from their academic workload, but they may want to think about applying for scholarships with Iowa State's scholarship system called OneApp.

Ann Wessman is the program manager for scholarships and student employment in the department of student financial aid.

"[OneApp] is the university wide scholarship portal for students to apply for, I would say, 99 percent of the scholarships that are awarded at Iowa State," Wessman said. "It's kind of our tool so that students don't have to go to different places and fill out separate applications."

To apply for OneApp, students can go online and log in using their NetID information to access applications for scholarships. Students are required to fill out the general Iowa State application and then are able to apply for scholarships within their college.

The general application is a series of questions about the student.

"We ask a lot of questions about their involvement — leadership, community service, those types of things," Wessman said. "We ask questions about employment — if they are currently working, how many hours they work, we ask why they chose to come to Iowa State."

Wessman said students are also asked about things like involvement in sororities and fraternities or if they are participating in a study abroad program.

The answers to these questions can direct students to other



CAITLIN YAMADA/ IOWA STATE DAILY

The deadline for Iowa State freshman students to fill out the application on OneApp is Dec. 2, the same day classes will resume after fall break.

potential awards they qualify for.

"We want to know if they are involved, we want to know their leadership experiences, we might want to know financial background," Wessman said.

After completing the general application, students are then supposed to fill out another application for their college. This is something Wessman said some students are not doing.

"One of the issues we've been having is that students are not filling out both the general application and their college application — they are doing one or the other," Wessman

said. "If they don't fill both out they are limiting the number of awards they are being considered for."

Once a student has filled out both applications, their information enters a database along with other information about them such as their GPA or hometown. This information is used to point each student into the direction of more specific scholarships they are eligible for.

"Pretty much every unit on campus that you can think of has some scholarship that they are administering," Wessman said. "There are places like the Women in Science and Engineering, learning communities, Sloss House."

In addition to entities on campus which offer awards to qualifying students, Iowa State students can also receive scholarships from donors outside the university. These awards are also managed through OneApp. Just like scholarships from Iowa State, these scholarships are awarded to students meeting their criteria.

"The system itself [...] has also been very good for adhering to donor intent," Wessman said. "When a donor sets something up with the foundation to award a scholarship [...] we want to make sure that we are selecting students who are really eligible for it."

Applications for general, college and specific scholarships are considered by a committee. These committees are made up of faculty, staff and even students of Iowa State. Wessman said the selection committees tend to represent the awards they are selecting. Students who receive awards through OneApp will be notified in the spring of 2020.

While the Dec. 2 deadline is particularly for freshman, there are some awards for upperclassmen also due then as well.

Wessman said a lot of scholarships for returning students have later deadlines, but she wants to encourage students to make sure they don't miss out on any opportunities.

IOWA
STATE
DAILY

GRIDIRON

GAME INFO

IOWA STATE
CYCLONES
(6-4, 4-3 Big 12)KANSAS
JAYHAWKS
(3-7, 1-6 Big 12)

WHEN: Nov. 23, 11 a.m.
WHERE: Jack Trice Stadium
WATCH: FSN
LISTEN: Cyclone Radio Network | KASI 1430* (AM) & KCCQ 105.1* (FM)
 (Available in the Ames area only)

STADIUM INFO:

- All gates will open 90 minutes before kickoff.
- Students must enter through the East Gate.
- Re-entry to the stadium will be allowed up until the start of the 4th quarter. Tickets must be scanned upon exit and re-entry.

OPPONENT INFO

Kansas Jayhawks
 (3-7, 1-6 Big 12)
LOCATION: Lawrence, Kan.
CONFERENCE: Big 12
HEAD COACH: Les Miles | 3-7 in first season with Kansas.

QUICK HITS:

- Les Miles won a national championship as head coach of LSU in 2007.
- Kansas has finished in last place in the Big 12 for four straight seasons.

PREVIEW

Iowa State's final home test

Cyclones hope to send off senior class with win

BY MATT.BELINSON
 @iowastatedaily.com

After toppling No. 22 Texas last weekend in Jack Trice Stadium and becoming bowl eligible for a third straight season, another milestone remains for the Cyclones.

Iowa State football will try for its seventh win of the year Saturday against Kansas to boost its bowl resume, but a more pressing mission will be at hand.

The goal: to send the 2020 senior class out with one last win at Jack Trice Stadium.

Iowa State will have 20 seniors leave the team at the end of the season — players impactful on both sides of the ball that head coach Matt Campbell describes as players who trusted in Campbell and his staff with “blind faith” through it all.

Campbell said that players like Marcel Spears Jr., Ray Lima, Matt Leo, Deshaunte Jones, Steve Wirtel and others in their class had to buy in to a relatively unknown face like Campbell and the process he wanted to create.

The senior class has put his vision into a reality for the younger players behind them in the program, Campbell said.

He also said that in today's world, loyalty and the willingness to stay the course is something that is uncommon — except in this senior class.

For Campbell, the unique aspect about the senior class is that all 20 players have been able to play for the Cyclones and have made impactful plays for their teammates.

One of those impactful players — like Spears — has shown up time and time again for Iowa State over his time as a Cyclone.

Whether it be Spears picking off Nic Shimonek and taking it all the way for a touchdown to seal a victory over Texas Tech in 2017



IOWA STATE DAILY

Iowa State linebacker Marcel Spears Jr. speaks to the crowd during a pep rally Dec. 27. This season is Spears' last season as a Cyclone.

or his interception to clinch an upset over No. 4 TCU in the same year, Campbell said the play of Spears will be something to remember, but his character in the locker room and in practice make him worth remembering even more.

“Marcel is one of those guys that's just got the ‘It’ factor,” Campbell said. “He's gonna go be really special in life when he's done playing football and I think his ability to really take another huge step forward culturally in this program, especially this offseason, and really take the bull by the horns and really have the ability to stand up in hard times and lead; it's been really impressive.”

Coming into his final home game as a Cyclone, Spears has amassed 150 tackles, six sacks and four interceptions.

Spears said that it took time for him and other now-seniors to buy into Campbell and his vision. Spears said faith and trust in the

process would pay off, and now, with his final home game closing in, he has no regrets.

Now, he and his fellow seniors want to be the ones who laid the foundation for a better future for younger players on the roster.

“These seniors that stand next to me, they've done a lot, they've put in a lot of work that people don't understand,” Spears said. “The legacy that we're trying to leave is just, you know, we're trying to just push seeds into the ground so they can flourish for the ones that come after us. That's all we're trying to do. We're trying to leave the jersey in a better place.”

While La'Michael Pettway is a senior, he only joined Iowa State in May after transferring from Arkansas.

Pettway has been with the Cyclones for less than a full season, but could tell that the senior leadership in the building was real and made him fit right in immediately.

Pettway said that Iowa State and the culture he has grown to be a part of wasn't always as inviting and on the same page as it is now. In Pettway's view, credit goes to the 2020 senior class and its belief.

“From what I heard it was totally different than what it is now, and I credit these seniors because it's their doing,” Pettway said. “It was a player-led thing; like I said, these seniors welcomed me in. I feel like that culture changed and I feel like I'm a part of that culture.”

So when Senior Day arrives, the Cyclones will look to not only grab their seventh win of the season, but also reflect on a senior class that has changed so much within the walls of Iowa State football.

“It's a really special group, a group that means a great deal to me and a group that has had a huge impact on not just now, but the future of this football program,” Campbell said.

AROUND THE BIG 12



No. 22 OKLAHOMA STATE @ WEST VIRGINIA

WHEN: 11 a.m., Saturday

WHERE: Milan Puskar Stadium, Morgantown, West Virginia.

WATCH: ESPN2

TEXAS @ No. 13 BAYLOR

WHEN: 2:30 p.m., Saturday

WHERE: McLane Stadium, Waco, Texas

WATCH: Fox Sports 1



KANSAS STATE @ TEXAS TECH

WHEN: 6 p.m., Saturday

WHERE: Jones AT&T Stadium, Lubbock, Texas

WATCH: Fox Sports 1

TCU @ No. 8 OKLAHOMA

WHEN: 7 p.m., Saturday

WHERE: Gaylord Family - Memorial Stadium, Norman, Oklahoma

WATCH: FOX

PLAYERS 2 WATCH



COURTESY OF THE BAYLOR LARIAT

Deshaunte Jones

In his final home game for the Cyclones, the senior wide receiver has been a steady contributor for Iowa State's passing attack this season — and he's working his way up the Iowa State record books as well. With three games left (including a bowl matchup) left in his college career, Jones sits at 1,923 career-receiving yards — sixth all-time in Iowa State history. Against a struggling Kansas secondary, there is reason to believe he could make his way up near Tracy Henderson in fifth place (2,048 yards) against the Jayhawks.



IOWA STATE DAILY

Hasan Defense

The Jayhawks' cornerback has been a key member of his namesake unit for three years now, and he'll have a tough task Saturday against Jones, La'Michael Pettway and others in the Iowa State receiver group. A senior, the clock is running out on Defense's career, and he will likely be trying to make a statement in his final matchup with the Cyclones.

GOOD COP vs. BAD COP



BY SAM.STUVE
@iowastatedaily.com



BY JACK.SHOVER
@iowastatedaily.com

Good Cop:

Kansas is a very weird team this year. They lost at home 12-7 to the Coastal Carolina Chanticleers, but then blew out Boston College 48-24 on the road. Then they followed that with a 29-24 loss at home to the West Virginia Mountaineers and a 51-14 loss to TCU (both teams of whom Iowa State beat by 24 points or more). Finally, they pushed the Texas Longhorns to their limit, only losing by a score of 50-48 in Austin, Texas.

Bottom line is this: Kansas is very inconsistent this season, but that's to be expected when your head coach has only been at the university for one year. Kansas has a solid foundation and has showed flashes of potential this season, en route to a 3-7 (1-6 Big 12) record.

What we do know about Kansas is that it has allowed more than 24 points in all but two games (its first two) this season and it has allowed Iowa State to score more than 24 points in all but two games they've played against each other since 2010.

The Jayhawks have been held to less than 25 points in eight of their ten games this season and the Cyclones have held six of their 10 opponents to less than 25 points a game.

Iowa State has not lost to Kansas at Jack Trice Stadium since 2008 and is 9-3 against Kansas in Jack Trice Stadium since the Big 12 formed. That record should improve to 10-3 as I see Iowa State's offense torching Kansas' defense en route to its seventh victory of the season.

The Cyclones should have a two touchdown lead or something similar at halftime and will put the game away after that. The Cyclones' backups should see some playing time come the fourth quarter.

Iowa State 45, Kansas 17.

Bad Cop:

If there were to be a trap game on Iowa State's schedule, this is it.

Fresh off of a win against the Texas Longhorns, the spirits for the Cyclones should be at an all-time high this season.

In addition, the Cyclones have a solid opponent in the team's final game against Kansas State. The Wildcats upset Oklahoma this season.

Before that matchup, the Cyclones take on the Jayhawks.

Kansas sits in last place in the Big 12, and with an 11 a.m. kickoff, the Cyclones are sure to start the game off sluggish.

Kansas' ninth-ranked offense in the conference won't put up insane numbers, but quarterback Carter Stanley ranks sixth in passing yards a game with an average of 224.1 yards, and running back Pooka Williams is amongst the best in the conference.

Williams has 791 yards, which only trails Oklahoma State's Chuba Hubbard and Oklahoma's Jalen Hurts for the most in the conference.

Williams is averaging 4.9 yards a carry, so if Stanley is able to hit some throws early, it could open up better running lanes for Williams early.

If Kansas wants to challenge the Cyclones in this game, they will have to gain an early lead and be just good enough on defense.

They rank last in the conference in defense, so it's a bit task to keep the Cyclones from pulling of the win late in the game.

With that being said, the Cyclones are too good on offense and defense for the Jayhawks to provide more than a first half scare.

The biggest test for the Cyclones in this game will be avoiding a loss of offensive momentum heading into Kansas State.

Iowa State 34, Kansas 17

FEATURE PHOTO



GARRETT HEYD/ IOWA STATE DAILY

» Leap of faith

Cyclone wide receiver Tarique Milton jumps over Longhorn defenders in Iowa State's game against University of Texas on Nov. 16 in Jack Trice Stadium. The Cyclones defeated the Longhorns 23-21.

THE PICK

Iowa State vs. Kansas

NOAH ROHLFING



Sports Editor
(7-3)

Iowa State 42, Kansas 10

I mean, I'm not gonna fool anyone with this pick. It's Kansas. Improved or not, the Jayhawks should not be able to hold a candle to Iowa State's current team and current development level. It's really more about it being Senior Day and saying goodbye to an Iowa State class that has changed the entire dynamic around the football program. It's also my final home football game covering the Cyclones for the Daily. Hopefully whatever happens, I don't have to rewrite my gamer.

ZANE DOUGLAS



Sports Editor
(6-4)

Iowa State 38, Kansas 17

Kansas is better, but it's not nearly enough to beat Iowa State. Kansas put up a valiant effort against Texas, but then Iowa State beat Texas, so you can't even reasonably weasel your way into a Kansas pick there. Iowa State's defense and offense are both leagues better than the Jayhawks' respective counterparts, and there shouldn't be a problem on either side of the ball. Look for Kansas to score some late points to make it look like a closer game than it is, but Iowa State sends its seniors off with a win in their final game in Jack Trice.

MATT BELINSON



Sports Editor
(6-4)

Iowa State 38, Kansas 14

For the Cyclones, this season has been defined by the close wins and losses, but rest assured, this game will not be close by any stretch of the imagination. While Matt Campbell said in his weekly press conference that he thinks Les Miles has created a sense of belief in the football program at Kansas, that sense of belief won't find its way to the field Saturday.

Kansas ranks in the bottom half of the Big 12 in every important statistical category you can think of: 10th in rush defense, ninth in scoring offense, ninth in rushing offense and 10th in amount of sacks created, to just name a few.

I expect Breece Hall to have the biggest game of his young Cyclone career against the Jayhawks. Don't overthink this one; it's all Iowa State.

CAITLIN YAMADA



Co-Visuals Editor
(0-0)

Iowa State 31, Kansas 24

I don't know much about football, but what I do know is this game against Kansas is almost a guaranteed win. More importantly, the Jayhawk isn't even a real bird, so what kind of damage can they really do? As a senior, this will be my last home football game and I would only be slightly bitter if it ends in a loss. As someone who will be photographing the event, I hope for the sake of my fingers it is a short and neat game.



IOWA STATE DAILY

Iowa State head coach Matt Campbell poses with Washington State coach Mike Leach following a press conference Dec. 27, the day before the Valero Alamo Bowl game.

Predicting Iowa State's bowl game

BY ISD SPORTS STAFF

The Cyclones are bowl eligible for the third consecutive season. But as is tradition with college fanbases, as soon as a team becomes bowl eligible, speculation begins as to what bowl game their team will land in and who they will face.

The Iowa State Daily Sports Desk will continue that tradition and try to predict where Iowa State could find themselves by season's end to calm the speculative minds of Cyclone fans.

Here is what Noah Rohlfing, Matt Belinson and Zane Douglas think will come to pass for Iowa State when all is said and done.

ALAMO BOWL

This is realistically the highest-rated bowl the Cyclones can appear in. The Alamo Bowl is the best-ranked affiliate of the Big 12 after the New Years' Six bowls are dealt their selections, matched up against a Pac-12 team. Last year, Iowa State made this game over West Virginia, losing in a 28-26 nail-biter but making a mark with the organization's fanbase and attendance numbers. Iowa State Athletic Director Jamie Pollard said earlier this week that Alamo Bowl representatives would be present at Saturday's game against Kansas.

CAMPING WORLD BOWL

Iowa State has been to the Alamo Bowl and the Liberty Bowl in the last two seasons. The Camping World Bowl is in-between the two in terms of prestige with the conference allocation between the Big 12 and the ACC. Taking place in Orlando, this bowl might have the most desirable location and it is generally the next in line bowl after the Alamo Bowl, which the Cyclones made last season. Iowa State is currently in a three-way tie for third in the Big 12, which could either garner them another Alamo Bowl visit or, if Baylor drops to the Alamo Bowl, result in the Camping World Bowl. If Iowa State holds true in its final two games, then this bowl is a plausible landing spot for Iowa State.

TEXAS BOWL

The Texas Bowl, which takes place at Reliant Stadium in Houston, Texas — the home of the Houston Texans — is generally a middle-of-the-road bowl game on the Big 12's bowl calendar. Last season, the game included two 6-6 teams — Baylor of the Big 12 and Vanderbilt of the SEC. The bowl has the third pick for its bowl selections, so if Iowa State manages to finish 7-5 or 8-4, this is a very realistic option.

AUTOZONE LIBERTY BOWL

Iowa State was in this bowl after the 2017 season, a 21-20 victory over Memphis in the Tigers' backyard. The Cyclones

were also in the Liberty Bowl in 2013, with a loss to Tulsa. So, if anything, there is definitely a sense of familiarity for Iowa State — like the time the Cyclones drank Beale Street out of beer and their Busch Light tie-in was solidified. In reality, though, this isn't a super likely bowl for Iowa State to end up in unless the Cyclones falter against Kansas State at the end of the season.

CHEEZ-IT BOWL

Everyone's favorite childhood snack is now a bowl game. Joking aside, this is pretty much the worst-case scenario for the Cyclones. It's a lower-level bowl with a tie-in for Big 12 and Pac-12 teams. Iowa State was slated to possibly end up in this bowl game before the Cyclones beat Texas, but now in a tie for third place, it's hard to see a scenario where Iowa State gets put in this bowl.

SERVPRO FIRST RESPONDER BOWL

It would take a catastrophic end to the season for Iowa State to end up facing an AAC team in the Cotton Bowl at 11:30 a.m. Dec. 30 in Dallas. We're only putting it on here because it IS technically possible. This bowl is extremely TCU territory (if the Horned Frogs make a bowl, that is).

Matt's Prediction: Alamo Bowl

Zane's Prediction: Camping World Bowl

Noah's prediction: Texas Bowl (just to be different)

COLUMN

Fall break inspires grading the best holiday sports traditions

BY TREVOR.HOLBROOK
@iowastatedaily.com

Holidays pepper the calendar this time of year. New Year's Eve follows Christmas/Hanukkah/other holiday celebrations in December, which follows Thanksgiving and Halloween.

With fall break coming next week at Iowa State, my schedule is booked. I plan on eating a lot of heavy food and laying on the couch watching sports and fighting (and losing) against an afternoon nap while I recover.

On Thursday, I've penciled in professional football on schedule from 11:30 a.m. to around 10:30 p.m. with a trio of games. After the games, the network television company rewards the top performers with a turkey leg as a tradition.

While Thanksgiving possesses its own tradition, other holidays share similar traditions, but which ones are the best?

THANKSGIVING FOOTBALL

I'm not the biggest Thanksgiving guy, but the postgame turkey leg is a staple in the NFL. This

one ranks pretty high because it's a weird tradition. I mean, chomping on a turkey leg after a three-hour game seems different, which scores extra points.

On the flip side, though, I'm more of a ham guy instead of turkey, so that knocks this tradition to a B.

Grade: B

JULY 4TH HOT DOG EATING CONTEST

Each year, the U.S. Independence Day meets the Nathan's Hot Dog Eating Contest. This tradition provides an optimal pairing with the 4th of July.

Most people have been checked out of a sports mindset for a while when July arrives. It's kind of nice having a break from football or basketball, but everyone needs their fill after a while.

While the sports void needs to be filled, I'm not completely ready to dive into another full season of a specific sport in July. That's why the hot dog eating contest fits perfectly in July. It requires minimal thinking, and it's a short event. Plus, hot dogs are a top 10 food.



IOWA STATE DAILY

Then-junior running back David Montgomery runs a pass at the Alamo Bowl game on Dec. 28.

Grade: A

CHRISTMAS DAY NBA

This is a quality tradition because the NBA loads up the schedule on Christmas. The matchups are competitive and fun.

This tradition plays out almost like the opposite of the hot dog eating contest. Twitter

gets clogged up with game tweets and holiday posts, and the slate of games becomes overwhelming.

I think I'd prefer the star-studded matchups to be spread out a little more so it's easier to digest the games.

Grade: B

NEW YEAR'S BOWL GAMES

Forget the ball dropping and other traditions, and give me the bowl games. New Year's Eve is loaded with bowl games, with five on the schedule for 2019-20.

Then, the next morning you get to sleep in while probably not feeling too great, but college football gifts us another two games at noon. After the warm-up, college football provides the Rose Bowl and the Sugar Bowl.

I know I knocked the NBA games for having too much going on at once, but I try to schedule my New Year's activities around the games and New Year's Day gives us a great schedule to recover from staying up so late.

Grade: A

Iowa Corn Cy-Hawk dual nears

Cyclones look for first win in 16 years

BY ZACH MARTIN
@iowastatedaily.com

The over two-hour bus ride back to Ames is what Ian Parker remembers most about the Iowa Corn Cy-Hawk dual 10 months ago.

"A lot of guys [were] not happy with what happened," Parker said. "Lot of guys won close matches, but we didn't get any bonus [points]. As a team, we did not do what we wanted to do."

With second-ranked Iowa traveling to Hilton Coliseum on Sunday afternoon to face off with the ninth-ranked Cyclones, the memory of a 19-18 defeat at Carver-Hawkeye Arena last season still sits with the eight returning Iowa State starters.

"I'm ready to go; I like it kinda early," 149-pounder Jarrett Degen said. "We can't dig a hole, we can't get behind."

The Hawkeyes have won 15 straight duals over Iowa State. The last time the Cyclones defeated Iowa was a 19-16 win in Ames during the 2004-05 season. Iowa leads the all-time series 65-16-2.

Since the 2005-06 season, Iowa has amassed an average of 24.4 dual points. The closest margin of a win was the aforementioned 19-18 victory on the first day of December in 2018.

"Big weekend, we're excited," said Cyclones head coach Kevin Dresser. "They've got a great squad and we got our work cut out for us. I think it's a good test."

A major decision from Iowa's Spencer Lee and a pin from Alex Marinelli, as the only two bonus-point victories of the match, gave the Hawkeyes the edge after each side had a right-down-the-middle split record of 5-5.



Iowa State then-redshirt-sophomore Ian Parker locks up with his opponent during the Cyclones' match against Missouri on Feb. 24. The Cyclones lost 15-23.

Familiar faces will show again at 2 p.m. Sunday. Lee and Alex Mackall will look to grapple again at 125; Degen will try to push his winning streak to three over Pat Lugo at 149; and a possible rematch will rage at 184 between Cash Wilcke and Sam Colbray.

Those matchups, plus the toss-ups at 133, 141 and heavyweight will determine the dual once again in the eyes of the Iowa State wrestlers.

"We absolutely have to win every single one of those, even more than last year," Parker said. "I don't think they have really any holes. We're gonna have to dogfight in every single match. That's kind of the mentality we brought last year — not one of them didn't come to wrestle and we're gonna need that and even more this weekend."

Parker and Todd Small might have to wait until starting lineups are announced to find out who they will wrestle.

Penn State transfer Gavin Teasdale, junior Austin DeSanto and senior Paul Glynn are the three guys who Small could potentially face.

Dresser has been impressed with the preparation of the Iowa Central transfer following a 3-1 loss in his first NCAA dual match against Bucknell's Darren Miller.

"He came out of that match, and he wanted to fix it," Dresser said. "When you come out of a match — win or lose — but especially after you lose and have the mentality you want to fix it, you got a good season ahead of you. If Todd Small continues that mentality, he'll be a force to reckon with."

DeSanto moved up to 141 in the Hawkeyes' opener against Chattanooga — even though afterward Iowa head coach Tom Brands said he weighed in around 133 pounds — and put together a technical fall victory.

If it is a DeSanto/Parker matchup, it'll be the

first time they have wrestled since Parker was a true freshman and DeSanto was at Drexel. Max Murin could also await Parker in a rematch from last year.

"He's kind of an infamous guy with his style," Parker said. "I'm extremely excited — it's going to be a high pace match. My style clashing with that style is exciting for me"

The returners at 157, 165 and 197 for Iowa will face off against someone new, as will Marcus Coleman at 174 and Gannon Gremmel at heavyweight for Iowa State.

Second-ranked Kaleb Young will go up against 11th-ranked David Carr at 157, while unranked Chase Straw looks to pull an upset against Marinelli, who is slotted as the second-best wrestler at 165.

Iowa's Jacob Warner, ranked second at 197, will face Joel Shapiro.

"Anytime you get a good opponent like Kaleb Young, it's gonna be a fight. I look forward to wrestling the top guys, the best guys," Carr said. "We have the home field advantage, so that's awesome. It's going to help us wrestle hard."

Coleman will get a test from two-time All-American Michael Kemerer at 174. After missing last year due to injury, the senior is back in the lineup and up two weight classes.

Gremmel is coming off a disqualification in the first period in the Bucknell dual and now faces redshirt freshman Tony Cassioppi, who pinned his opponent in the first period last week.

"It's those close ones that count the most, maybe get an upset here or there," Degen said.

Still, for Dresser — an Iowa grad — and his two assistants Derek St. John and Brent Metcalf, who also wore the black and gold in college, this provides an excellent opportunity to show the progress Iowa State has made over three years.

"We don't get to play the underdog as much as we used to, but obviously we get to play the underdog role this time," Dresser said. "It's fun to walk around campus on Monday when you beat a top-10 guy, and I think that's what we're most excited about."

Cyclones prepare for cross country national championships

BY ADARSH TAMMA
@iowastatedaily.com

The 2019 cross country season is winding down to its home stretch, and the Iowa State Cyclones are coming along for the wild ride.

The chaotic sprint to qualify for nationals took place one week ago. Teams from all over the country competed in nine different regional meets to decide the 31 squads who would run at the prestigious Lavern Gibson Championship Cross Country Course in Terre Haute, Indiana.

For the Iowa State cross country program, it was another season of success, as athletes on both the men's and women's side were able to qualify. The Cyclones competed in the Midwest Regional last Friday, and entered the meet as defending team champions for both disciplines.

On the women's side, it was Cailie Logue leading the Cyclones throughout the 6K race course. The junior runner has been Iowa State's anchor for the majority of the season, placing in the top-25 of both the Joe Piane Notre Dame and Wisconsin Nuttycombe invitationals. Logue also enters this race having retained her Big 12 conference title two weeks prior.

Over the course of the regional championship race, Logue showed her stamina and kept with the lead

pack through the halfway mark. Logue made her move nearing the 5K mark, surging ahead of Northern Illinois junior Ashley Tutt, and never looked back. The Erie, Kansas, native crossed the line eight seconds ahead of second-place runner Taylor Somers of Oklahoma State, finishing with a time of 20:20.6.

Despite Logue's strong performance, however, the Cyclones could not garner enough points to qualify as a team. The Cyclones amassed a total of 192 points and finished sixth out of 33 teams. The Cyclone women ended their season strong, as all five of their scoring runners finished in the top-100. Senior Abby Caldwell also ended her cross country career with an All-Regional performance, placing 15th.

Looking ahead, Logue is Iowa State's sole representative on the women's side and is going to be facing some stiff competition. The field for the women's 6K race includes some of the best running talent in the nation, highlighted by the two favorites of Alicia Monson of Wisconsin and Weini Kelati of New Mexico. Both runners won their regional races and also finished in the top-5 of last year's national championships.

Over on the men's side, coach Martin Smith's squad continued its season on grass in strong fashion,



Iowa State distance runner Edwin Kurgat races during the men's 8K at the 2018 Big 12 Cross Country Championships on Oct. 26, 2018.

finishing second in the 10K race. The Cyclone men earned an automatic spot and qualified for their fourth consecutive national championships.

Senior All-American Edwin Kurgat led the way for the Cyclones, as he successfully retained his Midwest Regional crown. The Eldoret, Kenya, native stuck with the lead pack from the start of the race, and with 1K left in the race took charge, surging ahead of the field. He held off Missouri senior Thomas George by four seconds to finish in a time of 30:38.3.

Behind Kurgat, the Cyclone squad finished strong as well, with the rest

of their four scoring runners all placing within the top-25, earning All-Regional honors. Fellow senior David Too was the next Cyclone to cross the line, finishing with a time of 31:07.8, followed by sophomore Chad Johnson and juniors Milo Greder and Thomas Pollard. Despite this performance, however, the Cyclones ultimately were unsuccessful in retaining their team title, finishing second to Tulsa by 17 points.

Kurgat is looking to become the first Cyclone runner since fellow Kenyan Jonah Koech back in 1990 to win the individual title at the national

championships. He has already completed one of the most decorated careers in Cyclone history, having already garnered a bronze medal at nationals, and having twice won the Big 12 and Midwest Regional titles.

Kurgat's greatest competition this time around will be Alabama seniors Vincent Kiprof and Gilbert Kigen. Last year, he finished in third in a tough battle behind Stanford Cardinal Grant Fisher and Wisconsin Badger Morgan McDonald.

The Cyclone squad as a team will also be going against the nation's best running talent, as all of the top-30 teams will be represented in Terre Haute. Iowa State enters the meet ranked No. 7, and will need to get as many runners in the top-50 to garner enough points in the field.

The biggest teams to watch out for are Pac-12 power Colorado and Northern Arizona, who enters the race as the three-time defending national champion. The Cyclones have not won the title — never mind being on the podium — since 1994.

The 2019 NCAA Cross Country National Championships will be Saturday. The women's 6K race will be first in Terre Haute, with the gun set to go off at 10:15 a.m., and the men's 10K championship to follow at 11:15 a.m. All of the action will be live on Flo Track with a paid subscription.

GUEST COLUMN



COURTESY OF WIKIMEDIA COMMONS

Guest columnist Ling Man Tsang argues the recent violence breaking out in China affects other countries, not just its own.

China's global influence

Unrest in Hong Kong has effects around the world

BY LING MAN TSANG
lmtsang05@gmail.com

Hitherto, there has been no sign of cessation of the turmoil in Hong Kong since one million people took to the street against the extradition bill followed by two million people asking the government for the five demands, in which no anti-Beijing slogans were shouted.

Instead of actively facing the public, the city became police-governed for five months.

Allegedly, the police force from China is mixed with the Hong Kong police and even disguised as protesters to trash public facilities, such as traffic lights and the subway trains and blocked roads with barricades and fences.

Thus, these provide the government with a pretext to impose the anti-mask law. Teenagers are arrested by police who have no police identities, resulting in no way to set up charges against these unidentified policemen.

Being backed up by Beijing, these policemen arbitrarily attack journalists covering news on the spot with batons, tear gas, pepper spray,

rubber bullets and bean bag rounds. A female Indonesia journalist was shot with a bean bag round in her right eye while reporting news in a flyover, leading to her eyesight almost being lost.

Teenagers are arrested in order to meet the quota of, say, three hundred a day. Some of them were found floating on the Hong Kong waters. Some were being thrown from the top of a building and some were being evaporated without any trace when their parents reported their missing.

The police even criticized Chief Secretary for Administration Matthew Cheung Kin-chung for his statement against the police force. Even Chief Executive Carrie Lam said the police power was constrained while dispersing protesters and crowd.

Oligarchy is always in favor of the police press conference. Violence from the police is inevitable; even their supervisors attempted to stop them marching into commercial podia as well as private residential premises, for which there are two reasons: firstly, realizing that their days are numbered once the turmoil is settled followed by independent investigation of the police behavior during these months. Their salary reaches up to six-digit dollars, an attractive amount from overtime work.

By the time of the dissolution of the police force, they will have become millionaires;

secondly, their escalating violence is to help China to consume the unwanted or expired tear gas and pepper spray.

On the other hand, the Beijing diplomats have been attempting to influence the U.S. senators to adjourn the Hong Kong human rights bill in order to gain space and time as China is now suffocated by the U.S.-Sino Trade War.

There is also a question raised up by Beijing: "There are 1.3 billion people under our domination, why the youngsters in Hong Kong are so repulsive?"

In fact, many of these youngsters or their parents are brought up in the mainland and they deeply understand what "one country, two systems" meant to them.

In all the government press conferences, these youngsters are defined as rioters or mobs, but when discussing with the people of Hong Kong, they agree that the youngsters' deeds are destructive but the Hong Kong communist policemen are terrorists.

Hong Kong had been one of the best living cities in the world but all good things such as culture, legal system and education incline to the favor of communism. Besides selling soy beans to China, we need to be aware that at the same time, China's influence is around all corners.

COLUMN



IOWA STATE DAILY

Editor-in-Chief Annie Wells believes fall break is a time to reflect and be kind to others.

Use break to your advantage

BY ANNEISE.WELLS
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Fall break falls late this year, causing students, faculty and staff alike to exhaustingly shuffle through this week with a week free of classes on the horizon.

It's been a long semester so far, and a break is well-deserved. No matter if you are staying in Ames for the break or driving/flying home to see family or going on a separate trip, remember to take time for yourself. Catch up on sleep, watch that show you haven't had time to watch or splurge on eating out at your favorite restaurant. It's hard to find time to do things for yourself throughout the semester, so take extra time to take care of your mental and physical health before Dead Week and Finals Week are upon us.

It's also a time to reflect and be thankful. As a society we don't take the time on a daily basis to remember all the things we have — we take a lot for granted. It's easy to take for granted health, shelter, food and basic necessities.

Take time over the next week to send a thank you note to a friend, pick up flowers for a family member or do a random act of kindness. Even a small gesture can show a lot of thanks.

I am thankful for all of you who pick up a paper, follow us on social media and engage with our content. Our ultimate goal is to serve you, and if we aren't doing that in the best way possible, we want to know. You are always free to reach out to me via email, annelise.wells@iowastatedaily.com, and we can set up a time to meet about our coverage. Thank you for letting us be a part of your Iowa State journey and beyond; it's an honor to serve you each and every day.

EDITORIAL

Enjoy fall break however you want to

BY ISD EDITORIAL BOARD

While going home for fall break and the holidays may be exciting for some, it causes a sense of stress, tension or anxiety for others.

On the other hand, while some are able to go home for fall break, there are those who don't have family to visit over the break. Others live abroad or too far away to be able to make the trip and may not be able to see all their family during the week of break. If you are able to see your family, know that it's OK if going home isn't the picture perfect experience you see in your head. Family is family, and especially during stressful times around the holiday season.

For a lot of students, going home for the holidays, or any long break for that matter,

means dreading conversations our families insist on having. In fact, there are times when we wish they wouldn't ask certain questions at all.

Things like: When are you graduating? What's your major? Where's the boyfriend/girlfriend — any yet? What are you going to be doing after college? What do you think about x, y and z politicians? The list is endless on things that all students who go back home for break may dread being asked during their time back home.

While these questions may seem overwhelming and definitely get annoying, do try and remember your family just is excited to see you and missed you while you were away.

Although there are many students going back home for break to celebrate

Thanksgiving for fall break with their families, there are also many students who come from a different background and will not be participating in the Thanksgiving festivities — and that's OK.

Whatever you decide to do over your fall break, make it count. You should enjoy your time away from classes to rest and give some time to your neglected hobbies, and perhaps — even if you aren't celebrating Thanksgiving specifically — spend time with family and friends whom you haven't seen for a while. Remember that while you may be excited to come home, others may not be able to visit their families or have a great connection with their relatives. Respect others' experiences and don't assume that everyone has the same experience as you.

Editorial Board

Annelise Wells, editor-in-chief
Melanie De Anda, opinion editor
Seth Pierce, student

Opinions expressed in columns and letters are those of the author(s) and do not necessarily reflect the opinions of the Daily or organizations with which the author(s) are associated.

Feedback policy:

The Daily encourages discussion but does not guarantee its publication. We reserve the right to edit or reject any letter or online feedback.

Send your letters to letters@iowastatedaily.com. Letters must include the name(s), phone number(s), majors and/or group affiliation(s) and year in school of the author(s).

Phone numbers and addresses will not be published. Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.

EVENTS



11.22.19

"I Love You, You're Perfect, Now Change"
- 7:30 p.m., ACTORS Studio, Ames (Theater)

Cold Pizza & Day Old Bread with Tom Hummer - The Angry Irishmen, Ames (Music)

Dillinger Four - 7 p.m., Wooly's, Des Moines (Music)

"Number The Stars" - 7 p.m., Black Box Theater, Ames (Theater)

Cyclone Cinema: "Good Boys" - 7 p.m. & 10 p.m., Carver Hall, Ames (Film)

11.23.19

"Number The Stars" - 2 p.m., Black Box Theater, Ames (Theater)

"I Love You, You're Perfect, Now Change"
- 7:30 p.m., ACTORS Studio, Ames (Theater)

Emo Nite, Dan Marsala of Story Of The Year (DJ Set) - 9:30 p.m., Wooly's, Des Moines

Cyclone Cinema: "Good Boys" - 7 p.m. & 10 p.m., Carver Hall, Ames (Film)

11.24.19

"Number The Stars" - 2 p.m., Black Box Theater, Ames (Theater)

Cyclone Cinema: "Good Boys" - 7 p.m. & 10 p.m., Carver Hall, Ames (Film)

NEXT WEEK

Enjoy your fall break



MUSIC AND MOVIES



New Music this Week

11.22.19

"Netflix & Deal" - 03 Greedo & Kenny Beats

"Lamb Over Rice EP" - Action Bronson

"Ballet Slippers" - Animal Collective

"Hyperspace" - Beck

"Everyday Life" - Coldplay

"Love For Guala" - Flipp Dinero

Release of the Week

Milky Chance dropped their long-awaited third studio album "Mind the Moon." The trio released project that toys with its listeners through their weird sound. The "Stolen Dance" band has yet to drop a full project capable of wowing critics; "Mind the Moon" is no different.

The listen-through wasn't a disappointment by any means. All of the tracks convey the feel-good Milky Chance vibe. The tracks "Daydreaming" and "Eden's House" both stood out. The silky sound of "Daydreaming" keeps the listener hooked. While "Eden's House" encapsulates the listener with thought provoking lyrics. Milky Chance shows their peculiar sound calls for an interesting listen.

"Mind the Moon"
Milky Chance



Movies out this week

11.14.19

"Frozen 2"

North Grand Cinema times: Friday and Saturday
Cinemark Movies 12 times: Friday and Saturday

"A Beautiful Day in the Neighborhood"

North Grand Cinema times: Friday and Saturday
Cinemark Movies 12 times: Friday and Saturday

Horoscopes - Nov. 22



ARIES - March 21 - April 19

Now is the perfect time to get cracking in your professional life, as productivity and straightforward communication skills will be at an all-time high. Use this week to broaden your horizons, try new things, and get what you want-- it's your time to shine!



TAURUS - April 20 - May 20

An increase in emotional intensity is in store for you this week as romantic encounters become all the more frequent. Intellectual and social stimulation are both in your midst, as this week will work with you to sharpen your mind and send your life further on track-- not just romantically.



GEMINI - May 21 - June 20

Redefining relationships and rebuilding burnt bridges are what next week will be all about. Take the time to reflect on the people who mean most to you now and the people who were there for you in the past. How did they help you grow, and how can you help yourself grow even more?



CANCER - June 21 - July 22

Fear not, for things are about to get better. In the midst of a slew of financial, productive and academic roadblocks, making plans with your loved ones should be number one on your agenda to help soften the blow and remind you that you are loved and it's okay to struggle. What else are friends for?



LEO - July 23 - Aug. 22

Leo - Why not treat yourself this week? Whether it be hanging out with friends, taking yourself out to dinner, or getting back into that old hobby you haven't done in a while, use this time to follow your heart and empower yourself. Give yourself an extra pat on the back for making it to where you are now.



VIRGO - Aug. 23 - Sept. 22

This week would be a good time to reflect on what makes you feel comfortable, secure and overall, you. Re-organize your bedroom, take another look at your notes for that class you're worried about, and remember to breathe. Whilst you ground yourself, be prepared for an urge to break from routine and go outside the box a little. Have some fun, you deserve it!



LIBRA - Sept. 23 - Oct. 22

Take this week to look back on any lessons you've learned recently. Ask yourself some personal questions. How are you really feeling? Where are you right now in the grand scheme of things? Where would you like to go from here, and how can you get there? While your mental health may need some extra attention, don't forget to give your physical health some love, too. Hang in there, we're all destined for great things!



SCORPIO - Oct. 23 - Nov. 21

Maintaining relationships, being transparent, and reaching out to people are going to be your main vibes this week. Those emotions you've been holding back lately may break free, but your charming tact can help you clean up the mess. Now is the time to bring your natural fearlessness and wit to the forefront, and be completely, unapologetically and spontaneously yourself.



SAGITTARIUS - Nov. 22 - Dec. 21

Take this time to brainstorm new ideas at work, in class, and in your personal life as the opportunity for undiscovered passions increases this week. Your intuitive creativity and contagious personality will favor you well in your professional life. That being said, it's never a bad idea to have a little more self-control. Try to find a way to implement some self-incentivization to encourage higher productivity. At the end of the day, balance is key!



CAPRICORN - Dec. 22 - Jan. 19

All you do is work, and that isn't always a good thing. Your first instinct may usually be to be as productive as possible during the dull moments, but you should use this week to forego that intuition and take more time for yourself instead. Maybe you can finally pick up that book you've "been meaning to start" to create a happy middle ground between work and play!



AQUARIUS - Jan. 20 - Feb. 18

Your social-butterfly tendencies will be in full effect this week. This week will be all about networking, connecting, and making lasting impressions in the workplace, making for exciting new opportunities and even some new friends. Take this time to perform more random acts of kindness. You never know how helpful those extra karma points might be!



PISCES - Feb. 19 - March 20

With the holidays looming, spending time with your closest friends and loved ones are what this week is all about. Reach out to those you've fallen out of touch with, and take the time to be open and honest with those whom you may not be on good terms with. Now is the time to use that big heart of yours to spread love, honesty and forgiveness in times of trouble.

>> CURATOR Pg3

to that mid-century design," Pohlman said.

On public display outside the Brunnier Art Museum is three Lobmeyr chandeliers, which Pohlman said were chosen due to their mid-century style from 1963 and as an addition to Brunnier's renowned glass collection.

Pohlman said only the Brunnier Art Museum and The New York Metropolitan Opera has that style of Lobmeyr chandeliers on display.

"They are an iconic image of mid-century expression, in that case international expression," Pohlman said. "It's time-appropriate, it's style-appropriate and it makes a statement. [...] It says

'you have arrived at an artful place.'"

In Iowa State's museum collections, Pohlman said usually a curator takes a work to an acquisition committee to validate the work's purchase and the art then becomes part of the public trust, while public art purchases at Iowa State include more collaboration with other departments on campus.

A representative or partner will appoint a committee to represent the department or college's mission, said Pohlman.

The department can then write a public art statement describing their philosophy for public art, decide how artists are selected, oversee a budget and integrate the art into the curriculum.

>> CRISIS Pg4

"It just depends on the situation and the student," said Kinsey Phillips, mental health advocate for ISUPD. "Sometimes we might start with a student who needs resources on campus but doesn't need them immediately."

In 2018, there were 287 welfare checks, according to the Iowa State Annual Police Report.

Students can call ISUPD or the Central Iowa Crisis line to talk to a Mobile Crisis

Team, a group of professionals who can provide onsite, face-to-face mental health services.

If the student is calling 911 for a mental health emergency, they should let the dispatcher know a crisis intervention team officer is needed as well as request if it is possible to arrive without lights and sirens to help calm the student down.

If the student is actively suicidal when officers arrive for the welfare check, they are taken immediately to the hospital or crisis counseling, said Phillips, otherwise

Art on campus is used as a tool to teach students visual learning. Pohlman said 80 percent of what sighted people learn in life is through visual interpretation and learning, but most people do not spend time practicing visual interpretation in schools as often as things like language literacy or mathematical literacy.

"In our contemporary world most people look at a work of art for less than eight seconds and decide whether they like it or not and are dismissive of it thereafter," Pohlman said.

Pohlman said visual learning happens everywhere and is vital to critical thinking skills. The process of describing, interpreting and evaluating visual stimuli is a critical thinking tool used

everywhere that can be practiced and honed through observing art.

Evaluation leads to something more than just preference on a work of art — it leads to understanding a work of art.

Pohlman said the reason the university's art program exists is not simply to acquire a collection, but to help students practice visual learning and interpretation.

"We have the capacity to be visually literate then improve our communication and our critical thinking skills if you practice it a little bit," Pohlman said. "The work of art will talk to you [...] you just have to be curious enough to engage in the conversation."

**Stop Stigma.
Stop Isolation.
Stop HIV.**

DECEMBER 1

World AIDS Day

Logos for CDC, ISTOP HIV IOWA, and IDPH (Iowa Department of Public Health) are visible at the bottom.

the officers will provide resources and there will be a follow-up from Student Assistance.

Phillips said she does not go on every welfare check, but follows up with the students and makes sure they get an outreach as well as informing the crisis team at ISUPD.

"That person would get an outreach [...] it's always going to be from Student Assistance," Phillips said. "I also will outreach to students and say 'Do you want to come in and talk about resources or do you just want to come in and see Zosia?'"

Zosia is a certified therapy dog and helps comfort the student, said Phillips.

When checking in on the individuals, the police try to be out of uniform and in everyday clothes to make the individual feel more comfortable, said Phillips. Depending on the situation, students can be taken to the SCS for crisis counseling.

STUDENT COUNSELING CENTER

There is an on-call crisis team, which a therapist will meet with the student immediately and assess the situation. The therapist will analyze the risk, create a self-care plan and analyze any contributing factors to the situation.

>> CLASSROOM Pg1

that connect the learning community," Leptien said. "Depending on which learning community students are in, [students] may be in two or more classes together."

Kseniya Ratneva, freshman in animal science, and Luella Gaskell, sophomore in pre-business, are students in the Honors learning community and are taking the English 250 course through the Honors Program.

"It's nice to talk to people who are taking similar-level coursework, especially with the sophomores on the floor," Luella said. "They know what you do already as a freshman, so you can ask questions."

The Honors learning community offers a residential component where students within the learning community live together to augment the social aspect of learning communities.

"We have house dinners here," Ratneva said. "We also have events. [...] There have been camping trips, and there have been outside dinners at people's houses that live nearby. There's been farmers market events. There's a lot that you can do here."

Most learning communities focus on first-year students, but there are ways upperclassmen can be involved in learning communities. Peer mentors — a group of over 600 students in their second year or above — work as role models and guides to the university.

Leptien said learning communities help determine what the role of peer mentor entails. A mentor may focus on aiding with social aspects or a course like a lab.

Peer mentors also play a key part in molding the atmosphere of learning communities.

"When we train our peer mentors, they come to a two-day training in August, and we integrate conversation around the ISU principles of community," Leptien said. "We're reaching almost 90 percent of the incoming class through a learning

"We're going to work on coming up with a plan for them to feel better or safer [...] this isn't really a counseling appointment and it's not getting them set up in services in counseling but rather we're just here working on the immediate need," Reimers said.

While the therapists supports the student, they will also consult with other therapists.

"We're a team here, so oftentimes with students in crisis there's consultation time as a team," Hanes said. "[Reimers] would step out and talk about the case with another licensed person, another staff member, to review the case so there's the ability for multiple people to give perspective and ideas."

The therapist will stabilize the student by helping the individual feel safe and out of the crisis. Lastly, a self-care plan will be created until the student can come to the walk-in service and schedule follow-up appointments.

Hanes said the "absolute important part" of the counseling process is speaking with the student about their concerns, what brought them in and the cause.

Crisis counseling tends to spike in the beginning, middle and end of the year, said Hanes and Reimers, but hospitalization is uncommon.

community experience. That gives us an opportunity to set the tone for what it means to be a Cyclone at Iowa State and the belief system and core values at Iowa State."

Eighty-seven percent of incoming students participated in learning communities this fall, up from only 70 percent of incoming students who participated last year.

Leptien said this increase in students can be explained by the creation of a new learning community for open-option students in the College of Liberal Arts and Sciences (LAS): Helping Open Option Manage Exploration (HOME).

"We now have [HOME] for students in open option," said Beate Schmittmann, dean of the College of Liberal Arts and Sciences. "That's a large group of students, about 600 students, who we really didn't have learning community options for them in the past. Over the past two to three years, we've really built up learning community options for students in open option. That's really increased the number of students in [LAS] who are part of a learning community."

New learning communities are created as faculty perceive students' need for them, whether it is in their major or for open option. Creating a learning community is not always an easy process.

"We have some challenges," Slagell said. "Some of our majors are ones that students find. Not all of our majors are ones that bring in 20 or 30 students every fall semester that are new, direct-from-high-school students that learning communities can really have a direct impact on. What kind of learning community can you put in place if there are three freshmen?"

Iowa State has many resources in place to help students succeed in university life, whether a student joins a learning community their first year, becomes a peer mentor in their second or never interacts with the communities at all.

"There are so many ways to get engaged on campus — this is only one model of support," Slagell said. "Nobody accomplishes their goals all on their own."