

MONDAY, SEPT. 10, 2012

ISU
IOWA STATE

“Two teams that just hung around, persevered, waited for the opportunity to win a football game. No. 20 decided to go win the football game.”
— Paul Rhoads



Photo courtesy of Daily Iowan

Cyclone football players celebrate with No. 20 Jake Knott after his game winning interception against the Hawkeyes Saturday at Kinnick Stadium in Iowa City. This win marked the first ISU victory at Kinnick since 2002.

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COUNTRY REMAINS DIVIDED IN POLITICS

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WEATHER:

MON. 81|58

TUE. 91|62

WED. 84|58

Provided by ISU Meteorology Club

LECTURE:

Video games dissected into '5 Dimensions'

On Monday, Douglas Gentile, associate professor of psychology, will discuss the effects of video games on child development. The lecture called "The Five Dimensions of Video Game Effects on Players," will take place at 7 p.m. in the Gold Room of Ames' Hilton Garden Inn Hotel.

Gentile believes his research will "allow people to get beyond the typical 'good-bad' dichotomous thinking ... to provide testable hypotheses for future research."

Cy-Hawk

A second-straight victory

Knott intercepts last-minute win for ISU Cyclones

By Jake Calhoun
[@iowastatedaily.com](mailto:jcalhoun@iowastatedaily.com)

IOWA CITY, Iowa — With enough drama and anxiety to inundate and captivate an entire state, Jake Knott made a statement.

With the Hawkeyes threatening to take the lead with one minute until the end of regulation, Knott, a senior ISU linebacker, picked off James Vandenberg to put the icing on the cake of a 9-6 Cy-Hawk victory for Iowa State — its first since 2002 — on Saturday.

"Who knows how high he

Cy-Hawk and Paul Rhoads

- Sept. 12, 2009 (at Jack Trice) — Iowa 35, Iowa State 3
- Sept. 11, 2010 (at Kinnick) — Iowa State 7, Iowa 35
- Sept. 10, 2011 (at Jack Trice) — Iowa 41, Iowa State 44 (3OT)
- Sept. 8, 2012 (at Kinnick) — Iowa State 9, Iowa 6

was, what the level of the ball was when he made the play," said ISU coach Paul Rhoads on the play made by Jake Knott after the game.

"To do that after 59 min-

FOOTBALL.p6 >>



Photo courtesy of Daily Iowan

ISU football players show off the Cy-Hawk trophy after winning against Iowa on Saturday at Kinnick Stadium. The win is the second straight for the Cyclones in the Cy-Hawk series.

Classroom

Expert challenges modern teaching

By Danielle Ferguson
[@iowastatedaily.com](mailto:dfergus@iowastatedaily.com)

Every student at Iowa State has had the obligation of sitting or sleeping through a large lecture class. That is just part of college. For years, college education technique consisted of the "teacher-sponge" method where a professor would stand in front of a class, speak for an hour or so, and expect the audience to cling to every word.

Students were the sponges of information consumption, assumed to absorb all the information thrown at them during lecture. This digital day in age, however, possesses new prospects for learners to participate in class promoting production.

This is the point that Andrea Lunsford, Director of the Program in Writing and Rhetoric at Stanford University, was determined to emphasize at her presentation "Teaching in the Digital Age: What's Collaboration Got to Do With It?"

As a part of the 2012 Goldtrap

Fast facts

Professor of English and director of the Program in Writing and Rhetoric at Stanford

Author and/or co-author, of 14 books including "The Everyday Writer," "The St. Martin's Handbook" and "Everything's An Argument"

Known as the "rock star" of English Believes collaborative learning is the future of learning how to write and communicate well

Lecture series Lunsford spoke about the place of technology in the classroom in the Sun Room of the Memorial Union on Thursday, Sept. 6.

Although Lunsford is working to change the way the classroom works she is already making an impact at Iowa State. "The Everyday Writer," by

TEACHING.p3 >>

Politics

Congress election in hands of Ames

By Thaddeus Mast
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This year's race to Congress between Christie Vilsack and Steve King could be decided by college students in Ames.

"There was a political scientist from Drake University who was recorded in a National Public Radio series, and he said Story County, and specifically the college town of Ames, could determine the outcome of the race," said Madeline Becker, senior in political science and the president of Cyclones for Vilsack.

The fight for the 4th district in Iowa is starting to heat up as the two candidates take to debates. Their policies showcase the different directions they feel Iowa and the country need to go.

"Iowa State has some of the highest debt in the country, and Congressman King has supported cutting programs that would help keep education more affordable,"

Becker said.

"For example, he supported the Ryan budget, which would cut Pell Grants for students already struggling to pay for school, where Christie has promised to support the Pell Grants and has also pledged to stand by all measures that would make college payment more affordable to all struggling students."

While King does want to cut Pell Grants in the budget of Mitt Romney's running mate Paul Ryan, he feels the best way to help college students is after graduation.

"The biggest thing to help students pay off their debt is to find and create jobs," said Jimmy Center, the communications director for Steve King for Congress.

King plans on doing this through a four-point plan.

"The first point would be the 100 percent repeal of Obamacare,"

CONGRESS.p3 >>

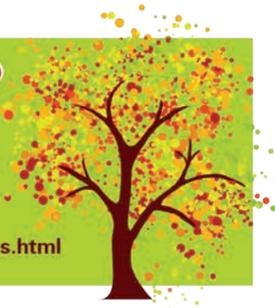


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RANKINGS:

AP Top 25

1. Alabama (48) (1-0)
2. USC (8) (2-0)
3. LSU (4) (2-0)
4. Oregon (2-0)
5. Florida State (2-0)
6. Oklahoma (2-0)
7. Georgia (2-0)
8. South Carolina (2-0)
9. West Virginia (1-0)
10. Michigan State (2-0)
11. Clemson (2-0)
12. Ohio State (2-0)
13. Virginia Tech (1-0)
14. Texas (2-0)
15. Kansas State (2-0)
16. TCU (1-0)
17. Michigan (2-0)
18. Florida (2-0)
19. Louisville (1-0)
20. Notre Dame (2-0)
21. Stanford (2-0)
22. UCLA (2-0)
23. Tennessee (2-0)
24. Arizona (2-0)
25. Brigham Young (2-0)
- Dropped: 27. Arkansas (8), 28. Nebraska (16), 32. Wisconsin (13), 36. Oklahoma State (18)
- Also receiving votes:
 39. Iowa State (5)

Volleyball

Rough weekend leaves holes

By Cory Weaver
 @iowastatedaily.com

When Iowa State swept Eastern Washington in its first match of the weekend, Cyclone fans might have thought it would be the same result for matches against Iowa and Syracuse, since all three were unranked and have been struggling so far this season.

That all changed when the No. 18 Cyclones (5-4, 0-0 Big 12) needed five sets to beat Iowa and then lost to Syracuse the following night to close out the 2012 Iowa State Challenge.

A quick glance at the stat sheet suggests Iowa State should have won by a considerable margin, but setter Alison Landwehr said there will be similar results against the many opponents the team will face this season.

"Syracuse is like a lot of teams in the Big 12," Landwehr said. "We can go in, and on paper we look a lot better than them, but it all comes down to how you show up and how you play that game, and I think it's a lesson that we're really going to take with us."

Coach Christy Johnson-Lynch described the team's performance as atypical when the match started, adding that the leadership just wasn't there.

The Cyclones have veteran players, but having veteran leaders who can step up when they need to is one thing that can keep a team from just being better "on paper."

"Very, very, very disappointed in this," Johnson-Lynch said after Saturday's loss to Syracuse. "We needed some leadership and some people to take over a little bit and take some big swings, and we just didn't have opportunities."
 One of those leaders who wasn't



Photo: Randi Reeder/Iowa State Daily

Senior Alison Landwehr prepares for the ball during Friday's game against the Eastern Washington Eagles. The game was part of the 2012 Iowa State Challenge Tournament at Hilton Coliseum.

able to find her groove Saturday night was Jamie Straube. The senior finished just 3-of-13 on-kill attempts, and Johnson-Lynch decided to sit Straube out for the fifth set against the Orange.

Johnson-Lynch said Straube has shown that she can be one of the best middles in the country but also added that sometimes seniors take on too much to handle.

"Sometimes players, especially when they're seniors, try to be ev-

erything," Johnson-Lynch said. "You think this is your year and you want to be the best attacker, the best blocker, the best leader, and the best teammate and sometimes that can be too much."

Against Iowa, the Cyclones had six match points in the third set but were unable to deliver on any of them as the match proceeded to the fifth set. Alongside Syracuse, the Cyclones found themselves at match point again but were unable to convert that

time either.

Taking matches to five sets isn't anything new for Iowa State. The match against Syracuse marks the fifth time in nine matches this season that the team has had to play the final frame.

"I don't know why we keep doing it to ourselves, because we're pretty tired, and it takes a toll on you both mentally and physically," said Rachel Hockaday, senior in marketing. "The fifth set can go either way, and it's a lot of swings. It's a lot of jumping and back-to-back nights."

When one of the top-ranked teams in the country loses to an unranked opponent like Syracuse, it presents the team with the chance to either use it as motivation or let it become a trend.

Some of the greatest teams to date have suffered early losses and went on to do great things and Landwehr hopes her team can do the same.

"Sometimes it takes a loss to make people really, really step it up, and I'm hoping that's what happens," Landwehr said.

On a positive note, the team is realizing these deficiencies and areas for improvement early on as opposed to late in the season where there isn't as much time to make changes.

With less than a week until No. 1 Nebraska comes to town along with Baylor a week later to kick off the conference season, that remaining time is limited, but Hockaday said she'd much rather realize these areas now.

"I'd rather lose early in the season than lose later down the road and have time to fix the things we need to fix and get better," Hockaday said. "A lot to work on, a lot to improve on, but tomorrow's a new day and we're going to get back after it and work hard in practice on Monday."

BY THE NUMBERS:

9-6

Football team's record against Iowa since 1998

16-2

Team record under Paul Rhoads when leading at halftime

3.8

Yards per play Iowa's offense averaged in its first two games this season

Oct. 24, 1998 — Sept. 23, 1978

Last time Iowa went without a touchdown at Kinnick — Last time Iowa did so vs. Iowa State

Football

Jantz keeps it cool amid heated play

By Dean Berhow-Goll
 @iowastatedaily.com

IOWA CITY, Iowa — Even though a final score of 9-6 doesn't seem like an exciting game to watch, Iowa State's three-point victory against rival Iowa was certainly another entertaining chapter added to the Cy-Hawk football rivalry.

"It's a great victory, I'm very proud of our kids," said ISU Head Coach Paul Rhoads. "Two teams that hung around, persevered, waited for the opportunity to win a football game."

Quarterback Steele Jantz stayed hot on the first drive carrying over from last week's victory against Tulsa. Jantz completed all five of his passes with one incompleteness being negated by a pass interference call. The drive was capped off with a touchdown

pass to Aaron Horne over the middle. Jantz finished the half 16-of-23 for 163 yards with a touchdown and an interception.

In the first quarter alone, Jantz was 7-of-7 with 63 yards and a touchdown. In the second quarter, he took a few shots down the field to a few open receivers but overthrew the ball each time.

In the second half, the Iowa defense made adjustments to slow down the passing game and the run game by stunting with defensive linemen, rushing the passer and press coverage on the outside to negate quick passes that Iowa State took advantage of in the first half.

A majority of those short passes in the first half were caught by Aaron Horne, who had five catches for 66

yards and a score in the first two quarters alone.

Iowa State was only able to muster 110 yards of offense in the second half. Jantz accounted for three turnovers — two interceptions and a fumble that occurred in an exchange between him and fellow Cyclone James White. Iowa State gave away three turnovers in the red zone, which made Jantz admit he felt lucky sitting there after the game with a win and left him focusing on praising his defense's performance.

"Obviously we had some turnovers and some mistakes," Jantz said. "I can't stress it enough: The defense did a huge job for us today. It's beyond fortunate, and that's why so much credit goes to the defense because any time you have three turnovers in the

red zone and leave that many points on the field, it's tough for the defense."

Even with Jantz struggling with his first trip to Kinnick Stadium, Rhoads was quick to back his quarterback's play, giving credit to the Hawkeye defense.

"You've got to go back and look at the interceptions," Rhoads said. "Things happen so fast, and sometimes when you're in the booth, you have a clearer picture than you do on the sideline because you know what you're looking at, and you have a clear picture."

Coach Rhoads added: "I think there was a period there in the first half where he was playing really, really good football. I'm not walking away from this game disappointed in Steele Jantz."

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Publication:

ISU students subscribe to the Iowa State Daily through activity fees paid to the Government of the Student Body.

Paid subscriptions are 40 cents per copy or \$40, annually, for mailed subscriptions to ISU students, faculty and staff; subscriptions are \$62 annually, for the general public.

The Iowa State Daily is

published Monday through Friday during the nine-month academic year, except for university holidays, scheduled breaks and the finals week.

Summer sessions:

The Iowa State Daily is published as a weekly on Thursdays except during finals week.

Opinions expressed in editorials belong to the Iowa State Daily Editorial Board.

The Daily is published by the Iowa State Daily Publication Board, Room 108 Hamilton Hall, Ames, Iowa, 50011.

The Publication Board meets at 5 p.m. on the fourth Wednesday of the month during the academic school year in Hamilton Hall.

Postmaster:
 (USPS 796-870)

Send address changes to:

Iowa State Daily
 Room 108 Hamilton Hall
 Ames, Iowa 50011

PERIODICALS POSTAGE



Academics

Find healthy options to stay focused

ISU offers resources to keep stress at bay

By Leah Hansen
@iowastatedaily.com

Learning to balance a social life with an academic life is a struggle all students have to face at the beginning of each new semester. For some students, this comes easily, but for many this comes with high levels of stress.

Stress is defined as mental, emotional or physical strain or tension. It is a normal response to change, and it can come from many activities a college student has to deal with on a weekly or even daily basis.

"[Stress is] a collection of physiological and emotional responses to a situation. That situation is a stressor. [Stress is] something that causes someone to be more anxious or concerned about [a situation]," said Holly Lipsey, senior lecturer in kinesiology.

Stress can come from internal factors such as worrying about homework, exams, and time management or it can come from external factors: trying to adjust to a new dorm or apartment, being in new buildings and classrooms, and trying to find time to hang out with friends and still get homework done.

A common stress source for college students is fatigue and overwork. Students have to try to balance all the events of college and still have a social life.

"Academic demands, social life, relationships both with friends, romantic partners, family — all these are strained quite a bit and all of these are big exploration areas when someone comes to college," said Dr. Carver Nebbe, psychiatrist at Thielen Student Health Center.

Many college students like to go out on the weekends. "Blowing off steam" for some might include hanging out with friends and having a few drinks. What those students might not realize, is that alcohol is not a healthy way to deal with stress.

"Alcohol is a very bad form of coping," said Nebbe. "A lot of people will revert to it. It's a slippery slope. One drink might make you feel relaxed and make you sleep, but after a while you may feel like you need two or three, and you may end up doing it every night. Once you start to do it as a habitual pattern, it can really be a problem."

Having a drink after a stressful week might seem like a relaxing activity. However, once stress rises and if alcohol consumption increases as well, it may only bring more stress. It will start to effect work ethic, time management skills and even a student's GPA.

Students who drink up to four drinks a week can still manage an A average. Students who drink six drinks a week average a B. Students who drink eight drinks a week will on average get Cs in their classes. And students who drink 11 or more drinks a week will have a D or F average.

Don't let stress get to the point of affecting time that would be spent on school work. There are plenty of healthy ways to deal with the stresses of college life: Take a few deep breaths, imagine a relaxing location and escape to it for a few minutes, take a walk, do some yoga, make a to-do list and practice time management, leave time to do something fun, and remember to sleep.

"[I would suggest] regular sleep, regular diet, regular exercise, and in addition to that I suggest regular study times. ... Set aside time during the day to study. ... If you put aside at least three hours throughout the day to study and then do that on the weekend and you really adhere to that, you are probably going to get most of your work done and you're probably going to do reasonably well grade wise," Nebbe said.

One of the best things a student can do is to plan ahead for stress. Know how to deal with stress before it becomes a problem.

"Establish tools or strategies to help during stressful situations. As



Photo: Lyn Bryantt/Iowa State Daily

Adrienne Janzen, junior in biological/pre-medical illustration, participates in a yoga class Thursday in State Gym. The class is free for ISU students. Yoga is just one of many ways to eliminate stress as a student.

a student, come midterms or finals, you're going to be in those situations. So how are you going to handle that?" Lipsey said.

Iowa State has many resources to help students reduce stress. The Academic Success Center has handouts addressing stress and healthy ways to handle stress. It also has an online "Stress Quiz" to alert students about stress in their life and if they need to look for help in reducing stress.

Recreation Services on campus gives students access to gyms and exercise opportunities. There is a calendar of group exercise classes, including Wellness Yoga and Mindful Meditation, on the Recreation Services website.

"Exercise is a great option [to reduce stress], from running to yoga," Lipsey said.

Campus facilities to help with stress

Academic Success Center

- Handouts addressing stress and healthy ways to deal with it
- Online "Stress Quiz" to help identify if a student needs help reducing their stress

Recreation Services

- Gyms and exercise opportunities
- Exercise classes, including Wellness Yoga and Mindful Meditation

Student Counseling Services

- Biofeedback: The process of learning more about a problem in order to overcome it

Thielen Student Health Center

- Can help some students and offer medication (it is recommended that students go to Student Counseling Services first before seeking medication)

Student Counseling Services and Thielen Student Health Center can also help students with stress reduction strategies.

"[Thielen] can see people and can help with medication although

I would probably recommend first of all Student Counseling Services. They have biofeedback there. Biofeedback is a very good resource to learn to physiologically cope with stress," Nebbe said.

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Lunsford, is a commonplace textbook for composition classrooms.

Lunsford, who has contributed to the authorship of twenty books on writing, believes that allowing students to collaborate on writing assignments is the more beneficial way of teaching.

"You are in the midst of [the] largest literacy revolution that I have seen in 25 years," Lunsford said. "In the digital age, audiences can, and do, often become collaborators."

In these digital days, the usage of social network sites to encourage student writing publication has grown immensely.

"The way that these sites of writing have changed opportunities for writers is ground shaking, earth shattering," Lunsford said. "Students are more and more used to thinking of themselves as part of a network of people...rather than as individual authors."

Referred to as a "rockstar" of English, Lunsford firmly



Photo: Yanhua Huang/Iowa State Daily

Andrea Lunsford presents on "Teaching in the Digital Age" on Thursday in the Sun Room of the Memorial Union. She promoted integrating technology with interactive classroom teaching.

advocates that allowing students to work together and teach each other is more advantageous than having an expert tell learners how to write. Lunsford believes that universities focus too much on the individual aspect of learning: the GPAs, the rewards.

Quoting an article from Atlantic Magazine by Richard Floyd, "Today's students need a stronger focus on teamwork, persuasion, entrepreneurship: a better integration of liberal

arts with technological literacy...that makes for creative collaboration and leadership." Nicole Smith, sophomore in linguistics, believes that a combination of lecturing and team learning is the best approach.

"I definitely think the group work helps. In linguistics we do a lot of group work, just conversational, and that really helps," Smith said. "You can tell a big difference in learning with a group compared to

learning alone."

"Especially when you're working with someone at your same level," Gossett said. "It's easier to share ideas and put ideas out there with someone of your own age."

To Lunsford the future of education lies not with traditional methods but with students working together to learn outside the lines.

"Collaboration has everything to do with it," Lunsford said.

>>CONGRESS.p1

Center said.

"A recent Ernst and Young study said that Obamacare is going to cost Americans 710,000 jobs.

For young people in Iowa and this country Obamacare is an enormous detriment to their growth and, after they've graduated, entering the workforce."

"Obamacare" is the National Health Care Act, which will give health insurance to every American and allow students up to the age of 26 to stay on their parent's insurance but will require taxes to function. Vilsack is in favor of this act.

The second point of King's plan is to "balance the budget, which would give

them the predictability and stability to create jobs and reinvest profit," Center said. "The state of Iowa has a law requiring a balanced budget, just like the congressman is proposing at the national level.

The third point is to learn to harvest all forms of American energy.

The last point is to create economic opportunities through economic certainties."

Sam Roecker, communications director of Vilsack for Iowa, does not believe King's plan will work.

"Steve King has had 10 years in Congress to take action on that, focus on job creation, support education, and he hasn't done that," Roecker said.

"He went to Congress to make a name

for himself, pushing his own agenda."

A favorable election for Vilsack will be historical for women politicians in Iowa as it has never had a female member in its Congressional delegation.

"As a female, I'm disappointed that Iowa has yet to elect a female to Congress, and I think Christie would be a great first female candidate," Becker said.

As Nov. 6 gets closer and closer, this Congressional race will no doubt be on the radar for both political parties, especially since Ames, a traditionally democratic stronghold, will now play a strong role in the election.

The next debate between these two candidates will be Sept. 17 in the Franklin County Forum.

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Editorial

Voting needs citizens to be enlightened

Our national philosophy informs us that our citizenship is a duty, and that it must be done with virtue.

Being a citizen encompasses the acts comprising a state of self-governance. Webster's states duty is "conduct based on ... a sense of propriety," and "any action ... relating to one's ... position." Propriety, then, is "the quality of being ... suitable." Virtue is defined as "general moral excellence; right action and thinking."

Accepting citizenship is a duty to be done with virtue, we can surmise citizenship entails action relating to governing ourselves, and we must be suitable to the task of self-governance by being an educated, competent, and morally and ethically sound people. When broken down this way, it's clear citizenship is a heavy burden, requiring constant and energetic attention.

The U.S. Census Bureau's recent analysis of the 2008 election says there was shy of 26 million American citizens aged 18 to 24 four years ago. Of this number, only 15 million were registered to vote, and only about 12.5 million actually voted. That means only 58 percent of Americans of typical college age registered to vote, and only 48 percent went the distance and stepped into the voting booth.

Recent Gallup polls suggest voter turn-out in the same general youth demographic is predicted to be lower than in 2008. This is not unusual for incumbent elections, and indeed, given the many anecdotal reports we've received from those involved in the national campaigns locally — namely that Democrats seem unorganized and cocksure, and Republicans are checked out and resigned to lose — we aren't surprised by these polls.

No, it's not surprising college students are less interested in the election this go around, but we're still dismayed given all that's at stake for students: from Pell Grants to student debt; from your health care to getting a job after graduation.

The Census Bureau's 2008 election report also informs us that 77 percent of people with a bachelor's degree and nearly 83 percent of those with a graduate degree pulled the handle or punched the buttons in the voting booth. Both these numbers greatly surpass the national average of 63.6 percent of citizens who voted.

Voting is one of the many duties of a citizen, and given the link between education, virtue and citizenship, it also isn't surprising that those of us obtaining degrees are some of the most likely Americans to vote. Given the stakes this election and given that Politifact.com says Romney only tells the complete truth 17 percent of the time and Obama tells the complete truth but 23 percent of the time, it's critical that you put your education to good use.

Learn. Register. Vote. Your civic duty demands it, Iowa State. Your country needs you.

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Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.

Involvement



File photo: Iowa State Daily

Jacob Ertz, junior in marketing, and Lucas Ledger, senior in mechanical engineering, lead their fraternities' Greek Week dance on March 25.

Meet the greeks this week

Not long ago I was advised on more than one occasion by a number of different professionals that one of the best things I can do while still in college was to look into joining a fraternity. After spending some time researching this, I found it to make more and more sense. Students in fraternities and sororities have a higher academic retention rate and a better GPA. Outside of college, they make up 42 percent of Congress, half of the top 10 Fortune 500 CEOs, and almost every president since fraternities have existed. So I became intrigued enough to learn more about fraternities at Iowa State, and I eventually joined one.

But joining a fraternity was not easy for me. I did not know anyone who was in the greek community, at least not well enough to ask them about it. So I had to make a deliberate effort to contact recruitment chairmen at multiple chapters which I had researched and thought might be a good match for me. There are quite a few fraternities here at Iowa State, so this took a good amount of time. Making

By Alexander Maxwell
@iowastatedaily.com

such an effort did make me feel more involved in the process, but it should not have been so challenging just to learn more about the greek community.

I learned later there is an easier way to find out about greek life here at Iowa State. In the fall, this year from Sept. 10 through 12, there is a formal fraternity recruitment session. When I decided to explore the option of joining a fraternity, I was not aware this existed, and it would have saved me a lot of time and guesswork. I feel that there are many more people who would love to have this opportunity but are also unaware of this event.

As a member of a fraternity, I have gained insight into the recruitment process at Iowa State, and much of it is commendable. I am proud to be part of a university that is so supportive of its greek community, especially knowing this is very different from many other college campuses, where schools have even banned fraternities from active recruitment.

However, a lot can be done to improve this process. I have learned from many other chapters all over the country that the resources given here to use during informal summer recruitment are among the best. But that part of recruitment realistically only involves incoming freshmen. Many other people are interested, and I was one of them. I see fall fraternity recruitment as being an excellent way to give a more diverse group of people an opportunity to learn about the greek system.

Outside of formal recruitment, fraternities basically rely on who their members have met personally. It is good for members to get to know someone and befriend them before offering them a place in their chapter, but you shouldn't have to know someone in the greek system to get this opportunity. Fall fraternity recruitment is meant to provide this, but there seems to be a lot of room for improvement in how students are made aware of it.

I can definitely say that the decision to join a fraternity has been one of the most significant

decisions I have made in my life, and one of which I am extremely proud. Because it has meant so much to me, I want to give as many people as possible the chance to make the same decision. Every student at Iowa State deserves that chance if they want it, even if through it they discover they do not want to be part of the greek system.

There are some things in life that are only available to us for a short time, and going greek is one of them. For anyone at least a little curious, it's worth exploring. Just sign up at the Greek Affairs website, greek.iastate.edu, and enjoy the experience. This event was created to help students learn about something new and different. Though not everyone who would like a chance to learn more about greek life will get it, hopefully in the future fewer students are left unaware of this potential opportunity.

Alexander Maxwell is a senior in computer engineering from Ames, Iowa.

Letters to the editor

For our parents and grandparents, let's use the facts to judge Obamacare

Let's face it: There are a lot of rumors about Obamacare.

You get them in your email and hear them repeated all over town. Many of the biggest rumors are aimed at scaring seniors, especially now that we're in the midst of an election. So what's true? Grandparent's Day is celebrated this month, so let's sort things out.

Will "unelected bureaucrats" at the Independent Patient Advisory Board "ration" my care? The short answer is no. Politifact, a Pulitzer Prize winning fact-check website, says: "The [advisory board] is forbidden from submitting any recommendation to ration health care," as Section 3403 of the health care law states. It may not raise premiums for Medicare beneficiaries or increase deductibles, coinsurance or co-payments. The IPAB also cannot change who is eligible for Medicare, restrict benefits or make recommendations that would raise revenue."

But what does the advisory board do? Basically, when Medicare's spending increases above certain levels, it makes recommendations to bring those increases under control. The board will consist of health care experts, including senior representatives, and our elected Congress can overrule them any time.

Is Obamacare doubling my premium? Again, the answer is no, but you can check for yourself. Just look at your own premium. Or ask your parents or grandparents if you're not on Medicare yet. In reality, Medicare's actuary predicts the premium will rise only slightly in the coming years, to \$112.10 in 2014.

Does Obamacare cut Medicare? Under Obamacare, Medicare's budget still goes up, but it doesn't go up as much as previously forecast. That's because Obamacare makes Medicare more efficient. It focuses on fighting waste and fraud, and there have already been big crackdowns saving billions.

Private insurance companies that have been getting taxpayer subsidies to administer Medicare for some enrollees are also getting less of our money. They promised to do the job cheaper than government, but they couldn't beat Medicare's 2 percent overhead. Another savings comes from reducing payments to hospitals that re-admit patients for things that should've been fixed before they were discharged.

Will Obamacare reduce my benefits? Obamacare has actually increased benefits: It has made many preventive services available to Medicare enrollees without co-pays or

deductibles, including yearly wellness exams, many screenings, and even flu shots (a full list is at www.healthcare.gov). About 75 percent of our health costs come from preventable diseases, so catching things early or preventing them altogether will save money and lives.

Seniors who hit the "donut hole" now get a 50 percent discount on brand name prescription drugs, and by 2020, the donut hole will be completely phased out.

With these measures, Obamacare has actually extended Medicare's life by eight years, from 2016 to 2024. As Ben Franklin said: "A penny saved is a penny earned."

We know it's an election year, but we hope politicians will use facts, not scare tactics, when talking about Medicare and Obamacare. Seniors have paid into Medicare for years. They've earned their benefits and the truth. To learn more, visit www.protectionwaseniors.com. And if you come across more rumors, please contact us at iowa.alliance@gmail.com or info@progressiowa.org.

Janice K. Laue is president of the Iowa Alliance for Retired Americans, and Matt Sinovic is executive director of Profess Iowa.

Are we better off now than four years ago?

Recently, Republicans have been asking the question: "Are we/you better off than we/you were 4 years ago?" To me, and many Americans, the answer is simple: a resounding "yes."

With Barack Obama as our president, no one has to hide whom they love to serve the country they love; the war in Iraq is over, and the war in Afghanistan is drawing down; our diplomatic standing has been restored in a world where global relationships are more important than ever; and through tax credits and Pell Grants college is more affordable and accessible.

With Obama as president,

young, law-abiding, productive immigrants can study or serve in peace, knowing they will not be deported from the only country they know as home; women can much more easily fight for their right to equal pay in the courts; nearly all Americans will have health care insurance after Obamacare is fully implemented; young adults can stay on their parents' health care coverage until they're 26; and pre-existing conditions no longer limit one's ability to pay for health care insurance.

And, perhaps most importantly, rather than the economic abyss into which we were staring

prior to Jan. 20, 2009, we have a steadily, if slowly, recovering economy that has been creating jobs (4 million in the private sector) rather than losing them at a clip of 750,000 per month (as it was during the last year of Republican policies).

The next time you hear the question "Are you better off?," take a look around. You'll see a more peaceful, accepting and productive America than the one Republican policies left behind. Our president understands that "this country only works when we accept certain obligations to one another and to future generations." He understands

citizenship.

Yes, we are better off. The question is how much worse off would we be had Bush, McCain or Romney been able to continue the failed policies of the past?

And the answer to that is scary. The ISU College Democrats will host their first official meeting of the fall at 6 p.m. Wednesday, Sept. 12, in 1115 Pearson Hall. Stop by if you believe in the policies of progress and fairness Obama espouses.

Jonathan K. Upchurch is a senior in political science, international studies and Spanish.

Style

ISD IOWA STATE DAILY

HIGH FASHION



MAKING HER MARC

By Raina Edel
ISD Style writer

Last May, Molly Charipar, senior in apparel, merchandising and design, was given a once in a lifetime opportunity to intern at Marc by Marc Jacobs in New York City.

Charipar lived in New York for 11 weeks and will continue working for the company during New York's Fashion Week, which takes place Sept. 6 through 13. Fashion Week will mark the debut of Marc by Marc Jacobs' 2013 spring collection.

Charipar shared with ISD Style her dream of landing an internship for the famous designer. She applied for 16 internships and even though she was offered a position with a several other companies, she longed to be a part of the Marc Jacobs team.

"I like Marc by Marc Jacobs specifically because it's so innovative," Charipar said. "The fabric, style line and construction of the garments are creative and new. Marc by Marc Jacobs is more accessible for the average person."

Not only is it less expensive, it is mainstream and ready to wear. It describes my style perfectly."

Charipar is a firm believer in networking and the positive effects it can have for college students.

"Erin O'Connor, an ISU alumna, and Ann Thye, an adviser in apparel, merchandising and design, were great contacts in helping me get this internship," Charipar said. "Erin and I actually graduated from the same high school, and she had already had an internship with Marc Jacobs."

Talking with her about my options was very beneficial, and I ended up choosing Marc Jacobs because she told me it was such a great experience."

In the competitive fashion industry, scoring an internship of this caliber took a lot of patience.

Charipar began by sending her resume to Elle Thompson, vice president of PON, the computer system at Marc Jacobs. Thompson then forwarded her resume to the senior of technical design, who called her with an

interest to hire.

"He asked me if I was planning to be in New York anytime soon. Of course, I explained that I am from Iowa, and he set up a Skype interview."

Throughout the interview, one question stuck with Charipar.

"As we were coming to the end of the interview, he told me that he didn't want to make me come to New York City if it wasn't for me," she said. "He explained that big cities aren't for everyone and that it would be stressful at times. That was such a realization point. It was him asking me if I could do it: work the internship and survive there. It is something that everyone in this major should think about, because it's true, big cities are not for everyone. It's great that there is a lot to do. There are museums, parks, music and art everywhere, but on the opposite end, it was very hectic and stressful getting around the city and commuting to and from work."

After arriving in the Big Apple, Charipar's first project was to draw a technical sketch for a detachable collar that would unzip and had a hood inside of it.

Other projects she was assigned to include fitting garments, sitting in on model fittings and taking notes, and writing comments for factories to follow when producing garments.

"I was sort of expecting the models to be demanding and high strung, but I was surprised to see they were all very down to earth. One of the models was even a Broadway performer from the famous musical 'Hairspray.'"

As for Fashion Week, Charipar is excited to get back in New York and help out with the show.

She's already seen all of the designs and is excited to see them developed. During the show, she will be backstage fitting and styling the models. Afterwards, Charipar gets to enjoy the after-party where she may even meet Marc Jacobs.

"I'm so excited to go, it is literally such a dream of mine to attend Fashion Week, but at the same time it is senior year and it's a little stressful to miss a week of my hardest classes," she said.

Photo courtesy of Ian Laughead

FASHION

THE SHOPS AT TARGET MAKE THEIR FALL DEBUT

By Mollie Shirley
ISD Style writer

The wildly popular Shops at Target are about to make their second debut, featuring merchandise from The Curiosity Shoppe, Kirna Zabete, ODIN and Patch NYC. This store-within-a-store merchandising concept will feature more than 230 exclusive products from four boutiques, ranging in prices from \$3 to \$199.99.

The Curiosity Shoppe of San Diego will create an eclectic array of items consisting of home accessories, kitchenware, stationary and novelties. "We were really inspired by a road trip we had taken across the U.S. for this collection, so you'll notice tributes to travel and Americana throughout," said the co-founding couple Lauren Smith and Derek Fagerstorm.

Nature is Patch NYC's inspiration for their collaboration with

Target. The 60-piece collection will feature bedding, throw pillows, lighting, and kitchenware.

Perhaps the most anticipated boutiques are New York's ODIN and Kirna Zabete.

ODIN's 20-piece men's collection will feature tailored pants, jackets, and accessories. The collection is meant to be a foundation for any man's wardrobe, with versatile pieces that can be easily layered. Kirna Zabete's upscale col-

lection of more than 100 pieces boasts a wide variety of colors, fabrics, and patterns. "For us, teal is really a basic color. We love teal accents. Everyone looks good in teal," said Sarah Easley of Kirna Zabete. "We love prints and patterns and colors," added co-founder Beth Buccini. Their line consists of women's dresses, blouses, skirts, and accessories.

The fall installment will debut Sept. 9 in all Target stores.



Photos courtesy of Target

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utes of football with our backs against the wall, momentum clearly in their favor, and then have the presence of mind to sell and find it and intercept it, you don't make better plays than that in this game."

Rhoads said Knott's play will go down in history in the Cy-Hawk series, which has now seen 60 matchups between Iowa and Iowa State in football.

Knott said that through film study and anticipation, he noticed rival Hawkeye player James Vandenberg had tried to hit team member and tight end C.J. Fiedorowicz on a slant route earlier in the game, managing to tip the pass and come down with it to end the game.

"For something like that to happen when you understand the rivalry and you've been here and seen it all, it's kind of a dream come true," Knott said of his game-winning interception.

The interception marked the seventh of Knott's career, placing him one interception away from being tied for ninth place for the most in ISU history.

"That's Jake Knott for you," said senior nose tackle Jake McDonough. "He'll do that game-in and game-out. He's a good player for us.

"He's not afraid to stick his nose in somewhere and make a play. He does whatever it takes to give it up for our team, and it was huge to see that he got the interception to end his [career] at Kinnick."

Knott and McDonough spearheaded a defensive effort that held the Hawkeyes (1-1) to just 68 yards rushing — its lowest-allowed in the series since 1999 (62 rushing yards).

In the defensive effort, the Cyclones suffered just one carry that went for more than 10 yards.

"The credit goes to the defensive line; they did a great job up front getting the push and letting us linebackers flow to the football," said senior linebacker A.J. Klein.

"That's a big key of us stopping the run."

The most crucial moment in the game came when the Iowa State defense stopped the Hawkeyes in a goal-line stand

Rosenfels chimes in

Former ISU quarterback Sage Rosenfels was in attendance for Iowa State's 9-6 win against Iowa on Saturday at Kinnick Stadium.

Rosenfels, who was the ISU quarterback from 1997-2000, said it was his first time at Kinnick since he played there in 2000, when he led Iowa State to a 24-14 win against Iowa.

"My parents actually live in Iowa City, so I come back through town here a few times a year and I drive past the stadium all the time," Rosenfels said. "Even though it was a rival stadium for me, it does have a special place in my heart because of the two huge wins we had here during

my career."

Rosenfels was cut by the Minnesota Vikings on Aug. 31 and said he is looking for a chance to sign with a team for his 11th season in the league.

"Obviously it's a tough pill to swallow unexpected from what happened up there in Minnesota," Rosenfels said. "I'm just working out and continuing to be ready in case something happens. I'm very hopeful and optimistic that something will happen sometime this season."

In 10 seasons in the NFL, Rosenfels has thrown 30 touchdowns, 29 interceptions and has passed for 4,156 yards.

Scoreboard

Iowa State - 6 3 0 0 - 9
Iowa - 3 0 0 3 - 6

Passing

- ISU Steele Jantz - 24-36 comp., 241 yards, 1TD, 2 INT
- UI James Vandenberg - 20-42 comp., 236 yards, 2 INT

Rushing

- ISU Steele Jantz - 14 car., 40 yards, 1 fumb.
- Shontrelle Johnson - 11 car., 36 yards, 1 fumb.
- James White - 13 car., 28 yards

- UI Damon Bullock - 22 car., 53 yards

Receiving

- ISU James White - 7 cat., 65 yards
- Aaron Horne - 6 cat., 73 yards, 1TD
- Jerome Tiller - 3 cat., 33 yards
- UI Damon Bullock - 5 cat., 56 yards
- Keenan Davis - 4 cat., 75 yards
- C.J. Fiedorowicz - 4 cat., 61 yards

The bet

After the Cyclones' 9-6 victory against in-state rival Iowa, line-backer Jake Knott said he made an unusual bet with defensive coordinator Wally Burnham had they posted a shutout in Kinnick Stadium.

"I said if we shut them out, you've got to cut your hair into a

mohawk," Knott said.

"So we didn't quite get a shut-out or anything like that, so I'm kind of disappointed. But, it's the best of both worlds for him — he didn't have to get a mohawk and we held them to six points, and that was huge."

at the beginning of the fourth quarter, stuffing running back Damon Bullock twice before forcing an incomplete pass by Vandenberg to prevent an otherwise sure touchdown.

"We decided to take a stand right there and we put our foot in the ground and said we're not going to take any more," McDonough said. "All we had to do was stop him and that was huge for us."



Discover more:
To read the rest of the game coverage, visit iowastatedaily.com/sports



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Fun & Games

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Fun Facts

While an Oscar is of unnamed value to someone who wins (or loses) one, the actual trophy is estimated to be worth about \$150.

Because of the number of creepy-crawlies that make their home in the rivers and streams of Alabama, it's sometimes referred to as "The Lizard State."

The highest spot on earth is not Mt. Everest. If we define the "highest spot" as that which is closest to the moon, stars, etc., then Mt. Chimborazo in Ecuador is an incredible 1.5 miles higher due to the oblate spheroid shape of the earth.

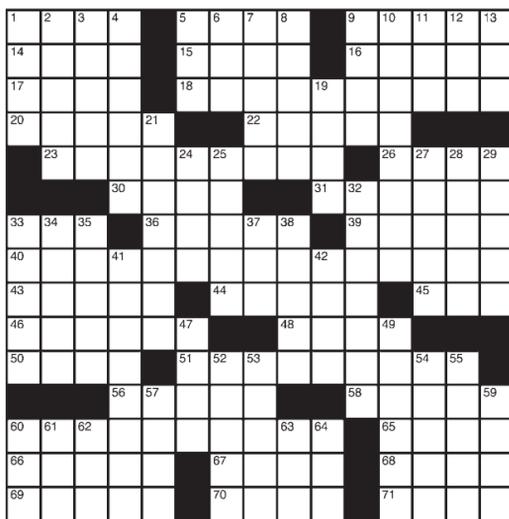
From 1984 to 2000, Martin Luther King was honored in Virginia on the same day as two guys who have very different legacies: Robert E. Lee and Stonewall Jackson. The state holiday was known as "Lee-Jackson-King Day."

"Drag" in reference to cross-dressing, first appeared in the dictionary in 1870. The term originated in the theater. Men wearing elaborate gowns found that long hems tended to drag on the ground, and eventually referred to any character requiring a dress as a "drag" role.

The phrase "Mr. Mojo Risin'," repeated by Jim Morrison in the Doors' song "L.A. Woman," is an anagram of the vocalist's name.

The Rose Bowl was originally known as the Battle of the Flowers.

Crossword



- 10 Where there are plenty of fish
- 11 List-shortening abbr.
- 12 Steeped beverage
- 13 Flub the shot, say
- 19 Weapons
- 21 Ask for a hand on one knee
- 24 ___ Bora: Afghan region
- 25 Monica Lewinsky scandal figure Linda
- 27 Refuse to, quaintly
- 28 Rx managed care giant
- 29 German industrial city
- 32 Side by side
- 33 "... and ___ of thousands!"
- 34 Singer LaBelle or LuPone
- 35 Luigi's love
- 37 Clean air org.
- 38 Tie during a tennis game
- 41 Green gems
- 42 "That is so not happening!"
- 47 Recipe amt.
- 49 Verdi opera with Desdemona
- 52 Encore presentation
- 53 Formal "Who's there?" response
- 54 Illuminated studio sign
- 55 Black variety of 12-Down
- 57 Do in, as a vampire
- 59 Bills with Hamilton on them
- 60 Mud bath venue
- 61 Scratch or scuff, say
- 62 Picnic invader
- 63 Butterfly catcher
- 64 ___-la-la

Across

- 1 Forest youngster
- 5 John Wesley's relig.
- 9 Nueve menos dos
- 14 Canyon comeback
- 15 ___-deucey
- 16 "Come on in"
- 17 Pre-calc course
- 18 Little vehicle
- 20 Fable writer
- 22 Western Australia's capital
- 23 Little time
- 26 Salinger's "With Love and Squalor" girl
- 30 Armoire feature
- 31 Beauty pageant accessories
- 33 Therapists' org.
- 36 Was nosy
- 39 Friendship bracelet components
- 40 Little role
- 43 Molecular particles
- 44 Remote button with two vertical bars
- 45 Weight unit

Down

- 46 City thoroughfare
- 48 "It's been real, dahling"
- 50 Grandstand feature
- 51 Little break
- 56 Valuable holding
- 58 Guiding principle
- 60 Little type
- 65 Summer camp setting
- 66 Bamboo muncher
- 67 Manipulative sort
- 68 MGM symbol
- 69 ___-craftsy
- 70 Silents star Naldi
- 71 Mine finds

Friday's solution



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	4			8				3
5	9						8	7
					2	4		
		2	8		4			
1				7				4
			6		5	3		
		6	9					
3	1						2	9
9				5			4	

Friday's Solution

3	2	8	7	1	9	4	5	6
6	4	5	2	8	3	1	9	7
7	9	1	6	5	4	8	3	2
1	7	3	9	4	2	6	8	5
8	6	9	3	7	5	2	4	1
2	5	4	8	6	1	3	7	9
4	1	2	5	3	7	9	6	8
5	3	6	1	9	8	7	2	4
9	8	7	4	2	6	5	1	3

LEVEL: **1** 2 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

Horoscope by Linda C. Black

Today's Birthday (09/10/12)

It's becoming clear what's truly important, and it's not all about work. Maybe this realization, and a few favorable eclipses, are helping your career take off this year. Let go of stuff that no longer serves you. Expand and grow that which enlivens you. To get the advantage, check the day's rating: 10 is the easiest day, 0 the most challenging.

Aries

(March 21-April 19)
Today is a 8-- Don't believe everything you hear, and try not to take yourself too seriously. Talk it over with family, and then choose. Increase compassion. You're a dynamic teacher.

Taurus

(April 20-May 20)
Today is a 7-- You're especially persuasive now. Good time to update your resume, or create a new marketing plan. You're getting even more interested in stability. Rest and cool down.

Gemini

(May 21-June 20)
Today is a 6-- There's a change at the top. Work becomes fascinating, and surprising. Accept a new assignment. Don't get into an

argument with the one who signs your paychecks.

Cancer

(June 21-July 22)
Today is an 8-- Make the decision and act, quickly. Stay put and keep the pressure on. The rewards are there, even if you can't see them just yet. Postpone travel.

Leo

(July 23-Aug. 22)
Today is a 5-- No need to hurry. Dreams of travel and adventure inspire, but stay put for a few days. Don't go shopping either. File papers, and increase financial security.

Virgo

(Aug. 23-Sept. 22)
Today is a 7-- You're very attractive now, and your status is rising. There's no time to waste. Put your wonderful ideas into action, but do stop for directions.

Libra

(Sept. 23-Oct. 22)
Today is a 7-- Growth possibilities have you excited. Continue improving in the area of career, but don't get overloaded with gimmicks. Keep receiving instruction.

Scorpio

(Oct. 23-Nov. 21)
Today is a 7-- The key is in the listening. Ask for suggestions

from an intuitive person, and/or your own subconscious mind. Get what you need to make your home secure.

Sagittarius

(Nov. 22-Dec. 21)
Today is a 5-- An unexpected development may force you to revisit your plans. Seize the opportunity. Your friends help you make the most of it. Talk it over, and make the connection. Stay practical.

Capricorn

(Dec. 22-Jan. 19)
Today is a 7-- You can get whatever you need, if you set your mind to it and take the necessary steps. It will take persistence, and putting up with others rattling your cage.

Aquarius

(Jan. 20-Feb. 18)
Today is a 6-- Focus on your work and be extremely productive all day, and tomorrow. You're the brains, and the heart, behind the operation. Handle the problems that arise.

Pisces

(Feb. 19-March 20)
Today is an 8-- Imagination is required to clear the confusion. No problem; it's one of your strengths now. A change at the top reminds you to make the most of each moment.

UNIONS

A special wedding edition of the newspaper that runs on the last Wednesday of every month.

The section features unique wedding ideas, tips and trends.

From rehearsals to receptions, and everything in-between, we've got your nuptial needs covered.

Submit your announcements to

public_relations@iowastatedaily.com



IOWA STATE STUDENTS:

HAVE FUN. LEARN. BE INSPIRED.

SEPTEMBER 13-14

BE A PART OF
IOWA STATE UNIVERSITY
HISTORY BY CELEBRATING
THE INSTALLATION OF
OUR 15TH PRESIDENT,
DR. STEVEN LEATH

HAVE FUN.

Student Celebration

Students, kick off this historic two-day installation celebration with a free picnic lunch with President and Mrs. Leath, a brief program at 12:20 p.m., and special appearances of the ISU Pep Band, Cy and Cyclone cheerleaders.

THURSDAY, SEPTEMBER 13 at 11 A.M. – 1:30 P.M.
CENTRAL CAMPUS

Sponsored by Government of the Student Body and Graduate and Professional Student Senate

LEARN.

Public Lecture: A Conversation on the National Debt

Erskine Bowles, president emeritus of the University of North Carolina, and appointed by President Obama to co-chair the National Commission on Fiscal Responsibility and Reform, will discuss how to improve our nation's fiscal health. Bowles will play a major role in Dr. Leath's installation Friday morning.

THURSDAY, SEPTEMBER 13 at 8 P.M.
DURHAM GREAT HALL, MEMORIAL UNION

Sponsored by Committee on Lectures (funded by GSB)

BE INSPIRED.

Installation Ceremony

Join your student friends, faculty, staff, state and federal officials, representatives of academic societies and professional organizations, and dignitaries representing colleges and universities across the state and nation at this historic ceremony to officially install Dr. Leath. He will unveil his vision and plan for the directions he sees the university to follow in his address, **EDUCATE. INNOVATE. ACHIEVE.** A reception with free food will follow in the Stephens Celebrity Café until 1 p.m.

Learn about presidential installations, their history, the regalia, and more at www.president.iastate.edu/install.

FRIDAY, SEPTEMBER 14 at 10 A.M.
C. Y. STEPHENS AUDITORIUM

IOWA STATE UNIVERSITY

ALL EVENTS ARE FREE AND CYRIDE WILL BE MAKING SPECIAL STOPS AT STEPHENS AUDITORIUM FOR THOSE WISHING TO ATTEND THE INSTALLATION CEREMONY AND RECEPTION.

