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Home Economics Cleans House—Division Ready for New Year

By ANNA E. RICHARDSON, Dean of Home Economics

I WISH every one of you could have been here to welcome the fine group of women, faculty and students, who have come to us this fall, for it gives one the inspiration to do a year's work which will count as nothing else quite can. I feel sure the College has never had a more splendid group of young people, and to welcome them, more than a thousand in number, with over three hundred and fifty who come to us for the first time, is a rare privilege.

I know that you are all eager to know what is going on, on the Campus these days and what we have all been doing during the summer, so I am going to write just a newsy letter telling you something of what the plans of the Home Economics Division are, a little about the new members of the staff, and of some of the things we hope to promote this year in our work.

Our faculty have all come back after a vacation which has given them a chance to refresh body and mind. Some of them have spent their time in travel, others in study, and a few of our women have spent part of their holidays teaching in other institutions. All come back full of interest and new ideas, for each has spent some part of the summer in real self-improvement.

Many of our staff attended meetings of importance during the summer, and there was such a large attendance of Iowa State College women at the national meeting of the American Home Economics Association, held the latter part of July in Chicago, that at any time we could have got together a quorum for a Home Economics faculty meeting. A number of our women were on the program and contributed much to the success of the meeting, for it was really a great meeting. Over thirteen hundred in attendance from every state in the Union, representing colleges, public schools, and the home. It gave those of us who have been attending these meetings for years and have watched the growth of this association a feeling of keen satisfaction to note the fine professional spirit which was manifested, and to realize the potential capacity for national service to the cause of better American homes.

One of the most important points in the program of work of the association for the coming year is the effort to promote college Home Economics Clubs which will affiliate with the National Association and which will send representatives to the national meeting. Few col-

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When we all gathered together in the Women's gymnasium for our first divisional convocation of the year, this is the slogan that Dean Richardson gave us. We'll pass it on to you.

Bite off more than you can chew—  
Then chew it!  
Plan on doing more than you can do—  
Then do it!  
Hitch your wagon to a star,  
Keep your seat, and there you are!

No doubt this thought was in Miss Richardson's mind as she outlined the work of the division for the coming year, as given in the accompanying article.

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leges have as thriving and progressive a Home Economics Club as we have at Iowa State College and the National Association is trying to stimulate among the students a greater interest in the association.

The work of the Home Economics Division here at the College was going forward all summer, for vacations were so planned that members of the staff were here at all times, even after the close of summer school. The Home Economics Division is happy over enlarged facilities in equipment and laboratories for the work of the fall. The Physics Department has generously shared their beautiful new building and we occupy five laboratories on the east side. These are splendidly lighted, and are admirably adapted to our Clothing and Art work. They have also generously given us some much needed office space.

I know all of our readers will rejoice that we have an additional Home Management house. The residence of the late Vice-Dean Beach has been turned over to us to use as a home where our seniors can spend six weeks gaining actual experience in managing a home under as nearly normal conditions as one can make them, with a group of college girls and an instructor. This house has been remodeled to meet our needs and will accommodate eight to ten girls and an instructor. It is equipped with homelike furnishings, and we hope that the time spent in this home will prove in every way profitable and an inspiration to our students who go out either into their own homes or to

teach Home Economics in our public schools.

Our Household Science Department has fitted up a most practical cooking laboratory for the meal-planning classes. The space of a regulation laboratory is divided into six home kitchens where four girls can work with family sized equipment. The equipment is also varied enough so that the students, after having the opportunity to work in the different kitchens, will have valuable first-hand experience both in types of equipment and in determining the very best arrangement for efficient work.

We have had fine response from the women of the state enrolled in our Homemakers' Unit Courses offered this year for the first time. These courses are designed to give an opportunity to any homemaker, or prospective homemaker, to come to Ames and to get help in meeting the many important problems which face the earnest, interested woman. The following courses are offered: Principles of cookery; Marketing and Food Preservation; Garment Construction; Applied Design; Costume Design; Millinery; Home Management; Literature of the Home; House Planning; Child Training; Textile Design; Children's Clothing; Care of the House; Vegetables and Garden Flowers. The Units are twelve weeks in length and different ones are offered during the fall, winter, and spring, so that a busy woman can spend either the whole school year profitably, or if the time does not permit this, at least twelve weeks in valuable study.

Our main Home Economics building has had its fall cleaning and everything is in ship shape order for real work. We still need space to develop adequately other lines of work, but the plans for our beautiful new Home Economics Building are under way and we hope before another year that we may be able to use at least a part of it.

Dan Cupid played great havoc with our staff this spring. With this inroad, and with those whom we gave up to go into larger pieces of work, we lost some of our most valued staff members. To replace these, and to take care of increased enrollment in Home Economics classes, we have a fine new group of staff members, fellows and graduate assistants.

Among our new members are Mable Nelson, who will direct our graduate work in the Household Science Department. She is admirably qualified

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both in training and experience to direct our mature students and we anticipate a fine development of this phase of the work, so ably begun under Dr. Elizabeth Miller.

Miss Grace MaGee is to spend half time as dietitian in the College hospital, and half time in charge of dietetics in the Household Science Department. We are very happy over this arrangement and feel sure that it will work greatly to the advantage of all of our students. We are very fortunate in securing for our two Home Management houses women of experience in this line of work. Miss Lindquist comes to us from the University of Minnesota, and Mrs. Lancaster from the University of Arizona, where they were, before coming to us, in charge of houses with similar ideals.

Mrs. Brown comes to us from the University of Texas to take charge of our Institutional Management courses, and our College Tea Room. She takes the place of Miss Eda Lord Murphy, who resigned from the College to go to Constantinople in charge of the Home Economics Department in the Woman's College. Under Mrs. Brown's able direction, we hope for steady development of this more important aspect of our Home Economics work.

Miss Hansen has added a number of very fine new members to the Applied Art faculty. They are well-trained women and bring to that department wide experience, both practical and professional.

The Household Art Department also has four new staff members on its faculty and Miss Brandt is anticipating not only going forward with the excellent work of last year, but in placing particular emphasis on advanced and graduate work as there is an increasing number of young women who wish to come back to Ames for a fifth year of work or who come to us from the other colleges of the state for advanced work.

The heavy enrollment in our vocational Education Course in Home Economics has made it necessary to add a new member to this staff. Iowa State College is the only college in the state approved for the training of vocational teachers in Home Economics by the Federal and State Boards for Vocational Education and over one hundred and twenty-five young women are enrolled in this department, all of whom hope to be vocational teachers of homemaking. The majority of the faculty of this department is back again this year and, together with the three new members, expect to carry on the splendid piece of construction work which is of such importance to the schools and homes of the state.

Miss Tilden also reports for Physical Education two new staff members and fine, live plans for maintaining our College girls in the best possible physical trim.

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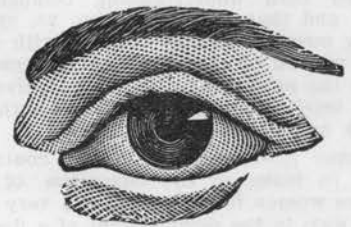
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who are specialists in organization, and in clothing, food and nutrition, home management, home furnishings, and milk utilization. They have planned a year full of active work carrying Home Economics out to the women of the state.

Do you not think with such a staff, equipment, and a fine enthusiastic group of students, that 1923-24 will be a record year for the Home Economics Division at Iowa State College? We hope so, for we are earnestly studying the needs of our students and the needs of the homes of Iowa. We want to send our young women out from Iowa State College equipped to face life honestly, courageously, and happily, willingly ready to do their share of the world's work.

We hope their lives have been enriched thru understanding companionship and that they will leave us, spiritually strengthened by contact with men and women of character and by contact with the profound truths of the universe, and intellectually well-trained both to think and to do.

Home Economics has a fine contribution to make to the education of its young women for it serves, in a very special way, to the development of a deeper knowledge and appreciation of the scientific, social, and economic questions which must be faced and solved by our people. We are striving to give to our women the education and the experience which will enable them to go forth to command the positions of leadership which Iowa offers to its young people.

I hope the fall has brought for each of you vigor and renewed interest in your work. The Home Economics Division is glad to be of service to the women of our state, so do not hesitate to ask for help in meeting your home problems. It is a pleasure to serve you.

First Hand Acquaintance With Tokyo's Earthquake

Continued from page 4)

Early one morning we went in a truck, (standing) to Shinagowa, a town a few miles below Tokyo. There we were put on a tug which had been made into a sort of raft which was towed out by launches into the deep water where an American destroyer, "The Whipple" met us and we were taken on board. They served water, all we wanted, hot biscuits, butter and coffee. I have never had anything so good. I did not realize how hungry I was. The destroyer took us to Yokohama, where we embarked in launches which took us to a French boat, the "Le B'Urnne." We were a pitiful looking lot, but the refugees on board the French boat looked as though they had suffered more than we. Many of them had only one garment. We made a laughable appearance when we assembled in the dining room. All nationalities were represented and we all had the appearance of having been gathered from the scrap heap. The officers and crew were very kind. We had a limited amount of water and two meals a day. Each meal we were served soup and one other thing, but there were second servings for those who wished them.

After we had been on board the French boat for two days, word came that we

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