



Star your college goals

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FASTEN YOUR college goals on swinging stars. Reach and they'll carry you high. Sounds like a good idea, but of the many trillions of stars, which one or ones shall you choose?

Strive for them all—miss them all. Concentrate on a few, the right few—for success.

Star activities beckon you as a freshman to committees, clubs, church groups, parties, studies. Each one has its own sparkle. With each additional one you may dilute your energies and thus lose the true identity of yourself and your abilities.

The chosen stars of upperclassmen are already ascending, and with a sudden shot, graduates will find themselves in another sphere, the career world. The road sign still reads, "Choose your rut carefully, you may be in it awhile." A few bright stars, highlighted as spots of concentration, will outshine a dimly-lit field.

Places to Study

Study when you plan to study. Find a quiet place close to your classes on campus. Besides the library, there's the activity room in Home Economics Hall, the reading room in Agriculture Annex, and the lounges in Beardshear Hall, the Women's Gymnasium and the Memorial Union.

Plan your times for study, set your goal for each period of study, and concentrate to that end. Psychologists suggest pressing an object such as a tennis ball between your hands to aid concentration. The slight muscular tension helps you concentrate. Reading and then recalling short sections of a text checks your learning and retention.

Then, too, don't be shy about shooping casual visitors from your room. They'll learn to respect

your periods of concentration and maybe set up some of their own.

Galaxies of activities tempt you in every direction. A "sift-out" survey will tell you which ones are the most valuable to you, which will be most effective for the time you spend on them. A few related activities may light up your concentration center. As one obligation is met, feel free to pick up a white hot star to replace it.

Secret of Fellowship

"Enjoying people when you are with them" is the secret of fellowship. When you portion your interests, studies, campus and religious activities, there'll be time for a relaxing social life.

A slippery slide is furnished with every star, easier to go down than up. Your college life is at the college! Frequent weekends at home or visiting friends off campus are the backslider's demon. When you think about going home Thursday and Friday, are home Saturday and Sunday, and recuperating Monday, the 2 days remaining call for triple concentration. There's no virtue in doing a job the hard way, and there's no time to do it halfway.

Desire to Succeed

You will find that a real desire to succeed, backed by concentration, will lead to success. A Chicago religious leader said, "Talent is overshadowed today by sheer hard work, patience and ingenuity."

You can hitch yourself to a star with sincere concentration and the sky will be the limit. Why settle for less than your best?