

Coaching in a new light

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Wednesday, May 18, 2016

Digital Content

NEWS

Ames summer construction guide

With construction season in full swing, know what areas to avoid and what might be going on in your neighborhood with this need-to-know guide. Find the article online this upcoming week.

LIFESTYLE

One-on-one with Joseph Burnett

Catch online our Q&A with a chemistry professor in love with learning. "I wake up thinking about teaching and that is what I am passionate about," Burnett said. "The day that I stepped in the classroom I just realized. It was like a light switch going on."

MULTIMEDIA

Video: Bike to work week

Celebrate Bike to Work week, hosted by the Ames Bicycle Coalition, from Monday, May 16 to Friday, May 20. Look at the video online to hear why Ames' residents ride their bikes.

FACES IN THE CROWD

What are you most looking forward to doing this summer?

Jordan Zugmaier/Iowa State Daily



Yu Hui Lui
Mechanical
Engineering

*"graduate
research"*



Sam Park
Electrical
Engineering

*"catching up on
[my] studies"*



Lucy Schneekloth
Pre-Business

*"going to
Colorado"*



Hellen Nakachwa
Industrial
Engineering

*"finishing summer
classes before
vacation"*

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LGBT

No, it's not about the children

By Michael Heckle
 @iowastatedaily.com

The guidance issued by the Obama Administration on Friday regarding the treatment of transgender individuals in public schools has caused a firestorm of debate and disagreement.

Fueled by the controversy behind North Carolina's HB2, a house bill which would essentially prohibit transgender individuals from using the bathroom of their preferred gender, the nation is now in a fiery gridlock about who should be able to use the restroom. As the issue enters the national spotlight, the misinformation about people who identify as transgender and fear-mongering that comes almost historically with the denial of rights to individuals has become rampant.

The arguments against those who wish to simply use the restroom are neither based in reality or logic. Using disingenuous claims about the safety of America's children in the most private of spaces, conservatives have attempted to paint transgender individuals as a group of socially degrading deviants without any respect to people behind the issue.

This isn't the first time America's bathrooms have become a battle ground for equal rights. Fears about the safety of women and children in bathrooms have been the justification for discrimination, long before equality among LGBT individuals was on anyone's radar.

During the equal rights movement of the 20th century, fears about African American men attacking white women in restrooms were used as an excuse for segregation.

In the 1970's, The Equal Rights Amendment, which would have been the first and only constitutional guarantee of equality between men and women, was defeated after Republican opponents raised concerns over the fear of mandated unisex bathrooms.

In a statement concerning a North Carolina anti-discrimination bill which would later be defeated by HB2, North Carolina Governor Pat McCrory said, "This shift in policy could also create major public safety issues by putting citizens in danger from deviant actions by individuals taking



Courtesy of iStock

improper advantage of bad policy. Also, this action of allowing a person with male anatomy, for example, to use a female restroom or locker room will most likely cause immediate State legislative intervention which I would support as governor."

However, this defeated anti-discrimination bill would have done far more than allow transgender individuals the right to use restrooms. The bill, which was a local law for the city of Charlotte, would have made any sort of discrimination on the basis of sexual orientation or gender illegal. But with the passing of HB2, municipal governments are no longer allowed to pass anti-discrimination laws to protect LGBT individuals.

History really does repeat itself.

However, the idea that our women and children are in grave danger seems to be a common motif in conservative arguments. While it is difficult to argue against genuine concerns for the safety of our youth, 'disingenuous' seems to be an understatement when describing conservatives most recent claims.

The concern for the safety of our children is a mere scapegoat for the fight against equality that the right has perpetuated through the spreading of baseless scare tactics or moral opposition for the past 30 years.

HB2, and other bills like it, attempt to solve a problem that does not exist. Allowing transgender people to use the bathroom of their preferred gender, as they have been doing all along, does not put our children at an increased risk for sexual assault. While one can point to the obvious argument that there has never been a reported case of sexual assault on a child by a transgender person in a public restroom, there has also been no rise in sexual assault where anti-discrimination bills have been passed. The idea that refusing the rights of transgender individuals from using the bathroom will somehow keep our children safe from a threat that has never been a reality is ridiculous.

However, many point out that transgender individuals would not be the problem. Instead those who claim to transgender - i.e.

men wearing women's clothing - in order to serve a perverted notion would pose a threat to our children if such anti-discrimination legislation were to be passed. There are a few infrequent cases of perverts disguising themselves as the opposite sex and entering public restrooms, however none of these took place in a state with anti-discrimination legislation. In other words, cases like these will be a problem whether we choose to give transgender individuals basic human rights or not.

While the façade of concern for America's children provides an excellent rallying point for baseless claims and hateful rhetoric, conservatives tend to shy away from tackling any issues that actually pose a threat to our children. Rampant cases of sexual assault by church priest and pastors have given no rise to conservative outrage or action. Even the Vatican's admittance that one out of every 50 priests are pedophiles caused no immediate action.

Furthermore, almost half of all teens who identify as a part of the LGBT community have tried to commit suicide at least once with no backing from our child-loving Republican Party. If Republican legislation truly shares a concern for children, then it is time for them to take up arms against the dangers that our youth face instead of creating false predators through fear-mongering and bigotry.

DIGITAL

Editorial: Civic engagement

Students often neglect becoming part of their local community, but make up half of the Ames population. Look for more online.

Feedback policy:

The Daily encourages discussion but does not guarantee its publication. We reserve the right to edit or reject any letter or online feedback.

Send your letters to letters@iowastatedaily.com. Letters must include the name(s), phone number(s), majors and/or group affiliation(s) and year in school of the author(s). Phone numbers and addresses will not be published.

Online feedback may be used if first name and last name, major and year in school are included in the post. Feedback posted online is eligible for print in the Iowa State Daily.

Opinions expressed in columns and letters are those of the author(s) and do not necessarily reflect the opinions of the Daily or organizations with which the author(s) are associated.

SPECIAL OLYMPICS

Special Olympics coach looks beyond self, game

By Tara Larson
@iowastatedaily.com

An Iowa State student has found a way to combine her love for athletics and passion for helping those with special needs with some help from the Special Olympics.

Stephanie McMillan, junior in agricultural and life sciences education communication, is spending her time outside of class coaching for Special Olympics Iowa.

McMillan first became involved with Special Olympics at the beginning of the 2015-16 school year, but she's been connected to those with special needs since she was a child.

"It's something I've been familiar with my whole life," McMillan said. "My uncle competes [in Special Olympics] and some kids at my high school competed."

McMillan has not only seen her uncle compete, but she said her high school in Independence, Iowa had a strong special education program.

Since then, McMillan said she has been seeking out

programs involved with special needs individuals.

"I was looking for a good way to volunteer on campus,"

McMillan said.

She found her chance this past fall by attending ClubFest. She found Students for Special Needs, a new club that was designed to help bridge the gap between those with intellectual disabilities and those without. McMillan signed up right there.

McMillan learned about the Arc of Story County, a non-profit organization based in Ames. This organization's purpose is to improve the

lives of intellectually and developmentally disabled people in the community. Student for Special Needs is involved with this organization to offer volunteering opportunities.

McMillan volunteers with Special Olympics Iowa through the Arc of Story County. And she said that she had always hoped to be volunteering with the Special Olympics.

"Seeing my uncle involved and the joy it brought him was a really big motivator for me," McMillan said.

Since beginning her coaching position last August, she has coached volleyball as well as basketball.

The age group that McMillan coaches is adults, anyone 18 and older.

McMillan said she spends a couple of hours a week in practice in season, and roughly seven to eight hours on the weekends that her team has a tournament. Teams work on fundamentals and then move on to game situations. "They have higher skills," McMillan said.

In high school, McMillan was a four-sport athlete, and had a little bit of background coaching as an AAU sixth grade volleyball coach.

"Honestly, with Special Olympics, it's not about your coaching abilities; its

more about interacting and having fun and making it a positive atmosphere," McMillan said.

As much fun that McMillan and the athletes have, there are also a few challenges that come along with it.

"Funny things happen a lot just because [the athletes'] intellectual capacity really varies per athlete," McMillan said about her crazier experiences. "A lot of the time, its communication that's crossed between athletes and coaches or athletes and athletes."

However, McMillan said that no matter what kind of day she has had, she always leaves in a good mood after practice.

Even though McMillan was unable to coach a spring sport, she will be continuing her coaching career this summer with softball, which begins soon after the summer games end.

According to Special Olympics Iowa, this is the biggest Special Olympic event in Iowa, with over 2,600 athletes, 1,200 coaches and 2,000 volunteers. This event will take place on Iowa State's campus May 19 to 21.

"Softball's really cool because you can make unified teams, which are teams where the both the coaches

and athletes get to play," McMillan said. "I've never done a unified sport before so I'm really excited for that."

McMillan said she still feels that the disabled community faces many challenges.

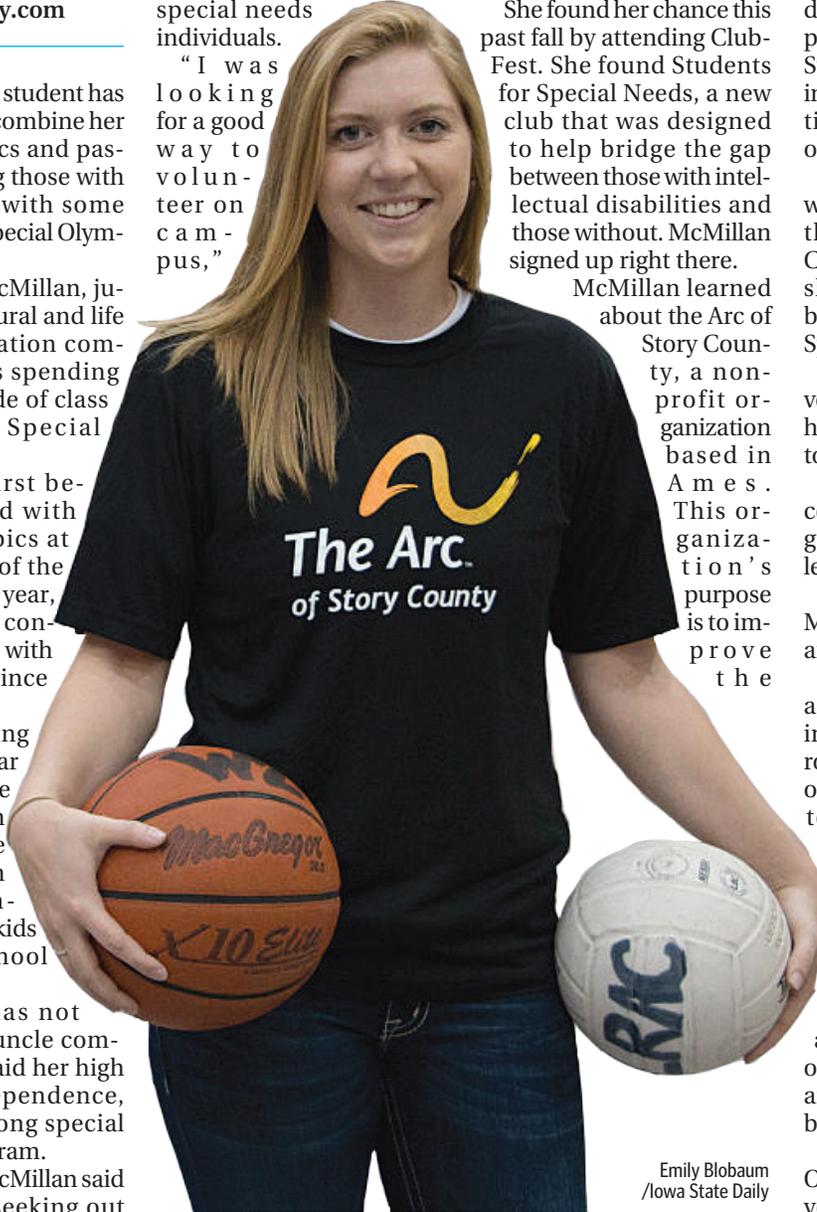
"I think that [special needs people] have a lot to offer that some people just overlook," McMillan said on why she is passionate about Special Olympics. "People with disabilities have awesome gifts so I wish there was more of an awareness and acceptance."

"Sometimes in college its really good to be selfish and figure out who you are, but volunteering helps you realize it's not all about you," McMillan said. "Volunteering can help you realize that there's more important things out there than a bad grade on a test or a silly fight with your roommate, and we do have so much to be grateful for."

DIGITAL

For additional Special Olympics coverage:

The Iowa Special Olympics will be May 19 through May 21. Check online for event coverage, feature articles and photo galleries as they become available.



Emily Blobaum
/Iowa State Daily

IOWA STATE DAILY

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PERIODICALS POSTAGE

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WRESTLING

Kyven Gadson will continue to wrestle

By Ben Visser
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Former ISU wrestler Kyven Gadson found himself laying flat on his back, staring into the Carver-Hawkeye Arena lights, fighting to get his shoulder blades off of the mat.

He was pinned by Micah Burak at the Olympic Wrestling Trials in Iowa City on Sunday, April 10.

That was the last match Gadson has wrestled in, however, he will be competing for another Olympic cycle at 97 kilograms (213 pounds). He wants to

achieve his dream of becoming an Olympic Gold medalist.

"I think I already knew I wanted to compete again," Gadson said. "But those results set it in effect for me. [I thought], 'Ok, you have more to do because that wasn't a clear indicator of who you are as a competitor, or who you can be those last few matches.'"

It was during Gadson's second match that he proved he belonged. He wrestled Scott Schiller and beat him by technical superiority, 13-2. In the second period of the match, Gadson picked up Schiller, his

feet flailing helplessly trying to find the mat, and Gadson slammed him on his back for four points.

Twice. "It's exciting, because that's the kind of competitor I want to be," Gadson said of the feeling of picking guys up and slamming them. "I want to be exciting, I want to be a guy that people like to come and watch, one that goes and gets after it."

That's why Gadson's loss to Jake Varner, 2012 Olympic gold medalist and former ISU wrestler, hurt so much. He wasn't aggressive enough. He said he tried

to make it a chess match instead of an all-out brawl.

After the loss, Gadson's 2016 Olympic dream was over. But he still had another match to wrestle, in which he lost by fall to Burak.

"[In] the last match, because I wasn't aggressive enough in the third match, I came out over aggressive and [I] ended up looking at the lights. That one burned too," Gadson said.

"I was talking with coach Travis Paulson afterwards and I was like, 'Ok, who do we have for fifth place?' and he's like, 'Umm, there isn't a fifth place.' I broke down



Brian Mozey/Iowa State Daily
Gadson after a second-round win.

after that. It's not how it was supposed to finish."

Gadson only wrestled in 13 matches leading up

to the Olympic Trials. He didn't even know if he wanted to continue wrestling until July 4, 2015.

"I just think it's inexperience," said Kevin Jackson after the match against Burak. "He hasn't wrestled a whole lot since the NCAA Championships. He wrestled some matches, he got some tournaments in, but he really hasn't wrestled enough matches to know how he wants to compete and what he needs to do and how consistent."

Gadson said he will be ready and that he will have experience by the time the 2020 Olympics come around. To start, he's wrestling in at least two tournaments this summer.

The first is the University Nationals in Akron, Ohio, in June. A few weeks later he plans to wrestle at a tournament in Poland.

"I think [wrestling in tournaments] is going to be a big, big part of developing myself into the competitor I want to be," Gadson said. "That's getting out there and competing as much as possible and learning what works and what doesn't and [to] keep evolving and improving."

Gadson plans to compete in, and win the 2017, 2018 and 2019 World Championships, and he hopes to sharpen every facet of his life, physically, mentally, emotionally and spiritually. The key is getting the experience.

"All the experiences moving forward are going to build me into hopefully becoming an Olympic champion in 2020," Gadson said. "If that's God's plan for me."

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BIKE

Ames biker shares more than one reason to ride

By Lindsey Davis
@iowastatedaily.com

If you're looking for a way to save money on gas, it's simple: ride your bike. But for one man in Ames, saving money isn't the only reason



JACOB
NOLTE

biking is his go-to transportation. If you're looking for a way to save money on gas, it's simple: ride your bike. But for one man in Ames, saving money isn't the only reason

son? He doesn't own a car.

Nolte, an Iowa State alumnus, started biking to class as a student when he realized that having a car was unnecessary to get around Ames. For a year he even delivered sandwiches for Jimmy Johns on his bike.

He now rides to work at Skunk River Cycles every day. The commute is only about five blocks from where he lives, but Nolte said he wishes it were a few miles longer.

Nolte said his love for cycling began with riding RAGBRAI, which led him to join the ISU Cycling club.

"I've fallen in love with the freedom that riding a

bike gives you," Nolte said. "I can ride for recreation, to commute, for exercise, or for training to race. I can ride my bike just about anywhere. There's no gas to buy or parking spots to hunt for because the bike rack is always near the front door."

Nolte's favorite places to bike include city parks like Ada Hayden, Brookside and North River Valley Park.

"I really enjoy riding gravel because there are fewer cars and more places you can go," Nolte said. "Soon I hope to ride all the way back to my hometown, Wilton, in eastern Iowa."

Nolte is actively involved with the Ames Bicycle Co-

alition, ABC, and has been for about two years. He began by participating in the organization's Fun Rides, but wanted to do more for the cyclists in Ames.

Nolte said that ABC helps planners to think more about cyclists and pedestrians on future projects. ABC has had a large impact on plans for adding the roundabout to the intersection of Airport Road and University Avenue. The intersection originally did not accommodate pedestrians or cyclists.

He also said that he personally helped get bike racks installed at the small business plaza along Duff

Avenue where Dutch Oven Bakery is located, which took about two years.

"The ABC advocates for more cycling infrastructure in Ames and encourages all forms of cycling, but specifically for commuting," Nolte said. "We provide a voice for the community of Ames that people do ride their bike for reasons other than recreation and that roadways, intersections, and traffic needs to be accommodating to people on bikes."

But that doesn't mean cyclists should get special treatment.

"People riding bikes have all the rights and respon-

sibilities as people driving cars. This means that cyclists can ride on the road but must stop at all stop signs and lights, obey traffic laws and use lights at night," Nolte said.

The ABC is putting on Bike to Work week May 16-20, with events including Commuter Breakfasts each day of the week at a different location and a Handlebar Happy Hour at Welch Ave. Station on Thursday, May 19 from 5:30 to 7:30 p.m.

National Bike to Work Day is on Friday, May 20. A full list of events can be found on the organization's Facebook page.

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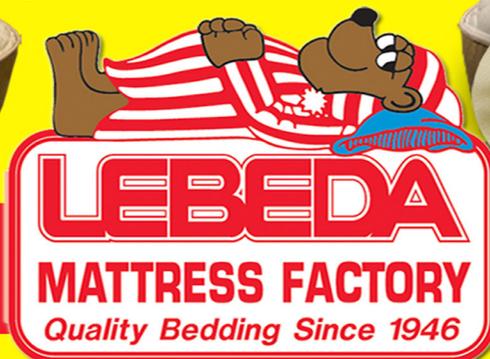
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Spikeball (Open)	May 9	May 18
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3 vs 3 Basketball (M, W)	May 11	May 25
Pickleball Doubles Tournament (Open)	May 18	June 2
Sand Volleyball - 4 Player (M, W, C)	May 25	June 8
Tennis Doubles Tournament (Open)	May 25	June 9
Table Tennis Doubles Tournament (Open)	June 1	June 16
Badminton Doubles Tournament (Open)	June 22	July 7
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*M= Men W= Women C= Co-ed Open= Any gender combination

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						9	8
1			2	9			
		8		4		7	
7	6				5		
	2		1		6		
	4				2		3
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			9	4			5
3	5						

LEVEL:

1 2 3 4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

CROSSWORD

1	2	3	4		5	6	7	8	9		10	11	12	
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50	51	52				53					54			
55						56				57				
58				59				60	61				62	63
64												66		
						68						69		

66 The stuff of legends
67 25-Down student
68 Shows up
69 Gets the picture

DOWN

1 Museum display
2 "How's that again?"
3 Instrument "played" for a hair-brush microphone user
4 Scornful look
5 Role for Keaton and Kilmer
6 "Here," on Metro maps
7 Mojito liquor
8 Former Senator Lott
9 Discuss in detail
10 Note after fa
11 Kirkuk native
12 Excavated anew
16 France's third most populous cité
18 "Desert Fox" Rommel
19 Dog food brand
23 Meant to happen
24 Tony whose #6 was retired by the Twins
25 New Haven sch.
26 Dumbfounded
27 Gave one's word
32 Oft-sprained joint
34 Hopped out of bed
36 Bread with swirls stolen by Jerry in "Seinfeld" episode
37 What the dog did with the homework?
38 Foul, as weather
40 Showy
44 Time-share unit
46 Greek street food
48 Treats again, as a sprain
50 Dandy fellows
51 Blown away
52 Like YouTube videos gone wild
53 Nostalgia-inducing
54 Homecoming group
59 "Fidelity, Bravery, Integrity" org.
60 Nonkosher meat
61 Printemps follower
62 Holy mlle.
63 Puzzled comments

ACROSS

1 Finders' shouts
5 Maternity ward event
10 Formal title
13 Destroy
14 Legend automaker
15 1988 Cy Young winner
17 1978 hit for the Commodores
20 Microbe
21 Minnesota Wild's org.
22 Status ___
23 Safety feature at a dangerous intersection
28 Boxer played by Will Smith
29 ___ the finish
30 Give one's word
31 Business bigwig
33 Olympics sled
35 Mideast sultanate
39 English : John :: Welsh : ___
40 High male voice
41 Pro ___ : in proportion
42 Like the night
43 Seek prey
44 Agriculture goddess on the New Jersey state seal
45 Bigger than med.
47 Multinational coin
49 Scintilla
50 False start punishment, in football
55 Hush-hush maritime org.
56 AAA suggestion
57 Just hanging out
58 As expected, or, golfwise, a hint to numbers found in 17-, 23- and 50-Across
64 Work on the deck
65 Steamed

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